

USPA King of the North April 2, 2023 Dickinson, North Dakota

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
82.5kg Jr 20-23																	
1	Miah Steinke	SD	82.5kg	77.6	21	90.0	102.5	110.0	60	67.5	<del>70.0</del>	120	<del>130.0</del>	<del>130.0</del>	297.5	284.666	
2	Kaycie Marshall	SD	82.5kg	81.0	21	45.0	50.0	57.5	30	32.5	37.5	52.5	60.0	70.0	165	154.518	
Women Raw Powerlifting		Open															
82.5kg Open																	
1	Miah Steinke	SD	82.5kg	77.6	21	90.0	102.5	110.0	60	67.5	<del>70.0</del>	120	<del>130.0</del>	<del>130.0</del>	297.5	284.666	
90kg Open																	
1	Lacee Carr	ND	90kg	88.6	39	142.5	150.0	<del>160.0</del>	102.5	<del>110.0</del>	117.5	170	182.5	<del>190.0</del>	450	403.995	
Women Raw Powerlifting		Submaster															
90kg Submaster																	
1	Lacee Carr	ND	90kg	88.6	39	142.5	150.0	<del>160.0</del>	102.5	<del>110.0</del>	117.5	170	182.5	<del>190.0</del>	450	403.995	
Men Raw Powerlifting		Junior															
82.5kg Jr 18-19																	
1	Christian Dietz	ND	82.5kg	79.6	18	177.5	197.5	207.5	110	120.0	<del>127.5</del>	190	207.5	220.0	547.5	378.647	
82.5kg Jr 20-23																	
1	Connor Narlock	MN	82.5kg	81.3	21	197.5	205.0	210.0	137.5	<del>147.5</del>	<del>147.5</del>	207.5	215.0	<del>225.0</del>	562.5	384.24	
90kg Jr 18-19																	
1	Carson Ketterl	ND	90kg	88.9	19	207.5	215.0	227.5	117.5	125.0	132.5	215	230.0	<del>242.5</del>	590	383.884	
100kg Jr 16-17																	
1	Brekken Johannes	ND	100kg	97.8	17	175.0	182.5	187.5	105	115.0	125.0	195	212.5	220.0	532.5	330.986	
100kg Jr 20-23														(228.0)			
1	Dalton Seidel	ND	100kg	95.3	20	205.0	215.0	<del>227.5</del>	<del>127.5</del>	132.5	<del>145.0</del>	202.5	217.5	<del>220.0</del>	565	355.356	
110kg Jr 13-15																	
1	Cade Okeson	ND	110kg	107.0	15	200.0	205.0	<del>212.5</del>	115	125.0	<del>137.5</del>	200	215.0	230.0	560	335.211	
110kg Jr 16-17																	
1	Clay Mullins	ND	110kg	110.0	16	142.5	155.0	165.0	107.5	117.5	127.5	150	165.0	182.5	475	281.327	
110kg Jr 20-23																	
1	Jakways Mendoza	SD	110kg	109.3	23	192.5	212.5	227.5	130	<del>137.5</del>	137.5	215	232.5	245.0	610	362.156	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting				Open													
75kg Open																	
1	Zach Gran	MN	75kg	74.8	32	205.0	<del>217.5</del>	225.0	152.5	<del>160.0</del>	<del>160.0</del>	225	232.5	<del>237.5</del>	610	438.376	
82.5kg Open																	
1	Connor Narlock	MN	82.5kg	81.3	21	197.5	205.0	210.0	137.5	<del>147.5</del>	<del>147.5</del>	207.5	215.0	<del>225.0</del>	562.5	384.24	
90kg Open																	
1	Adam Kitchens	ND	90kg	88.4	31	172.5	185.0	195.0	125.0	<del>132.5</del>	<del>132.5</del>	235	<del>245.0</del>	<del>245.0</del>	555	362.16	
2	Chris Hornick	SD	90kg	86.5	39	185.0	207.5	<del>215.0</del>	105	115.0	<del>120.0</del>	205	217.5	222.5	545	359.707	
100kg Open																	
1	J.W. Sheering	ND	100kg	99.6	36	242.5	250.0	<del>260.0</del>	150	160.0	<del>---</del>	280	<del>287.5</del>	287.5	697.5	430.07	
2	Michael Red Tomahawk	ND	100kg	100.0	44	145.0	160.0	<del>172.5</del>	100	<del>107.5</del>	107.5	185	195.0	205.0	472.5	290.831	303.337
