

USPA Tested North Carolina State Championships August 17, 2024 Monroe, North Carolina

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
60kg Jr 20-23																	
1	Jadyn Manske	NC	60kg	59.7	21	120	130	137.5	62.5	67.5	67.5	152.5	160	168	368	409.24	
2	Jenna Sadler	NC	60kg	59.6	21	115	125	130	60	65	70	155	155	170	345	384.07	
Women Raw Powerlifting		Open															
56kg Open																	
1	Jennifer Carlson	NC	56kg	55.0	54	105	110.5	112.5	45	47.5	50	90	95	100	262.5	307.943	370.763
2	Andrea Shirinzadeh	NC	56kg	55.5	33	92.5	97.5	97.5	50	55	55	97.5	110	115	262.5	306.086	
3	Jamie Lynn Crist	NC	56kg	55.3	47	65	70	80	47.5	52.5	52.5	62.5	70	88.5	197.5	230.849	249.778
60kg Open																	
1	Jenna Sadler	NC	60kg	59.6	21	115	125	130	60	65	70	155	155	170	345	384.07	
75kg Open																	
1	Denise Flores	SC	75kg	74.6	30	120	130	137.5	62.5	67.5	70	142.5	147.5	152.5	360	351.626	
2	Deborah Medlin	NC	75kg	74.2	56	130	130	137.5	60	65	70	115	122.5	130	332.5	325.696	405.818
								(145)									
82.5kg Open																	
1	Bonnie Holmes	NC	82.5kg	81.0	54	82.5	92.5	105	75	77.5	80	145	152.5	162.5	347.5	325.425	391.811
100kg Open																	
1	Alexandria Mosier	NC	100kg	90.8	36	95	102.5	110	55	60	62.5	137.5	142.5	147.5	320	284.18	
110kg Open																	
1	Megan Montgomery	NC	110kg	100.6	33	155	167.5	170	75	80	85	140	150	160	410	349.062	
110+ Open																	
1	Monisha Whitfield	NC	110+	169.8	35	125	142.5	152.5	85	97.5	100.5	152.5	160	175	413	321.949	
2	Tori King	NC	110+	126.8	28	87.5	87.5	97.5	62.5	67.5	67.5	125	142.5	150	310	245.176	
Women Raw Powerlifting		Submaster															
100kg Submaster																	
1	Alexandria Mosier	NC	100kg	90.8	36	95	102.5	110	55	60	62.5	137.5	142.5	147.5	320	284.18	
110+ Submaster																	
1	Monisha Whitfield	NC	110+	169.8	35	125	142.5	152.5	85	97.5	100.5	152.5	160	175	413	321.949	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Powerlifting				Master														
1	Jamie Lynn Crist	NC	56kg	55.3	47	65	70	80	47.5	52.5	52.5	62.5	70	88.5	197.5	230.849	249.778	
56kg Master 50-54																		
1	Jennifer Carlson	NC	56kg	55.0	54	105	110.5	112.5	45	47.5	50	90	95	100	262.5	307.943	370.763	
75kg Master 55-59																		
1	Deborah Medlin	NC	75kg	74.2	56	130	130	137.5 (145)	60	65	70	115	122.5	130	332.5	325.696	405.818	
82.5kg Master 50-54																		
1	Bonnie Holmes	NC	82.5kg	81.0	54	82.5	92.5	105	75	77.5	80	145	152.5	162.5	347.5	325.425	391.811	
Men Raw Powerlifting				Junior														
56kg Jr 13-15																		
1	Henry Marlowe	NC	56kg	53.1	13	45	52.5	57.5	30	35	37.5	55	65	70	165	154.961		
75kg Jr 16-17																		
1	Tristan Butera	NC	75kg	72.1	17	117.5	125	135	87.5	92.5	100	150	162.5	165	382.5	281.587		
82.5kg Jr 16-17																		
DQ	Aiden Wang	NC	82.5kg	80.2	17	192.5	207.5	207.5	102.5	115	115	200	217.5	225	0	0		
82.5kg Jr 18-19																		
1	Navneet Krishna	NC	82.5kg	78.0	18	100	115	130	90	92.5	95	175	185	197.5	422.5	295.786		
