

USPA FitCon Powerlifting Cup June 5, 2021 Lehi, UT

|                                       | Name                | State | Class  | Weight      | Age | SQ1   | SQ2              | SQ3              | BP1   | BP2              | BP3              | DL1            | DL2              | DL3              | Total Kg | Dots Total | McC Total |  |
|---------------------------------------|---------------------|-------|--------|-------------|-----|-------|------------------|------------------|-------|------------------|------------------|----------------|------------------|------------------|----------|------------|-----------|--|
| <b>Women Raw Powerlifting</b>         |                     |       |        | <b>Open</b> |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
|                                       | 67.5kg Open         |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Kiara Benson        | UT    | 67.5kg | 67.2        | 27  | 137.5 | 152.5            | 160              | 77.5  | 82.5             | 85               | 170            | 182.5            | <del>185.0</del> | 427.5    | 442.487    |           |  |
| 2                                     | Kristen Smith       | UT    | 67.5kg | 62.4        | 44  | 117.5 | 127.5            | 137.5            | 87.5  | <del>90</del>    | 90               | 165            | 175.0            | <del>180.0</del> | 402.5    | 435.434    |           |  |
|                                       | 75kg Open           |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Piney Whittaker     | UT    | 75kg   | 74.8        | 22  | 142.5 | <del>157.5</del> | 165              | 77.5  | 85               | 92.5             | 170            | 185.0            | 192.5            | 450      | 438.909    |           |  |
| 2                                     | Bryanna Tolboe      | UT    | 75kg   | 73.2        | 24  | 130.0 | 142.5            | 155              | 67.5  | 75               | <del>82.5</del>  | 137.5          | 152.5            | 160.0            | 390      | 384.811    |           |  |
|                                       | 82.5kg Open         |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Emma Hogan          | UT    | 82.5kg | 80.4        | 38  | 125.0 | 135.0            | <del>140</del>   | 100   | <del>105</del>   | <del>105</del>   | <del>145</del> | 147.5            | 155.0            | 390      | 366.568    |           |  |
| <b>Men Raw Powerlifting</b>           |                     |       |        | <b>Open</b> |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
|                                       | 60kg Open           |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Kaleb Smith         | UT    | 60kg   | 60.0        | 15  | 87.5  | 95.0             | 100              | 57.5  | <del>62.5</del>  | <del>62.5</del>  | 115            | 122.5            | <del>125.0</del> | 280      | 236.332    |           |  |
|                                       |                     |       |        |             |     |       |                  | (102.5)          |       |                  |                  |                |                  |                  |          |            |           |  |
|                                       | 82.5kg Open         |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Adam Peeler         | UT    | 82.5kg | 80.2        | 23  | 190.0 | 200.0            | 207.5            | 142.5 | <del>150</del>   | 150              | 277.5          | 295.0            | <del>305.0</del> | 652.5    | 449.268    |           |  |
|                                       | 100kg Open          |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Jesus Morales       | UT    | 100kg  | 98.6        | 22  | 277.5 | 292.5            | 295              | 207.5 | <del>217.5</del> | <del>217.5</del> | 272.5          | <del>285.0</del> | <del>285.0</del> | 775      | 479.976    |           |  |
|                                       | 110kg Open          |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Elvir Tatarevic     | UT    | 110kg  | 105.4       | 35  | 290.0 | 305              | 317.5            | 170   | 182.5            | 192.5            | 312.5          | 327.5            | <del>337.5</del> | 837.5    | 504.322    |           |  |
| 2                                     | Mike Cannon         | UT    | 110kg  | 109.3       | 47  | 280.0 | 300              | 315              | 167.5 | <del>175</del>   | <del>175</del>   | 285            | <del>308.5</del> | <del>308.5</del> | 767.5    | 455.664    |           |  |
|                                       |                     |       |        |             |     |       |                  | (320)            |       |                  |                  |                |                  |                  |          |            |           |  |
| 3                                     | Conor Larson        | UT    | 110kg  | 107.6       | 36  | 205.0 | 237.5            | <del>247.5</del> | 192.5 | <del>207.5</del> | <del>9999</del>  | 62.5           | <del>0</del>     | <del>0</del>     | 492.5    | 294.163    |           |  |