110kg Open																	
1	Zachary Chays	ND	110kg	109.9	30	207.5	227.5	247.5	160	175.0	182.5	227.5	242.5	260.0	690	408.804	
2	Anthony Pratt	ND	110kg	106.4	39	235.0	252.5	<del>272.5</del>	120	132.5	<del>145.0</del>	235	255.0	<del>265.0</del>	640	383.947	
DQ	Scooter Sciaretta	ND	110kg	106.4	40	205.0	215.0	<del>220.0</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	0
125kg Open																	
1	Blade Durbala	ND	125kg	118.1	23	280.0	300.0	310.0	190	200.0	207.5	300.0	312.5	<del>320.0</del>	830	479.241	
								(317.5)									
2	James Robinson	ND	125kg	121.2	26	182.5	197.5	205.0	140	152.5	165.0	210	227.5	245.0	615	352.038	
140+ Open																	
1	Mitch Hughes	ND	140+	146.7	39	297.5	<del>320.0</del>	<del>320.0</del>	185	202.5	<del>217.5</del>	297.5	320.0	<del>342.5</del>	820	443.619	
2	Matthew Klemmer	ND	140+	150.4	32	272.5	285.0	290.0	195	207.5	<del>220.0</del>	275	285.0	305.0	802.5	431.245	
3	Devin Lawrimore	ND	140+	149.7	40	187.5	202.5	<del>217.5</del>	92.5	100.0	<del>107.5</del>	157.5	170.0	<del>182.5</del>	472.5	254.228	254.228
DQ	Cody Chapel	ND	140+	145.9	35	332.5	350.0	<del>---</del>	<del>250.5</del>	<del>250.5</del>	<del>250.5</del>	350.5	370.0	<del>375.0</del>	0	0	
Men Raw Powerlifting				Submaster													
90kg Submaster																	
1	Chris Hornick	SD	90kg	86.5	39	185.0	207.5	<del>215.0</del>	105	115.0	<del>120.0</del>	205	217.5	222.5	545	359.707	
100kg Submaster																	
1	J.W. Sheering	ND	100kg	99.6	36	242.5	250.0	<del>260.0</del>	150	160.0	<del>---</del>	280	<del>287.5</del>	287.5	697.5	430.07	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Submaster																
1	Anthony Pratt	ND	110kg	106.4	39	235.0	252.5	<del>272.5</del>	120	132.5	<del>145.0</del>	235	255.0	<del>265.0</del>	640	383.947	
	140+ Submaster																
1	Mitch Hughes	ND	140+	146.7	39	297.5	<del>320.0</del>	<del>320.0</del>	185	202.5	<del>217.5</del>	297.5	320.0	<del>342.5</del>	820	443.619	
DQ	Cody Chapel	ND	140+	145.9	35	332.5	350.0	<del>---</del>	<del>250.5</del>	<del>250.5</del>	<del>250.5</del>	350.5	370.0	<del>375.0</del>	0	0	
<b>Men Raw Powerlifting</b>				<b>Master</b>													
	90kg Master 40-44																
1	Christopher Hale	ND	90kg	89.5	40	175.0	185.0	<del>190.0</del>	137.5	142.5	150.0	215	222.5	230.0	565	366.36	366.36
	100kg Master 40-44																
1	Michael Red Tomahawk	ND	100kg	100.0	44	145.0	160.0	<del>172.5</del>	100	<del>107.5</del>	107.5	185	195.0	205.0	472.5	290.831	303.337
	100kg Master 45-49																
1	Dustin Marshall	SD	100kg	98.6	47	140.0	150.0	170.0	142.5	<del>165.0</del>	<del>170.0</del>	180	197.5	215.0	527.5	326.693	353.482
	110kg Master 40-44																
DQ	Scooter Sciaretta	ND	110kg	106.4	40	205.0	215.0	<del>220.0</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	<del>---</del>	0	0	0
	140+ Master 40-44																
1	Devin Lawrimore	ND	140+	149.7	40	187.5	202.5	<del>217.5</del>	92.5	100.0	<del>107.5</del>	157.5	170.0	<del>182.5</del>	472.5	254.228	254.228
<b>Men Classic Raw Powerlifting</b>				<b>Open</b>													
	82.5kg Open																
1	Jose Arredondo	ND	82.5kg	79.2	28	155.0	172.5	182.5	80	90.0	<del>95.0</del>	165	185.0	<del>200.0</del>	457.5	317.354	
