

CPL Drug Tested Nationals August 7, 2021 Sidney, B.C., Canada

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting																	
Junior																	
56kg Jr 20-23																	
1	Sara Fiorvento	BC	56kg	55.6	22	110	117.5	-122.5	50	52.5	55	120	130	137.5	310	361.041	
67.5kg Jr 18-19																	
1	Maddie Warren	BC	67.5kg	63.0	19	120.0	125.0	130	65	70	-72.5	152.5	157.5	160	360	387.185	
Women Raw Powerlifting																	
Open																	
67.5kg Open																	
1	Lindsey Welgush	BC	67.5kg	65.5	34	125	135.0	142.5	55	-57.5	57.5	152.5	160	170.5	370.5	389.282	
2	Alexia Horozian	BC	67.5kg	62.1	27	87.5	92.5	-97.5	40	45	47.5	92.5	97.5	102.5	242.5	263.12	
75kg Open																	
1	Emily Palmer	BC	75kg	73.8	29	-107.5	115	120	65	70.5	75	132.5	137.5	140	335	329.095	
2	Amelie Mayo	BC	75kg	71.7	46	-85	90	-95	60	62.5	-65	150	160	167.5	320	319.322	341.036
3	Sarah Sieben	AB	75kg	71.7	36	92.5	102.5	115	60	-67.5	-67.5	120	132.5	-140	307.5	306.848	
Women Raw Powerlifting																	
Submaster																	
75kg Submaster																	
1	Sarah Sieben	AB	75kg	71.7	36	92.5	102.5	115	60	-67.5	-67.5	120	132.5	-140	307.5	306.848	
Women Raw Powerlifting																	
Master																	
75kg Master 45-49																	
1	Amelie Mayo	BC	75kg	71.7	46	-85	90	-95	60	62.5	-65	150	160	167.5	320	319.322	341.036
90kg Master 60-64																	
1	Margot Croft	BC	90kg	87.8	61	60	65	72.5	42.5	45	50	95	102.5	113	235.5	212.291	289.99
														(117.5)			
Men Raw Powerlifting																	
Junior																	
67.5kg Jr 13-15																	
1	Luc Dahlman	AB	67.5kg	63.9	15	127.5	140	150	77.5	85	-95	175	185	195	430	345.235	
82.5kg Jr 18-19																	
1	Jace Francis	BC	82.5kg	81.0	18	175	185	-195	-117.5	-122.5	127.5	180	190	-200	502.5	343.989	
2	Nicholas Lund	BC	82.5kg	82.1	18	-170.0	170	182.5	105	115	-120	180	190	200	497.5	337.935	
90kg Jr 18-19																	
1	Ethan Ewer	BC	90kg	84.9	18	167.5	177.5	182.5	105	110	112.5	187.5	200	207.5	502.5	335.007	
90kg Jr 20-23																	
1	Giovanni Piovesan-Keane	BC	90kg	89.1	22	225	235	245	140	145	150.5	235	242.5	-255	638	414.639	