90kg Jr 20-23																		
1	Quenton Cromartie	NC	90kg	90	21	182.5	192.5	200	125	130	132.5	227.5	240	252.5	582.5	376.645		
100kg Jr 20-23																		
1	Anthony Brown	NC	100kg	95.6	23	260	283	295	182.5	190	192.5	282.5	300	317.5	790.5	496.461		
DQ	George Jones	NC	100kg	91.1	21	200	210	210	142.5	150	155	220	237.5	240	0	0		
110kg Jr 16-17																		
1	Kage Carpenter	NC	110kg	110.0	17	245	245	245	125	125	142.5	220	240	240	590	349.438		
2	Spencer Hawn	NC	110kg	107.2	17	125	125	125	82.5	92.5	105	102.5	112.5	142.5	360	215.335		
Men Raw Powerlifting				Open														
56kg Open																		
1	Henry Marlowe	NC	56kg	53.1	13	45	52.5	57.5	30	35	37.5	55	65	70	165	154.961		

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Open																
1	Elijah Burr	SC	75kg	74.7	32	220	232.5	238	142.5	150	152.5	260	275	282.5	660	474.716	
2	Derrick Cooper	NC	75kg	74.8	42	200	210	215	130	140	140	255	275	275	605	434.783	443.478
	82.5kg Open																
DQ	Aiden Wang	NC	82.5kg	80.2	17	192.5	207.5	207.5	102.5	115	115	200	217.5	225	0	0	
	90kg Open																
1	Justin Hooper	NC	90kg	85.4	25	195	210	227.5	142.5	157.5	165	240	260	272.5	632.5	420.333	
2	Willie Newkirk	NC	90kg	87.9	40	192.5	210	210	145	155	162.5	250	277.5	285	632.5	413.947	413.947
3	Quenton Cromartie	NC	90kg	90	21	182.5	192.5	200	125	130	132.5	227.5	240	252.5	582.5	376.645	
	100kg Open																
1	Anthony Brown	NC	100kg	95.6	23	260	283	295	182.5	190	192.5	282.5	300	317.5	790.5	496.461	
2	Aaron Sigmon	NC	100kg	100.0	31	262.5	277.5	---	162.5	167.5	172.5	257.5	267.5	---	702.5	432.4	
	110kg Open																
DQ	James Atkinson	NC	110kg	110.0	30	232.5	245	252.5	170	170	170	327.5	337.5	340	0	0	
	125kg Open																
1	Kevin Ammons	SC	125kg	124.9	29	240	255	267.5	180	185	192.5	255	270	285	730	413.837	
2	Brian Wood	NC	125kg	115.2	31	185	187.5	210	132.5	140	147.5	210	225	230	575	334.874	
	140kg Open																
1	Douglas (Brad) Van Duyn	NC	140kg	137.5	30	265	272.5	282.5	180	195	202.5	292.5	310	325	795	437.901	
2	Thomas Crist	NC	140kg	127.0	51	145	165	192.5	145	162.5	170	182.5	202.5	229	591.5	333.576	382.612
	140+ Open																
1	Jessie Coffey	NC	140+	157.9	37	192.5	220	227.5	152.5	165	172.5	205	227.5	240	627.5	332.88	
2	William Hardison	NC	140+	153.8	52	157.5	165	172.5	155	162.5	165	210	220	227.5	565	301.814	351.613
	Men Raw Powerlifting																
	140+ Submaster																
1	Jessie Coffey	NC	140+	157.9	37	192.5	220	227.5	152.5	165	172.5	205	227.5	240	627.5	332.88	
	Men Raw Powerlifting																
	67.5kg Master 55-59																
1	James Leblanc	GA	67.5kg	66.9	56	165	167.5	170	95	97.5	97.5	182.5	195	200	465	360.729	449.468

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
75kg Master 40-44																	
1	Derrick Cooper	NC	75kg	74.8	42	200	210	215	130	140	140	255	275	275	605	434.783	443.478
82.5kg Master 45-49																	
1	James Ennis	NC	82.5kg	82.0	46	122.5	137.5	137.5	92.5	100	105	137.5	147.5	165	387.5	263.399	281.31