|                                       | 125kg Open          |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Ian Morris          | UT    | 125kg  | 120.6       | 17  | 285.0 | <del>302.5</del> | 302.5            | 142.5 | 152.5            | <del>160</del>   | 225            | 245.0            | 265.0            | 720      | 412.817    |           |  |
|                                       |                     |       |        |             |     |       |                  | (310)            |       |                  |                  |                |                  |                  |          |            |           |  |
|                                       | SHW Open            |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Douglas Van Tassell | UT    | SHW    | 171.3       | 40  | 305.0 | <del>335.0</del> | <del>9999</del>  | 137.5 | <del>142.5</del> | <del>9999</del>  | 320            | <del>0</del>     | <del>0</del>     | 762.5    | 396.026    |           |  |
| <b>Women Classic Raw Powerlifting</b> |                     |       |        | <b>Open</b> |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
|                                       | 56kg Open           |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Leona Hildreth      | CO    | 56kg   | 54.4        | 46  | 120.0 | 125.0            | 131.0            | 60    | 65               | <del>70</del>    | 130            | 137.5            | 142.5            | 338.5    | 400.04     |           |  |
|                                       | 90kg Open           |       |        |             |     |       |                  |                  |       |                  |                  |                |                  |                  |          |            |           |  |
| 1                                     | Michelle Buchanan   | UT    | 90kg   | 86.8        | 30  | 187.5 | 197.5            | 205              | 107.5 | 115              | <del>117.5</del> | 205            | 217.5            | 227.5            | 547.5    | 496.13     |           |  |

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|                              | Name            | State | Class  | Weight | Age | SQ1               | SQ2               | SQ3               | BP1             | BP2               | BP3               | DL1               | DL2          | DL3               | Total Kg | Dots Total | McC Total |
|------------------------------|-----------------|-------|--------|--------|-----|-------------------|-------------------|-------------------|-----------------|-------------------|-------------------|-------------------|--------------|-------------------|----------|------------|-----------|
|                              | SHW Open        |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Felicia Rojas   | NE    | SHW    | 95.6   | 46  | 187.5             | 200               | <del>-227.5</del> | 75              | 82.5              | 95                | 185               | 195.0        | 202.5             | 497.5    | 432.255    |           |
| 2                            | Hillary Waldron | UT    | SHW    | 96.8   | 32  | 185.0             | 192.5             | <del>-197.5</del> | 102.5           | <del>-107.5</del> | <del>-107.5</del> | 172.5             | 182.5        | 190.0             | 485      | 419.253    |           |
| Men Classic Raw Powerlifting |                 |       |        | Open   |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
|                              | 110kg Open      |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Tommy Winn      | UT    | 110kg  | 103.1  | 41  | <del>-215.0</del> | <del>-215.0</del> | 215               | 130             | <del>-137.5</del> | <del>9999</del>   | <del>-257.5</del> | 257.5        | 267.5             | 612.5    | 372.162    |           |
|                              | 125kg Open      |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Garrett Coleman | UT    | 125kg  | 124.3  | 30  | 302.5             | 312.5             | 320               | 190             | 197.5             | <del>-200</del>   | 287.5             | 297.5        | <del>-305.0</del> | 815      | 462.729    |           |
| 2                            | Jake Snyder     | UT    | 125kg  | 115.2  | 34  | 275.0             | 290               | 305               | 165             | 175               | <del>-185</del>   | 275               | 290.0        | <del>0</del>      | 770      | 448.44     |           |
| 3                            | Joshua Maw      | UT    | 125kg  | 112.9  | 26  | 252.5             | 267.5             | <del>-277.5</del> | 150             | 170               | 177.5             | 255               | 265.0        | 277.5             | 722.5    | 423.82     |           |
