

USPA Midwest Masters Regional Championship June 12, 2021 Brentwood, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Open													
	56kg Open																
1	Laura Haering	IL	56kg	54.1	41	87.5	97.5	105.0	47.5	52.5	52.5	95.0	105.0	112.5	265	314.351	317.494
														(120.0)			
	Women Raw Powerlifting			Master													
	52kg Master 60-64																
1	Melinda Rosin-Seltzer	MO	52kg	49.5	64	35.0	40.0	42.5	30	32.5	35.0	75	77.5	80.0	155	195.616	283.643
														(80.5)			
	56kg Master 40-44																
1	Laura Haering	IL	56kg	54.1	41	87.5	97.5	105.0	47.5	52.5	52.5	95.0	105.0	112.5	265	314.351	317.494
														(120.0)			
	56kg Master 70-74																
1	Sue Heaton	IL	56kg	55.4	71	53.0	55.0	57.5	50.5	51.0	51.5	62.5	65	67.5	174	203.136	341.471
											(52.5)			(70.0)			
	82.5kg Master 40-44																
1	Jennifer Heibeck	MO	82.5kg	77.6	42	52.5	62.5	67.5	45	45.0	50.0	97.5	102.5	105.0	220	210.509	214.719
	90kg Master 55-59																
1	Stacie Korte	MO	90kg	85.0	59	102.5	112.5	117.5	62.5	67.5	72.5	145	152.5	155.0	340	311.11	409.109
	SHW Master 50-54																
1	Jennifer Hampsten	IL	SHW	106.3	53	47.5	57.5	65.0	40	42.5	47.5	82.5	90.0	97.5	210	175.169	207.401
	Men Raw Powerlifting			Master													
	75kg Master 60-64																
1	Brad Stoneking	MO	75kg	72.0	61	137.5	145.0	155	92.5	97.5	102.5	165	172.5	---	417.5	307.639	420.235
							(160)										
	82.5kg Master 50-54																
1	Brad Trospen	IN	82.5kg	79.4	51	175.0	185.0	190	117.5	125.0	130.0	185	195.0	210.0	510	353.24	405.167
	90kg Master 40-44																
1	Josh Mcmillian	MO	90kg	89.2	40	190.0	200.0	207.5	130	135.0	140.0	215	227.5	235.0	582.5	378.353	378.353
2	James Harris	MO	90kg	85.2	41	150.0	167.5	175.0	107.5	115.0	120.0	192.5	210.0	227.5	517.5	344.346	347.79
3	Jason Jones	MO	90kg	87.6	43	170.0	180.0	190.0	107.5	112.5	117.5	185	192.5	200.0	502.5	329.454	339.667
	90kg Master 55-59																
DQ	Steve Boly	MO	90kg	88.6	56	137.5	150.0	155	105	110.0	110.0	172.5	182.5	190.0	0	0	0

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	100kg Master 40-44																
1	Grant Mccauley	IL	100kg	98.2	40	245.0	255.0	265.0	172.5	180.0	182.5	280	290	302.5	750	465.33	465.33
2	Chad Witkowski	IL	100kg	98.2	40	205.0	210	220.0	165	175.0	182.5	205.0	217.5	227.5	600	372.264	372.264
	100kg Master 45-49																
DQ	Chris Droegemeier	KS	100kg	97.4	49	217.5	230	237.5	125	137.5	145.0	217.5	217.5	227.5	0	0	0
	100kg Master 55-59																
1	Steven Carpenter	MO	100kg	95.8	55	140	150.0	160.0	130.0	140.0	142.5	185.0	195.0	205.0	505	316.851	388.143
	110kg Master 40-44																
1	Greg Elliott	MO	110kg	109.8	41	225.	230.0	240.0	145	145.0	147.5	265	275.0	277.5	650	385.238	389.09
2	Erick Baker	IL	110kg	104.6	43	195.0	200.0	210.0	130	140.0	142.5	230	240.0	245.0	597.5	360.906	372.094
	125kg Master 50-54																
1	Doug Pettibone	MO	125kg	123.4	51	182.5	192.5	195.0	145	150.0	155.0	180	192.5	200.0	547.5	311.574	357.376
2	James Morris	TX	125kg	114.8	51	115.0	120.0	125	130	132.5	140.0	210	220	227.5	487.5	284.264	326.051
	SHW Master 50-54																
1	Eric Bell	IL	SHW	144.0	52	205.0	215.0	225.0	115	120.0	125.0	192.5	205.0	215.5	545.5	296.616	345.558
	Women Classic Raw Powerlifting			Open													
	75kg Open																
1	Tabetha Held	MO	75kg	73.9	51	151.0	152.5	165.0	95	101.0	105.5	142.5	150.0	158.0	424	416.224	477.409
								(170.0)									
	Women Classic Raw Powerlifting			Master													
	75kg Master 50-54																
1	Tabetha Held	MO	75kg	73.9	51	151.0	152.5	165.0	95	101.0	105.5	142.5	150.0	158.0	424	416.224	477.409
								(170.0)									
2	Donna Glen	MO	75kg	71.7	50	117.5	127.5	137.5	67.5	72.5	77.5	150	160.0	170.0	360	359.237	405.938
	Men Classic Raw Powerlifting			Open													
	110kg Open																
1	Terry Held	MO	110kg	108.4	51	150.0	200.0	210.0	190	200.5	205.0	265	285.0	295.0	690	410.949	471.358
	Men Classic Raw Powerlifting			Master													
	75kg Master 40-44																
1	Frankie Murrieta	MO	75kg	72.8	40	160.0	170.0	182.5	112.5	120.0	125.0	175	185.0	190.0	480	351.097	351.097
											(127.5)						

