

USPA Drug Tested NOVA Fall Classic November 16, 2019 Vienna, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	56kg Jr 16-17																
1	Hanna Safari	VA	56kg	55	17	90	95	100	50	52.5	52.5	112.5	120	130	282.5	337.107	
	56kg Jr 20-23																
1	Thalia Reyes	MD	56kg	52.9	22	95	105	112.5	55	60	60	117.5	127.5	137.5	287.5	353.683	
	67.5kg Jr 20-23																
1	Soleen Barzanji	VA	67.5kg	61.4	23	120	127.5	140	42.5	55	60	120	127.5	137.5	332.5	364.154	
	75kg Jr 20-23																
1	Lauren Bascelli	VA	75kg	73.7	21	95	100	107.5	50	55	55	110	117.5	122.5	272.5	261.954	
	82.5kg Jr 16-17																
1	Whitney Farrell	VA	82.5kg	80.9	16	102.5	107.5	112.5	45	50	52.5	130	140	145	307.5	279.641	
	90kg Jr 18-19																
1	Natalie Calderon-Delacruz	VA	90kg	89.8	18	85	92.5	105	52.5	57.5	62.5	130	140	150	302.5	261.632	
	56kg Open																
1	MyKeisha Young	MD	56kg	55.7	27	130	132.5	140	75	80	80	170	180	180	390	460.824	
2	Erika Portillo	VA	56kg	55.4	30	115	117.5	122.5	50	55	57.5	120	130	137.5	317.5	376.746	
3	Tiffani Tran	MD	56kg	54.1	24	87.5	97.5	105	42.5	50	55	125	137.5	140	295	356.596	
4	Emily Powell	VA	56kg	54.2	31	72.5	80	87.5	42.5	50	55	87.5	105	110	252.5	304.793	
	60kg Open																
1	Kassy Kozel	PA	60kg	60.0	24	142.5	152.5	160	82.5	87.5	90	170	180	187.5	430	479.407	
2	Tiava Morris	MD	60kg	59.9	32	82.5	82.5	87.5	60	65	70	132.5	140	150	287.5	320.936	
	67.5kg Open																
1	Sarah Houhoulis	VA	67.5kg	63	27	135	142.5	147.5	103	105	106	145	152.5	157.5	405	434.97	
2	Ilona Price	DC	67.5kg	64.1	33	122.5	127.5	130	72.5	75	77.5	140	147.5	147.5	352.5	373.685	
3	Hosanna Feraud	VA	67.5kg	67.4	28	87.5	100	112.5	50	60	60	137.5	145	163	295	301.402	
	75kg Open																
1	Erin Bowers	DC	75kg	72	35	125	132.5	137.5	82.5	87.5	87.5	167.5	175	192.5	395	385.52	
2	Tiffany Ward	VA	75kg	75	33	112.5	120	130	62.5	70	77.5	130	140	152.5	360	342.216	
3	Krystal Fox	MD	75kg	69.3	29	110	120	130	60	65	65	140	150	157.5	347.5	348.126	
4	Becki Stenger	VA	75kg	71.9	32	110	115	120	65	70	70	132.5	140	145	325	317.493	
5	Nhi Nguyen	MD	75kg	73.7	26	102.5	107.5	115	50	52.5	55	115	122.5	130	300	288.39	
6	Lauren Bascelli	VA	75kg	73.7	21	95	100	107.5	50	55	55	110	117.5	122.5	272.5	261.954	
7	Jeanne Murdock	VA	75kg	73.7	67	72.5	77.5	77.5	55	57.5	60	105	112.5	115	250	240.325	370.821
8	Jen Smith	VA	75kg	73	25	75	80	92.5	35	42.5	47.5	102.5	115	125	247.5	239.382	
	82.5kg Open																
1	Anna Olihnenco	VA	82.5kg	77.4	28	185	190	190	192.5	192.5	102.5	195	205	215	502.5	468.632	
2	Dakota Duffy	MD	82.5kg	82.1	27	155	162.5	162.5	60	65	67.5	160	167.5	172.5	387.5	349.641	
3	Gabrielle Brost	VA	82.5kg	78.6	31	117.5	122.5	127.5	55	57.5	60	132.5	140	147.5	332.5	307.297	
4	Dana Thomas	VA	82.5kg	77.6	24	92.5	97.5	107.5	47.5	52.5	52.5	110	122.5	122.5	277.5	258.38	