90kg Master 40-44																	
1	Willie Newkirk	NC	90kg	87.9	40	192.5	210	210	145	155	162.5	250	277.5	285	632.5	413.947	413.947
2	Sean Marlowe	NC	90kg	89.8	43	165	165	175	117.5	117.5	125	212.5	227.5	240	520	336.61	347.045
110kg Master 60-64																	
DQ	William Tripp	NC	110kg	106.3	60	187.5	187.5	187.5	---	---	---	---	---	---	0	0	0
140kg Master 50-54																	
1	Thomas Crist	NC	140kg	127.0	51	145	165	192.5	145	162.5	170	182.5	202.5	229	591.5	333.576	382.612
140+ Master 50-54																	
1	William Hardison	NC	140+	153.8	52	157.5	165	172.5	155	162.5	165	210	220	227.5	565	301.814	351.613
Men Classic Raw Powerlifting				Junior													
140+ Jr 20-23																	
DQ	Joshua West	NC	140+	148.6	22	255	255	255	162.5	167.5	175	185	200	---	0	0	
Men Classic Raw Powerlifting				Open													
110kg Open																	
1	Cody Lewis	NC	110kg	103.8	31	182.5	202.5	220.5	147.5	155	160.5	207.5	217.5	227.5	590.5	357.796	
2	Michael Wilson	NC	110kg	110.0	35	185	195	202.5	105	107.5	112.5	215	225	240	540	319.824	
Men Classic Raw Powerlifting				Submaster													
110kg Submaster																	
1	Michael Wilson	NC	110kg	110.0	35	185	195	202.5	105	107.5	112.5	215	225	240	540	319.824	
Men Classic Raw Powerlifting				Master													
82.5kg Master 55-59																	
1	John Stulak	GA	82.5kg	81.9	58	142.5	152.5	160	125	132.5	137.5	170	182.5	190	482.5	328.203	423.709
110kg Master 40-44																	
1	Moshe Levi	NC	110kg	105.5	42	207.5	207.5	207.5	190	195	207.5	182.5	200	212.5	602.5	362.673	369.927

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Bench Only				Open													
56kg Open																	
1	Andrea Shirinzadeh	NC	56kg	55.5	33				50	55	55				55	64.132	
2	Jamie Lynn Crist	NC	56kg	55.3	47				47.5	52.5	52.5				47.5	55.521	60.073
82.5kg Open																	
1	Bonnie Holmes	NC	82.5kg	81.0	54				75	77.5	80				80	74.918	90.201
90kg Open																	
1	Kimberly Medlin	NC	90kg	86.4	29				77.5	82.5	82.5				82.5	74.918	
110+ Open																	
1	Monisha Whitfield	NC	110+	169.8	35				85	97.5	100.5				100.5	78.343	
Women Raw Bench Only				Submaster													
110+ Submaster																	
1	Monisha Whitfield	NC	110+	169.8	35				85	97.5	100.5				100.5	78.343	
Women Raw Bench Only				Master													
56kg Master 45-49																	
1	Jamie Lynn Crist	NC	56kg	55.3	47				47.5	52.5	52.5				47.5	55.521	60.073
82.5kg Master 45-49																	
1	Karen Ebbe	NC	82.5kg	80.9	49				52.5	57.5	60				57.5	53.88	59.968
82.5kg Master 50-54																	
1	Bonnie Holmes	NC	82.5kg	81.0	54				75	77.5	80				80	74.918	90.201
Men Raw Bench Only				Junior													
56kg Jr 13-15																	
1	Henry Marlowe	NC	56kg	53.1	13				30	35	37.5				37.5	35.218	
82.5kg Jr 16-17																	
1	Alexander Salicco	NC	82.5kg	79.7	17				120	130	137.5				130	89.84	
90kg Jr 20-23																	
