

USPA Cabin Fever Competition January 13, 2024 Hanson, Massachusetts

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Open														
67.5kg Open																	
1	Colleen Reid	MA	67.5kg	67.4	32	92.5	100	105	52.5	57.5	62.5	100	112.5	137.5	275	284.152	
75kg Open																	
1	Alexia Maxwell	RI	75kg	70.3	26	117.5	122.5	127.5	72.5	77.5	80	152.5	157.5	162.5	362.5	365.704	
2	Linda Russo	MA	75kg	73.6	75	57.5	60	62.5	35	37.5	42.5	87.5	97.5	102.5	195	191.842	352.03
82.5kg Open																	
1	Nicole Houpes	MA	82.5kg	81.05	29	120	130	135	62.5	65	65	130	142.5	155	347.5	325.326	
2	Lawanda Whitaker-Ross	MA	82.5kg	78.7	30	97.5	105	112.5	52.5	57.5	60	122.5	130	137.5	307.5	292.134	
90kg Open																	
1	Melissa Thompson	RI	90kg	85.2	44	132.5	145	157.5	80	85	87.5	142.5	155	162.5	405	370.179	386.097
110+ Open																	
1	Stephanie Reposa	MA	110+	130.8	34	120	130	135	77.5	85	90	170	185	192.5	407.5	320.024	
Women Raw Powerlifting			Master														
75kg Master 60-64																	
1	Patricia Tierney	CT	75kg	72.05	64	85	100	110	72.5	77.5	85	115	125	132.5	327.5	325.935	472.605
75kg Master 75-79																	
1	Linda Russo	MA	75kg	73.6	75	57.5	60	62.5	35	37.5	42.5	87.5	97.5	102.5	195	191.842	352.03
90kg Master 40-44																	
1	Melissa Thompson	RI	90kg	85.2	44	132.5	145	157.5	80	85	87.5	142.5	155	162.5	405	370.179	386.097
Men Raw Powerlifting			Junior														
60kg Jr 18-19																	
1	Ethan Desmarais	MA	60kg	59.1	19	125	137.5	145	75	80	87.5	145	170	182.5	362.5	309.815	
82.5kg Jr 20-23																	
DQ	Christian Specht	NY	82.5kg	81.25	21	157.5	167.5	180	122.5	122.5	-----	207.5	207.5	-----	0	0	
100kg Jr 20-23																	
1	Benjamin Daggett	MA	100kg	95.6	21	160	167.5	175	115	120	-----	180	190	195	485	304.596	

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	110kg Jr 18-19																
1	Andrew Bairos	MA	110kg	105	19	187.5	-197.5	207.5	105	112.5	120	227.5	240	255	582.5	351.304	
2	Gabe Borgese	NY	110kg	107.3	19	212.5	-227.5	-232.5	100	110	-115	-200	210	227.5	550	328.865	
	Men Raw Powerlifting			Open													
	75kg Open																
1	Jake Metterville	MA	75kg	73.00	42	117.5	125	132.5	72.5	77.5	82.5	157.5	165	175	390	284.749	290.444
	90kg Open																
1	Danny Jimenez	RI	90kg	88.1	36	192.5	-200	200	120	127.5	-132.5	222.5	-232.5	-232.5	550	359.529	
	110kg Open																
1	Matthew Sullivan	MA	110kg	103	29	250	267.5	272.5	190	200	-207.5	340	357.5	-367.5	830	504.52	
2	Joshua Davis	MA	110kg	109.0	38	205	227.5	245	-155	-170	180	192.5	235	245	670	398.194	
	140kg Open																
1	Ali Afsari	MA	140kg	138.5	27	240	255	270	170	185	190	280	300	-320	760	417.762	
	Men Raw Powerlifting			Submaster													
	90kg Submaster																
1	Danny Jimenez	RI	90kg	88.1	36	192.5	-200	200	120	127.5	-132.5	222.5	-232.5	-232.5	550	359.529	
	110kg Submaster																
1	Joshua Davis	MA	110kg	109.0	38	205	227.5	245	-155	-170	180	192.5	235	245	670	398.194	
	Men Raw Powerlifting			Master													
	75kg Master 40-44																
1	Jake Metterville	MA	75kg	73.00	42	117.5	125	132.5	72.5	77.5	82.5	157.5	165	175	390	284.749	290.444
	100kg Master 50-54																
1	Shanon Shaughnessy	MA	100kg	97.7	53	-155	155	-185	135	145	-150	150	155	165	465	289.163	342.369
	110kg Master 45-49																
1	Matthew Mccuin	MA	110kg	109.5	47	160	-172.5	172.5	122.5	130	-137.5	202.5	215	-227.5	517.5	307.026	332.202
	Women Classic Raw Powerlifting			Open													
	75kg Open																
1	Cara Volpicelli	MA	75kg	70.70	45	102.5	110	112.5	52.5	55	57.5	97.5	105	122.5	292.5	294.154	310.333

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															Dots	McC	
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total	
110+ Open																	
1	Jelissa Aponte	MA	110+	116.20	38	125	135	-142.5	55	-62.5	62.5	-135	147.5	-157.5	345	279.436	
Women Classic Raw Powerlifting			Submaster														
110+ Submaster																	
1	Jelissa Aponte	MA	110+	116.20	38	125	135	-142.5	55	-62.5	62.5	-135	147.5	-157.5	345	279.436	
Women Classic Raw Powerlifting			Master														
75kg Master 45-49																	
1	Cara Volpicelli	MA	75kg	70.70	45	102.5	110	112.5	52.5	55	57.5	97.5	105	122.5	292.5	294.154	310.333
Men Classic Raw Powerlifting			Open														
100kg Open																	
1	Brandon Benard	NY	100kg	95.3	31	142.5	182.5	205	142.5	160	-180	-182.5	220	265	630	396.238	
Men Raw Bench Only			Master														
100kg Master 50-54																	
1	Shanon Shaughnessy	MA	100kg	97.7	53				135	145	-150				145	90.169	106.76
140kg Master 50-54																	
1	Manuel Pires	MA	140kg	134.3	50				125	132.5	-155				132.5	73.48	83.033
Women Raw Deadlift Only			Open														
110+ Open																	
1	Stephanie Reposa	MA	110+	130.8	34							170	185	192.5	192.5	151.177	
Women Single Ply Deadlift Only			Open														
48kg Open																	
1	I-Ting Huang	MA	48kg	47.7	29							92.5	-97.5	100	100	129.638	
Best Lifters											Record Color Codes						
Name		Equip	Events	Comp	Sex							State					
Melissa Thompson		Raw	PL	Open	Women							National					
Matthew Sullivan		Raw	PL	Open	Men												
Meet Director:		Rich DeLeon															
Referees:																	
International:		Dave Mansfield, Rich DeLeon															
State:		Heather Hilton, Rich Ministro, Regina Shea, Amy L. Silvia, Raymond Saraiva, Matt Ingargiola, Samantha Cohen, Sean McCarthy															
Spotter/Loaders:		Evan Hall, Tom Bellolli, Brian Lindberg, Bruno Martelli, Brian Mclean															