

USPA 2023 Missouri State Championships February 5, 2023 St. Louis, MO

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
82.5kg Jr 16-17																	
1	Alexa Wonka	KS	82.5kg	79.8	17	125.0	135	142.5	60	67.5	70	145	150	157.5 (160)	370	349.068	
Women Raw Powerlifting		Open															
67.5kg Open																	
1	Robin Milton	OK	67.5kg	67	32	120.0	125	132.5	75	80	82.5	152.5	157.5	162.5 (165)	370	383.634	
Men Raw Powerlifting		Junior															
67.5kg Jr 20-23																	
1	Kaleb Brenenstuhl	MO	67.5kg	67.2	22	110.0	117.5	127.5	75	80	85	132.5	140	150	352.5	272.566	
75kg Jr 13-15																	
1	Eric Herman	IL	75kg	71.2	15	142.5	145	150	77.5	82.5	82.5	150	160	165	397.5	295.12	
75kg Jr 20-23																	
1	Christian Liggins	MO	75kg	69.9	23	145	150	170	127.5	135	137.5	185	192.5	205	512.5	385.349	
90kg Jr 16-17																	
1	Cameron Davis	IL	90kg	86.6	17	180.0	187.5	195	125	125	130	197.5	205	212.5	530	349.592	
90kg Jr 18-19																	
1	Christopher Clark	MO	90kg	83.6	19	182.5	195	195	125	132.5	137.5	200	220	230	547.5	368.124	
100kg Jr 18-19																	
1	Joshua Denman	MO	100kg	95.8	19	182.5	190	192.5	110	120	125	215	227.5	245	555	348.223	
100kg Jr 20-23																	
1	Colton Delong	IL	100kg	99.2	20	225	232.5	240	170	172.5	175	240	252.5	267.5	662.5	409.208	
Men Raw Powerlifting		Open															
75kg Open																	
1	Caleb Gorman	MO	75kg	70.7	27	127.5	137.5	145	100	107.5	107.5	165	180	187.5	440	328.249	
90kg Open																	
1	Leon Smith	IL	90kg	89.2	21	162.5	182.5	192.5	97.5	110.0	115.0	250	262.5	272.5	570	370.233	
2	Ethan Simms	MO	90kg	88.4	29	162.5	175	185	90	97.5	105.0	187.5	205	217.5	490	319.745	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Bench Only				Master													
	90kg Master 55-59																
1	Jason Hemann	MO	90kg	89.2	56				127.5	130	130				127.5	82.815	103.188
	110kg Master 55-59																
1	Scott Bounds	MO	110kg	107.0	57				87.5	97.5	102.5				102.5	61.356	77.799
Men Raw Deadlift Only				Master													
	110kg Master 55-59																
1	Scott Bounds	MO	110kg	107.0	57							167.5	172.5	182.5	172.5	103.257	130.93

Best Lifters																					
Name		Equip	Events	Comp	Sex											Record Color Codes					
Colton DeLong		Raw	PL	Jr	Men											State					
Sam Riffle		Raw	PL	Open	Men																
Meet Director:		Albert Alvarado																			
Referees																					
International:		Ed Zimmerman, Linda Ray																			
National:		Frankie Murrieta																			
State:		Becky Hammon, Darion Kelly, Shreena Chopra																			
Spotter/Loaders:		Abby Kuchno, Kat Cadigan, Christina Lazo, Samantha Thompson, Grant Stark, Cherylou Montefalcon																			