

USPA Drug Tested 3rd Annual Steel Mill Iron Showdown March 18, 2023 Fleming Island, Florida

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting				Junior													
60kg Jr 20-23																	
1	Emma Burns	FL	60kg	59.4	20	95	105	110	55	60	65	125	132.5	140	315	351.422	
67.5kg Jr 20-23																	
1	Krystal Garcia	FL	67.5kg	60.6	23	85	95	100	60	65	72.5	110	117.5	125	292.5	322.227	
2	Kala Cook	FL	67.5kg	65.8	20	67.5	72.5	75	35	37.5	40	85	95	100	210	220.052	
Women Raw Powerlifting				Open													
60kg Open																	
1	Emma Burns	FL	60kg	59.4	20	95	105	110	55	60	65	125	132.5	140	315	351.422	
67.5kg Open																	
1	Alexandra Lebron	FL	67.5kg	66.8	26	110	122.5	127.5	50	55	57.5	145	160	175	345	358.335	
2	Jordyn Lake	FL	67.5kg	64.6	26	92.5	97.5	100	45	50	52.5	125	132.5	140	282.5	299.271	
75kg Open																	
1	Heather Lange	SC	75kg	73.9	28	115	120	125	72.5	80	82.5	132.5	142.5	147.5	347.5	341.127	
2	Samantha 'Sam' Mizeras	FL	75kg	72.9	32	95	102.5	105	65	70	75	105	115	122.5	297.5	294.194	
3	Clare Beebe	FL	75kg	68.4	26	50	52.5	57.5	27.5	30	37.5	65	72.5	80	175	179.3	
82.5kg Open																	
1	Marie Ganut	FL	82.5kg	80.7	25	120	130	130	62.5	67.5	70	157.5	167.5	167.5	355	333.057	
2	Makenzie Kopp	FL	82.5kg	78.5	24	117.5	122.5	125	55	60	62.5	135	142.5	147.5	335	318.67	
110kg Open																	
1	Debbie Helms	FL	110kg	107.8	48	97.5	97.5	110	45	48	52.5	97.5	108	117.5	280	232.409	254.953
Women Raw Powerlifting				Submaster													
67.5kg Submaster																	
1	Tamara Chairez	FL	67.5kg	67.1	37	112.5	117.5	122.5	60	62.5	65	130	135	140	325	336.684	
90kg Submaster																	
1	Cassidy Hardison	FL	90kg	88.9	36	82.5	87.5	97.5	50	52.5	60	82.5	95	102.5	260	233.066	
Women Raw Powerlifting				Master													
67.5kg Master 55-59																	
1	Jean Duguay	FL	67.5kg	63.3	59	70	72.5	80	35	37.5	45	100	107.5	112.5	217.5	233.25	306.724