| DQ                           | Jacob Wagstaff  | UT    | 125kg  | 125.0  | 24  | 282.5             | <del>-292.5</del> | 292.5             | <del>-160</del> | <del>-160</del>   | <del>-160</del>   | 00.0              | 00.0         | 00.0              | 0        | 0          |           |
|                              | 140kg Open      |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Eduardo Vega    | UT    | 140kg  | 131.5  | 26  | 317.5             | 332.5             | <del>-340</del>   | 197.5           | 210               | <del>-222.5</del> | 285               | 302.5        | 312.5             | 855      | 477.107    |           |
| Women Multi Ply Powerlifting |                 |       |        | Open   |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
|                              | 56kg Open       |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Lisa Macdonald  | UT    | 56kg   | 55.6   | 33  | 185               | 192.5             | 202.5             | 92.5            | 97.5              | 105               | 165.0             | 175.0        | 182.5             | 490      | 570.677    |           |
|                              | 75kg Open       |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Elizabeth Freel | CA    | 75kg   | 69.8   | 46  | <del>-205.0</del> | 215               | 227.5             | 102.5           | 110               | 115               | 205               | 215.0        | 227.5             | 570      | 577.342    |           |
| Men Multi Ply Powerlifting   |                 |       |        | Open   |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
|                              | 125kg Open      |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Jesse Johnson   | UT    | 125kg  | 121.5  | 55  | 302.5             | 320               | 337.5             | 235             | <del>-250</del>   | <del>-250</del>   | 242.5             | <del>0</del> | <del>0</del>      | 815      | 466.143    |           |
| 2                            | Martin Hollis   | UT    | 125kg  | 112.5  | 62  | <del>-107.5</del> | 110               | 115               | 107.5           | 110               | 115               | 152.5             | 160.0        | 170.0             | 400      | 234.943    |           |
| Women Raw Bench Only         |                 |       |        | Open   |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
|                              | 56kg Open       |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Leona Hildreth  | CO    | 56kg   | 54.4   | 46  |                   |                   |                   | 60              | 65                | <del>70</del>     |                   |              |                   | 65       | 76.817     |           |
|                              | 67.5kg Open     |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Kristen Smith   | UT    | 67.5kg | 62.4   | 44  |                   |                   |                   | 87.5            | <del>90</del>     | 90                |                   |              |                   | 90       | 97.364     |           |
|                              | 82.5kg Open     |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Emma Hogan      | UT    | 82.5kg | 80.4   | 38  |                   |                   |                   | 100             | <del>-105</del>   | <del>-105</del>   |                   |              |                   | 100      | 93.992     |           |
|                              | SHW Open        |       |        |        |     |                   |                   |                   |                 |                   |                   |                   |              |                   |          |            |           |
| 1                            | Hillary Waldron | UT    | SHW    | 96.8   | 32  |                   |                   |                   | 102.5           | <del>-107.5</del> | <del>-107.5</del> |                   |              |                   | 102.5    | 88.605     |           |

USPA FitCon Powerlifting Cup June 5, 2021 Lehi, UT

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|----|-----------------------------|-------|-------|--------|-----|-----|-----|-----|------------------|------------------|------------------|------------------|--------------|------------------|----------|------------|-----------|
|    | Men Raw Bench Only          |       |       | Open   |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
|    | 60kg Open                   |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| 1  | Kaleb Smith                 | UT    | 60kg  | 60.0   | 15  |     |     |     | 57.5             | <del>62.5</del>  | <del>62.5</del>  |                  |              |                  | 57.5     | 48.532     |           |
|    | 140kg Open                  |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| 1  | John Mazza                  | UT    | 140kg | 128.2  | 40  |     |     |     | 225              | <del>232.5</del> | <del>9999</del>  |                  |              |                  | 225      | 126.522    |           |
