

USPA Tested Texas Power Bar 2026 Mississippi State Championship July 25, 2026 Richland, Mississippi

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
	60kg Jr 13-15																
1	Starrauna Kinnard	MS	60kg	59.4	15	110	115	117.5	65	70	72.5	140	147.5	152.5	337.5	376.523	
	67.5kg Jr 18-19																
1	Abbie Merchant	MS	67.5kg	62.1	18	130	135	140	62.5	67.5	72.5	147.5	157.5	162.5	360	390.611	
	90kg Jr 20-23																
1	Rachel Wallace	MS	90kg	85.8	22	100	105	110	65	65	67.5	147.5	147.5	150	317.5	289.254	
Women Raw Powerlifting		Open															
	60kg Open																
1	Starrauna Kinnard	MS	60kg	59.4	15	110	115	117.5	65	70	72.5	140	147.5	152.5	337.5	376.523	
	67.5kg Open																
1	Abbie Merchant	MS	67.5kg	62.1	18	130	135	140	62.5	67.5	72.5	147.5	157.5	162.5	360	390.611	
	82.5kg Open																
1	Casey Hudson	MS	82.5kg	79.91	31	137.5	137.5	137.5	62.5	65	67.5	147.5	152.5	152.5	357.5	337.043	
2	Shelby Snow	MS	82.5kg	80.63	35	135	142.5	145	70	72.5	75	135	142.5	147.5	357.5	335.546	
	90kg Open																
1	Rachel Wallace	MS	90kg	85.8	22	100	105	110	65	65	67.5	147.5	147.5	150	317.5	289.254	
	100kg Open																
1	Misty Lowery	MS	100kg	99.6	36	132.5	140	147.5	122.5	127.5	127.5	137.5	147.5	157.5	410	350.419	
2	Georgie Walker	MS	100kg	90.2	32	67.5	75	80	42.5	47.5	47.5	115	127.5	132.5	255	227.116	
														(135)			
Women Raw Powerlifting		Submaster															
	82.5kg Submaster																
1	Shelby Snow	MS	82.5kg	80.63	35	135	142.5	145	70	72.5	75	135	142.5	147.5	357.5	335.546	
2	Amanda Busby	MS	82.5kg	82.2	35	70	80	85	35	42.5	45	112.5	125	130	260	241.74	
	100kg Submaster																
1	Misty Lowery	MS	100kg	99.6	36	132.5	140	147.5	122.5	127.5	127.5	137.5	147.5	157.5	410	350.419	
	110kg Submaster																
1	Kimberly Westmoreland *	MS	110kg	103.0	39	52.5	57.5	62.5	30	37.5	47.5	92.5	100	117.5	200	168.758	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting				Master												
	110kg Master 40-44																
1	Victoria Cox	MS	110kg	108.4	41	100	115	120	67.5	72.5	77.5	142.5	160	165	362.5	300.309	303.312
	Men Raw Powerlifting				Junior												
	75kg Jr 20-23																
1	Antonio Vallecillo	MS	75kg	72.5	21	157.5	165	172.5	90	97.5	105	215	227.5	237.5	497.5	364.896	
	90kg Jr 16-17																
1	Howard Roberson	MS	90kg	89.0	17	175	182.5	182.5	117.5	125	130	207.5	215	230	537.5	349.524	
	90kg Jr 20-23																
1	Trey Knight	MS	90kg	88.4	21	252.5	262.5	262.5	147.5	152.5	157.5	282.5	295	297.5	702.5	458.41	
	100kg Jr 20-23																
1	Tyler Knight	MS	100kg	99.3	23	285	297.5	297.5	165	172.5	177.5	280	295	300	757.5	467.681	
	140kg Jr 18-19																
1	Charles Carmichael	MS	140kg	130.7	19	227.5	240	250	145	150	155	230	252.5	255	645	360.579	
	Men Raw Powerlifting				Open												
	82.5kg Open																
1	Nick Ziegler	MS	82.5kg	81	40	200	215	227.5	125	137.5	137.5	270	292.5	300	645	441.538	441.538
	90kg Open																
1	Trey Knight	MS	90kg	88.4	21	252.5	262.5	262.5	147.5	152.5	157.5	282.5	295	297.5	702.5	458.41	
2	Caleb Claassen	AR	90kg	88.3	29	225	230	235	112.5	117.5	120	215	227.5	237.5	590	385.224	
	100kg Open																
1	Tyler Knight	MS	100kg	99.3	23	285	297.5	297.5	165	172.5	177.5	280	295	300	757.5	467.681	
	110kg Open																
1	James Kinnard	MS	110kg	109.7	38	247.5	260	270	152.5	172.5	182.5	310	320	325	762.5	452.069	
	125kg Open																
1	Jacob Hamm	MS	125kg	124.1	29	227.5	240	250	182.5	192.5	197.5	242.5	255	272.5	720	409.001	
2	David Mockbee	MS	125kg	122.3	32	230	247.5	257.5	165	182.5	182.5	235	247.5	265	687.5	392.379	</