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	100kg Jr 16-17																
1	William Paish	AB	100kg	93.2	17	195	205	215	130	137.5	140	210	215	230	575	365.467	
	100kg Jr 20-23																
1	Connor Mason	BC	100kg	96.3	22	175	185	195	125	130	135	180	192.5	205	530	331.743	
	110kg Jr 20-23																
1	Noah Van Leeuwen	BC	110kg	108.3	20	227.5	237.5	240	122.5	130	135	232.5	240	247.5	615	366.41	
														(250)			
	125kg Jr 20-23																
1	Shane Calhoon	BC	125kg	123.9	20	290	320	320	165	185	185	275	285	295	780	443.312	
2	Colton Lajeunesse	BC	125kg	124.6	22	280	292.5	300	175	182.5	190	267.5	282.5	292.5	775	439.682	
	Men Raw Powerlifting			Open													
	75kg Open																
1	Tameer Aldean	BC	75kg	74.2	26	172.5	177.5	185	115	120	127.5	192.5	202.5	210	507.5	366.611	
	82.5kg Open																
1	Jeff Kellerman	BC	82.5kg	77.0	24	145	157.5	175	95	105	117.5	190	200	215	480	338.712	
2	Marvin Kimanje	BC	82.5kg	79.5	25	142.5	142.5	155	115	120	122.5	192.5	197.5	207.5	470	325.292	
	90kg Open																
1	Graham Aarsen	BC	90kg	89.8	31	155	162.5	170	167.5	175	182.5	197.5	215	225	577.5	373.831	
	110kg Open																
1	Morgan Boghean	BC	110kg	108.3	37	190	200	210	120	127.5	135	210	215	225	570	339.6	
	125kg Open																
1	Colton Lajeunesse	BC	125kg	124.6	22	280	292.5	300	175	182.5	190	267.5	282.5	292.5	775	439.682	
2	Scott Robertson	BC	125kg	121.9	51	290.5	295	300	210	200	200	260	260	260	760.5	434.505	498.377
3	Austen Welsh	BC	125kg	119.4	26	192.5	215	230	132.5	135	155	220	230	240	625	359.543	
	Men Raw Powerlifting			Submaster													
	110kg Submaster																
1	Morgan Boghean	BC	110kg	108.3	37	190	200	210	120	127.5	135	210	215	225	570	339.6	
	Men Raw Powerlifting			Master													
	90kg Master 50-54																
1	Conrad James Shaw Cowan	BC	90kg	88.1	52	170	182.5	195	125	132.5	140.5	190	205	215	550.5	359.856	419.233
	90kg Master 55-59																
1	Steven Reade	BC	90kg	86.6	55	185	192.5	197.5	155	165.5	168	240	247.5	260.5	613	404.339	495.315

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	110kg Master 65-69																
1	Alan Bessey	BC	110kg	108.6	68	162.5	170	175	132.5	137.5	142.5	185	200	210	527.5	313.945	494.777
	125kg Master 50-54																
1	Scott Robertson	BC	125kg	121.9	51	290.5	295	300	210	9999	9999	260	260	260	760.5	434.505	498.377
	140kg Master 40-44																
1	Matthew Lucas	BC	140kg	125.8	44	210	227.5	235	135	142.5	147.5	255	275	285	667.5	377.551	393.786
	Men Classic Raw Powerlifting			Open													
	100kg Open																
1	John Macdonald	BC	100kg	97.7	30	312.5	312.5	330	155	160	162	245	258	265.5	740	460.173	
	125kg Open																
1	Mike Brown	SK	125kg	112.3	35	187.5	197.5	200	90	100	102.5	185	195	205	505	296.809	
	140kg Open																
1	Luka Djurkovic	BC	140kg	128.9	25	255	277.5	292.5	147.5	157.5	167.5	250	275	282.5	732.5	411.214	
	Women Raw Bench Only			Open													
	60kg Open																
1	Danielle Cimo	BC	60kg	58.4	33				62.5	68	68				68	76.691	
	Men Raw Bench Only			Master													
	82.5kg Master 55-59																
1	Mitchel Mahler	BC	82.5kg	82.0	59				105	115	117.5				117.5	79.869	105.028
	Women Raw Deadlift Only			Open													
	75kg Open																
1	Amelie Mayo	BC	75kg	71.7	46							150	160	167.5	167.5	167.145	178.511
	Women Raw Deadlift Only			Master													
	75kg Master 45-49																
1	Amelie Mayo	BC	75kg	71.7	46							150	160	167.5	167.5	167.145	178.511

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	Best Lifters														Record Color Codes		
	Shane Calhoon	Raw	PL	Jr	Men											State	
	Lindsey Welgush	Raw	PL	Open	Women											National	
	Colton Lajeunesse	Raw	PL	Open	Men											World	
	Scott Robertson	Raw	PL	Master	Men												
	Meet Director:	Laura Allan															
	Referees																
	International:	Bernice Fuss															
	National:	Jennie McMasters, Laura Allan, Leslie Gurr															
	State:	Lary McEwen, Eric Brust															
	Spotter/Loaders:	Owen Pite, Adlee Farrell, Alexandria Schellonberg, Cyrus Dinh, Stephane Needham, Shane Peers															
	Tested Lifters:	Lindsey Welgush, John Macdonald, Shane Calhoon, Colton Lajeuness															