

USPA Drug Tested Dirty South Powerlifting Championships December 10, 2023 Gainseville, Georgia

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
48kg Jr 13-15																	
1	Kenzie Elliott	SC	48kg	46.8	14	30	37.5	45	25	27.5	30	42.5	50	55	127.5	167.625	
Women Raw Powerlifting		Open															
56kg Open																	
1	Erika Cole	GA	56kg	55.5	30	130	137.5	140	70	72.5	75	145	152.5	152.5	362.5	422.691	
2	Ellie Varela	GA	56kg	55.1	27	102.5	107.5	115	60	65	70	127.5	132.5	140	320	374.94	
3	Vidhya Narayanan	GA	56kg	53.1	42	100	107.5	112.5	55	60	62.5	120	125	130	300	360.424	367.632
67.5kg Open																	
1	Amy Martinez	GA	67.5kg	67.2	25	120	132.5	140	60	65	70	132.5	145	155	365	377.796	
75kg Open																	
1	Crystal Wirks	GA	75kg	71.6	41	137.5	142.5	145	72.5	77.5	82.5	157.5	160	162.5	382.5	381.982	385.802
82.5kg Open																	
1	Rebecca Brigdon	GA	82.5kg	80.5	24	92.5	105	117.5	45	52.5	60	87.5	97.5	105	275	258.318	
110+ Open																	
1	Brittany Carter	GA	110+	124.1	34	90	97.5	107.5	55	60	62.5	110	120	127.5	297.5	236.552	
Women Raw Powerlifting		Master															
56kg Master 40-44																	
1	Vidhya Narayanan	GA	56kg	53.1	42	100	107.5	112.5	55	60	62.5	120	125	130	300	360.424	367.632
75kg Master 40-44																	
1	Crystal Wirks	GA	75kg	71.6	41	137.5	142.5	145	72.5	77.5	82.5	157.5	160	162.5	382.5	381.982	385.802
Men Raw Powerlifting		Junior															
56kg Jr 13-15																	
1	Rishi Yedavalli	GA	56kg	56	15	85	90	97.5	42.5	47.5	50	112.5	125	132.5	277.5	248.378	
60kg Jr 18-19																	
1	Nolan Elliott	SC	60kg	60	19	167.5	182.5	200	75	85	92.5	167.5	185	200	470	396.7	
67.5kg Jr 16-17																	
1	Ryan Martelino	GA	67.5kg	64.8	16	145	150	157.5	102.5	107.5	112.5	145	150	150	407.5	323.703	
		(115)															

