

## USPA 22nd Street Barbell Open August 1, 2020 Des Moines, IA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	women Raw Powerlifting			Open													
	60kg Open																
1	Karina Cordova	IA	60kg	58.2	35	125.0	<del>-135</del>	<del>-135</del>	65	70.0	<del>-72.5</del>	150	157.5	160.0	355	477.937	
	67.5kg Open																
1	Hannah Hesse	IA	67.5kg	64.3	25	122.5	130	135	70	75.0	<del>-77.5</del>	137.5	145.0	<del>-150.0</del>	355	448.294	
2	Nina Tesene	IA	67.5kg	63.7	40	115.0	120	<del>-125</del>	57.5	60.0	62.5	142.5	150.0	155.0	337.5	428.625	428.625
3	Chelsea Hedlund	NC	67.5kg	64.8	30	102.5	112.5	<del>-117.5</del>	72.5	77.5	82.5	117.5	130.0	140.0	335	421.095	
4	Chloe Allyn	IA	67.5kg	67.2	29	112.5	117.5	120	72.5	77.5	<del>-82.5</del>	125	<del>-130.0</del>	130.0	327.5	403.153	
	75kg Open																
1	Morgan Rutherford	IA	75kg	73.0	25	110.0	115	<del>-120</del>	65	70.0	<del>-75.0</del>	140	150.0	160.0	345	406.721	
	women Raw Powerlifting			Submaster													
	60kg Submaster																
1	Karina Cordova	IA	60kg	58.2	35	125.0	<del>-135</del>	<del>-135</del>	65	70.0	<del>-72.5</del>	150	157.5	160.0	355	477.937	
2	Brynn Dempster	IA	60kg	58.8	39	87.5	<del>-97.5</del>	97.5	<del>-57.5</del>	57.5	<del>-62.5</del>	135	142.5	147.5	302.5	404.412	
	women Raw Powerlifting			Master													
	56kg Master 40-44																
1	Laura Haering	IA	56kg	54.4	40	85.0	90	95	42.5	47.5	<del>-52.5</del>	90	95.0	100.0	242.5	342.628	342.628
	60kg Master 70-74																
1	Sue Heaton	IL	60kg	56.3	71	45.0	52.5	<del>60</del>	<del>45</del>	47.5N	50.0	60	62.5	65.0	167.5	230.815	388
	67.5kg Master 40-44																
1	Nina Tesene	IA	67.5kg	63.7	40	115.0	120	<del>-125</del>	57.5	60.0	62.5	142.5	150.0	155.0	337.5	428.625	428.625
	men Raw Powerlifting			Junior													
	67.5kg Jr 13-15																
1	Bradyn Blair	IA	67.5kg	62.0	13	67.5	85	92.5	45	50.0	57.5	112.5	127.5	<del>-137.5</del>	277.5	269.924	
	82.5kg Jr 16-17																
1	Daniel Christensen	IA	82.5kg	79.3	17	107.5	120	130.0	100	115.0	<del>-117.5</del>	167.5	177.5	<del>-190.0</del>	422.5	347.929	
	82.5kg Jr 18-19																
1	Jahmen Zimmerman	IA	82.5kg	79.7	18	200.0	<del>-207.5</del>	<del>-207.5</del>	<del>110</del>	<del>-110.0</del>	110.0	240	247.5	257.5	567.5	465.918	
	82.5kg Jr 20-23																
1	Roman DeLisi	IA	82.5kg	77.7	21	160.0	162.5	<del>-165.0</del>	100.0	105.0	<del>-107.5</del>	185	187.5	192.5	460	383.548	
	110kg Jr 20-23																
DQ	Dylan Stepp	IA	110kg	109.4	21	190.0	<del>-197.5</del>	200.0	127.5	<del>-135</del>	<del>-135.0</del>	<del>-220</del>	<del>-220.0</del>	<del>0</del>	0	0	

