

USPA Drug Tested Thanksgiving Throwdown November 19, 2022 Shillington, PA

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
56kg Jr 16-17																	
1	Annemarie Hartman	MD	56kg	53.5	17	95	102.5	110	42.5	<del>-47.5</del>	47.5	97.5	105	115	272.5	325.708	
56kg Jr 20-23																	
1	Alyssa Wadsworth	PA	56kg	55.2	22	115	120	<del>-122.5</del>	67.5	72.5	<del>-75</del>	160	167.5	172.5	365	427.148	
75kg Jr 20-23																	
1	Dreonna Phillips	DE	75kg	73.3	20	122.5	127.5	<del>-137.5</del>	60	<del>-62.5</del>	<del>-62.5</del>	127.5	135	145	332.5	327.834	
Women Raw Powerlifting			Open														
52kg Open																	
1	Lalitha Gopalan	PA	52kg	51	34	75	77.5	85	35	<del>-40</del>	<del>-40</del>	110	115	<del>-122.5</del>	235	290.358	
56kg Open																	
1	Alyssa Wadsworth	PA	56kg	55.2	22	115	120	<del>-122.5</del>	67.5	72.5	<del>-75</del>	160	167.5	172.5	365	427.148	
2	Kayla Riggs	MD	56kg	55.5	31	112.5	117.5	122.5	70	75	<del>-77.5</del>	132.5	140	145	342.5	399.37	
3	Mielli Levian	MD	56kg	55.9	25	85	92.5	100	82.5	<del>-87.5</del>	<del>-87.5</del>	105	115	125	307.5	356.851	
60kg Open																	
1	Chelsea Zimmerman	PA	60kg	59.2	30	125	137.5	145	70	<del>-80</del>	<del>-80</del>	155	170	<del>-177.5</del>	385	430.438	
2	Laura Fogarty	PA	60kg	59.1	38	125	135	<del>-140</del>	52.5	60	<del>-62.5</del>	125	142.5	<del>-150.5</del>	337.5	377.739	
3	Chelsey Cain	PA	60kg	58.8	38	102.5	107.5	112.5	65	<del>-72.5</del>	<del>-72.5</del>	115	<del>-125</del>	125	302.5	339.669	
67.5kg Open																	
1	Laura Lewis	PA	67.5kg	66.4	38	135	145	152.5	<del>-80</del>	80	85	155	165	172.5	410	427.342	
															(182.5)		
2	Ashley Basso	MD	67.5kg	64	32	110	112.5	117.5	55	<del>-60</del>	<del>-60</del>	145	152.5	<del>-157.5</del>	325	346.226	
75kg Open																	
1	Dawn Cassell	NY	75kg	73.1	36	142.5	<del>-152.5</del>	155	80	<del>-87.5</del>	<del>-87.5</del>	157.5	167.5	172.5	407.5	402.375	
2	Malinda Sutphin	PA	75kg	68.2	26	77.5	85	<del>-90</del>	52.5	55	57.5	102.5	112.5	117.5	260	266.835	
82.5kg Open																	
1	Sierra Volkert	PA	82.5kg	75.5	24	142.5	155	162.5	85	95	100	175	192.5	205.5	468	454.229	
															(210)		
2	Nicole Riviuccio	PA	82.5kg	81	32	117.5	127.5	<del>-135</del>	60	65	<del>-70</del>	142.5	155	160	352.5	330.107	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Submaster													
	60kg Submaster																
1	Laura Fogarty	PA	60kg	59.1	38	125	135	<del>-140</del>	52.5	60	<del>-62.5</del>	125	142.5	<del>-150.5</del>	337.5	377.739	
2	Chelsey Cain	PA	60kg	58.8	38	102.5	107.5	112.5	65	<del>-72.5</del>	<del>-72.5</del>	115	<del>-125</del>	125	302.5	339.669	
	67.5kg Submaster																
1	Laura Lewis	PA	67.5kg	66.4	38	135	145	152.5	<del>-80</del>	80	85	155	165	172.5	410	427.342	
													(182.5)				
	100kg Submaster																