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Jr 16-17																
1	Tyler Dunn	GA	75kg	74	16	132.5	137.5	147.5	92.5	97.5	105	160	167.5	172.5	425	307.552	
DQ	Sawyer Avery	GA	75kg	74.4	17	185	-195	-200	115	-120	-120	-200	-200	----	0	0	
	75kg Jr 20-23																
1	Logan Scott	NC	75kg	73.4	21	165	172.5	-182.5	107.5	115	-117.5	190	207.5	-212.5	495	360.116	
	82.5kg Jr 18-19																
1	Evan George	GA	82.5kg	80.3	19	152.5	162.5	170	100	-110	110	200	212.5	-220	492.5	338.855	
	82.5kg Jr 20-23																
1	Edgar Montenegro	GA	82.5kg	82.5	23	152.5	-157.5	-157.5	-125	-125	125	182.5	-190	-190	460	311.601	
	90kg Jr 16-17																
1	Robby Lee	GA	90kg	89.4	16	180	190	192.5	-147.5	147.5	-160	215	227.5	-232.5	567.5	368.19	
	90kg Jr 20-23																
1	Cody Morris	GA	90kg	88.6	23	220	232.5	245	145	155	165	280	295	310	720	469.283	
	100kg Jr 16-17																
1	Caleb Beverly	GA	100kg	90.7	17	190	200	215	102.5	107.5	117.5	202.5	212.5	-220	545	351.033	
	100kg Jr 20-23																
1	Carlos Mendoza	GA	100kg	98.1	20	-205	205	-227.5	130	140	147.5	205	217.5	227.5	580	360.019	
2	Stephen Dipaulo	GA	100kg	93.5	20	175	185	192.5	120	127.5	132.5	205	217.5	225	550	349.041	
3	Garrett Ellis	GA	100kg	98.3	21	210	220	225	155	-165	-165	70	----	----	450	279.072	
	110kg Jr 20-23																
1	Jonathan Carter	SC	110kg	106.3	23	-265	265	-280	135	-145	-145	282.5	295	-311	695	417.097	
	Men Raw Powerlifting			Open													
	56kg Open																
1	Rishi Yedavalli	GA	56kg	56	15	85	90	97.5	42.5	47.5	-50	112.5	125	132.5	277.5	248.378	
	60kg Open																
1	Nolan Elliott	SC	60kg	60	19	167.5	182.5	200	75	85	-92.5	167.5	185	-200	470	396.7	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	67.5kg Open																
1	Julio Zavala	GA	67.5kg	67	31	185	200	207.5	140	150	150	230	240	250	580	449.452	
	75kg Open																
1	Asher Ezzard	GA	75kg	73.4	26	175	182.5	---	115	120	125	215	227.5	237.5	540	392.854	
	82.5kg Open																
1	Cameron Anderson	GA	82.5kg	81.9	28	215	225	232.5	155	160	160	235	240	252.5	640	435.336	
								(241)									
2	Peter Khamphouvong	GA	82.5kg	81.8	30	197.5	205	210	112.5	120	127.5	240	252.5	262.5	582.5	396.501	
3	Jacob Kostelec	GA	82.5kg	80.1	26	167.5	192.5	207.5	112.5	125	135	192.5	210	227.5	560	385.862	
	90kg Open																
1	Cody Morris	GA	90kg	88.6	23	220	232.5	245	145	155	165	280	295	310	720	469.283	
2	Kyle Porter	GA	90kg	88.2	24	172.5	182.5	192.5	142.5	150	155	217.5	225	232.5	565	369.118	
3	Kendrick Varela	GA	90kg	88.8	32	182.5	190	200	100	110	122.5	190	210	220	522.5	340.162	
4	Vajraang Kamat	GA	90kg	83.6	26	167.5	180	195	95	100	107.5	187.5	202.5	202.5	505	339.549	
	100kg Open																
1	Abraham Ocana	GA	100kg	97.4	28	217.5	230	237.5	160	165	170	252.5	265	272.5	667.5	415.662	
2	Matthew Dipaulo	GA	100kg	91.3	29	215	222.5	230	142.5	150	155	215	220	220	600	385.197	
3	Garrett Ellis	GA	100kg	98.3	21	210	220	225	155	165	165	70	---	---	450	279.072	
	110kg Open																
1	Nikita Koba	GA	110kg	109.1	30	255	265	270	165	170	170	320	337.5	355	772.5	458.952	
2	Cordell Estrada	GA	110kg	107.7	37	230	240	250	177.5	182.5	182.5	285	300	310	717.5	428.398	
	125kg Open																
1	Ryan Patterson	GA	125kg	113.7	28	255	272.5	---	180	190	195	272.5	287.5	307.5	770	450.534	
2	Bryson Hayes	GA	125kg	122.3	26	195	220	225	155	165	177.5	225	240	245	635	362.415	
	140+ Open																
1	Alan Michael Alvarez	TX	140+	165.2	33	305	315	322.5	192.5	205	212.5	312.5	---	---	832.5	436.45	

