

USPA Kars n Kilos Powerlifting Championship May 5, 2019 Westlake Village, CA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	67.5kg Jr 18-19														
1	Kimberly Relos	CA	67.5kg	60.4	18	95	50	100	245	271.754		209.4	110.2	220.5	540.1
	60kg Open														
DQ	Makenzie Hardman	CA	60kg	60	25	95	0	117.5	0	0		209.4	0	259	0
	67.5kg Open														
1	Kimberly Relos	CA	67.5kg	60.4	18	95	50	100	245	271.754		209.4	110.2	220.5	540.1
2	Marjan Jahangiri	CA	67.5kg	64.1	53	55	42.5	95	192.5	204.069	241.618	121.3	93.7	209.4	424.4
	75kg Open														
1	Amy Thompson	CA	75kg	73.3	43	75	47.5	105	227.5	219.447	226.249	165.3	104.7	231.5	501.5
	82.5kg Open														
1	Princess Relos	CA	82.5kg	82	30	97.5	47.5	115	260	234.728		214.9	104.7	253.5	573.2
	90kg Open														
1	Cassandra Douglas	CA	90kg	89.9	33	105	52.5	145	302.5	261.511		231.5	115.7	319.7	666.9
	SHW Open														
1	Deirdra Bridgett	CA	SHW	94.6	28	125	60	140	325	275.503		275.6	132.3	308.6	716.5
	67.5kg Master 50-54														
1	Marjan Jahangiri	CA	67.5kg	64.1	53	55	42.5	95	192.5	204.069	241.618	121.3	93.7	209.4	424.4
	75kg Master 40-44														
1	Amy Thompson	CA	75kg	73.3	43	75	47.5	105	227.5	219.447	226.249	165.3	104.7	231.5	501.5
Men Raw Powerlifting															
	67.5kg Jr 20-23														
1	Edgar Hernandez	CA	67.5kg	66.8	22	165	110	197.5	472.5	367.369		363.8	242.5	435.4	1041.7
2	Ezekiel Barrios	CA	67.5kg	61.5	23	127.5	100	157.5	385	321.129		281.1	220.5	347.2	848.8
	100kg Jr 20-23														
1	Shawn Murphy	CA	100kg	99.6	23	302.5	187.5	305	795	484.632		666.9	413.4	672.4	1752.7
2	Anthony Perez	CA	100kg	99.6	22	195	170	227.5	592.5	361.188		429.9	374.8	501.5	1306.2
	60kg Open														
1	Dennis Acosta	CA	60kg	57.3	27	142.5	105	182.5	430	382.872		314.2	231.5	402.3	948
	67.5kg Open														
1	Ezekiel Barrios	CA	67.5kg	61.5	23	127.5	100	157.5	385	321.129		281.1	220.5	347.2	848.8
	90kg Open														
1	Omar Neria	AL	90kg	87.3	28	150	120	195	465	301.646		330.7	264.6	429.9	1025.1

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	100kg Open														
1	Shawn Murphy	CA	100kg	99.6	23	302.5	187.5	305	795	484.632		666.9	413.4	672.4	1752.7
2	Tristen Beard	CA	100kg	99.3	30	230	140	245	615	375.335		507.1	308.6	540.1	1355.8
Men Classic Raw Powerlifting															
	100kg Open														
1	Michael Montes	CA	100kg	93.1	27	187.5	137.5	232.5	557.5	350.054		413.4	303.1	512.6	1229.1
	140kg Open														
1	Josh McClintock	CA	140kg	128.6	26	312.5	187.5	305	805	456.194		688.9	413.4	672.4	1774.7
Men Raw Bench Only															
	110kg Open														
1	Matt Siegfried	CA	110kg	103	28		145		145	87.247			319.7		319.7
Men Raw Push-Pull															
	56kg Jr 16-17														
1	Josh Lewis	CA	56kg	55.2	17		70	145	215	198.51			154.3	319.7	474
	75kg Jr 13-15														
1	Ethan Fialkov	CA	75kg	74.3	14		80	137.5	217.5	156.013			176.4	303.1	479.5
Best Lifters:															
Open Men: Shawn Murphy															
Open Women: Deirdra Bridgett															
Meet Director: Lord Elliott															
Referees:															
International: Lord Elliott and Tony Rodenburg															
State: Ceasar Amado															
Table: Kat Colson															
Announcer: Chuck LaMantia															