

USPA Tested 2026 Northwest Cup March 28, 2026 Kirkland, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Open															
48kg Open																	
1	Amber Stecker	WA	48kg	47.9	36	80	87.5	90	50	52.5	55	100	115	115	260	336.028	
52kg Open																	
1	Mymy Nguyen	WA	52kg	48.8	30	105	115	115	52.5	55	55	140	150.5	152.5	320	408.014	
56kg Open																	
1	Thanhngoc Nguyen	WA	56kg	55.2	53	117.5	125	127.5	67.5	72.5	75	170	181.5	185	387.5	453.479	536.919
60kg Open																	
1	Andrea Roper	WA	60kg	57.5	37	72.5	82.5	90	40	42.5	45	85	102.5	107.5	227.5	259.165	
75kg Open																	
1	Adaetze Medani	WA	75kg	75	32	140	155	162.5	75	82.5	87.5	195	217.5	227.5	472.5	460.204	
110kg Open																	
DQ	Hannah Belski	WA	110kg	109.7	29	100	160	165	65	65	65	-----	-----	-----	0	0	
Women Raw Powerlifting		Submaster															
48kg Submaster																	
1	Amber Stecker	WA	48kg	47.9	36	80	87.5	90	50	52.5	55	100	115	115	260	336.028	
60kg Submaster																	
1	Andrea Roper	WA	60kg	57.5	37	72.5	82.5	90	40	42.5	45	85	102.5	107.5	227.5	259.165	
Women Raw Powerlifting		Master															
56kg Master 50-54																	
1	Thanhngoc Nguyen	WA	56kg	55.2	53	117.5	125	127.5	67.5	72.5	75	170	181.5	185	387.5	453.479	536.919
60kg Master 65-69																	
1	Harumi Branch	NV	60kg	56.4	66	50	57.5	62.5	32.5	35	37.5	80	90	97.5	197.5	227.852	344.285
100kg Master 50-54																	
1	Buffy Howard	WA	100kg	96.5	54	75	85	97.5	55	57.5	62.5	105	125	135	272.5	235.857	283.971

USPA Tested 2026 Northwest Cup March 28, 2026 Kirkland, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
100kg Master 65-69																	
1	Amy Wright	AK	100kg	97.7	65	57	57	60	40	42.5	47.5	112	115	120	227.5	195.928	289.973
110+ Master 40-44																	
1	Jennifer Jensen	WA	110+	110.9	41	162.5	172.5	182.5	65	70	75	135	150	160	407.5	334.992	338.342
Men Raw Powerlifting				Junior													
75kg Jr 20-23																	
1	Lyle Dolojan	WA	75kg	73.7	20	220	232.5	237.5	135	145	150	222.5	235	242.5	630	457.108	
82.5kg Jr 20-23																	
1	James Datin	WA	82.5kg	78.9	20	175	182.5	192.5	127.5	130	140	202.5	212.5	217.5	525	365.005	
90kg Jr 16-17																	
1	Adam Lindsey	WA	90kg	85.7	17	182.5	192.5	200	100	105	105	192.5	202.5	210	502.5	333.309	
100kg Jr 18-19																	
1	Emmit Buday	WA	100kg	90.1	18	175	180	190	107.5	115	115	222.5	232.5	237.5	530	342.507	
2	Avi Kunins	WA	100kg	95.1	18	175	175	187.5	80	82.5	92.5	205	217.5	227.5	507.5	319.504	
110kg Jr 20-23																	
1	Sandor Buday	WA	110kg	101.2	21	217.5	227.5	245	155	155	155	277.5	292.5	300	692.5	424.068	
Men Raw Powerlifting				Open													
75kg Open																	
1	Lyle Dolojan	WA	75kg	73.7	20	220	232.5	237.5	135	145	150	222.5	235	242.5	630	457.108	
2	Carlos Camacho	WA	75kg	74.2	30	170	185	195	107.5	115	120	247.5	285	300	600	433.432	
3	Raymond Damasco	WA	75kg	71.1	41	190	205	212.5	120	125	130	215	230	230	552.5	410.591	414.697
4	Henry Tao	WA	75kg	74	31	162.5	175	182.5	97.5	105	110	202.5	217.5	227.5	520	376.299	
5	Dmitry Petrov	WA	75kg	73.8	26	125	135	140	97.5	102.5	105	175	195	205	437.5	317.156	
90kg Open																	
1	Daniel Ellison	WA	90kg	85.3	39	167.5	175	182.5	125	132.5	137.5	187.5	200	210	515	342.465	
100kg Open																	
1	Dmytro Timrov	WA	100kg	99.3	31	232.5	242.5	250	147.5	155	157.5	247.5	257.5	257.5	635	392.049	
2	Gavriel Maman	WA	100kg	95	34	182.5	192.5	205	122.5	132.5	140	210	227.5	237.5	560	352.728	