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Men Raw Powerlifting			Submaster														
	110kg Submaster																
1	Cordell Estrada	GA	110kg	107.7	37	230	240	250	177.5	182.5	182.5	285	300	310	717.5	428.398	
	125kg Submaster																
1	Elmer Herrera	GA	125kg	123.8	35	245	255	265	170	180	190	260	265	270	715	406.474	
2	Zebulon Bare	GA	125kg	116.6	36	222.5	235	250	182.5	185	190	210	215	----	645	374.06	
Men Raw Powerlifting			Master														
	82.5kg Master 60-64																
1	Jim Brewer	GA	82.5kg	80.9	61	85	95	105	110	122.5	127.5	170	182.5	192.5	420	287.72	393.025
	90kg Master 65-69																
1	Richard Wittmann	GA	90kg	86	67	127.5	137.5	147.5	85	100	----	180	195	212.5	460	304.547	469.915
	110kg Master 45-49																
1	Ron Horn	GA	110kg	108.1	46	180	192.5	200	135	145	152.5	182.5	200	210	562.5	335.37	358.176
Men Classic Raw Powerlifting			Junior														
	82.5kg Jr 16-17																
1	Ian Tuttle	GA	82.5kg	81.8	17	217.5	227.5	227.5	107.5	117.5	125	225	237.5	247.5	582.5	396.501	
Men Classic Raw Powerlifting			Open														
	125kg Open																
1	Nick Santoro	GA	125kg	115.9	26	280	295	295	175	187.5	187.5	275	290	301	772.5	448.941	
	140kg Open							(302.5)									
1	Charles Mullenex	KY	140kg	130.9	32	241	250	260	132.5	140	145	240	250	----	655	366.002	
Men Classic Raw Powerlifting			Master														
	82.5kg Master 55-59																
1	John Stulak	GA	82.5kg	80.6	57	137.5	----	----	125	135	----	167.5	----	----	430	295.208	374.324
Women Raw Bench Only			Open														
	75kg Open																
1	Crystal Wirks	GA	75kg	71.6	41				72.5	77.5	82.5				82.5	82.388	83.212
Women Raw Bench Only			Master														
	75kg Master 40-44																
1	Crystal Wirks	GA	75kg	71.6	41				72.5	77.5	82.5				82.5	82.388	83.212

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	Men Raw Bench Only			Open													
	140kg Open																
1	Charles Mullenex	KY	140kg	130.9	32				132.5	140	145				145	81.023	
	Men Raw Bench Only			Master													
	90kg Master 65-69																
1	Richard Wittmann	GA	90kg	86	67				85	100	115				100	66.206	102.156
	Men Raw Deadlift Only			Junior													
	100kg Jr 20-23																
1	Garrett Ellis	GA	100kg	98.3	21							70	75	80	70	43.411	
	Men Raw Deadlift Only			Open													
	100kg Open																
1	Garrett Ellis	GA	100kg	98.3	21							70	75	80	70	43.411	
	Men Raw Deadlift Only			Master													
	90kg Master 65-69																
1	Richard Wittmann	GA	90kg	86	67							180	195	212.5	212.5	140.687	217.08
	100kg Master 60-64																
1	Robert Gorham	GA	100kg	99.2	61							272.5	295	310	295	182.213	248.903
	Men Raw Push-Pull			Master													
	82.5kg Master 60-64																
1	Jim Brewer	GA	82.5kg	80.9	61				110	122.5	135	170	182.5	192.5	315	215.79	180.136
	90kg Master 50-54																
1	Samir Kamat	GA	90kg	89.2	52				60	65	70	95	100	110	180	116.916	83.238
	90kg Master 65-69																
1	Richard Wittmann	GA	90kg	86	67				85	100	115	180	195	212.5	312.5	206.893	217.08

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Cody Morris		Raw	PL	Jr	Men							National					
Erika Cole		Raw	PL	Open	Vomen												
Cody Morris		Raw	PL	Open	Men												
Meet Director:		Valerie Smith															
Referees																	
International:		Andrew Yerrakada															
National:		Valerie Smith, Marcus McCord															
State:		Jennifer Nash															
Staff:		Minerva Islas, Amanda Carroll															
Spotter/Loaders:		Colton Collins, Andres Perez, Dwayne Fields, Shawn Taylor, Matthew Johns															
Tested Lifters:		Logan Scott, Cody Morris, Nikita Koba, Erika Cole, Ian Tuttle															