

Red, White and Blue Powerlifting Championships October 20, 2018 Waynesville, MO

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	56kg Jr 20-23														
1	Sydney Alizadeh	MO	56kg	54.7	22	112.5	60	140	312.5	374.531		248	132.3	308.6	688.9
	67.5kg Jr 16-17														
1	Ruthie Duncan	MO	67.5kg	67.25	16	85	57.5	127.5	270	276.291		187.4	126.8	281.1	595.2
	56kg Open														
1	Sydney Alizadeh	MO	56kg	54.7	22	112.5	60	140	312.5	374.531		248	132.3	308.6	688.9
2	Meagan Johnson	MO	56kg	54.5	29	70	42.5	95	207.5	249.394		154.3	93.7	209.4	457.5
	60kg Open														
1	Carmella Mattingly	MO	60kg	58.6	47	145	70	155	370	420.135	454.586	319.7	154.3	341.7	815.7
2	Leilana Tupua-Rodriguez	WA	60kg	59.35	24	140	82.5	147.5	370	416.028		308.6	181.9	325.2	815.7
3	Josee Redpath	MO	60kg	59.95	28	97.5	45	102.5	245	273.322		214.9	99.2	226	540.1
4	Anna Cherry	MO	60kg	56.1	30	75	40	100	215	252.625		165.3	88.2	220.5	474
	67.5kg Open														
1	Susan Harrison	MO	67.5kg	65	41	147.5	90	165	402.5	422.263	426.485	325.2	198.4	363.8	887.4
2	Jamie Mchale	MO	67.5kg	65.7	37	102.5	60	125	287.5	299.23		226	132.3	275.6	633.8
3	Haley Mcgrotty	MO	67.5kg	64.85	24	95	47.5	112.5	255	267.98		209.4	104.7	248	562.2
	75kg Open														
1	Holli Khondaker	MO	75kg	72.8	26	122.5	60	127.5	310	300.359		270.1	132.3	281.1	683.4
	82.5kg Open														
1	Emily Gamble	MO	82.5kg	77.3	30	110	65	137.5	312.5	291.656		242.5	143.3	303.1	688.9
2	Katie Ross	KS	82.5kg	78.6	37	107.5	57.5	120	285	263.397		237	126.8	264.6	628.3
	90kg Open														
1	Anna Krattli	MO	90kg	87.65	29	112.5	52.5	127.5	292.5	255.645		248	115.7	281.1	644.8
	SHW Open														
1	Nicole Stone	MO	SHW	106.25	28	137.5	72.5	165	375	307.275		303.1	159.8	363.8	826.7
2	Veronica Guffey	MO	SHW	97.6	30	110	55	132.5	297.5	249.543		242.5	121.3	292.1	655.9
	82.5kg Submaster														
1	Katie Ross	KS	82.5kg	78.6	37	107.5	57.5	120	285	263.397		237	126.8	264.6	628.3
	60kg Master 45-49														
1	Carmella Mattingly	MO	60kg	58.6	47	145	70	155	370	420.135	454.586	319.7	154.3	341.7	815.7

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	60kg Master 55-59														
1	Leesa Jackson	MO	60kg	57.9	56	70	35	87.5	192.5	220.663	274.946	154.3	77.2	192.9	424.4
	67.5kg Master 40-44														
1	Susan Harrison	MO	67.5kg	65	41	147.5	90	165	402.5	422.263	426.485	325.2	198.4	363.8	887.4
	75kg Master 50-54														
1	Monica Gillespie	MO	75kg	69.55	51	90	52.5	115	257.5	257.32	295.146	198.4	115.7	253.5	567.7
	75kg Master 55-59														
1	Trina Allen	MO	75kg	69.9	58	65	40	90	195	194.181	250.688	143.3	88.2	198.4	429.9
	82.5kg Master 55-59														
1	Stacie Korte	MO	82.5kg	79.95	57	87.5	67.5	142.5	297.5	272.302	345.279	192.9	148.8	314.2	655.9
	Men Raw Powerlifting														
	75kg Jr 20-23														
1	Dylan Sullivan	MO	75kg	73.25	23	167.5	133	205	505.5	366.285		369.3	293.2	451.9	1114.4
	82.5kg Jr 16-17														
1	Chalmer Brickhaus	MO	82.5kg	81	17	170	110	207.5	487.5	330.233		374.8	242.5	457.5	1074.7
	82.5kg Jr 20-23														
1	Blake Mattingly	MO	82.5kg	80.9	20	222.5	155	240	617.5	418.603		490.5	341.7	529.1	1361.3
	90kg Jr 16-17														
1	Kyle Holdman	MO	90kg	89.6	17	212.5	120	212.5	545	348.691		468.5	264.6	468.5	1201.5
	125kg Jr 20-23														
1	Noah Duncan	MO	125kg	122.1	20	232.5	132.5	242.5	607.5	347.915		512.6	292.1	534.6	1339.3
	67.5kg Open														
1	Jeremy Bull	MO	67.5kg	65.85	24	112.5	72.5	147.5	332.5	261.578		248	159.8	325.2	733
	75kg Open														
1	Dylan Sullivan	MO	75kg	73.25	23	167.5	133	205	505.5	366.285		369.3	293.2	451.9	1114.4
2	Garrett Scott	MO	75kg	71.05	24	170	120	210	500	370.5		374.8	264.6	463	1102.3
	82.5kg Open														
1	Alex Whelan	MO	82.5kg	81.9	24	227.5	155	255	637.5	428.974		501.5	341.7	562.2	1405.4
2	Chalmer Brickhaus	MO	82.5kg	81	17	170	110	207.5	487.5	330.233		374.8	242.5	457.5	1074.7