|    | SHW Open                    |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| 1  | Jon Skinner                 | UT    | SHW   | 156.3  | 37  |     |     |     | 235              | <del>245</del>   | <del>245</del>   |                  |              |                  | 235      | 124.999    |           |
|    | Men Single Ply Bench Only   |       |       | Open   |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
|    | 100kg Open                  |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| DQ | Jesse Avila                 | UT    | 100kg | 97.4   | 46  |     |     |     | <del>237.5</del> | <del>242.5</del> | <del>242.5</del> |                  |              |                  | 0        | 0          |           |
|    | Men Raw Deadlift Only       |       |       | Open   |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
|    | 60kg Open                   |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| 1  | Kaleb Smith                 | UT    | 60kg  | 60.0   | 15  |     |     |     |                  |                  |                  | 115              | 122.5        | <del>125.0</del> | 122.5    | 103.395    |           |
|    | 140kg Open                  |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| DQ | John Mazza                  | UT    | 140kg | 128.2  | 40  |     |     |     |                  |                  |                  | <del>317.5</del> | <del>0</del> | <del>0</del>     | 0        | 0          |           |
|    | SHW Open                    |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| DQ | Jon Skinner                 | UT    | SHW   | 156.3  | 37  |     |     |     |                  |                  |                  | <del>290</del>   | <del>0</del> | <del>0</del>     | 0        | 0          |           |
|    | Men Multi Ply Deadlift Only |       |       | Open   |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
|    | 140kg Open                  |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| 1  | Sheldon Russell             | UT    | 140kg | 133.0  | 46  |     |     |     |                  |                  |                  | 280              | 300.0        | 312.5            | 312.5    | 173.797    |           |
|    | SHW Open                    |       |       |        |     |     |     |     |                  |                  |                  |                  |              |                  |          |            |           |
| 1  | Douglas Van Tassell         | UT    | SHW   | 171.3  | 40  |     |     |     |                  |                  |                  | 337.5            | <del>0</del> | <del>0</del>     | 337.5    | 175.29     |           |

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|--|------------------|--|-------|--------|-------|-----|-----|-----|-----|-----|-----|-----|-----|-----|---------------------------|------------|-----------|--|
|  | Best Lifters     |  |       |        |       |     |     |     |     |     |     |     |     |     | <b>Record Color Codes</b> |            |           |  |
|  | Kiara Benson     | Raw  | PL    | Open   | Women |     |     |     |     |     |     |     |     |     |                           | State      |           |  |
|  | Elvir Tatarevic  | Raw  | PL    | Open   | Men   |     |     |     |     |     |     |     |     |     |                           | National   |           |  |
|  | Eduardo Vega     | Clraw  | PL    | Open   | Men   |     |     |     |     |     |     |     |     |     |                           | World      |           |  |
|  | Meet Director:   | Chris McGrail & Jake Snyder  |       |        |       |     |     |     |     |     |     |     |     |     |                           |            |           |  |
|  | Referees         |  |       |        |       |     |     |     |     |     |     |     |     |     |                           |            |           |  |
|  | International:   | Jon Cunningham (Head Referee), Carl Lovell   |       |        |       |     |     |     |     |     |     |     |     |     |                           |            |           |  |
|  | National:        | Chris McGrail, Julia Tomascheski   |       |        |       |     |     |     |     |     |     |     |     |     |                           |            |           |  |
|  | State:           | Kristie Strand, Joseph Nielsen, Samantha Mello                                     |       |        |       |     |     |     |     |     |     |     |     |     |                           |            |           |  |
|  | Staff:           | Lisa MacDonald, Steven DeBoom, Samantha Mello, Jake Snyder                         |       |        |       |     |     |     |     |     |     |     |     |     |                           |            |           |  |
|  | Spotter/Loaders: | Jeremy Clifford, Welly Lu, Eric Farr, Klayton Johnson, Derek Reasch, Tristen Breen |       |        |       |     |     |     |     |     |     |     |     |     |                           |            |           |  |