

USPA Tested SoCal Championships Meet September 7, 2024 Hawaiian Gardens, California

| Name | | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|------------------------|-------------------|--------|--------|--------|-----|-------------------|-------------------|-------------------|----------------|------------------|-------------------|-----------------|-------------------|-----------------|----------|------------|-----------|
| Women Raw Powerlifting | | Junior | | | | | | | | | | | | | | | |
| 110+ Jr 16-17 | | | | | | | | | | | | | | | | | |
| 1 | Charlotte Coulter | CA | 110+ | 148.5 | 17 | 130 | -145 | -147.5 | 70 | 75.5 | 77.5 | 115 | 127.5 | 137.5 | 345 | 266.048 | |
| Women Raw Powerlifting | | Open | | | | | | | | | | | | | | | |
| 60kg Open | | | | | | | | | | | | | | | | | |
| DQ | Lisa Shemenski | CA | 60kg | 57.5 | 28 | -110 | -110 | -110 | 72.5 | 75 | 80 | 125 | 130 | -135 | 0 | 0 | |
| 67.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Ana Maya | CA | 67.5kg | 66.3 | 28 | -127.5 | 132.5 | -137.5 | 65 | -72.5 | -75 | 137.5 | 147.5 | 150 | 347.5 | 362.518 | |
| 75kg Open | | | | | | | | | | | | | | | | | |
| 1 | Alicia Parrish | CA | 75kg | 72.8 | 24 | 120 | -127.5 | -127.5 | 67.5 | 75 | 77.5 | -130 | -130 | 130 | 327.5 | 324.102 | |
| 2 | Martha Valle | CA | 75kg | 72.5 | 48 | 65 | 67.5 | -70 | -45 | -45 | 45 | 80 | 85 | 90 | 202.5 | 200.849 | 220.331 |
| 110+ Open | | | | | | | | | | | | | | | | | |
| 1 | Charlotte Coulter | CA | 110+ | 148.5 | 17 | 130 | -145 | -147.5 | 70 | 75.5 | 77.5 | 115 | 127.5 | 137.5 | 345 | 266.048 | |
| Women Raw Powerlifting | | Master | | | | | | | | | | | | | | | |
| 75kg Master 45-49 | | | | | | | | | | | | | | | | | |
| 1 | Martha Valle | CA | 75kg | 72.5 | 48 | 65 | 67.5 | -70 | -45 | -45 | 45 | 80 | 85 | 90 | 202.5 | 200.849 | 220.331 |
| 82.5kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Yanira Villatoro | CA | 82.5kg | 81.6 | 56 | 65 | 70 | 80 | 32.5 | -42.5 | -47.5 | 92.5 | 102.5 | 115 | 227.5 | 212.278 | 264.499 |
| Men Raw Powerlifting | | Junior | | | | | | | | | | | | | | | |
| 60kg Jr 20-23 | | | | | | | | | | | | | | | | | |
| 1 | Kendon Luu | CA | 60kg | 58.2 | 22 | 112.5 | 122.5 | 135 | 107.5 | 115 | -117.5 | 125 | 137.5 | 147.5 | 397.5 | 344.137 | |
| 75kg Jr 18-19 | | | | | | | | | | | | | | | | | |
| 1 | Giovonni Zamora | CA | 75kg | 71.9 | 18 | 165 | 177.5 | 182.5 | 115 | 120 | -122.5 | -130 | 197.5 | 205 | 507.5 | 374.305 | |
| 82.5kg Jr 20-23 | | | | | | | | | | | | | | | | | |
| 1 | Frank Alvarez | CA | 82.5kg | 75.4 | 21 | 192.5 | 200 | 210 | 125 | 135 | 142.5 | 225 | -237.5 | -250 | 577.5 | 412.91 | |
| Men Raw Powerlifting | | Open | | | | | | | | | | | | | | | |
| 52kg Open | | | | | | | | | | | | | | | | | |
| 1 | Luis Sotelo | CA | 52kg | 51.05 | 27 | 117.5 | 127.5 | 130 | 70 | 77.5 | 80 | 245 | -250 | -250 | 455 | 443.547 | |

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|------------------------------------|-------|--------------------|---------------|-----|----------------|------------------|----------------|-------|-------|------------------|----------------|----------------|------------------|----------|------------|-----------|
| 1 | | 60kg Open | | | | | | | | | | | | | | |
| 1 | CA | 60kg | 59.2 | 31 | 140 | 147.5 | 147.5 | 90 | 100 | 110 | 170 | 175 | 190 | 432.5 | 369.121 | |
| 1 | | 75kg Open | | | | | | | | | | | | | | |
| 1 | KY | 75kg | 74.0 | 25 | 207.5 | 220 | 240 | 170 | 180 | 185 | 280 | 305 | 310 | 715 | 517.411 | |
| 1 | | 82.5kg Open | | | | | | | | | | | | | | |
| 1 | CA | 82.5kg | 80.9 | 24 | 220 | 232.5 | 237.5 | 130 | 137.5 | 140 | 230 | 242.5 | 250 | 627.5 | 429.867 | |
| 1 | | 100kg Open | | | | | | | | | | | | | | |
| 1 | CA | 100kg | 90.9 | 24 | 195 | 197.5 | 200 | 150 | 155 | 160 | 247.5 | 250 | 250 | 607.5 | 390.86 | |
| 1 | | 110kg Open | | | | | | | | | | | | | | |
| 1 | CA | 110kg | 108.8 | 26 | 290 | 297.5 | 305 | 192.5 | 197.5 | 201 | 290 | 307.5 | 320 | 818.5 | 486.792 | |
| Men Raw Powerlifting | | | Master | | | | | | | | | | | | | |
| 1 | | 100kg Master 40-44 | | | | | | | | | | | | | | |
| 1 | CA | 100kg | 98.3 | 43 | 190 | 200 | 205 | 115 | 120 | 125 | 215 | 225 | 232.5 | 545 | 337.987 | 348.465 |
| Men Single Ply Powerlifting | | | Master | | | | | | | | | | | | | |
| 1 | | 90kg Master 60-64 | | | | | | | | | | | | | | |
| 1 | CA | 90kg | 85.3 | 63 | 157.5 | 170 | 180 | 90 | 100 | 105 | 160 | --- | --- | 435 | 289.266 | 411.048 |
| Men Raw Bench Only | | | Junior | | | | | | | | | | | | | |
| 1 | | 60kg Jr 20-23 | | | | | | | | | | | | | | |
| 1 | CA | 60kg | 58.2 | 22 | | | | 107.5 | 115 | 117.5 | | | | 115 | 99.562 | |

| | | | | | | | | | | | | | | | | |
|---------------------|--|--|--------|------|-----|--|--|--|--|--|---------------------------|--|--|--|--|--|
| Best Lifters | | | | | | | | | | | Record Color Codes | | | | | |
| Name | | Equip | Events | Comp | Sex | | | | | | State | | | | | |
| Omar Elsherif | | Raw | PL | Open | Men | | | | | | National | | | | | |
| Meet Director: | | Robert Speno | | | | | | | | | | | | | | |
| Referees | | | | | | | | | | | | | | | | |
| International: | | Kat Colson, Tracie Marquez, Tom Miller | | | | | | | | | | | | | | |
| National: | | Monica Benavides | | | | | | | | | | | | | | |
| Spotter/Loaders: | | Luis Miranda, Gabe Sanchez, Ray Audelo | | | | | | | | | | | | | | |
| Tested Lifters: | | Alicia Parrish, Omar Elsherif | | | | | | | | | | | | | | |