

USPA Ironville Classic Powerlifting Championship March 13, 2021 Waynesville, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Open													
	67.5kg Open																
1	Abigail Rowe	MO	67.5kg	65.6	26	-140.0	145.0	155.0	75	80.0	85.0	140	147.5	160.0	400	419.899	
DQ	Sela Whittington	TX	67.5kg	64.9	26	135.0	145.0	-155.0	-75	-77.5	-77.5	137.5	142.5	-147.5	0	0	
	75kg Open																
1	Tabetha Held	MO	75kg	74.5	51	142.5	157.5	162.5	92.5	100.0	105.0	137.5	145.0	150.0	417.5	408.079	468.067
							(165.0)				(107.5)						
2	Ronnee Hicks	MO	75kg	70.9	32	142.5	147.5	150.0	70	77.5	80.0	150	162.5	172.5	402.5	404.142	
	90kg Open																
1	Laura Benedett	MO	90kg	85.7	27	115.0	-120.0	125.0	60	62.5	-65.0	132.5	140.0	-142.5	327.5	298.526	
	SHW Open																
1	Kelli Millikan	MO	SHW	150.4	35	167.5	180.0	187.5	95	-106.0	106.0	210	230.0	-240.0	523.5	403.448	
2	Luisa Castaneda Cano	MO	SHW	93.6	24	110.0	120.0	-127.5	65	67.5	-72.5	132.5	147.5	-160.0	335	293.643	
3	Katie Coffman	MO	SHW	97.3	27	102.5	107.5	115.0	70	-77.5	-82.5	130	140.0	147.5	332.5	286.828	
	Women Raw Powerlifting			Submaster													
	SHW Submaster																
1	Kelli Millikan	MO	SHW	150.4	35	167.5	180.0	187.5	95	-106.0	106.0	210	230.0	-240.0	523.5	403.448	
	Women Raw Powerlifting			Master													
	75kg Master 50-54																
1	Tabetha Held	MO	75kg	74.5	51	142.5	157.5	162.5	92.5	100.0	105.0	137.5	145.0	150.0	417.5	408.079	468.067
							(165.0)				(107.5)						
	Men Raw Powerlifting			Junior													
	75kg Jr 16-17																
1	Nason Emerson	MO	75kg	71.3	17	182.5	192.5	-200	100	-107.5	110.0	140	-155	155	457.5	339.343	
2	Landon Francis	MO	75kg	72.4	16	137.5	142.5	157.5	97.5	100.0	-105.0	-152.5	-157.5	160	417.5	306.501	
	75kg Jr 20-23																
1	Seth Hodder	MO	75kg	71.7	20	155.0	167.5	182.5	107.5	117.5	125.0	185	207.5	227.5	535	395.329	
	90kg Jr 20-23																
1	Dylan Bray	MO	90kg	89.6	22	182.5	192.5	202.5	112.5	122.5	130.0	-190	190	212.5	545	353.191	
	100kg Jr 20-23																
1	Jesse Ewing	MO	100kg	95.5	21	225.0	230	235	152.5	165.0	-170.0	225.0	232.5	240	640	402.136	
	110kg Jr 16-17																
1	Jacob Schwartz	MO	110kg	107.5	16	122.5	130	142.5	52.5	62.5	-67.5	142.5	150	160	365	218.088	

USPA Ironville Classic Powerlifting Championship March 13, 2021 Waynesville, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
<b>Men Raw Powerlifting</b>																	
<b>Open</b>																	
56kg Open																	
1	Jon Sexton	MO	56kg	54.4	29	112.5	115	117.5	62.5	67.5	72.5	140.0	152.5	157.5	347.5	319.194	
														(160)			
75kg Open																	
1	Seth Hodder	MO	75kg	71.7	20	155.0	167.5	182.5	107.5	117.5	125.0	185	207.5	227.5	535	395.329	
90kg Open																	
1	Isaiah Carrington	IL	90kg	88.2	25	200.0	215	227.5	140	-147.5	147.5	265	282.5	-300	657.5	429.549	
2	Joshua Davis	MO	90kg	87.8	30	205.0	-222.5	-227.5	167.5	-175.0	-177.5	247.5	-260	-265	620	406.007	
3	Dylan Bray	MO	90kg	89.6	22	182.5	192.5	202.5	112.5	122.5	130.0	-190	190	212.5	545	353.191	
100kg Open																	
1	Jesse Ewing	MO	100kg	95.5	21	225.0	230	235	152.5	165.0	-170.0	225.0	232.5	240	640	402.136	
2	Aaron Householder	MO	100kg	97.7	26	145.0	165	170	97.5	-105.0	-107.5	-155	175	187.5	455	282.944	
110kg Open																	
1	Terry Held	MO	110kg	106.2	50	250.0	267.5	275	190	200.0	207.5	265	-285.0	285.0	767.5	460.779	520.681
														(290.0)			
2	Andrew Wolfe	MO	110kg	102.8	31	237.5	252.5	-267.5	150	160.0	170.0	240	255.0	270.0	692.5	421.28	
3	Adam Wright	MO	110kg	102.6	29	185.0	200.0	210	125	137.5	140.0	205	227.5	232.5	582.5	354.649	
4	Jordan Bormann	IA	110kg	108.3	29	165.0	177.5	182.5	110	-115.0	117.5	212.5	227.5	237.5	537.5	320.237	
5	Greg Brooks	MO	110kg	106.4	26	162.5	175.0	185	-112.5	112.5	-117.5	225	235.0	-245.0	532.5	319.456	
125kg Open																	
1	Ryan Coffman	MO	125kg	122.7	27	180.0	200.0	215.0	132.5	142.5	-155.0	227.5	240.0	-260.0	597.5	340.652	
<b>Men Raw Powerlifting</b>																	
<b>Submaster</b>																	
90kg Submaster																	
1	Samuel Vogele	MO	90kg	88.1	35	180.0	207.5	227.5	135	155.0	-162.5	205	222.5	242.5	625	408.556	
DQ	Jeffrey Houska	MO	90kg	85.2	37	220.0	235	-243	-85	-142.5	-142.5	-----	-----	-----	0	0	
<b>Men Raw Powerlifting</b>																	
<b>Master</b>																	
100kg Master 45-49																	
1	Michael Woodworth	MO	100kg	97.1	48	187.5	210.0	215.0	135	145.0	-147.5	210	235.0	-240.0	595	371.031	407.021
100kg Master 50-54																	
1	Steven Carpenter	MO	100kg	96.0	54	160.0	165	167.5	125	130.0	137.5	190	195	202.5	507.5	318.115	383.01