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men Raw Powerlifting				Open														
	60kg Open																	
DQ	Aulis Martinez	IA	60kg	59.8	28	<del>-155.0</del>	<del>-157.5</del>	<del>-157.5</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	<del>-----</del>	0	0		
	75kg Open																	
1	Alex Beninga	IA	75kg	72	26	140.0	<del>-150</del>	150.0	97.5	<del>-102.5</del>	107.5	187.5	197.5	205.0	462.5	404.919		
	82.5kg Open																	
DQ	Gary Pratt	IA	82.5kg	80.0	28	180.0	185.0	<del>-187.5</del>	<del>-120</del>	<del>-122.5</del>	<del>-122.5</del>	230	240.0	<del>-245.0</del>	0	0		
	90kg Open																	
1	Luke Arrowood	IA	90kg	87.9	26	232.5	242.5	<del>-255</del>	147.5	155.0	157.5	300	312.5	<del>-325.0</del>	712.5	553.256		
	100kg Open																	
1	Seth Kelly	IA	100kg	98.5	28	215.0	220.0	222.5	145	150.0	152.5	260	272.5	282.5	657.5	482.737		
2	Jade Leonard	IA	100kg	97.7	40	192.5	205.0	<del>-222.5</del>	165	180.0	<del>-185.0</del>	225	242.5	255.0	640	471.68		
3	Daniel Williams	IA	100kg	97.7	23	182.5	192.5	<del>-197.5</del>	125	130.0	132.5	200	210.0	220.0	545	401.665		
	110kg Open																	
1	Rob Detmering	IA	110kg	100.8	39	230.0	<del>-240</del>	<del>-240</del>	<del>-135</del>	135	<del>-155.0</del>	237.5	250.0	<del>-257.5</del>	615	446.982		
	125kg Open																	
1	Lance Sisson	IA	125kg	124.4	28	232.5	240	252.5	165	175.0	182.5	265.0	272.5	282.5	717.5	483.882		
	SHW Open																	
1	Zach Severin	IA	SHW	173.1	28	340.0	365	<del>-375</del>	220	237.5	245.0	282.5	300.0	<del>-310.0</del>	910	569.478		
men Raw Powerlifting				Submaster														
	110kg Submaster																	
1	Rob Detmering	IA	110kg	100.8	39	230.0	<del>-240</del>	<del>-240</del>	<del>-135</del>	135	<del>-155.0</del>	237.5	250.0	<del>-257.5</del>	615	446.982		
men Classic Raw Powerlifting				Junior														
	90kg Jr 20-23																	
1	Noah Graham	IA	90kg	87.4	21	<del>-227.5</del>	<del>-227.5</del>	227.5	142.5	152.5	<del>-160.0</del>	252.5	265.0	<del>-275.0</del>	645	502.391		
	100kg Jr 16-17																	
1	Austin VanScoy	IL	100kg	98.8	17	220.0	232.5	235	142.5	152.5	<del>-160.0</del>	255	270.0	280.0	667.5	489.411		
men Classic Raw Powerlifting				Open														
	100kg Open																	
1	Dylan Thielen	IA	100kg	98.9	24	250.0	265	275	<del>-145</del>	145.0	<del>-150.0</del>	270	285.0	292.5	712.5	522.191		
	110kg Open																	
1	Mitch Foster	IA	110kg	109.7	31	250.0	255	260	160	165.0	172.5	255	260	267.5	700	491.82		

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2	Mark Ramirez	IA	110kg	104.4	24	225.0	250	262.5	142.5	<del>150.0</del>	<del>150.0</del>	250	265.0	272.5	677.5	485.226	
			<b>men Raw Bench Press Only</b>		<b>Junior</b>												
			90kg Jr 20-23														
	Dylan Landess	IA	90kg	89.7	23				190.0	<del>0</del>	<del>0</del>				190.0	145.919	
			<b>men Raw Deadlift Only</b>		<b>Master</b>												
			125kg Master 40-44														
1	Travis McDaniel	IA	125kg	119.3	42							230	<del>242.5</del>	<del>245.0</del>	230	157.067	160.208
			<b>men Raw Push-Pull</b>		<b>Master</b>												
			110kg Master 60-64														
1	Nick Simmons	IA	110kg	103.9	61				<del>125</del>	135	137.5	182.5	<del>205.0</del>	<del>205.0</del>	320	229.632	178.894
Best Lifters														<b>Record Color Codes</b>			
Karina Cordova		Raw Open Women PL												<b>State</b>			
Zach Severin		Raw Open Men PL												<b>National</b>			
Meet Director:		Wes Keith and Jake Hartman															
Referees																	
National:		Jake Hartman, Kiersten Scurlock, Albert Alvarado															
State:		Anthony Brooks, Josh Lentz															
Spotter/Loaders:		Scot Stadola, Jon Lazear, Eric Main, Ethan Radin, Greg Huse															