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	90kg Open														
1	Austin Beatty	MO	90kg	89.2	24	260	147.5	260	667.5	428.068		573.2	325.2	573.2	1471.6
2	Albert Alvarado	MO	90kg	88.15	35	205	145	230	580	374.274		451.9	319.7	507.1	1278.7
	100kg Open														
1	John Filipek	MO	100kg	99.8	23	230	147.5	280	657.5	400.483		507.1	325.2	617.3	1449.5
2	Ken Jones	MO	100kg	95.95	28	230	167.5	252.5	650	402.545		507.1	369.3	556.7	1433
3	Reo Stinson	MO	100kg	90.55	30	185	127.5	262.5	575	365.93		407.9	281.1	578.7	1267.6
4	Alex Nason	MO	100kg	98.35	25	165	125	215	505	309.414		363.8	275.6	474	1113.3
DQ	Nik Jehle	MO	100kg	98.55	25	222.5	147.5	0	0	0		490.5	325.2	0	0
	110kg Open														
1	William Korte	MO	110kg	108.8	26	272.5	182.5	25	480	283.44		600.8	402.3	55.1	1058.2
	125kg Open														
1	Mike Zimmerman	MO	125kg	114.5	40	292.5	200	292.5	785	456.635	456.635	644.8	440.9	644.8	1730.6
2	Daniel Duncan	MO	125kg	122.4	25	255	147.5	272.5	675	386.37		562.2	325.2	600.8	1488.1
	140kg Open														
1	John Ross	MO	140kg	133.15	30	242.5	180	287.5	710	399.872		534.6	396.8	633.8	1565.3
	SHW Open														
1	Jordan Gibson	MO	SHW	186.5	26	255	100	220	575	307.798		562.2	220.5	485	1267.6
	90kg Submaster														
1	Albert Alvarado	MO	90kg	88.15	35	205	145	230	580	374.274		451.9	319.7	507.1	1278.7
	140kg Submaster														
1	Robert Doll	MO	140kg	140	39	295	210	295	800	447.04		650.4	463	650.4	1763.7
	75kg Master 40-44														
1	Jared Moser	MO	75kg	71.35	40	135	102.5	112.5	350	258.545	258.545	297.6	226	248	771.6
	125kg Master 40-44														
1	Mike Zimmerman	MO	125kg	114.5	40	292.5	200	292.5	785	456.635	456.635	644.8	440.9	644.8	1730.6
	125kg Master 55-59														
1	Michael Thompson	MO	125kg	115.5	58	195	160	227.5	582.5	338.083	436.465	429.9	352.7	501.5	1284.2
	Men Classic Raw Powerlifting														
	67.5kg Jr 20-23														
1	Robert Cunningham	IL	67.5kg	67.15	23	200	95	200	495	383.229		440.9	209.4	440.9	1091.3

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	75kg Jr 16-17														
DQ	Kyle Walls	IL	75kg	69.8	17	177.5	75	0	0	0		391.3	165.3	0	0
	82.5kg Jr 16-17														
DQ	Gabe Winschel	IL	82.5kg	82.2	17	0	0	0	0	0		0	0	0	0
	100kg Open														
1	Umberto Ramirez	MO	100kg	98.8	29	255	170	272.5	697.5	426.591		562.2	374.8	600.8	1537.7
	100kg Master 50-54														
1	Jeff Brown	MO	100kg	99.1	50	250	175	272.5	697.5	426.033	481.417	551.2	385.8	600.8	1537.7
	SHW Master 55-59														
1	William E Bill Duncan	MO	SHW	165	59	205	120	185	510	278.307	365.974	451.9	264.6	407.9	1124.3
Women Raw Bench Only															
	82.5kg Master 70-74														
1	Anna Haney	MO	82.5kg	78.05	70		70		70	64.96	106.859		154.3		154.3
Men Raw Bench Only															
	75kg Jr 20-23														
1	Dylan Sullivan	MO	75kg	73.25	23		133		133	96.372			293.2		293.2
	67.5kg Open														
1	Jeremy Bull	MO	67.5kg	65.85	24		72.5		72.5	57.036			159.8		159.8
	75kg Open														
1	Dylan Sullivan	MO	75kg	73.25	23		133		133	96.372			293.2		293.2
	90kg Open														
1	Johnny Johnson	MO	90kg	90	30		185		185	118.104			407.9		407.9
	110kg Open														
1	Chase Stratton	MO	110kg	108.7	31		197.5		197.5	116.663			435.4		435.4
Men Raw Deadlift Only															
	67.5kg Open														
1	Jeremy Bull	MO	67.5kg	65.85	24			147.5	147.5	116.038				325.2	325.2
Men Raw Push-Pull															
	140kg Submaster														
1	Edward Reuscher	MO	140kg	138.5	35		195	302.5	497.5	278.451			429.9	666.9	1096.8

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	Best Lifters: Susan Harrison and Mike Zimmerman														
	Judges:														
	International - Jim Bell														
	National - Rodney Wood, Jai-Jai Goldstein, Tom Urani, Ed Finnell and Phyllis Finnell														
	State - Frankie Murrieta and Sheena Hodges														
	Apprentice - Linda Ray														
	Computer/Scorecards - Jay Shelton and Sheena Hodges														
	Spotters:														
	Fort Leonard Wood Army Engineers														
	Rodney Wood														
	Trenton Eades														
	Sponsors and Vendors:														
	The Ark														
	WareHouse Ink LLC														
	Squat 2 Depth Apparel														
	ShutterSports														
	STL Barbell														
	Sunterra Springs														