

USPA 5th Virginia State Championship October 12, 2019 Lexington, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	67.5kg Jr 18-19																
1	Jocelyn Artman	VA	67.5kg	61.4	19	100	105	107.5	52.5	55.0	55.0	115	130.0	140.0	302.5	331.298	
	67.5kg Jr 20-23																
1	Miyah Boyd	VA	67.5kg	64	20	70	75	85	47.5	47.5	55.0	72.5	87.5	102.5	242.5	257.365	
	75kg Jr 20-23																
1	Annie Wilson	VA	75kg	71.5	20	142.5	152.5	162.5	70	75.0	82.5	152.5	165.0	182.5	427.5	419.207	
2	Rachel Jordan	VA	75kg	68.4	23	125	132.5	132.5	75	80.0	85.0	132.5	142.5	152.5	365	369.015	
	82.5kg Jr 20-23																
1	Erin Weible	VA	82.5kg	76.7	21	125	132.5	132.5	62.5	67.5	67.5	130	142.5	152.5	330	309.408	
	75kg Open																
1	Annie Wilson	VA	75kg	71.5	20	142.5	152.5	162.5	70	75.0	82.5	152.5	165.0	182.5	427.5	419.207	
2	Carrie Durham	VA	75kg	74.1	31	142.5	147.5	150	75	80.0	85.0	160	165.0	167.5	395	378.371	
3	Sarah Robinson	MD	75kg	70.1	22	127.5	127.5	132.5	72.5	75.0	77.5	132.5	145.0	150.0	355	352.835	
	90kg Open																
1	Patricia Cieslik	VA	90kg	86.3	31	77.5	95	95	42.5	45.0	50.0	102.5	115.0	120.0	257.5	226.652	
	SHW Submaster																
1	Jessica Cronk	VA	SHW	99.6	39	92.5	100	102.5	60	67.5	75.0	135	140.0	142.5	307.5	256.332	
Men Raw Powerlifting																	
	67.5kg Jr 20-23																
1	Sam Moody	VA	67.5kg	64.7	20	125	130	140	90	90	92.5	105	120	142.5	375	299.363	
	75kg Jr 20-23																
1	Damon Sutton	VA	75kg	72.7	21	165	165	175	125	127.5	130	215	227.5	232.5	527.5	384.284	
2	Cody Chapple	VA	75kg	73	20	150	160	170	110	115	120	170	185	192.5	482.5	350.488	
3	Dylan Barao	VA	75kg	73.6	21	135	135	135	110	117.5	120	180	185	195	440	317.724	
4	John Kruszewski	MI	75kg	71.4	20	145	152.5	162.5	85	90	95	165	180	185	432.5	319.315	
	82.5kg Jr 20-23																
1	Brent Rushing	VA	82.5kg	81.8	21	170	182.5	192.5	117.5	117.5	125	210	220	230	540	363.636	
2	Tiernan Keast	VA	82.5kg	81.1	21	182.5	182.5	190	120.0	125	125	190	200	207.5	502.5	340.142	
3	Tristen Andree-Jansz	VA	82.5kg	80.4	21	140	140	160	112.5	117.5	122.5	185	200	215	497.5	338.599	
	90kg Jr 18-19																
1	John Samitt	VA	90kg	85.1	19	140	150	160	87.5	100	102.5	140	157.5	172.5	422.5	277.963	

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	90kg Jr 20-23																
1	Stew Spurry	MD	90kg	89.3	22	200	215	-227.5	150.0	160	-175	215	227.5	-237.5	602.5	386.203	
2	Zach Tyree	VA	90kg	88.4	20	192.5	202.5	207.5	142.5	147.5	-150	202.5	215	-227.5	570	367.308	
	100kg Jr 18-19																
1	Jacob DeVall	WV	100kg	96.6	19	-205	205.0	-220.0	145	-152.5	-152.5	205	227.5	-250.0	577.5	356.549	
	100kg Jr 20-23																
1	Tyler Cook	VA	100kg	95.1	20	-192.5	192.5	205.0	120	-130	130.0	200	220.0	232.5	567.5	352.815	
2	Jack Menzl	VA	100kg	91	20	140	150.0	160.0	102.5	107.5	112.5	175	190.0	205.0	477.5	303.165	
	110kg Jr 20-23																
1	Evan Morcom	VA	110kg	106.3	21	-255	255.0	267.5	182.5	192.5	-107.5	300	312.5	317.5	777.5	462.613	
	140kg Jr 20-23																
1	Colby Stinnett	VA	140kg	130.3	20	227.5	245	272.5	155	165	-180	247.5	260	290	727.5	411.329	
2	Eli Thies	VA	140kg	132.1	20	225	235	247.5	137.5	147.5	-155	235	247.5	262.5	657.5	370.83	
	75kg Open																
1	Thomas Tang	VA	75kg	74.4	25	185	197.5	202.5	127.5	132.5	137.5	200	210	220	560	401.296	
	82.5kg Open																
1	Cory Goodrich	VA	82.5kg	78.5	35	205	215	-227.5	135	142.5	145	220	230	242.5	602.5	416.328	
2	James Witherite	VA	82.5kg	80.4	33	180	192.5	-205	127.5	142.5	145	215	230	240	577.5	393.047	
3	Matthew Zwiren	VA	82.5kg	82.2	24	162.5	177.5	-192.5	-127.5	132.5	145	175	192.5	207.5	530	355.842	
	100kg Open																
1	Zach Humphries	VA	100kg	97.3	25	217.5	230.0	242.5	132.5	142.5	152.5	232.5	247.5	-272.5	642.5	395.459	
2	Neil Kitzmiller	MD	100kg	90.3	27	187.5	200.0	205.0	135	142.5	-147.5	220	237.5	245.0	592.5	377.6	
	125kg Open																
1	Chris Allen	VA	125kg	121.4	45	152.5	165	172.5	165	170	-177.5	235	-247.5	-247.5	577.5	331.139	349.351
	140kg Open																
1	Eli Thies	VA	140kg	132.1	20	225	235	247.5	137.5	147.5	-155	235	247.5	262.5	657.5	370.83	
	75kg Master 45-49																
1	Chris Stewart	VA	75kg	73.8	49	-137.5	137.5	-160	92.5	97.5	-110	160	165	-175	400	288.28	320.856
	125kg Master 45-49																
1	Chris Allen	VA	125kg	121.4	45	152.5	165	172.5	165	170	-177.5	235	-247.5	-247.5	577.5	331.139	349.351
	140kg Master 55-59																
1	John James	VA	140kg	134.8	56	192.5	200	205	130	135	145	240	-257.5	-257.5	590	331.639	413.222