1	Jasmine Atkins	MD	100kg	97.6	35	145	152.5	157.5	72.5	77.5	82.5	145	155	162.5	402.5	346.783	
	Women Raw Powerlifting			Master													
	100kg Master 45-49																
1	Kelly Frey	MD	100kg	92.4	48	<del>-125</del>	<del>-132.5</del>	132.5	60	65	<del>-70</del>	135	150	<del>-160</del>	347.5	306.277	335.986
	110kg Master 40-44																
1	Jessica Brock-Pitts	NJ	110kg	106.9	40	107.5	115	120	65	67.5	70	132.5	140	<del>-147.5</del>	330	274.718	274.718
	Men Raw Powerlifting			Junior													
	52kg Jr 13-15																
1	Andrew Scott	MD	52kg	51.8	15	55	60	62.5	35	40	45	70	75	82.5	190	182.647	
	75kg Jr 13-15																
1	Davis Wenger	PA	75kg	73.6	15	140	147.5	160	90	97.5	100	175	185	<del>-195</del>	445	323.164	
	75kg Jr 20-23																
1	James Michaud	PA	75kg	72.5	22	167.5	175	<del>-182.5</del>	115	120	<del>-122.5</del>	205	<del>-217.5</del>	220	515	377.732	
	82.5kg Jr 13-15																
1	Ian Dobbins	PA	82.5kg	80.5	15	160	175	<del>-185</del>	95	100	<del>-110</del>	190	200	217.5	492.5	338.362	
	82.5kg Jr 18-19																
1	Ethan Shreve	MD	82.5kg	77.2	19	145	160	<del>-167.5</del>	100	112.5	<del>-122.5</del>	185	200	212.5	485	341.692	
2	Evan Lewandoski	PA	82.5kg	81	19	140	152.5	<del>-165</del>	107.5	115	<del>-117.5</del>	185	197.5	210	477.5	326.875	
	82.5kg Jr 20-23																
1	Alex Canseco	DE	82.5kg	78.4	20	150	157.5	165	75	<del>-85</del>	<del>-85</del>	175	182.5	192.5	432.5	301.848	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Jr 18-19																
1	Cade Grohman	SC	90kg	86.8	19	167.5	177.5	187.5	117.5	125	<del>-130</del>	185	197.5	207.5	520	342.577	
	90kg Jr 20-23																
1	Gavin Hannah	PA	90kg	89.6	20	150	155	167.5	107.5	117.5	<del>-125</del>	172.5	182.5	<del>-192.5</del>	467.5	302.967	
	110kg Jr 16-17																
1	Fabian Gonzalez	NJ	110kg	101.5	17	220	230	235	127.5	132.5	<del>-137.5</del>	265	280	290	657.5	402.13	
	125kg Jr 20-23																
1	Zachary Siphavanh	DE	125kg	121.5	23	267.5	280	282.5	157.5	165	<del>-170</del>	307.5	<del>-330</del>	<del>-330</del>	755	431.826	
	Men Raw Powerlifting			Open													
	82.5kg Open																
1	Cody Shreve	MD	82.5kg	81.2	29	235	<del>-247.5</del>	<del>-250</del>	150	157.5	160	270	292.5	<del>-300</del>	687.5	469.96	
2	Justin Riggs	MD	82.5kg	80.5	32	175	182.5	192.5	150	155	<del>-157.5</del>	185	200	215	562.5	386.454	
3	Ian Cornele	PA	82.5kg	82.4	28	125	145	<del>-152.5</del>	97.5	105	112.5	155	175	185	442.5	299.952	
	90kg Open																
1	Turk Baum	PA	90kg	85.6	19	220	232.5	240	140	150	155	257.5	272.5	<del>-287.5</del>	667.5	443.033	
2	Nolan Linaberry	PA	90kg	89.8	29	222.5	237.5	<del>-242.5</del>	150	160	<del>-167.5</del>	240	260	<del>-275</del>	657.5	425.617	
3	Trevor Basham	PA	90kg	83.7	28	200	210	<del>-215</del>	147.5	155	<del>-160</del>	210	220	227.5	592.5	398.116	
4	Joshua Smith	VA	90kg	88.7	27	182.5	195	200	122.5	132.5	<del>-137.5</del>	225	232.5	240	572.5	372.929	
