

USPA Resilient Classic III August 5, 2023 North Haven, Connecticut

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
60kg Open																	
1	Annie Raksasa	CT	60kg	59.9	25	85	87.5	92.5	45	47.5	47.5	102.5	107.5	112.5	250	277.428	
67.5kg Open																	
1	Monique Mount	CT	67.5kg	65.4	39	107.5	112.5	117.5	65	70	75	125	135	147.5	322.5	339.155	
75kg Open																	
1	Katie Robbins	CT	75kg	74.4	33	97.5	102.5	112.5	57.5	62.5	67.5	130	137.5	142.5	312.5	305.667	
82.5kg Open																	
1	Lauren Brown	CT	82.5kg	80.9	34	127.5	140	142.5	75	80	85	145	155	165	387.5	363.104	
2	Marcella Luby	CT	82.5kg	78.5	28	112.5	117.5	120	52.5	57.5	57.5	120	132.5	140	312.5	297.267	
3	Veronica Campos	CT	82.5kg	82.5	48	115	122.5	132.5	65	65	67.5	115	122.5	137.5	312.5	290.041	
4	Kimberly Rodriguez	CT	82.5kg	82.5	28	80	92.5	102.5	55	62.5	67.5	120	130	137.5	297.5	276.119	
5	Chelsea Delia	CT	82.5kg	81.9	31	92.5	100	107.5	40	45	47.5	125	132.5	140	292.5	272.441	
90kg Open																	
1	Emily Martinez	CT	90kg	88.8	40	125	132.5	142.5	72.5	80	80	142.5	155	162.5	385	345.291	
2	Lauren Vassallo	CT	90kg	85	36	102.5	110	117.5	47.5	52.5	55	125	137.5	142.5	307.5	281.371	
3	Dana Melendez	CT	90kg	84	29	100	105	107.5	40	45	47.5	100	110	117.5	262.5	241.54	
110kg Open																	
1	Torrie Long	CT	110kg	102.9	33	107.5	112.5	117.5	50	52.5	52.5	102.5	112.5	122.5	280	236.347	
Women Raw Powerlifting		Submaster															
67.5kg Submaster																	
1	Monique Mount	CT	67.5kg	65.4	39	107.5	112.5	117.5	65	70	75	125	135	147.5	322.5	339.155	
Women Raw Powerlifting		Master															
56kg Master 55-59																	
1	Marri Fairbanks	CT	56kg	54	55	67.5	72.5	77.5	47.5	50	52.5	95	100	110	237.5	282.083	345.552
67.5kg Master 50-54																	
1	Sandy Centurelli	CT	67.5kg	66.9	54	70	77.5	85	37.5	40	45	92.5	100	110	235	243.871	293.62

