

USPA Drug Tested Southern Washington Championships April 29, 2023 Vancouver, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
	56kg Jr 13-15																
1	Emily Gallardo	WA	56kg	54.1	15	75.0	<del>82.5</del>	85.0	<del>37.5</del>	37.5	<del>45.0</del>	95	97.5	102.5	225	266.902	
								(87.5)									
	56kg Jr 18-19																
1	Kai Tavares-Carlos	OR	56kg	54.3	19	107.5	<del>115.0</del>	120.0	<del>65</del>	65.0	<del>70.0</del>	125	132.5	140.0	325	384.563	
	60kg Jr 13-15																
DQ	Izabella Carpenter	WA	60kg	57.0	15	<del>47.5</del>	<del>47.5</del>	<del>47.5</del>	30	<del>35.0</del>	<del>35.0</del>	60	65.0	70.0	0	0	
	67.5kg Jr 18-19																
1	Rand Aldujaili	WA	67.5kg	63.3	19	100.0	107.5	<del>122.5</del>	52.5	55.0	<del>57.5</del>	105	110.0	117.5	280	300.276	
	75kg Jr 18-19																
1	Callie Pinar	DE	75kg	74.3	19	90.0	100.0	107.5	47.5	57.5	<del>65.0</del>	102.5	125.0	135.0	300	293.65	
Women Raw Powerlifting			Open														
	56kg Open																
1	Kai Tavares-Carlos	OR	56kg	54.3	19	107.5	<del>115.0</del>	120.0	<del>65</del>	65.0	<del>70.0</del>	125	132.5	140.0	325	384.563	
	67.5kg Open																
1	Christina Dolman	OR	67.5kg	67.0	50	90.0	100.0	102.5	50	55.0	57.5	112.5	120	125.0	285	295.502	333.917
2	Brenda Chiprez	WA	67.5kg	61.3	31	85.0	90.0	92.5	52.5	<del>55.0</del>	<del>55.0</del>	82.5	87.5	95.0	240	262.504	
	75kg Open																
1	Ellen Smith	WA	75kg	74.2	28	150.0	<del>162.5</del>	<del>162.5</del>	95	100.0	107.5	170	<del>180.0</del>	180.0	437.5	428.548	
											(108.0)						
2	Anna-Katrina Andersen	WA	75kg	74.5	27	105.0	112.5	115.0	65	70.0	<del>72.5</del>	142.5	155.0	<del>165.0</del>	340	332.328	
3	Elena Feliciano	OR	75kg	75.0	32	<del>100.0</del>	100.0	<del>110.0</del>	37.5	45.0	<del>57.5</del>	135	152.5	<del>167.5</del>	297.5	289.758	
4	Jessica Poehler	OR	75kg	67.8	40	<del>67.5</del>	67.5	70.0	40	42.5	45.0	87.5	92.5	100.0	215	221.398	221.398
	82.5kg Open																
1	Sarah Pearce	OR	82.5kg	81.1	42	95.0	102.5	<del>105.0</del>	40	45.0	47.5	112.5	120	125.0	275	257.374	262.522
DQ	Alyssa Boldenow	WA	82.5kg	77.5	27	<del>77.5</del>	<del>77.5</del>	<del>77.5</del>	35	40.0	45.0	97.5	117.5	137.5	0	0	
	90kg Open																
1	Grace Feliciano	OR	90kg	86.9	24	<del>135.0</del>	137.5	142.5	45	52.5	62.5	165	182.5	<del>200.5</del>	387.5	350.957	
DQ	Victoria White	OH	90kg	84.4	25	<del>97.5</del>	<del>97.5</del>	<del>97.5</del>	52.5	55.0	<del>57.5</del>	112.5	117.5	125.0	0	0	



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	67.5kg Jr 13-15																
1	Julian Estrada	WA	67.5kg	61.9	15	<del>-120.0</del>	<del>-120.0</del>	120.0	<del>55</del>	57.5	65.0	<del>120</del>	120	127.5	312.5	257.206	
	67.5kg Jr 18-19																
1	Blake Klobas	OR	67.5kg	66.5	19	125.0	135.0	145.0	92.5	<del>100.0</del>	<del>107.5</del>	180	190.0	195.0 (197.5)	432.5	336.993	
	75kg Jr 13-15																
1	Carter Myers	WA	75kg	72.1	14	102.5	110.0	120.0 (125.0)	70	75.0	82.5	132.5	155.0	<del>160.0</del>	357.5	263.182	
	82.5kg Jr 16-17																
1	Leonard Wang	OR	82.5kg	81.5	16	170.0	<del>182.5</del>	192.5	115.0	122.5	127.5	190	200.0	215.0	535	364.937	
	82.5kg Jr 18-19																
1	Ben Cavanagh	WA	82.5kg	81.5	19	190.0	<del>205.0</del>	<del>205.0</del>	102.5	<del>110.0</del>	110.0	215	227.5	235.0	535	364.937	
	82.5kg Jr 20-23																
1	Marcelino Lopez-Martinez	WA	82.5kg	82.2	22	172.5	<del>182.5</del>	187.5	92.5	102.5	<del>110.0</del>	177.5	190.0	200.0	490	332.61	
2	Dylen Bernabe	WA	82.5kg	82.4	23	152.5	157.5	167.5	80	<del>87.5</del>	<del>87.5</del>	187.5	202.5	<del>212.5</del>	450	305.036	