1	Quenton Cromartie	NC	90kg	90	21				125	130	132.5				130	84.058	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	100kg Jr 20-23																
1	Anthony Brown	NC	100kg	95.6	23				182.5	190	-192.5				190	119.326	
2	Jacob West	NC	100kg	98.9	20				-120	125	-135				125	77.312	
	140+ Jr 20-23																
1	Joshua West	NC	140+	148.6	22				162.5	167.5	-175				167.5	90.302	
Men Raw Bench Only				Open													
	56kg Open																
1	Henry Marlowe	NC	56kg	53.1	13				30	35	37.5				37.5	35.218	
	90kg Open																
1	Justin Hooper	NC	90kg	85.4	25				142.5	157.5	165				165	109.652	
2	Willie Newkirk	NC	90kg	87.9	40				145	155	-162.5				155	101.442	101.442
3	Deparis Saunders	FL	90kg	89.4	29				140	150	-160				150	97.319	
4	Quenton Cromartie	NC	90kg	90	21				125	130	-132.5				130	84.058	
	100kg Open																
1	Anthony Brown	NC	100kg	95.6	23				182.5	190	-192.5				190	119.326	
	110kg Open																
1	Michael Wilson	NC	110kg	110.0	35				105	107.5	112.5				112.5	66.63	
	140kg Open																
1	Thomas Crist	NC	140kg	127.0	51				145	162.5	170				170	95.871	109.965
Men Raw Bench Only				Submaster													
	110kg Submaster																
1	Michael Wilson	NC	110kg	110.0	35				105	107.5	112.5				112.5	66.63	
Men Raw Bench Only				Master													
	67.5kg Master 55-59																
1	James Leblanc	GA	67.5kg	66.9	56				95	-97.5	-97.5				95	73.697	91.827
	82.5kg Master 45-49																
1	James Ennis	NC	82.5kg	82.0	46				92.5	100	-105				100	67.974	72.596
	82.5kg Master 55-59																
1	John Stulak	GA	82.5kg	81.9	58				125	132.5	-137.5				132.5	90.128	116.355
2	Ira Goldstein	NC	82.5kg	82.1	59				102.5	107.5	112.5				112.5	76.417	100.489

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Master 40-44																
1	Willie Newkirk	NC	90kg	87.9	40				145	155	162.5				155	101.442	101.442
	110kg Master 40-44																
1	Moshe Levi	NC	110kg	105.5	42				190	195	207.5				195	117.38	119.727
	140kg Master 50-54																
1	Thomas Crist	NC	140kg	127.0	51				145	162.5	170				170	95.871	109.965
Women Raw Deadlift Only				Open													
	56kg Open																
1	Andrea Shirinzadeh	NC	56kg	55.5	33							97.5	110	115	115	134.095	
2	Jamie Lynn Crist	NC	56kg	55.3	47							62.5	70	88.5	70	81.82	88.529
	82.5kg Open																
1	Bonnie Holmes	NC	82.5kg	81.0	54							145	152.5	162.5	162.5	152.177	183.221
	110+ Open																
1	Monisha Whitfield	NC	110+	169.8	35							152.5	160	175	160	124.726	
Women Raw Deadlift Only				Submaster													
	110+ Submaster																
1	Monisha Whitfield	NC	110+	169.8	35							152.5	160	175	160	124.726	
Women Raw Deadlift Only				Master													
	56kg Master 45-49																
1	Jamie Lynn Crist	NC	56kg	55.3	47							62.5	70	88.5	70	81.82	88.529
	82.5kg Master 50-54																
1	Bonnie Holmes	NC	82.5kg	81.0	54							145	152.5	162.5	162.5	152.177	183.221
Men Raw Deadlift Only				Junior													
	56kg Jr 13-15																
1	Henry Marlowe	NC	56kg	53.1	13							55	65	70	70	65.741	
