

USPA Drug Tested 2023 Mass State Championship September 16, 2023 Hanson, Massachusetts

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Powerlifting			Junior														
67.5kg Jr 18-19																	
1	Livia Vasconcelos	MA	67.5kg	67.5	19	77.5	85	87.5	32.5	37.5	<del>40</del>	100	105	112.5	237.5	245.194	
Women Raw Powerlifting			Open														
75kg Open																	
1	Andrea Hebert	NH	75kg	70.58	38	80	85	90	<del>50</del>	50	<del>52.5</del>	97.5	102.5	110	250	251.651	
82.5kg Open																	
1	Amanda Lens	FL	82.5kg	76.92	28	142.5	<del>150</del>	<del>155</del>	82.5	<del>87.5</del>	<del>87.5</del>	165	<del>175</del>	<del>182.5</del>	390	374.868	
100 kg Open																	
1	Sarah Heminger	MA	100 kg	91.6	46	157.5	167.5	175	95	100	103	167.5	177.5	<del>183.5</del>	455.5	402.972	430.374
Women Raw Powerlifting			Master														
48kg Master 65-69																	
1	Dorathy Michaud	MA	48kg	46.44	66	62.5	68	70	45	<del>47.5</del>	47.5	102.5	112.5	115	232.5	307.428	464.523
82.5kg Master 50-54																	
1	Rebecca Murphy	MA	82.5kg	78.38	54	57.5	62.5	67.5	40	42.5	45	85	92.5	95	207.5	197.538	237.836
90kg Master 60-64																	
1	Regina Shea	MA	90kg	84.2	64	57.5	62.5	70	45	50	<del>52.5</del>	90	95	<del>105</del>	215	197.61	286.535
100 kg Master 45-49																	
1	Sarah Heminger	MA	100 kg	91.6	46	157.5	167.5	175	95	100	103	167.5	177.5	<del>183.5</del>	455.5	402.972	430.374
Men Raw Powerlifting			Junior														
56kg Jr 13-15																	
1	Zachery Scribner	ME	56kg	54.9	13	72.5	77.5	82.5	<del>55</del>	<del>57.5</del>	57.5	95	<del>102.5</del>	<del>105</del>	235	214.083	
90kg Jr 18-19																	
1	Francesco Agostino	MA	90kg	83.3	19	157.5	167.5	<del>177.5</del>	82.5	92.5	<del>100</del>	182.5	197.5	<del>205</del>	457.5	308.228	
Men Raw Powerlifting			Open														
75kg Open																	
1	Adam Espinosa	RI	75kg	70.36	26	142.5	147.5	150	90	97.5	<del>102.5</del>	150	152.5	155	402.5	301.27	

USPA Drug Tested 2023 Mass State Championship September 16, 2023 Hanson, Massachusetts

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140+kg Open																
1	Zach Gorra	MA	140+kg	165	37	227.5	247.5	272.5	182.5	195	205	207.5	227.5	250	727.5	381.522	
	<b>Men Raw Powerlifting</b>			<b>Submaster</b>													
	140+kg Submaster																
1	Zach Gorra	MA	140+kg	165	37	227.5	247.5	272.5	182.5	195	205	207.5	227.5	250	727.5	381.522	
	<b>Men Raw Powerlifting</b>			<b>Master</b>													
	75kg Master 55-59																
1	Joseph Ingargiola	MA	75kg	72.32	55	110	117.5	130	77.5	85	<del>90</del>	127.5	137.5	147.5	362.5	266.32	326.242
	<b>Men Raw Bench Only</b>			<b>Junior</b>													
	75kg Jr 20-23																
1	Brian Chen	MA	75kg	74.54	22				117.5	125	<del>130</del>				125	90.032	
	<b>Men Raw Bench Only</b>			<b>Open</b>													
	75kg Open																
1	Nicholas Rodrigue	MA	75kg	72.7	37				<del>158.5</del>	158.5	<del>160</del>				158.5	116.041	
	140+kg Open																
1	Zach Gorra	MA	140+kg	165	37				182.5	195	205				205	107.508	
2	Keith Hartford	MA	140+kg	148.52	49				167	<del>182.5</del>	<del>182.5</del>				167	90.046	100.221
	<b>Men Raw Bench Only</b>			<b>Submaster</b>													
	140+kg Submaster																
1	Zach Gorra	MA	140+kg	165	37				182.5	195	205				205	107.508	
	<b>Men Raw Bench Only</b>			<b>Master</b>													
	125kg Master 70-74																
1	Jeff Morse	MA	125kg	117	71				110	115	120				120	69.51	116.847
	140+kg Master 45-49																
1	Keith Hartford	MA	140+kg	148.52	49				167	<del>182.5</del>	<del>182.5</del>				167	90.046	100.221
	<b>Men Raw Deadlift Only</b>			<b>Open</b>													
	140+kg Open																
1	Zach Gorra	MA	140+kg	165	37							207.5	227.5	250	250	131.107	

USPA Drug Tested 2023 Mass State Championship September 16, 2023 Hanson, Massachusetts

USPA Drug Tested 2023 Mass State Championship September 16, 2023 Hanson, Massachusetts																
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Deadlift Only		Submaster														
140+kg Submaster																
1	Zach Gorra	MA	140+kg	165	37							207.5	227.5	250	250	131.107
Meet Director:		Mark Sieminski										<b>Record Color Codes</b>				
												<b>State</b>				
Referees												<b>National</b>				
International:		Mark Sieminski, Dave Mansfield, Rich Deleon														
State:		Susan Chambers, Matt Ingargiola														
Staff:		Ray Saraiva														
Spotter/Loaders:		Fredrick Joibs, Niclas Dirksmeier, Heather Hilton, Evan Hall, Make Gallagher, Tm Belloli, Charlie Cocci														
Tested Lifters:		Zach Gorra, Sarah Heminger														