3	Aedyn Yeras	WA	82.5kg	76.2	23	97.5	115.0	<del>127.5</del>	87.5	100.0	<del>110.0</del>	127.5	147.5	<del>155.0</del>	362.5	257.467	
	90kg Jr 13-15																
1	Joshua Goodfellow	OR	90kg	83.2	15	157.5	167.5	<del>177.5</del>	117.5	127.5	132.5	175	185.0	192.5	492.5	332.032	
	90kg Jr 16-17																
1	Ryland Wells	WA	90kg	87.3	17	160.0	<del>165.0</del>	165.0	<del>115</del>	115.0	<del>122.5</del>	215	220.0	227.5	507.5	333.331	
2	Nathanael Garthe	WA	90kg	84.9	17	175.0	185.0	187.5	<del>110</del>	<del>110.0</del>	117.5	157.5	175.0	185.0	490	326.674	
	90kg Jr 20-23																
1	Chris Buck	WA	90kg	89.9	23	<del>200.0</del>	<del>212.5</del>	212.5	<del>130</del>	130.0	<del>135.0</del>	225	242.5	<del>255.0</del>	585	378.473	
	100kg Jr 18-19																
1	George Michailov	WA	100kg	96.8	19	215.0	227.5	235.0	127.5	137.5	<del>150.0</del>	232.5	250.0	262.5	635	396.529	
	125kg Jr 18-19																
1	Adan Baires	WA	125kg	119.3	18	250.0	260.0	<del>270.0</del>	130	142.5	152.5	<del>225</del>	245.0	<del>268.0</del>	657.5	378.345	
	140kg Jr 20-23																
1	Juan Acosta	WA	140kg	136.8	20	175.0	187.5	202.5	125	135.0	<del>142.5</del>	177.5	195.0	207.5	545	300.634	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140+ Jr 20-23																
1	Jose Mendoza	WA	140+	152.1	23	187.5	<del>205.0</del>	210.0	<del>160</del>	160.0	170.0	182.5	207.5	227.5	607.5	325.477	
											(180.0)						
	<b>Men Raw Powerlifting</b>			<b>Open</b>													
	75kg Open																
1	Brendan O'Donnell	WA	75kg	71.5	25	<del>122.5</del>	122.5	<del>137.5</del>	82.5	92.5	<del>97.5</del>	127.5	137.5	132.5	347.5	257.264	
	82.5kg Open																
1	Leonard Wang	OR	82.5kg	81.5	16	170.0	<del>182.5</del>	192.5	115.0	122.5	127.5	190	200.0	215.0	535	364.937	
2	Ian Paxson	WA	82.5kg	80.4	31	170.0	180.0	190.0	100	107.5	<del>110.0</del>	215	230.0	<del>240.0</del>	527.5	362.671	
	90kg Open																
1	Benjamin Rosenbaum	WA	90kg	88.5	28	215.0	230.0	<del>242.5</del>	142.5	152.5	<del>157.5</del>	255	265.0	<del>270.0</del>	647.5	422.274	
2	Victor Mammarella	WA	90kg	87.4	29	200.0	210.0	215.0	<del>150</del>	155.0	160.0	220	232.5	<del>245.0</del>	607.5	398.772	
3	Matt Huggins	OR	90kg	87.9	38	155.0	165.0	180.0	100	105.0	<del>112.5</del>	175	185.0	<del>197.5</del>	470	307.597	
	100kg Open																
1	Keon Yoo	WA	100kg	99.0	29	<del>245.0</del>	265.0	280.0	150	160.0	167.5	250	270.0	<del>285.0</del>	717.5	443.573	
2	Paul Vidmar	WA	100kg	92.4	34	197.5	215.0	230.0	132.5	145.0	<del>155.0</del>	215	245.0	272.5	647.5	413.263	
3	George Michailov	WA	100kg	96.8	19	215.0	227.5	235.0	127.5	137.5	<del>150.0</del>	232.5	250.0	262.5	635	396.529	
	110kg Open																
1	James Mccurry	WA	110kg	106.8	33	220.0	235.0	<del>247.5</del>	162.5	172.5	<del>182.5</del>	250.0	260.0	<del>272.5</del>	667.5	399.853	
2	Daniel Weber	OR	110kg	104.8	47	125.0	137.5	145.0	90	97.5	102.5	182.5	197.5	207.5	455	274.62	297.139
	125kg Open																
1	Adrian Ong	OR	125kg	119.5	43	<del>215.0</del>	220.0	230.0	122.5	132.5	<del>137.5</del>	210	217.5	225.0	587.5	337.875	348.35
								(232.5)									
	140kg Open																
1	Jarod Perales	WA	140kg	134.6	25	165.0	170.0	182.5	<del>92.5</del>	92.5	<del>102.5</del>	185	<del>200.0</del>	210.0	485	268.791	
	<b>Men Raw Powerlifting</b>			<b>Submaster</b>													
	90kg Submaster																
1	Matt Huggins	OR	90kg	87.9	38	155.0	165.0	180.0	100	105.0	<del>112.5</del>	175	185.0	<del>197.5</del>	470	307.597	
	<b>Men Raw Powerlifting</b>			<b>Master</b>													
	100kg Master 40-44																
1	Joe Chiprez	WA	100kg	94.7	41	<del>175.0</del>	<del>175.0</del>	182.5	105	112.5	120.0	182.5	192.5	202.5	505	318.556	321.742