	110kg Open																
1	Patrick Klatte	ND	110kg	107.3	30	202.5	215.0	230.0	132.5	145.0	<del>152.5</del>	200	217.5	230.0	605	361.751	
<b>Men Classic Raw Powerlifting</b>				<b>Master</b>													
	140+ Master 40-44																
1	TJ Carr	ND	140+	165.4	41	215.0	<del>227.5</del>	<del>---</del>	142.5	150.0	<del>155.0</del>	247.5	<del>---</del>	<del>---</del>	612.5	321.011	324.221
<b>Men Raw Bench Only</b>				<b>Open</b>													
	110kg Open																
1	Zachary Chays	ND	110kg	109.9	30				160	175.0	182.5				182.5	108.126	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140+ Open																
1	Devin Lawrimore	ND	140+	149.7	40				92.5	100.0	-107.5				100	53.805	53.805
DQ	Cody Chapel	ND	140+	145.9	35				<del>-250.5</del>	<del>-250.5</del>	<del>-250.5</del>				0	0	
	<b>Men Raw Bench Only</b>																
	140+ Submaster																
DQ	Cody Chapel	ND	140+	145.9	35				<del>-250.5</del>	<del>-250.5</del>	<del>-250.5</del>				0	0	
	<b>Men Raw Bench Only</b>																
	140+ Master 40-44																
1	Devin Lawrimore	ND	140+	149.7	40				92.5	100.0	-107.5				100	53.805	53.805
	<b>Men Raw Deadlift Only</b>																
	100kg Open																
1	Michael Red Tomahawk	ND	100kg	100.0	44							185	195.0	205.0	205	126.181	131.607
	140+ Open																
1	Cody Chapel	ND	140+	145.9	35							350.5	370.0	<del>-375.0</del>	370	200.467	
2	Devin Lawrimore	ND	140+	149.7	40							157.5	170.0	<del>-182.5</del>	170	91.468	91.468
	<b>Men Raw Deadlift Only</b>																
	140+ Submaster																
1	Cody Chapel	ND	140+	145.9	35							350.5	370.0	<del>-375.0</del>	370	200.467	
	<b>Men Raw Deadlift Only</b>																
	100kg Master 40-44																
1	Michael Red Tomahawk	ND	100kg	100.0	44							185	195.0	205.0	205	126.181	131.607
	140+ Master 40-44																
1	Devin Lawrimore	ND	140+	149.7	40							157.5	170.0	<del>-182.5</del>	170	91.468	91.468
	<b>Men Raw Push-Pull</b>																
	110kg Open																
1	Jared Fritz	ND	110kg	104.6	34				165	175.0	185.0	257.5	267.5	275.0	460	277.853	
	140+ Open																
1	Devin Lawrimore	ND	140+	149.7	40				92.5	100.0	-107.5	157.5	170.0	<del>-182.5</del>	270	145.273	91.468

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															Dots	McC		
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total		
Men Raw Push-Pull			Master															
140+ Master 40-44																		
1	Devin Lawrimore	ND	140+	149.7	40				92.5	100.0	<del>107.5</del>	157.5	170.0	<del>182.5</del>	270	145.273	91.468	
Best Lifters											<b>Record Color Codes</b>							
Name		Equip	Events	Comp	Sex							<b>State</b>						
Connor Narlock		Raw	PL	JR	Men							<b>National</b>						
Blade Durbala		Raw	PL	Open	Men													
Meet Director: David & Katie Stensland																		
Referees																		
National:		David Stensland, Katie Stensland, Scott Sciaretta																
State:		Austin Hutzenbiler, Kathy Johnson, Briana Hauck,																
Spotter/Loaders: John Wetmore, Jesse Chapweske, Edward Calixto, Darion Brown, Ryan Bridenthal																		