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	82.5kg Master 45-49																
1	Alan Glen	MO	82.5kg	82.0	46	200.0	214.0	227.5	155	160.0	---	250	250.0	260.0	642.5	436.732	466.43
	100kg Master 40-44																
1	Rendon Patterson	IL	100kg	94.6	41	195.0	215	227.5	125	137.5	142.5	215	237.5	252.5	590	372.359	376.083
	100kg Master 50-54																
1	Vance Wallace	MO	100kg	93.2	50	182.5	210	222.5	165	182.5	190.0 (191.0)	182.5	200.0	212.5	612.5	389.302	439.911
	110kg Master 50-54																
1	Terry Held	MO	110kg	108.4	51	150.0	200.0	---	190	200.5	205.0	265	285.0	---	690	410.949	471.358
	125kg Master 45-49																
1	Charles Ridgeway	IL	125kg	117.6	47	227.5	247.5	247.5	165	175.0	182.5	200	207.5	215.0	625	361.397	391.032
	125kg Master 55-59																
1	Phillip Lake	IL	125kg	119.2	55	222.5	232.5	240.0	157.5	172.5	185.5	220	225.0	232.5 (237.5)	637.5	366.94	449.502
	140kg Master 40-44																
1	Demetrius Davis	MO	140kg	136.8	43	270.0	292.5	292.5	180	192.5	205.0 (210)	260	275.0	275.0	735	405.443	418.011
	Men Single Ply Powerlifting			Master													
	100kg Master 55-59																
1	Mark Leahy	MO	100kg	95.8	59	230.0	242.5	250	185	192.5	197.5	230	240.0	245	687.5	431.357	567.234
	Women Raw Bench Only			Master													
	SHW Master 50-54																
1	Nancy Riddle	MO	SHW	90.8	53				55	55	60.0				60	53.284	63.088
	SHW Master 65-69																
1	Kay Lynne Firsching	MO	SHW	91.3	65				45	50.0	50.0				45	39.867	59.004
	Men Raw Bench Only			Open													
	110kg Open																
1	Terry Held	MO	110kg	108.4	51				190	200.5	205.0				205	122.093	140.041
	Men Raw Bench Only			Master													
	82.5kg Master 75-79																
1	Fred Hemann	IL	82.5kg	78.8	76				75	80.0	85.0				80	55.662	104.422

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	100kg Master 50-54																
1	Vance Wallace	MO	100kg	93.2	50				165	182.5	190.0 (191.0)				190	120.763	136.462
	110kg Master 50-54																
1	Terry Held	MO	110kg	108.4	51				190	200.5	205.0				205	122.093	140.041
	110kg Master 60-64																
1	Joe Scherer	MO	110kg	106.4	63				100	105.5	106				105.5	63.291	89.937
	125kg Master 45-49																
1	Charles Ridgeway	IL	125kg	117.6	47				165	175.0	182.5				182.5	105.528	114.181
	125kg Master 50-54																
1	James Morris	TX	125kg	114.8	51				130	132.5	140.0				140	81.635	93.635
	125kg Master 55-59																
1	Phillip Lake	IL	125kg	119.2	55				157.5	172.5	185.5				172.5	99.29	121.63
	SHW Master 60-64																
1	Donald Norton	MO	SHW	176.6	64				142.5	147.5	148.0 (150)				148	76.272	110.594
	Women Raw Deadlift Only			Master													
	SHW Master 65-69																
1	Kay Lynne Firsching	MO	SHW	91.3	65							102.5	110.0	120.0 (125.0)	120	106.313	157.343
	Men Raw Deadlift Only			Open													
	110kg Open																
1	Terry Held	MO	110kg	108.4	51							265	285.0	285	285	169.74	194.691
	Men Raw Deadlift Only			Master													
	110kg Master 40-44																
1	Greg Elliott	MO	110kg	109.8	41							265	275.0	277.5	275	162.985	164.615
	110kg Master 50-54																
1	Terry Held	MO	110kg	108.4	51							265	285.0	285	285	169.74	194.691
	125kg Master 50-54																
1	James Morris	TX	125kg	114.8	51							210	220	227.5	227.5	132.656	152.157

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Push-Pull			Master													
	SHW Master 65-69																
1	Kay Lynne Firsching	MO	SHW	91.3	65				45	50.0	50.0	102.5	110.0	120.0 (125.0)	165	146.18	157.343
	Men Raw Push-Pull			Master													
	75kg Master 60-64																
1	Vik Khanna	MO	75kg	72.2	63				80	85.5	87.5	112.5	122.5	125.0	210	154.453	128.029
	Best Lifters														Record Color Codes		
	Stacie Korte	Raw	PL	Master	Women											State	
	Grant Mccauley	Raw	PL	Master	Men											National	
	Terry Held	Raw	BPO	Master	Men												
	Terry Held	CLraw	PL	Master	Men												
	Meet Director:	Albert Alvarado															
	Referees																
	International:	Ed Zimmerman, Tom Urani															
	National:	Albert Alvarado, Linda Ray, JaiJai Goldstein, Jeffrey Houska, Bill Duncan															
	State:	Mike Thompson, Jean Ann Stewart, Shreena Chopra															
	Spotter/Loaders:	Darion Kelly, Abby Kuchno, Haley Hill, Justin Wymys															