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	110kg Master 45-49																
1	Debbie Helms	FL	110kg	107.8	48	97.5	97.5	110	45	48	52.5	97.5	108	117.5	280	232.409	254.953
	Men Raw Powerlifting			Junior													
	67.5kg Jr 18-19																
1	Nolan Elliott	SC	67.5kg	62.4	18	157.5	167.5	177.5	72.5	80	85	157.5	167.5	180	442.5	361.894	
	82.5kg Jr 18-19																
1	Seth Jones	FL	82.5kg	80.5	18	152.5	162.5	177.5	85	92.5	97.5	190	217.5	217.5	477.5	328.056	
	90kg Jr 20-23																
1	Hunter Morrison	FL	90kg	86.1	20	185	195	205	130	135	140	210	220	227.5	572.5	378.792	
	110kg Jr 20-23																
1	Derek Samayoa	FL	110kg	107.6	21	230	237.5	247.5	145	160	175.5	245	260	272.5	695.5	415.412	
2	Ethan Stanberry	FL	110kg	104	20	205	227.5	227.5	135	140	140	200	227.5	255	595	360.239	
	125kg Jr 18-19																
1	Christian Zingarelli Palins	FL	125kg	116.4	19	210	217.5	225	150	155	155	230	235	235	605	351.071	
2	Brandon Jensen	FL	125kg	117.9	19	185	192.5	197.5	105	112.5	122.5	227.5	242.5	250	570	329.308	
	Men Raw Powerlifting			Open													
	60kg Open																
1	Noe Lora	FL	60kg	58.2	31	120	125	132.5	100	100	110	130	135	140	365	316	
	67.5kg Open																
1	Tristan Bollinger	GA	67.5kg	66.4	26	160	167.5	175	120	125	125	187.5	197.5	202.5	502.5	391.969	
DQ	Zachary Barrett	FL	67.5kg	64.0	27	112.5	115	130	75	80	87.5	150	155	162.5	0	0	
	75kg Open																
1	Nigel Blackburn	FL	75kg	73.9	28	212.5	227.5	227.5	127.5	135	140	235	250	265	632.5	458.112	
2	Anh Nguyen	FL	75kg	69.8	34	152.5	155	167.5	97.5	102.5	112.5	200	210	215	485	365.035	
	82.5kg Open																
1	Jordan-Klein Barnett	FL	82.5kg	80.8	29	212.5	230	240	152.5	162.5	170	230	242.5	252.5	642.5	440.459	
2	Alex Sawdo	FL	82.5kg	80.1	29	195	202.5	202.5	165	165	170	205	215	215	577.5	397.92	
3	Arsenio Quinones	FL	82.5kg	79.3	28	170	177.5	185	97.5	102.5	112.5	187.5	195	200	482.5	334.444	
4	Seth Jones	FL	82.5kg	80.5	18	152.5	162.5	177.5	85	92.5	97.5	190	217.5	217.5	477.5	328.056	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Open																
1	Kevin Owens	FL	90kg	86.9	26	200	215	-227.5	110	122.5	127.5	280	292.5	300	642.5	423.022	
2	Justin Dann	FL	90kg	88.0	31	190	-197.5	197.5	135	140	145	235	245	272.5	615	402.256	
3	Josh Harper	FL	90kg	87.5	25	182.5	192.5	-207.5	-152.5	152.5	157.5	207.5	220	230	580	380.493	
4	Alfred Boateng	FL	90kg	88.1	24	172.5	182.5	-187.5	125	-132.5	132.5	182.5	197.5	210	525	343.187	
5	Matt Gannon	FL	90kg	89.4	27	167.5	-172.5	-180	125	-132.5	-132.5	212.5	215	227.5	520	337.372	
	100kg Open																
1	Travis Kreuzberger	SC	100kg	98.1	32	-210	210	230	125	137.5	142.5	215	227.5	240	612.5	380.192	
2	Morton Gause Iii	FL	100kg	96.1	26	182.5	-192.5	192.5	122.5	-127.5	127.5	235	245	250	570	357.12	
3	Ian Stewart	FL	100kg	92.8	29	175	197.5	202.5	90	100	-107.5	200	210	220	522.5	332.786	
	110kg Open																
1	Jeffrey Brown	FL	110kg	106.0	24	245	265	270	190	200	-	285	302.5	-315	772.5	464.128	
2	Derek Samayoa	FL	110kg	107.6	21	230	237.5	247.5	145	160	175.5	245	260	272.5	695.5	415.412	
3	Alexandre Makonnen-Rod	FL	110kg	106.4	34	182.5	192.5	205	150	-162.5	162.5	240	257.5	-272.5	625	374.948	
4	John Francis	FL	110kg	105.1	45	185	-197.5	-197.5	115	122.5	125	220	232.5	247.5	557.5	336.097	354.583
	125kg Open																
1	Nicholas Lewis	FL	125kg	124.0	28	225	235	245	-180	180	-202.5	270	280	295	720	409.106	
	140kg Open																
1	Anthony Bass	FL	140kg	126.1	30	230	242.5	-255	172.5	182.5	187.5	247.5	260	-272.5	690	389.987	
	Men Raw Powerlifting																
	110kg Master 45-49																
1	John Francis	FL	110kg	105.1	45	185	-197.5	-197.5	115	122.5	125	220	232.5	247.5	557.5	336.097	354.583
	140+ Master 55-59																
1	Samuel Helms	FL	140+	144.6	56	157.5	-167.5	170	92.5	97.5	102.5	180	185	192.5	465	252.556	314.684
	Women Classic Raw Powerlifting																
	52kg Open																
1	Alexis Hawley	FL	52kg	51.5	25	60	70	75	40	40	45	90	100	-107.5	215	263.835	
	Women Raw Bench Only																
	67.5kg Open																
1	Tanisha Leggette	GA	67.5kg	67.3	32				42.5	47.5	50				50	51.708	

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	75kg Open																
1	Heather Lange	SC	75kg	73.9	28				72.5	80	82.5				80	78.533	
	Men Raw Bench Only			Open													
	82.5kg Open																
1	Cal Godfrey	GA	82.5kg	81.2	27				145	147.5	155.5				147.5	100.828	
	90kg Open																
1	Dale Leggette	GA	90kg	88.1	32				170	182.5	185				185	120.933	
	100kg Open																
1	Kennywayne Jenkins	FL	100kg	98.4	26				182.5	192.5	192.5				182.5	113.128	
	125kg Open																
1	Nicholas Lewis	FL	125kg	124.0	28				180	180	202.5				180	102.277	
	140kg Open																
1	Anthony Bass	FL	140kg	126.1	30				172.5	182.5	187.5				187.5	105.975	
2	Brian Mcrae	GA	140kg	134.2	26				170	185	185				185	102.617	
	140+ Open																
1	Devin Simmons	GA	140+	160.3	33				195	215	222.5				215	113.604	
	Men Raw Bench Only			Master													
	82.5kg Master 60-64																
DQ	Ron Anselmo	FL	82.5kg	81.8	61				150.5	155.5	155.5				0	0	0
	90kg Master 80+																
1	Bill Sander	FL	90kg	86.1	81				92.5	97.5	100				100	66.165	138.681
	110kg Master 50-54																
1	Scott Mott	FL	110kg	106.7	53				125	135	140				140	83.895	99.332
	Men Raw Deadlift Only			Open													
	90kg Open																
1	Rocky Lanz	FL	90kg	88.8	51							260	275	282.5	282.5	183.915	210.951

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	Men Raw Deadlift Only			Master													
	90kg Master 50-54																
1	Rocky Lanz	FL	90kg	88.8	51							260	275	282.5	282.5	183.915	210.951
Best Lifters												Record Color Codes					
Name		Equip	Events	Comp	Sex							State					
Derek Samayoa		Raw	PL	Jr	Men							National					
Alexandra Lebron		Raw	PL	Open	Women												
Jeffrey Brown		Raw	PL	Open	Men												
Dale Leggette		Raw	BPO	Open	Men												
Meet Director:		Tricia Emrich															
Referees																	
International:		Tricia Emrich															
National:		Michael Walker, Karl Davenport, Jonathan Russell, Monica Chamel															
State:		Joe Hughes															
Spotter/Loaders:		Noah Stewart, Jacob Meyer, Dough Daugherty, Blaine Houck, Andrew Kimbal															
Tested Lifters:		Alexandra Lebron, Jeffrey Brown, Nigel Blackburn, Jordan Barnett, Kevin Owens, John Francis															