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	75kg Master 50-54																
DQ	Karen Lavin	CT	75kg	71.1	54	55	57.5	57.5	40	40	40	82.5	87.5	92.5	0	0	0
	Men Raw Powerlifting			Junior													
	75kg Jr 20-23																
1	Parker Dayton	CT	75kg	68.3	21	92.5	105	117.5	70	75	80	145	145	152.5	330	252.204	
	82.5kg Jr 18-19																
1	Caleb Huizinga	CT	82.5kg	79.7	19	150	160	170	122.5	130	137.5	190	207.5	227.5	497.5	343.812	
	100kg Jr 20-23																
1	James Fahey	MA	100kg	95.9	22	185	195	205	125	132.5	140	232.5	242.5	255	592.5	371.573	
	110kg Jr 20-23																
1	John Henry Breen	CT	110kg	101.8	23	170	182.5	195	92.5	102.5	105	225	235	242.5	527.5	322.219	
	Men Raw Powerlifting			Open													
	67.5kg Open																
1	Nate Grote	CT	67.5kg	66.8	26	175	187.5	187.5	90	97.5	102.5	227.5	237.5	247.5	527.5	409.661	
	82.5kg Open																
1	Bobby Gendron	CT	82.5kg	80.3	27	185	195	205	122.5	127.5	130	225	235	242.5	577.5	397.338	
2	Alexander Zannella	CT	82.5kg	80.3	29	180	185	190	117.5	122.5	125	210	220	230	535	368.096	
3	Luigi Ciarlwlo	CT	82.5kg	80	28	155	165	170	107.5	112.5	120	227.5	235	242.5	525	362.012	
4	Benjamin Schultz	CT	82.5kg	80.6	26	140	150	157.5	92.5	102.5	110	165	165	182.5	442.5	303.79	
	90kg Open																
1	Dennis Agyeman	CT	90kg	89.7	25	255	277.5	287.5	165	175	182.5	252.5	277.5	287.5	747.5	484.149	
2	Kevin Voss	CT	90kg	88.1	34	220	230	240	155	170	172.5	275	287.5	295	707.5	462.486	
3	Zach Knauss	CT	90kg	83.6	34	230	242.5	250	127.5	135	140	275	287.5	302.5	677.5	455.533	
4	Ryan Heffernan	CT	90kg	87	39	192.5	202.5	207.5	102.5	110	115	225	237.5	240	562.5	370.125	
5	Richard Mount	CT	90kg	90	34	190	200	220	100	105	112.5	190	202.5	227.5	560	362.096	
	100kg Open																
1	Carlos Nunez	CT	100kg	97.5	33	225	245	255	150	162.5	167.5	250	272.5	287.5	700	435.699	
2	Ian Sweeney	CT	100kg	97.5	32	155	170	170	107.5	117.5	117.5	190	197.5	202.5	465	289.429	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Philip Craven	NH	125kg	122.7	59	255	275	---	182.5	192.5	192.5	280	300	310	777.5	443.275	582.907
2	Jakob Maurer	CT	125kg	121.5	25	240	260	275	165	175	182.5	300	322.5	340	775	443.265	
3	Pat Brunell	CT	125kg	122.2	32	260	275	275	175	187.5	187.5	247.5	260	275	697.5	398.192	
4	Peter Bowman	CT	125kg	118.9	40	220	227.5	250	125	132.5	137.5	215	227.5	237.5	602.5	347.088	347.088
	Men Raw Powerlifting			Submaster													
	90kg Submaster																
1	Ryan Heffernan	CT	90kg	87	39	192.5	202.5	207.5	102.5	110	115	225	237.5	240	562.5	370.125	
	Men Raw Powerlifting			Master													
	100kg Master 45-49																
1	Rich Ministro	CT	100kg	98	48	150	165	165	97.5	105	112.5	170	182.5	205	475	294.977	323.59
2	Brett Sandman	CT	100kg	91.7	49	112.5	122.5	122.5	92.5	97.5	105	172.5	185	197.5	417.5	267.457	297.68
	125kg Master 40-44																
1	Peter Bowman	CT	125kg	118.9	40	220	227.5	250	125	132.5	137.5	215	227.5	237.5	602.5	347.088	347.088
	125kg Master 55-59																
1	Philip Craven	NH	125kg	122.7	59	255	275	---	182.5	192.5	192.5	280	300	310	777.5	443.275	582.907
	140+ Master 40-44																
1	Richard Barrett	CT	140+	148.4	40	82.5	92.5	142.5	122.5	127.5	145	160	172.5	192.5	480	258.871	258.871
	Men Classic Raw Powerlifting			Open													
	125kg Open																
1	Justin Legere	CT	125kg	123.5	26	342.5	342.5	342.5	220	227.5	237.5	320	342.5	365	912.5	519.155	
	Men Raw Bench Only			Open													
	140kg Open																
1	Michael Scala	CT	140kg	131.7	25				192.5	197.5	197.5				192.5	107.37	
	Men Raw Bench Only			Master													
	82.5kg Master 55-59																
1	Robert Richardson	CT	82.5kg	79.9	57				110	117.5	125				125	86.257	109.374

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Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Lauren Brown		Raw	PL	Open	Women							National					
Dennis Agyeman		Raw	PL	Open	Men												
Philip Craven		Raw	PL	Master	Men												
Meet Director:		Maria Ryan and Co-Director Gina Caiafa															
Referees																	
National:		Ann Hall															
State:		Mia Angellini, Tina Caplan, Rachel Consoli, Matt Ingargiola															
Announcer:		Carlos Reyes															
Spotter/Loaders:		Stephanie Matthews, Morgan Wilderman, Jimmy Doutney, Amanda LaCroix, Zach Bukowski, Nate Shilling															