USPA Tested 2026 Northwest Cup March 28, 2026 Kirkland, Washington

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Chris Richard	WA	125kg	125	48	192.5	-212.5	-222.5	137.5	150	-155	210	235	257.5	600	340.054	373.039
	140kg Open																
1	Bo Lamb	WA	140kg	138.1	35	250	265.5	-272.5	175	185	192.5	280	300	-317.5	758	417.004	
2	Sean Gervais	WA	140kg	126.9	35	217.5	222.5	227.5	122.5	130	137.5	250	260	-275	625	352.555	
	Men Raw Powerlifting		Submaster														
	90kg Submaster																
1	Daniel Ellison	WA	90kg	85.3	39	167.5	175	182.5	-125	132.5	-137.5	187.5	200	-210	515	342.465	
	140kg Submaster																
1	Sean Gervais	WA	140kg	126.9	35	217.5	222.5	227.5	122.5	130	137.5	250	260	-275	625	352.555	
	Men Raw Powerlifting		Master														
	75kg Master 40-44																
1	Raymond Damasco	WA	75kg	71.1	41	190	205	212.5	120	125	-	215	-230	-230	552.5	410.591	414.697
	82.5kg Master 40-44																
1	Chris Tokunaga	WA	82.5kg	81.3	42	180	190	-200	120	127.5	135	230	242.5	-255	567.5	387.655	395.408
	90kg Master 55-59																
DQ	Eric Wylie	WA	90kg	87.7	58	-155	-160	-160	120	122.5	-127.5	175	180	182.5	0	0	0
	125kg Master 45-49																
1	Chris Richard	WA	125kg	125	48	192.5	-212.5	-222.5	137.5	150	-155	210	235	257.5	600	340.054	373.039
	Men Classic Raw Powerlifting		Open														
	140kg Open																
1	Aaron Volkman	WA	140kg	125.1	36	207.5	227.5	237.5	140	-145	-	230	250	-275	627.5	355.55	
	Men Classic Raw Powerlifting		Submaster														
	140kg Submaster																
1	Aaron Volkman	WA	140kg	125.1	36	207.5	227.5	237.5	140	-145	-	230	250	-275	627.5	355.55	

USPA Tested 2026 Northwest Cup March 28, 2026 Kirkland, Washington

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Bench Only				Open														
1	Mymy Nguyen	WA	52kg	48.8	30				52.5	55	55				52.5	66.94		
Men Raw Bench Only				Master														
1	Jon Hobson	WA	90kg	88.5	44				110	110	112.5				110	71.738	74.822	
Women Raw Deadlift Only				Open														
1	Mymy Nguyen	WA	52kg	48.8	30							140	150.5	152.5	152.5	194.444		
Women Raw Deadlift Only				Master														
1	Amy Wright	AK	100kg	97.7	65							112	115	120	120	103.346	152.953	
Men Raw Deadlift Only				Junior														
1	Rourke McClelland	WA	82.5kg	82.2	16							165	177.5	190	177.5	120.486		
1	Avi Kunins	WA	100kg	95.1	18							205	217.5	227.5	227.5	143.226		
Men Raw Deadlift Only				Open														
1	Carlos Camacho	WA	75kg	74.2	30							247.5	285	300	285	205.88		
1	Aaron Volkman	WA	140kg	125.1	36							230	250	275	250	141.653		
Men Raw Deadlift Only				Submaster														
1	Joshua Debner	WA	100kg	98.9	37							225	237.5	250	250	154.624		
1	Aaron Volkman	WA	140kg	125.1	36							230	250	275	250	141.653		
Men Raw Deadlift Only				Master														
1	Jon Hobson	WA	90kg	88.5	44							170	180	185	185	120.65	125.838	

USPA Tested 2026 Northwest Cup March 28, 2026 Kirkland, Washington

														Dots	McC	
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Total	Total
Best Lifters											Record Color Codes					
Name	Equip	Events	Comp	Sex										State		
Lyle Dolojan	Raw	PL	Jr	Men										National		
Adaeze Medani	Raw	PL	Open	Women												
Lyle Dolojan	Raw	PL	Open	Men												
Thanhngoc Nguyen	Raw	PL	Master	Women												
Meet Director:	Zach Miller															
Referees																
International:	Zach Miller															
National:	Lauren Plooster, Kristine McMahon, Jon Blais, April Blais, Kim Bernier															
Spotter/Loaders:	Isidro Solis, Parker Huff, Henrick Smith															
Tested Lifters:	Adaeze Medani, Thanhngoc Nguyen, Carlos Camacho, Lyle Dolojan															