5	Wade Moyer	PA	90kg	85.9	27	152.5	160	170	127.5	132.5	<del>-137.5</del>	225	235	242.5	545	361.047	
6	James Hunsicker	PA	90kg	87	32	145	162.5	170	105	115	<del>-125</del>	177.5	195	202.5	487.5	320.775	
	100kg Open																
1	Nate Mannino	PA	100kg	96.7	34	260	277.5	282.5	162.5	170	172.5	257.5	272.5	<del>-282.5</del>	727.5	454.505	
2	Alexander Smith	PA	100kg	97.2	31	175	190	200	117.5	127.5	<del>-132.5</del>	220	232.5	240	567.5	353.718	
3	Donald Uleau	PA	100kg	99.9	25	185	200	210	117.5	127.5	135	192.5	212.5	<del>-227.5</del>	557.5	343.299	
4	Matthew Atkins	MD	100kg	96.1	34	180	190	195	130	135	137.5	192.5	202.5	215	547.5	343.024	
	110kg Open																
1	Joshua Guy	MD	110kg	108.7	31	242.5	265	<del>-272.5</del>	182.5	<del>-192.5</del>	<del>-192.5</del>	275	290	<del>-305</del>	737.5	438.773	
	125kg Open																
1	Cody Fisher	PA	125kg	117.7	26	245	257.5	272.5	152.5	167.5	177.5	290	315	330	780	450.893	
2	Zachary Siphavanh	DE	125kg	121.5	23	267.5	280	282.5	157.5	165	<del>-170</del>	307.5	<del>-330</del>	<del>-330</del>	755	431.826	
3	Alex Heo	MD	125kg	119.6	34	247.5	257.5	262.5	157.5	165	<del>-175</del>	260	272.5	275	702.5	403.9	

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	140+ Open																
1	Cordell Reid	MD	140+	159.3	32	215	225	235	147.5	152.5	160	<del>237.5</del>	<del>237.5</del>	237.5	632.5	334.756	
	Men Raw Powerlifting		Submaster														
	90kg Submaster																
1	Gary Reinhard	PA	90kg	89.6	37	150	162.5	167.5	125	<del>132.5</del>	132.5	175	200	<del>215</del>	500	324.029	
	110kg Submaster																
1	Michael Basso	MD	110kg	104.2	36	140	150	<del>---</del>	140	145	<del>150</del>	200	215	230	525	317.608	
	Men Raw Powerlifting		Master														
	67.5kg Master 65-69																
1	Steve Freides	NJ	67.5kg	67.4	67	85	<del>---</del>	<del>---</del>	75	<del>---</del>	<del>---</del>	150	160	170	330	254.619	392.878
	75kg Master 60-64																
1	Mike Balla	PA	75kg	72.9	63	132.5	142.5	155	90	95	<del>100</del>	175	<del>187.5</del>	187.5	437.5	319.72	454.322
	82.5kg Master 65-69																
1	Don Zimmerman	PA	82.5kg	81.6	65	<del>165</del>	172.5	182.5	102.5	107.5	112.5	170	177.5	<del>187.5</del>	472.5	322.077	476.674
	Women Classic Raw Powerlifting		Open														
	56kg Open																
1	Ashlyn Ricewick	MD	56kg	55.2	25	105	112.5	<del>117.5</del>	47.5	52.5	<del>57.5</del>	117.5	125	<del>135</del>	290	339.378	
	75kg Open																
1	Shannon Canzanella	MD	75kg	71.1	30	<del>75</del>	75	80	40	45	<del>47.5</del>	75	85	92.5	217.5	218.047	
	Women Classic Raw Powerlifting		Master														
	75kg Master 45-49																
1	Jennifer Orth	PA	75kg	68.4	46	<del>97.5</del>	<del>97.5</del>	97.5	<del>57.5</del>	<del>57.5</del>	57.5	130	137.5	145	300	307.372	328.273
	110+ Master 40-44																