	82.5kg Jr 16-17																
1	Giacomo Viola	NC	82.5kg	76.4	16							205	205	212.5	205	145.363	

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	100kg Jr 20-23																
1	Anthony Brown	NC	100kg	95.6	23							282.5	300	317.5	317.5	199.401	
	Men Raw Deadlift Only			Open													
	56kg Open																
1	Henry Marlowe	NC	56kg	53.1	13							55	65	70	70	65.741	
	90kg Open																
1	Willie Newkirk	NC	90kg	87.9	40							250	277.5	285	285	186.522	186.522
	100kg Open																
1	Anthony Brown	NC	100kg	95.6	23							282.5	300	317.5	317.5	199.401	
	110kg Open																
1	James Atkinson	NC	110kg	110.0	30							327.5	337.5	340	327.5	193.967	
2	Michael Wilson	NC	110kg	110.0	35							215	225	240	225	133.26	
	Men Raw Deadlift Only			Submaster													
	110kg Submaster																
1	Michael Wilson	NC	110kg	110.0	35							215	225	240	225	133.26	
	Men Raw Deadlift Only			Master													
	67.5kg Master 55-59																
1	James Leblanc	GA	67.5kg	66.9	56							182.5	195	200	200	155.152	193.32
	82.5kg Master 45-49																
1	James Ennis	NC	82.5kg	82.0	46							137.5	147.5	165	165	112.157	119.784
	82.5kg Master 55-59																
1	John Stulak	GA	82.5kg	81.9	58							170	182.5	190	190	129.24	166.849
	90kg Master 40-44																
1	Willie Newkirk	NC	90kg	87.9	40							250	277.5	285	285	186.522	186.522
	Women Raw Push-Pull			Open													
	110+ Open																
1	Tori King	NC	110+	126.8	28				62.5	67.5	67.5	125	142.5	150	212.5	168.064	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Push-Pull				Junior													
100kg Jr 20-23																	
1	Anthony Brown	NC	100kg	95.6	23				182.5	190	-192.5	282.5	300	317.5	507.5	318.727	
2	George Jones	NC	100kg	91.1	21				-142.5	150	-155	220	-237.5	---	370	237.796	
Men Raw Push-Pull				Open													
100kg Open																	
1	Anthony Brown	NC	100kg	95.6	23				182.5	190	-192.5	282.5	300	317.5	507.5	318.727	
DQ	Brad Stulberg	NC	100kg	93.2	38				135	137.5	-142.5	-227.5	-230	-230	0	0	
125kg Open																	
1	Jeremy Watts	SC	125kg	111.1	36				165	185	-187.5	265	282.5	-300	467.5	275.857	
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Anthony Brown		Raw	PL	Jr	Men							National					
Jenna Sadler		Raw	PL	Open	Women												
Anthony Brown		Raw	PL	Open	Men												
James Leblanc		Raw	PL	Master	Men												
Anthony Brown		Raw	BPO	Jr	Men												
Monisha Whitfield		Raw	BPO	Open	Women												
Anthony Brown		Raw	BPO	Open	Men												
Moshe Levi		Raw	BPO	Master	Men												
Anthony Brown		Raw	DLO	Open	Men												
Meet Director:		Tricia Emrich															
Referees																	
International:		Tricia Emrich															
State:		Jillian Leazer, Barbara Vanvliet, Brittney Gasperson															
Spotter/Loaders:		Christina Tupper, Jon Gasperson, Carina Mone, Shawna, Lili Gasperson															
Tested Lifters:		Karen Ebbe, Anthony Brown, Elijah Burr, Douglas Van, Cody Lewis															