

USPA Iron Dog II October 12, 2019 Cleveland, OH

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Classic Raw Powerlifting</b>																	
	82.5kg Open																
1	Emma Jarman	OH	82.5kg	81.4	33	215	<del>232.5</del>	<del>235</del>	125	132.5	135	210	227.5	240	590	534.776	
	90kg Open																
1	Nicole Cassel	PA	90kg	88.9	33	145	160	167.5	<del>135</del>	140	145	170	185	190	502.5	436.472	
								4th: 170									
<b>Men Classic Raw Powerlifting</b>																	
	90kg Jr 20-23																
1	Liam Bowser	OH	90kg	89.8	23	<del>215</del>	240	<del>245</del>	110	<del>115</del>	120	230	240	<del>250</del>	600	383.46	
	75kg Open																
1	Torrelle Howard	OH	75kg	70.4	25	175	185	195	120	130	137.5	200	215	227.5	560	417.816	
	90kg Open																
1	Erick Burke	PA	90kg	87.4	29	265	285	<del>290</del>	157.5	167.5	<del>172.5</del>	272.5	<del>292.5</del>	<del>292.5</del>	725	470.018	
2	Dakota Luzader	OH	90kg	85.1	24	225	237.5	247.5	132.5	140	<del>145</del>	235	250	<del>265</del>	637.5	419.411	
3	Liam Bowser	OH	90kg	89.8	23	<del>215</del>	240	<del>245</del>	110	<del>115</del>	120	230	240	<del>250</del>	600	383.46	
	100kg Open																
1	Jordan Jarrell	KY	100kg	99.3	30	320	<del>330</del>	330	217.5	230	232.5	307.5	327.5	<del>332.5</del>	890	543.167	
	125kg Open																
1	Robert Adams	AR	125kg	118.7	31	<del>310</del>	310	<del>337.5</del>	185	195	<del>210</del>	310	337.5	<del>342.5</del>	842.5	485.617	
	140kg Open																
1	James Dollman Jr.	OH	140kg	134.7	27	345	365	377.5	247.5	257.5	<del>265</del>	297.5	325	340	975	548.145	
	SHW Open																
1	Daniel Yost	AL	SHW	154.9	33	325	345	<del>362.5</del>	<del>182.5</del>	182.5	<del>185</del>	310	325	<del>335</del>	852.5	469.557	
<b>Women Raw Bench Only</b>																	
	82.5kg Open																
1	Emma Jarman	OH	82.5kg	81.4	33				125	132.5	135				135	122.364	
	90kg Open																
1	Nicole Cassel	PA	90kg	88.9	33				<del>135</del>	140	145				145	125.947	
<b>Men Raw Bench Only</b>																	
	90kg Jr 20-23																
1	Liam Bowser	OH	90kg	89.8	23				110	<del>115</del>	120				120	76.692	
	75kg Open																
1	Torrelle Howard	OH	75kg	70.4	25				120	130	137.5				137.5	102.589	

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	90kg Open																
1	Erick Burke	PA	90kg	87.4	29				157.5	167.5	<del>172.5</del>				167.5	108.59	
2	Dakota Luzader	OH	90kg	85.1	24				132.5	140	<del>145</del>				140	92.106	
3	Liam Bowser	OH	90kg	89.8	23				110	<del>115</del>	120				120	76.692	
	100kg Open																
1	Jordan Jarrell	KY	100kg	99.3	30				217.5	230	232.5				232.5	141.895	
	125kg Open																
1	Robert Adams	AR	125kg	118.7	31				185	195	<del>210</del>				195	112.398	
	140kg Open																
1	James Dollman Jr.	OH	140kg	134.7	27				247.5	257.5	<del>265</del>				257.5	144.767	
	SHW Open																
1	Daniel Yost	AL	SHW	154.9	33				<del>182.5</del>	182.5	<del>185</del>				182.5	100.521	

Best Lifters:

James Dollman Jr.	Clraw Open Men PL
James Dollman Jr.	Clraw Open Men BPO

<b>Record Color Codes:</b>
State
National
World

Meet Director's Choice Awards:

- Best Lifter Male: James Dollman Jr
- Best Lifter Female: Emma Jarman
- Best Bench by Wilks: James Dollman Jr

Meet Directors: Douglas and Candi Nostrant

Thank you to our referees:

- International: Chris Smith and Eric Freeman
- National: Candi Nostrant, Douglas Nostrant and Mary Kleis
- State: Kylie Graig, Erica Stevens, Josh Enmark, Sarah Kelly, Garette Fear and Mike Quintus

Spotter Loaders Provided By Ohio University Powerlifting:

- Derick Douglas, Caleb Moore, Grace Platek, Rebecca Lee, Zac Backauskas and Nick James