DQ	Emily Douglas	MD	110+	122.2	40	<del>200</del>	<del>210</del>	<del>215</del>	95	<del>100</del>	<del>100</del>	187.5	197.5	207.5	0	0	0

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Classic Raw Powerlifting				Junior													
75kg Jr 20-23																	
DQ	Andres Ferreyra	NJ	75kg	70.2	22	152.5	160	167.5	<del>-122.5</del>	<del>-122.5</del>	<del>-122.5</del>	167.5	170	175	0	0	
82.5kg Jr 18-19																	
1	Nicholas Wilston	NY	82.5kg	81.1	19	152.5	165	175	110	<del>-125</del>	<del>-127.5</del>	190	200	215	500	342.033	
Men Classic Raw Powerlifting				Open													
82.5kg Open																	
DQ	Aaron Ferreyra	NJ	82.5kg	80.3	27	<del>-152.5</del>	<del>-155</del>	<del>-155</del>	<del>-120</del>	120	125	165	167.5	<del>-170</del>	0	0	
Men Classic Raw Powerlifting				Master													
90kg Master 65-69																	
1	Robert Moore	MD	90kg	87.6	69	167.5	175	<del>-180</del>	125	130	132.5	152.5	160	<del>-----</del>	467.5	306.507	493.476
110kg Master 40-44																	
1	Adam Moore	MD	110kg	108.4	41	225	<del>-242.5</del>	<del>-----</del>	140	147.5	150	217.5	227.5	<del>-240</del>	602.5	358.836	362.424
Women Raw Bench Only				Open													
56kg Open																	
1	Mielli Levian	MD	56kg	55.9	25				82.5	<del>-87.5</del>	<del>-87.5</del>				82.5	95.741	
Men Raw Bench Only				Open													
82.5kg Open																	
1	Justin Riggs	MD	82.5kg	80.5	32				150	155	<del>-157.5</del>				155	106.489	
Women Raw Deadlift Only				Open													
52kg Open																	
1	Lalitha Gopalan	PA	52kg	51	34							110	115	<del>-122.5</del>	115	142.09	
67.5kg Open																	
1	Ashley Basso	MD	67.5kg	64	32							145	152.5	<del>-157.5</del>	152.5	162.46	
Women Raw Deadlift Only				Master													
56kg Master 45-49																	
1	Jaime Clay	PA	56kg	55.9	46							100	107.5	112.5	112.5	130.555	139.433

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Men Raw Deadlift Only				Open													
100kg Open																	
1	Alexander Smith	PA	100kg	97.2	31							220	232.5	240	240	149.59	
Men Raw Deadlift Only				Master													
67.5kg Master 65-69																	
1	Steve Freides	NJ	67.5kg	67.4	67							150	160	170	170	131.168	202.391
Best Lifters																	
Name		Equip	Events	Comp	Sex							Record Color Codes					
Zachary Siphavanh		Raw	PL	Jr	Men							State					
Sierra Volkert		Raw	PL	Open	Women							National					
Cody Shreve		Raw	PL	Open	Men												
Meet Director:		Bobby Bowlin															
Referees																	
International:		Bobby Bowlin															
National:		Eddie Harrington III, Katie Canihan, Casey Dykman															
State:		Hismaylla Oliveira, Daniel Swenson, Erika Hill															
Spotter/Loaders:		David, Weiser, Jesus Cortez, Nick Young, Chloe Butler, Andrew Krajcsik															
Tested Lifters:		Sierra Volkert, Chelsea Zimmerman, Cody, Shreve, Nate Mannino, Cody Fisher, Turj Baum															