

USPA Open The Gym 365 II April 25, 2026 Elk River, Minnesota

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
75kg Jr 20-23																	
1	Sophia Stevenson	MN	75kg	67.7	21	117.5	122.5	127.5	60	65.0	67.5	180	190.0	195.0	382.5	394.218	
Women Raw Powerlifting		Open															
60kg Open																	
1	Melissa Okeefe	MI	60kg	59.2	51	117.5	120.0	122.5	57.5	60.0	62.5	145.0	150.0	155.0	337.5	377.332	432.8
Women Raw Powerlifting		Master															
60kg Master 50-54																	
1	Melissa Okeefe	MI	60kg	59.2	51	117.5	120.0	122.5	57.5	60.0	62.5	145.0	150.0	155.0	337.5	377.332	432.8
Men Raw Powerlifting		Open															
90kg Open																	
1	Andrew Peschel	MN	90kg	89.55	31	205.0	215.0	215.0	135	140.0	147.5	247.5	255.0	257.5	600	388.944	
100kg Open																	
1	Jared Griesenbrock	MN	100kg	95.2	27	200.0	210.0	225.0	142.5	152.5	160.0	250	262.5	272.5	657.5	413.736	
110kg Open																	
1	Nicholas Viikinsalo	MN	110kg	108.8	31	265.0	272.5	280.0	185	190.0	190.0	280	295.0	302.5	757.5	450.513	
140kg Open																	
1	Jeremy Bloemke	MN	140kg	136.0	40	260.0	272.5	282.5	210	227.5	230.0	272.5	285.0	295.0	797.5	440.66	440.66
2	Dustin Amesbury	MN	140kg	130.5	35	250.0	272.5	277.5	177.5	195.0	205.0	255	272.5	290.0	772.5	432.055	
3	Cory Christianson	MN	140kg	127.7	36	235.0	255.0	272.5	190	205.0	215.0	225	240.0	250.0	727.5	409.578	
Men Raw Powerlifting		Submaster															
140kg Submaster																	
1	Dustin Amesbury	MN	140kg	130.5	35	250.0	272.5	277.5	177.5	195.0	205.0	255	272.5	290.0	772.5	432.055	
2	Cory Christianson	MN	140kg	127.7	36	235.0	255.0	272.5	190	205.0	215.0	225	240.0	250.0	727.5	409.578	
Men Raw Powerlifting		Master															
82.5kg Master 60-64																	
1	Pat Beaumaster	MN	82.5kg	81.4	63	165.0	175	175	110	115.0	120.0	185	200.0	210.0	490	334.478	475.293
2	Vince Volkey	WI	82.5kg	81.7	60	167.5	172.5	172.5	52.5	62.5	72.5	185	200.0	215.0	460	313.336	419.871
100kg Master 60-64																	
1	Matthew Wiegand	MN	100kg	97.6	63	150.0	157.5	165.0	135	140.0	140.0	205.0	215.0	225	530	329.735	468.553

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	110kg Master 50-54																
1	Mike Clarke	MN	110kg	107.05	52	165.0	175.0	185.0	130	135.0	140.0	210	220.0	230.0	555	332.157	386.963
	110kg Master 75-79																
1	D.L. Diltz	MN	110kg	101.25	77	142.5	142.5	142.5 (145.0)	107.5	117.5	127.5	147.5	162.5	180.0	432.5	264.796	507.878
	140kg Master 40-44																
1	Jeremy Bloemke	MN	140kg	136.0	40	260.0	272.5	282.5	210	227.5	230.0	272.5	285.0	295.0	797.5	440.66	440.66
	Men Single Ply Powerlifting			Open													
	110kg Open																
DQ	Kipp Hinz	WI	110kg	102.6	36	325.0	345.0	365.0	215	215.0	---	---	---	---	0	0	
	Men Raw Bench Only			Open													
	140kg Open																
1	Cory Christianson	MN	140kg	127.7	36				190	205.0	215.0				205	115.414	
	Men Raw Bench Only			Submaster													
	140kg Submaster																
1	Cory Christianson	MN	140kg	127.7	36				190	205.0	215.0				205	115.414	
	Men Raw Bench Only			Master													
	100kg Master 45-49																
1	Joseph Poulos	MN	100kg	99.0	49				135	137.5	142.5				137.5	85.005	94.611
	Men Multi Ply Bench Only			Master													
	125kg Master 65-69																
1	Eric Knudsen	MN	125kg	112.9	67				172.5	172.5	182.5				182.5	107.055	165.186
	Women Raw Deadlift Only			Junior													
	75kg Jr 20-23																
1	Sophia Stevenson	MN	75kg	67.7	21							180	190.0	195.0	190	195.821	
	Men Raw Deadlift Only			Open													
	82.5kg Open																
1	Cody Vandeweerd	KS	82.5kg	82.0	42							210	220.0	230.0	230	156.34	159.467
	Men Raw Deadlift Only			Master													
	82.5kg Master 40-44																
1	Cody Vandeweerd	KS	82.5kg	82.0	42							210	220.0	230.0	230	156.34	159.467

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														Dots	McC	
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex							State					
Nicholas Viikinsalo	Raw	PL	Open	Men							National					
D.L. Diltz	Raw	PL	Master	Men												
Meet Director: Randy and Heather Fry																
Referees																
International: Randy Fry																
National: Heather Fry, Al Koch																
State: Bonnie Carlson, Kyle Bauman, Abigail Nelson, Jake Wojciechowski																
Spotter/Loaders: Taylor Phillips, Leo Giwa, Gabriel Vega, Josh Nimon, David Robideau																