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Powerlifting			Submaster													
	110kg Submaster																
1	James Kinnard	MS	110kg	109.7	38	247.5	260	270	152.5	172.5	182.5	310	320	325	762.5	452.069	
	Men Raw Powerlifting			Master													
	82.5kg Master 40-44																
1	Nick Ziegler	MS	82.5kg	81	40	200	215	227.5	125	137.5	137.5	270	292.5	300	645	441.538	441.538
	90kg Master 60-64																
1	Willie Agnew	MS	90kg	89.7	63	142.5	142.5	165	142.5	150	152.5	192.5	215	222.5	507.5	328.703	467.087
	100kg Master 40-44																
1	Paul Washington	MS	100kg	99.9	43	192.5	205	217.5	147.5	152.5	152.5	227.5	242.5	250	620	381.785	393.621
	125kg Master 50-54																
1	John Dailey	MS	125kg	124.9	51	175	182.5	190	175	180	182.5	215	227.5	232.5	605	342.974	393.391
	Women Classic Raw Powerlifting			Submaster													
	60kg Submaster																
1	Irine Martin	FL	60kg	59	35	55	57.5	60	32.5	35	42.5	90	97.5	105	200	224.087	
	Women Raw Bench Only			Junior													
	44kg Jr 10-12																
1	Swayze Pickell	MS	44kg	36.20	10				35	37.5	40				40	64.52	
	56kg Jr 18-19																
1	Shelby Gousset	MS	56kg	55.2	19				42.5	45	50				45	52.662	
	Women Raw Bench Only			Open													
	100kg Open																
1	Misty Lowery	MS	100kg	99.6	36				122.5	127.5	127.5				122.5	104.698	
	Women Raw Bench Only			Submaster													
	100kg Submaster																
1	Misty Lowery	MS	100kg	99.6	36				122.5	127.5	127.5				122.5	104.698	
	Men Raw Bench Only			Open													
	100kg Open																
1	Greg Degeorge	MS	100kg	98.6	55				177.5	182.5	187.5				187.5	116.123	142.251
											(190)						

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Jacob Hamm	MS	125kg	124.1	29				182.5	192.5	197.5				197.5	112.191	
2	David Mockbee	MS	125kg	122.3	32				165	-182.5	-182.5				165	94.171	
	140kg Open																
1	Cj Lowery	MS	140kg	137.9	31				145	-160	-160				145	79.803	
	Men Raw Bench Only			Master													
	90kg Master 70-74																
1	Michael Freeman	MS	90kg	86	72				117.5	-123	-123				117.5	77.792	133.646
	100kg Master 55-59																
1	Greg Degeorge	MS	100kg	98.6	55				177.5	182.5	187.5 (190)				187.5	116.123	142.251
	Women Raw Deadlift Only			Junior													
	60kg Jr 13-15																
1	Starrauna Kinnard	MS	60kg	59.4	15							140	147.5	-152.5	147.5	164.555	
	Women Raw Deadlift Only			Open													
	60kg Open																
1	Starrauna Kinnard	MS	60kg	59.4	15							140	147.5	-152.5	147.5	164.555	
	Women Raw Deadlift Only			Submaster													
	60kg Submaster																
1	Irine Martin	FL	60kg	59	35							90	97.5	105	105	117.646	
	Men Raw Deadlift Only			Junior													
	90kg Jr 16-17																
1	Howard Roberson	MS	90kg	89.0	17							207.5	215	230	230	149.564	
	Men Raw Deadlift Only			Open													
	110kg Open																
1	James Kinnard	MS	110kg	109.7	38							310	320	-325	320	189.721	
	140kg Open																
1	Cj Lowery	MS	140kg	137.9	31							145	162.5	170	170	93.562	
	Men Raw Deadlift Only			Submaster													
	110kg Submaster																
1	James Kinnard	MS	110kg	109.7	38							310	320	-325	320	189.721	

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2024 USA National Championships																	
Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Push-Pull			Open													
	140kg Open																
1	Cj Lowery	MS	140kg	137.9	31				145	-160	-160	145	162.5	170	315	173.365	
	Men Raw Push-Pull			Master													
	90kg Master 60-64																
1	Willie Agnew	MS	90kg	89.7	63				142.5	150	-152.5	192.5	215	-222.5	365	236.407	197.879
	Best Lifters											Record Color Codes					
	Name	Equip	Events	Comp	Sex							State					
	Tyler Knight	Raw	PL	Jr	Men							National					
	Abbie Merchant	Raw	PL	Open	Women												
	Tyler Knight	Raw	PL	Open	Men												
	Meet Director:	John Micka															
	Referees																
	International:	John Micka, Joe Keith, Roger Fox															
	National:	April Goff, Azariah Pierce, Heath Johson, Joshua Smith															
	Spotter/Loaders:	Kevin Owen, Bobby Finnegan, Cody Pickell, Faitheon Quick, Shelby Shelley, Larry Lee, Jim Smith															
	Tested Lifters:	Tyler Knight, Willie Agnew, James Kinnard, Starrauna Kinnard															