

USPA Tested 2024 New Hampshire State Championship March 9, 2024 Manchester, New Hampshire

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
60kg Open																	
1	Ashley Carlson	NH	60kg	58.6	39	117.5	122.5	125	67.5	72.5	75	140	147.5	150	350	393.865	
67.5kg Open																	
1	Ashleigh Blais	NH	67.5kg	65.7	30	130	140	145	55	<del>60</del>	<del>60</del>	155	165	170	365	382.814	
2	Tabitha Tucker	VT	67.5kg	62.9	39	110	115	<del>120</del>	62.5	65	<del>67.5</del>	142.5	147.5	152.5	332.5	357.955	
75kg Open																	
1	Deborah Lebl	MA	75kg	74.9	41	132.5	137.5	140	67.5	70	72.5	147.5	152.5	<del>155</del>	365	355.753	359.31
82.5kg Open																	
1	Elizabeth Pothel-Pereira	MA	82.5kg	82.5	45	140	145	152.5	75	<del>77.5</del>	77.5	172.5	<del>182.5</del>	<del>182.5</del>	402.5	373.573	394.119
2	Sara Hilton	MA	82.5kg	81.2	27	<del>130</del>	130	135	70	<del>75</del>	<del>75</del>	157.5	162.5	165	370	346.076	
90kg Open																	
1	Kim Citron	NH	90kg	86.5	34	112.5	<del>120</del>	120	67.5	<del>72.5</del>	72.5	142.5	150	162.5	355	322.204	
Women Raw Powerlifting		Submaster															
60kg Submaster																	
1	Ashley Carlson	NH	60kg	58.6	39	117.5	122.5	125	67.5	72.5	75	140	147.5	150	350	393.865	
67.5kg Submaster																	
1	Tabitha Tucker	VT	67.5kg	62.9	39	110	115	<del>120</del>	62.5	65	<del>67.5</del>	142.5	147.5	152.5	332.5	357.955	
Women Raw Powerlifting		Master															
75kg Master 40-44																	
1	Deborah Lebl	MA	75kg	74.9	41	132.5	137.5	140	67.5	70	72.5	147.5	152.5	<del>155</del>	365	355.753	359.31
82.5kg Master 45-49																	
1	Elizabeth Pothel-Pereira	MA	82.5kg	82.5	45	140	145	152.5	75	<del>77.5</del>	77.5	172.5	<del>182.5</del>	<del>182.5</del>	402.5	373.573	394.119
Men Raw Powerlifting		Junior															
82.5kg Jr 18-19																	
1	Ryan Collins	MA	82.5kg	80.8	18	157.5	170	<del>177.5</del>	107.5	120	<del>122.5</del>	192.5	212.5	227.5	517.5	354.767	
82.5kg Jr 20-23																	
1	Joao Morais-Godoi	NH	82.5kg	82.0	23	182.5	<del>197.5</del>	<del>200</del>	125	137.5	<del>147.5</del>	182.5	192.5	200	520	353.464	

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Men Raw Powerlifting				Open													
67.5kg Open																	
1	Adam Espinosa	RI	67.5kg	67.1	26	<del>160</del>	160	<del>172.5</del>	92.5	97.5	<del>---</del>	192.5	200	<del>212.5</del>	457.5	354.14	
82.5kg Open																	
1	Danny Jimenez	RI	82.5kg	81.6	37	187.5	190	200	120	125	<del>130</del>	222.5	230	<del>235</del>	555	378.313	
2	Joao Morais-Godoi	NH	82.5kg	82.0	23	182.5	<del>197.5</del>	<del>200</del>	125	137.5	<del>147.5</del>	182.5	192.5	200	520	353.464	
100kg Open																	
1	Jonathan Chaisson	NH	100kg	98.9	33	227.5	240	<del>245</del>	167.5	175	<del>182.5</del>	230	<del>245</del>	<del>257.5</del>	645	398.929	
2	Nick Scali	MA	100kg	97.5	25	180	185	190	137.5	145	150	237.5	255	272.5	612.5	381.237	
110kg Open																	
1	Duke Reddoch	ME	110kg	104.0	24	225	242.5	252.5	150	155	160	285	300	310	722.5	437.433	
2	Eric Citron	NH	110kg	107.5	39	185	197.5	<del>205</del>	145	150	152.5	225	240	<del>250</del>	590	352.526	
125kg Open																	
1	Jacob Young	NH	125kg	117.9	39	195	205	215	135	150	157.5	225	240	250	622.5	359.638	
140kg Open																	
1	Jeremy Ellis	NH	140kg	125.3	33	185	<del>210</del>	210	155	170	182.5	227.5	<del>250</del>	250	642.5	363.866	
140+ Open																	
1	Theodore Proctor	NH	140+	150.6	28	260	<del>275</del>	275	<del>160</del>	165	175	315	335	<del>352.5</del>	785	421.69	
Men Raw Powerlifting			Submaster														
82.5kg Submaster																	
1	Danny Jimenez	RI	82.5kg	81.6	37	187.5	190	200	120	125	<del>130</del>	222.5	230	<del>235</del>	555	378.313	
110kg Submaster																	
1	Eric Citron	NH	110kg	107.5	39	185	197.5	<del>205</del>	145	150	152.5	225	240	<del>250</del>	590	352.526	
125kg Submaster																	
1	Jacob Young	NH	125kg	117.9	39	195	205	215	135	150	157.5	225	240	250	622.5	359.638	
Men Classic Raw Powerlifting			Master														
125kg Master 50-54																	
1	Nick Rubie	VT	125kg	112.8	51	155	170	185	140	147.5	155	182.5	195	210	550	322.735	370.177

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Women Raw Bench Only				Open													
1	Deborah Lebl	MA	75kg	74.9	41				67.5	70	72.5				72.5	70.663	71.37
Women Raw Bench Only				Master													
1	Deborah Lebl	MA	75kg	74.9	41				67.5	70	72.5				72.5	70.663	71.37
Men Raw Bench Only				Open													
1	Adam Espinosa	RI	67.5kg	67.1	26				92.5	97.5	<del>---</del>				97.5	75.472	
1	Jonathan Chaisson	NH	100kg	98.9	33				167.5	175	<del>-182.5</del>				175	108.237	
Women Raw Deadlift Only				Open													
1	Deborah Lebl	MA	75kg	74.9	41							147.5	152.5	<del>-155</del>	152.5	148.636	150.123
Women Raw Deadlift Only				Master													
1	Deborah Lebl	MA	75kg	74.9	41							147.5	152.5	<del>-155</del>	152.5	148.636	150.123
Men Raw Deadlift Only				Open													
1	Adam Espinosa	RI	67.5kg	67.1	26							192.5	200	<del>-212.5</del>	200	154.815	
Best Lifters												<b>Record Color Codes</b>					
Name		Equip	Events	Comp	Sex							<b>State</b>					
Ashley Carlson		Raw	PL	Open	Women							<b>National</b>					
Duke Reddoch		Raw	PL	Open	Men												
Meet Director:		Ann Hall															
Referees																	
International:		Ann Hall															
National:		Philip Crane, Lucas Craig															
State:		Hunter Collins, Heather Hilton, Regina Shea															
Spotter/Loaders:		Nicole Rezendes, Kevin Wilke, Jon-Paul Turek, Brian Connant															
Tested Lifters:		Duke Reddoch, Sara Hilton															