USPA Ironville Classic Powerlifting Championship March 13, 2021 Waynesville, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Master 50-54																
1	Terry Heid	MO	110kg	106.2	50	250.0	267.5	275	190	200.0	207.5	265	-285.0	285.0	767.5	460.779	520.681
														(290.0)			
	Women Classic Raw Powerlifting			Open													
	67.5kg Open																
1	Stacie Harris	MO	67.5kg	66.6	29	110.0	115.0	127.5	72.5	80.0	-87.5	132.5	140.0	147.5	355	369.366	
	Women Classic Raw Powerlifting			Master													
	82.5kg Master 70-74																
1	Anna Haney	MO	82.5kg	80	72	91.0	110.0	122.5	57.5	65	70.0	115	127.5	137.5	330	310.942	534.199
								(130.0)			(72.5)			(145.0)			
	Men Classic Raw Powerlifting			Junior													
	140kg Jr 18-19																
1	Joshua Gomez	MO	140kg	140	18	175.0	197.5	207.5	107.5	115.0	122.5	177.5	195.0	-215.0	525	287.71	
								(215.0)			(127.5)						
	Men Classic Raw Powerlifting			Open													
	125kg Open																
1	Derek Bormann	MO	125kg	110.8	29	177.5	-185.0	190.0	100	105.0	110.0	185	197.5	205.0	505	298.284	
	Men Classic Raw Powerlifting			Master													
	90kg Master 50-54																
1	Vance Wallace	MO	90kg	88.5	50	182.5	-215	215	170	-182.5	182.5	182.5	195	-205	592.5	386.405	436.638
	100kg Master 50-54																
1	Jeff Brown	MO	100kg	98.5	52	240.0	-250.0	250.0	160	170.0	177.5	265	272.5	-277.5	700	433.721	505.285
	110kg Master 50-54																
1	Marc Janitch	MO	110kg	102.5	50	140.0	170.0	-187.5	137.5	-147.5	-147.5	160	200.0	227.5	535	325.862	368.224
	Men Raw Bench Only			Open													
	125kg Open																
1	Mike Taylor	MO	125kg	123.4	33				170	180.0	-187.5				180	102.435	
	140kg Open																
1	Ryne Johnson	MO	140kg	129.3	27				240	-260.0	-260.0				240	134.605	
	SHW Open																
1	Kole Carter	MO	SHW	171.0	58				245	-252.5	-252.5				245	127.305	164.351

USPA Ironville Classic Powerlifting Championship March 13, 2021 Waynesville, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
<b>Men Raw Bench Only</b>				Master													
	90kg Master 50-54																
1	Vance Wallace	MO	90kg	88.5	50				170	-182.5	182.5				182.5	119.019	134.492
<b>SHW Master 55-59</b>																	
1	Kole Carter	MO	SHW	171.0	58				245	-252.5	-252.5				245	127.305	164.351
<b>SHW Master 60-64</b>																	
1	Don Norton	MO	SHW	181.3	64				-140	142.5	147.5				147.5	75.513	109.493
<b>Men Raw Deadlift Only</b>				Master													
	100kg Master 45-49																
1	Michael Woodworth	MO	100kg	97.1	48							210	235.0	-240.0	235	146.542	160.756
<b>Best Lifters</b>														<b>Record Color Codes</b>			
Jesse Ewing														Raw PL Jr Men			
Abigail Rowe														Raw PL Open Women			
Terry Held														Raw PL Open Men			
Meet Director:		Sheena Hodges and Frankie Murrieta															
Referees		International: Jim Bell, Edward Zimmerman, Tom Urani															
		National: Bill Duncan, Sheena Hodges, Frankie Murrieta, Albert Alvarado, Linda Ray															
		State: Nikki Stone, Chanel Gill															
		Staff: Anna Haney															
Spotter/Loaders:		James Cornett, Sean Naquin, Rob, Parabellum Crew: Stephanie Valdivia, Monica White, Carrie Tollison, Ashley Thomas, Brian Newsome, Tyler Newsome															