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Women Classic Raw Powerlifting																	
	60kg Jr 20-23																
1	Leslie Giron-Molina	VA	60kg	59.2	20	100	110	120	55	60.0	60.0	110	125.0	132.5	302.5	340.797	
Men Classic Raw Powerlifting																	
	82.5kg Jr 20-23																
1	Casey Marchant	VA	82.5kg	80	20	185.0	185	185	132.5	137.5	142.5	182.5	195	207.5	535	365.245	
	100kg Jr 20-23																
DQ	Minas Stathis	VA	100kg	94.9	21	217.5	217.5	217.5	132.5	142.5	152.5	200	210.0	220.0	0	0	
	110kg Jr 20-23																
1	Noah Cornett	VA	110kg	100.1	21	225	225.0	235.0	127.5	132.5	132.5	227.5	242.5	252.5	595	361.939	
	82.5kg Open																
1	CJ Washington Jr	VA	82.5kg	79.9	38	190	217.5	227.5	125	132.5	137.5	227.5	252.5	255	620	423.584	
	110kg Open																
1	Andrew Riley	VA	110kg	108.7	27	265	280.0	290.0	172.5	182.5	192.5	277.5	287.5	295.0	757.5	447.455	
2	Carson Ward	VA	110kg	109.3	35	247.5	260.0	267.5	152.5	157.5	160.0	265	275	282.5	710	418.687	
	140kg Open																
1	Clay Thomas	VA	140kg	131.6	28	265	280	287.5	165	175	182.5	280	292.5	300	747.5	421.889	
2	Logan McCloud	VA	140kg	136.6	29	215	237.5	252.5	142.5	152.5	160	225	252.5	267.5	680	381.412	
	82.5kg Submaster																
1	CJ Washington Jr	VA	82.5kg	79.9	38	190	217.5	227.5	125	132.5	137.5	227.5	252.5	255	620	423.584	
	110kg Submaster																
1	Carson Ward	VA	110kg	109.3	35	247.5	260.0	267.5	152.5	157.5	160.0	265	275	282.5	710	418.687	
Men Raw Bench Only																	
	67.5kg Jr 16-17																
1	Luke Bopp	VA	67.5kg	63.1	16				65	80	97.5				80	65.24	
	82.5kg Jr 20-23																
1	William Aberger	VA	82.5kg	81.3	20				140.0	142.5	145				142.5	96.316	
	82.5kg Master 40-44																
1	Robert Bopp	VA	82.5kg	80.6	43				100	117.5	120				117.5	79.841	82.316
Men Raw Deadlift Only																	
	100kg Jr 20-23																
1	Diego Ferrando	VA	100kg	94.1	20							217.5	245.0	252.5	252.5	157.737	

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Women Raw Push-Pull																	
	56kg Jr 16-17																
1	Emma Cash	VA	56kg	53.5	16				35	37.5	42.5	85	105.0	115.0	157.5	192.056	
Men Raw Push-Pull																	
	67.5kg Jr 16-17																
1	Luke Bopp	VA	67.5kg	63.1	16				65	80	97.5	100	125	142.5	205	167.178	
	82.5kg Master 40-44																
1	Robert Bopp	VA	82.5kg	80.6	43				100	117.5	120	117.5	125	145	262.5	178.369	101.582
Best Lifters:																	
	Annie Wilson	Raw Jr Women PL														Record Color Codes:	
	Evan Morcom	Raw Jr Men PL														State	
	Cory Goodrich	Raw Open Men PL														National	
	Andrew Riley	Clraw Open Men PL															
Thank you to our referees:																	
	International	Johnny Layne and Nick Tsourounis															
	National	Spencer Flanagan															
	State	Al Arvey, Christopher Nicolai and Pamela Freud															
Meet Director:																	
		Johnny Layne															
Support Staff:																	
	Spotter/Loaders	VMI S6 Staff															
	Announcer	Johnny Layne and Spencer Flanagan															
Sponsors:																	
		Bench Blokz, Intense Attire, Platform Ready & Combined Insurance and Pioneer Leathercraft															