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	100kg Master 45-49																
1	Chris Durham	OR	100kg	95.8	48	185.0	205.0	213.0 (217.5)	150	<del>162.5</del>	<del>162.5</del>	192.5	202.5	220.0	583	365.791	401.272
	110kg Master 45-49																
1	Daniel Weber	OR	110kg	104.8	47	125.0	137.5	145.0	90	97.5	102.5	182.5	197.5	207.5	455	274.62	297.139
	110kg Master 55-59																
1	Bill Allison	WA	110kg	106.2	59	170.0	<del>182.5</del>	205.0	115	<del>120.0</del>	122.5	160	165.0	175.0	502.5	301.683	396.713
	125kg Master 40-44																
1	Adrian Ong	OR	125kg	119.5	43	<del>215.0</del>	220.0	230.0 (232.5)	122.5	132.5	<del>137.5</del>	210	217.5	225.0	587.5	337.875	348.35
	Women Classic Raw Powerlifting			Submaster													
	60kg Submaster																
1	Sarah Zywicki	OR	60kg	59.2	35	110.0	<del>115.5</del>	117.5	52.5	55.0	<del>57.5</del>	132.5	140.0	143.0	315.5	352.736	
	Women Raw Bench Only			Junior													
	56kg Jr 18-19																
1	Kai Tavares-Carlos	OR	56kg	54.3	19				<del>65</del>	65.0	<del>70.0</del>				65	76.913	
	Women Raw Bench Only			Open													
	56kg Open																
1	Kai Tavares-Carlos	OR	56kg	54.3	19				<del>65</del>	65.0	<del>70.0</del>				65	76.913	
	Women Raw Bench Only			Submaster													
	67.5kg Submaster																
1	Amy Joshu	OR	67.5kg	60.4	36				<del>57.5</del>	57.5	62.5				62.5	68.995	
	Men Raw Bench Only			Master													
	110kg Master 50-54																
1	Jorge Mendoza	WA	110kg	103.3	50				122.5	132.5	<del>145.0</del>				132.5	80.444	90.902
	Women Raw Deadlift Only			Junior													
	56kg Jr 18-19																
1	Kai Tavares-Carlos	OR	56kg	54.3	19							125	132.5	140.0	140	165.658	
	Women Raw Deadlift Only			Open													
	56kg Open																
1	Kai Tavares-Carlos	OR	56kg	54.3	19							125	132.5	140.0	140	165.658	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Deadlift Only		Submaster															
60kg Submaster																	
1	Sarah Zywicki	OR	60kg	59.2	35							132.5	140.0	143.0	143	159.877	
Men Raw Deadlift Only		Junior															
82.5kg Jr 20-23																	
1	Nathaniel O'Rourke	ID	82.5kg	81.4	20							182.5	205.0	<del>227.5</del>	205	139.935	
Men Raw Deadlift Only		Open															
110kg Open																	
1	James Mccurry	WA	110kg	106.8	33							250.0	260.0	<del>272.5</del>	260	155.748	
Women Raw Push-Pull		Junior															
56kg Jr 18-19																	
1	Kai Tavares-Carlos	OR	56kg	54.3	19				<del>65</del>	65.0	<del>70.0</del>	125	132.5	140.0	205	242.571	
Women Raw Push-Pull		Open															
56kg Open																	
1	Kai Tavares-Carlos	OR	56kg	54.3	19				<del>65</del>	65.0	<del>70.0</del>	125	132.5	140.0	205	242.571	
Best Lifters												<b>Record Color Codes</b>					
Name		Equip	Events	Comp	Sex											<b>State</b>	
George Michailov		Raw	PL	Jr	Men											<b>National</b>	
Ellen Smith		Raw	PL	Open	Women												
Keon Yoo		Raw	PL	Open	Men												
Erica Ediger		Raw	PL	Master	Women												
Chris Durham		Raw	PL	Master	Men												
Meet Director:		Craig Recore															
Referees																	
International:		Larry Shamblin, Karen Matthews															
National:		Craig Recore, Manny Love, Holly Alexa, Kyle Young															
State:		Joey Stampke, Ray Damasco, Chris Cathcart, Michelle Gallinger															
Spotter/Loaders:		Joe Kiser, Brendan Dummer, James Deuel, Jacob Mcanally, Craig Recore															
Tested Lifters:		Ellen Smith, Kai Tavares-Carlos, Brenda Chiprez, Keon Yoo, Benjamin Rosenbau, Bill Allison															