

USPA Red, White and Blue Powerlifting Championships October 24, 2020 Waynesville, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>				<b>Junior</b>													
	56kg Jr 13-15																
1	Keara Byrom	MO	56kg	52.3	15	70	72.5	75	45	47.5	50	85	90	95	220	320.298	
														(100)			
	SHW Jr 20-23																
1	Rebecca Green	MO	SHW	91.2	22	107.5	115.0	117.5	52.5	55	-57.5	115	120.0	122.5	295	318.6	
<b>Women Raw Powerlifting</b>				<b>Open</b>													
	56kg Open																
1	Keara Byrom	MO	56kg	52.3	15	70	72.5	75	45	47.5	50	85	90	95	220	320.298	
														(100)			
	82.5kg Open																
1	Tabetha Held	MO	82.5kg	76.4	50	135	142.5	150.0	90	95	97.5	87.5	115	150	397.5	458.795	518.438
								(155)			(100)			(152.5)			
2	Anna Haney	MO	82.5kg	77.8	72	82.5	102.5	120.0	65	-73.0	-73.0	117.5	145	147.5	332.5	380.713	654.064
	90kg Open																
1	Rachael Sutton	MO	90kg	84.2	28	85	90.0	95.0	42.5	45	50	120	127.5	137.5	282.5	313.434	
<b>Women Raw Powerlifting</b>				<b>Master</b>													
	82.5kg Master 40-44																
1	Griselda (Zelda) Gomez	MO	82.5kg	80.2	40	110	115.0	120.0	57.5	62.5	65	112.5	117.5	122.5	307.5	347.66	347.66
	82.5kg Master 50-54																
1	Tabetha Held	MO	82.5kg	76.4	50	135	142.5	150.0	90	95	97.5	87.5	115	150	397.5	458.795	518.438
								(155)			(100)			(152.5)			
	82.5kg Master 70-74																
1	Anna Haney	MO	82.5kg	77.8	72	82.5	102.5	120.0	65	-73.0	-73.0	117.5	145	147.5	332.5	380.713	654.064
<b>Men Raw Powerlifting</b>				<b>Junior</b>													
	67.5kg Jr 16-17																
DQ	Joey Carroll	IL	67.5kg	66.3	17	-122.5	-122.5	-122.5	-87.5	-87.5	-87.5	185	-192.5	192.5	0	0	
	82.5kg Jr 18-19																
1	Chase Harris	MO	82.5kg	80.6	19	220	230	-235.0	-122.5	130	-137.5	252.5	262.5	-267.5	622.5	507.649	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Jr 20-23																
1	Marshall Willingham	MO	90kg	89.2	23	245.0	257.5	267.5	172.5	182.5	192.5	260	272.5	285	745	574.023	
	110kg Jr 20-23																
1	Justin Flanagan	IL	110kg	101.7	20	-165	165.0	-182.5	80	82.5	-87.5	165	-182.5	-182.5	412.5	298.65	
<b>Men Raw Powerlifting</b>				<b>Open</b>													
	90kg Open																
1	Marshall Willingham	MO	90kg	89.2	23	245.0	257.5	267.5	172.5	182.5	192.5	260	272.5	285	745	574.023	
	110kg Open																
1	Connor Mandernach	MO	110kg	108.4	25	195	205.0	215.0	120	127.5	-135	210	220	-230	562.5	396.956	
	125kg Open																
1	Kevin Bedell	MO	125kg	124.5	26	212.5	222.5	230.0	160	167.5	172.5	262.5	272.5	-280	675	455.153	
2	Daniel Sutton	MO	125kg	115.8	30	150	157.5	182.5	125	-135	145	172.5	190	200	527.5	363.659	
<b>Men Raw Powerlifting</b>				<b>Master</b>													
	100kg Master 45-49																
1	Michael Woodworth	MO	100kg	97.7	48	-182.5	-197.5	197.5	130	140	-147.5	185	200	212.5	550	405.35	444.669
								(200)						(215)			
	110kg Master 65-69																
1	Jim Bell	MO	110kg	107.1	65	142.5	162.5	172.5	82.5	90	95	160	170.0	177.5	445	315.505	466.947
<b>Women Classic Raw Powerlifting</b>				<b>Open</b>													
	82.5kg Open																
1	Monica White	KS	82.5kg	78.1	28	137.5	145.0	-152.5	80	85	-87.5	155	167.5	-175	397.5	454.382	
<b>Men Classic Raw Powerlifting</b>				<b>Open</b>													
	67.5kg Open																
1	Jared Simmons	IA	67.5kg	65.1	40	205	215.0	-230	137.5	142.5	147.5	112.5	127.5	135	497.5	467.003	
	110kg Open																
1	Terry Held	MO	110kg	107.7	50	225.0	265.	272.5	187.5	195	200	265.0	280	-287.5	752.5	532.394	601.605
<b>Men Classic Raw Powerlifting</b>				<b>Master</b>													
	90kg Master 45-49																
1	Vance Wallace	MO	90kg	89.5	49	172.5	202.5	215.0	165	-180	180	167.5	192.5	-202.5	587.5	451.905	502.97
											(182.5)						

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	90kg Master 55-59																
1	Charles (Chuck) Zimmerma	MO	90kg	87.9	58	147.5	165.0	-182.5	102.5	-120	-120	147.5	172.5	185	452.5	351.366	453.614
	110kg Master 50-54																
1	Terry Held	MO	110kg	107.7	50	225.0	265.	272.5	187.5	195	200	265.0	280	-287.5	752.5	532.394	601.605
	110kg Master 75-79																
1	William Farrell	OK	110kg	103.8	75	118	132.5	137.5	80	89	92.5	168	178.0	183	413	296.493	544.064
								(141.0)			(93)			(184)			
Men Single Ply Powerlifting				Open													
	90kg Open																
1	Matthew Berry	IA	90kg	89.5	47	287.5	305.0	320	207.5	217.5	-227.5	250	265	-280	802.5	617.283	667.9
Men Single Ply Powerlifting				Master													
	90kg Master 45-49																
1	Matthew Berry	IA	90kg	89.5	47	287.5	305.0	320	207.5	217.5	-227.5	250	265	-280	802.5	617.283	667.9
Men Raw Bench Only				Master													
	90kg Master 45-49																
1	Vance Wallace	MO	90kg	89.5	49				165	-180	180				180	138.456	154.102
											(182.5)						
Women Raw Deadlift Only				Open													
	60kg Open																
1	Brittany Gronau	IL	60kg	58.4	34							165	167.5	170.0	170	228.344	
														(172.5)			
Men Raw Deadlift Only				Master													
	110kg Master 75-79																
1	William Farrell	OK	110kg	103.8	75							168	178.0	183	183	131.376	241.074
														(184)			
Men Raw Push-Pull				Open													
	82.5kg Open																
1	Khalil Neal	IL	82.5kg	80.0	25				145	150.0	162.5	230	245	257.5	420	344.022	
	90kg Open																
1	Logan Jackson	IL	90kg	89.6	27				135	142.5	-147.5	205	227.5	-235	370	284.419	

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	Meet Director:	Sheena Hodges and Frankie Murrieta												<b>Record Color Codes</b>			
														State			
	Referees													National			
	National:	Sheena Hodges, Frankie Murrieta, Linda Ray, Ed Zimmerman, Jai-Jai Goldstein															
	State:	Chanel Gill (testing for practical)															
	Spotter/Loaders:	Chad Hickam, Team RWB: Will Finch, Aaron Householder, Stephanie Valdivia, Bri Sides, Amber Phelix, Joshua Gomez, Laquey High Athletes															