

USPA Open Northwest Regionals November 9, 2025 Bremerton, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
	75kg Jr 20-23																
1	Rachel Adair	CO	75kg	74.4	23	162.5	-177.5	-177.5	107.5	-113.5	-113.5	160	172.5	180	450	440.16	
Women Raw Powerlifting		Open															
	75kg Open																
1	Rachel Adair	CO	75kg	74.4	23	162.5	-177.5	-177.5	107.5	-113.5	-113.5	160	172.5	180	450	440.16	
	110kg Open																
DQ	Tiffany Clement	WA	110kg	108.6	44	-205	-205	-205	102.5	115	117.5	205	220	230	0	0	0
Women Raw Powerlifting		Master															
	110kg Master 40-44																
DQ	Tiffany Clement	WA	110kg	108.6	44	-205	-205	-205	102.5	115	117.5	205	220	230	0	0	0
Men Raw Powerlifting		Open															
	110kg Open																
1	John Morris	ID	110kg	109.3	31	292.5	315	-320	180	192.5	-205	295	317.5	-340	825	489.801	
2	Joshua Addison	WA	110kg	105.7	32	187.5	195	207.5	150	160	-167.5	217.5	235	245	612.5	368.414	
3	Jason Freeman	WA	110kg	106.9	38	170	175	180	107.5	115	117.5	185	195	207.5	505	302.399	
	125kg Open																
1	Shawn Leonard-Horwith	NV	125kg	116.7	37	255	-272.5	-272.5	210	227.5	-235	260	277.5	285	767.5	444.97	
	140+ Open																
1	Alex Stanley	OR	140+	144	38	250	295	-300	165	185	-190	272.5	300	317.5	797.5	433.641	
Men Raw Powerlifting		Submaster															
	100kg Submaster																
1	Kieran Phillips	WA	100kg	99.4	37	110	125	135	120	-135	135	170	190	207.5	477.5	294.679	
	110kg Submaster																
1	Jason Freeman	WA	110kg	106.9	38	170	175	180	107.5	115	117.5	185	195	207.5	505	302.399	
	125kg Submaster																
1	Shawn Leonard-Horwith	NV	125kg	116.7	37	255	-272.5	-272.5	210	227.5	-235	260	277.5	285	767.5	444.97	
	140+ Submaster																
1	Alex Stanley	OR	140+	144	38	250	295	-300	165	185	-190	272.5	300	317.5	797.5	433.641	

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Men Raw Powerlifting				Master													
	82.5kg Master 55-59																
1	Trey Mcguire	WA	82.5kg	81.7	56	180	-185	-185	120	-122.5	-122.5	-180	180	-182.5	480	326.96	407.392
	100kg Master 45-49																
1	Medwin Mina	WA	100kg	95.5	48	217.5	-230	-230	132.5	-137.5	137.5	242.5	260	-280	615	386.428	423.911
	100kg Master 50-54																
1	Robert Jeffrey	OR	100kg	99.3	51	160	170	175	130	140	-145	170	185	200	515	317.961	364.701
	140kg Master 55-59																
1	David Heerlyn	WA	140kg	129.5	55	145	155	170	167.5	177.5	-182.5	227.5	-237.5	-	575	322.341	394.868
	140+ Master 55-59																
1	Daren Roeser	OR	140+	141	57	230	245	252.5	170	180	185	257.5	282.5	292.5	730	399.259	506.26
Men Classic Raw Powerlifting				Master													
	110kg Master 50-54																
1	Ken Westphal	WA	110kg	107.1	53	160	-175	175	147.5	160	-165	215	230	-	565	338.08	400.287
Women Raw Bench Only				Junior													
	75kg Jr 20-23																
1	Rachel Adair	CO	75kg	74.4	23				107.5	-113.5	-113.5				107.5	105.149	
Women Raw Bench Only				Open													
	75kg Open																
1	Rachel Adair	CO	75kg	74.4	23				107.5	-113.5	-113.5				107.5	105.149	
Men Raw Bench Only				Open													
	125kg Open																
1	Shawn Leonard-Horwith	NV	125kg	116.7	37				210	227.5	-235				227.5	131.897	
Men Raw Bench Only				Submaster													
	125kg Submaster																
1	Shawn Leonard-Horwith	NV	125kg	116.7	37				210	227.5	-235				227.5	131.897	
Men Raw Bench Only				Master													
	110kg Master 50-54																
1	Ken Westphal	WA	110kg	107.1	53				147.5	160	-165				160	95.74	113.356

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140+ Master 55-59																
1	Daren Roeser	OR	140+	141	57							257.5	282.5	292.5	292.5	159.977	202.851
	Men Multi Ply Deadlift Only			Open													
	100kg Open																
1	Christopher Williamson	WA	100kg	99.9	38							265	265	280	265	163.182	
	125kg Open																
1	Ryan Turgano	WA	125kg	112	42							300	320.5	320.5	320.5	188.555	192.326
	Men Multi Ply Deadlift Only			Submaster													
	100kg Submaster																
1	Christopher Williamson	WA	100kg	99.9	38							265	265	280	265	163.182	
	Men Multi Ply Deadlift Only			Master													
	125kg Master 40-44																
1	Ryan Turgano	WA	125kg	112	42							300	320.5	320.5	320.5	188.555	192.326
	Men Raw Push-Pull			Open													
	110kg Open																
DQ	John Buck	WA	110kg	100.2	31				125	125	125	227.5	237.5	237.5	0	0	
	Best Lifters											Record Color Codes					
	Name	Equip	Events	Comp	Sex							State					
	John Morris	Raw	PL	Open	Men							National					
	Daren Roeser	Raw	PL	Master	Men							World					
	Meet Director:	Zach Miller															
	Referees																
	International:	Shanda Guard, Alex Stanley, Zach Miller															
	National:	Raymond Damasco, Kim Briener, Lauren Plooster, Jon Blais, April Blais, Ryan Turgano, Darlene Turgano, Ellen Smith, Mike Magee, Kim Grey															
	State:	Rochelle Hages, Jake Mcannaly, Shamra Smith, Zech Young															
	Spotter/Loaders:	CJ Lumagui, Kevin Beamish, Zech Young, Tyler Buxton, Jimmy McCurry, Isidro Solis															