USPA Drug Tested NOVA Fall Classic November 16, 2019 Vienna, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	90kg Open																
1	Vilma Tury	VA	90kg	84.7	58	110	117.5	122.5	62.5	67.5	72.5	140	152.5	160	350	310.835	401.288
2	Robyn Nicholson	VA	90kg	89	33	62.5	72.5	80	52.5	57.5	62.5	125	132.5	132.5	270	234.387	
	SHW Open																
1	Marissa Wilson	MD	SHW	101.7	28	220	232.5	240	122.5	127.5	130	192.5	202.5	210	570	472.302	
2	Christina Stephens	TN	SHW	137	37	115	120	127.5	75	80	85	155	167.5	182.5	395	308.377	
	56kg Submaster																
1	Sandra Garcia	VA	56kg	55.5	36	75	80	87.5	37.5	42.5	42.5	92.5	100	110	235	278.452	
	75kg Submaster																
1	Erin Bowers	DC	75kg	72	35	125	132.5	137.5	82.5	87.5	87.5	167.5	175	182.5	395	385.52	
	SHW Submaster																
1	Christina Stephens	TN	SHW	137	37	115	120	127.5	75	80	85	155	167.5	182.5	395	308.377	
2	Heather Wyllie	DC	SHW	109.7	35	92.5	105	115	65	70	75	120	130	140	320	260.32	
	56kg Master 45-49																
1	Tonya Turlington	VA	56kg	54.3	47	62.5	65	67.5	42.5	45	45	90	90	97.5	205	247.107	267.37
	67.5kg Master 60-64																
1	Kim Radder	VA	67.5kg	60.9	62	50	52.5	55	35	37.5	40	85	87.5	90	185	203.889	284.017
	75kg Master 40-44																
1	Karli Romano	VA	75kg	74	42	105	115	122.5	52.5	57.5	65	137.5	147.5	160	340	325.958	332.477
	75kg Master 45-49																
1	Jennifer Earl	VA	75kg	70.1	47	50	57.5	62.5	40	45	50	72.5	80	87.5	200	198.78	215.08
	75kg Master 65-69																
1	Jeanne Murdock	VA	75kg	73.7	67	72.5	77.5	77.5	55	57.5	60	105	112.5	115	250	240.325	370.821
	82.5kg Master 45-49																
1	Geraldine French	VA	82.5kg	79.3	48	62.5	70	77.5	47.5	52.5	57.5	92.5	102.5	110	240	220.68	242.086
	90kg Master 55-59																
1	Vilma Tury	VA	90kg	84.7	58	110	117.5	122.5	62.5	67.5	72.5	140	152.5	160	350	310.835	401.288
	Men Raw Powerlifting																
	56kg Jr 20-23																
1	Yash Pednekar	MD	56kg	55.4	20	82.5	92.5	102.5	62.5	67.5	---	125	137.5	150	302.5	278.3	
	67.5kg Jr 18-19																
1	Zack Cavelli	VA	67.5kg	67.4	19	130	140	140	80	85	85	142.5	150	150	352.5	272.095	

USPA Drug Tested NOVA Fall Classic November 16, 2019 Vienna, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	67.5kg Jr 20-23																
1	Brent Jones	VA	67.5kg	63.6	23	155	167.5	180	87.5	95	102.5	175	192.5	210	480	388.8	
2	Andrew Whitehurst	FL	67.5kg	64.9	22	140	152.5	162.5	85	92.5	97.5	175	195	205	455	362.271	
	75kg Jr 16-17																
1	Landon Kissell	VA	75kg	73	16	115	125	130	67.5	77.5	77.5	162.5	180	180	360	261.504	
	75kg Jr 20-23																
1	Chris Lemley	MD	75kg	74.7	23	122.5	147.5	165	120	133	135	142.5	192.5	195	473	338.006	
DQ	Emanuel Howard	VA	75kg	73.8	23	142.5	160	165	165	165	165	165	165	165	0	0	
	82.5kg Jr 18-19																
1	Uriya Mishor-Ziv	VA	82.5kg	76.5	19	160	165	170	115	120	122.5	197.5	207.5	212.5	502.5	353.207	
	82.5kg Jr 20-23																
1	Ben So	VA	82.5kg	82.1	22	220	235	242.5	132.5	137.5	142.5	265	265	280	650	436.735	
	90kg Jr 16-17																
1	August Basco	VA	90kg	90	16	135	147.5	152.5	85	92.5	95	182.5	192.5	200	447.5	285.684	
	90kg Jr 20-23																
1	Michael Fox	VA	90kg	88.1	21	192.5	207.5	215	132.5	140	145	227.5	245	255	615	396.983	
2	Mansoor Amin	VA	90kg	88.4	20	190	197.5	207.5	140	145	152.5	232.5	252.5	257.5	612.5	394.695	
	100kg Jr 16-17																
1	Caleb Petry	WV	100kg	95.9	17	195	215	227.5	117.5	130	142.5	227.5	245	252.5	597.5	370.092	
	125kg Jr 20-23																
1	Preston Hudgins	VA	125kg	122.7	20	157.5	170	177.5	90	97.5	102.5	175	185	195	475	271.748	
	67.5kg Open																
1	Lenard Jones	VA	67.5kg	66.9	23	205	212.5	217.5	152.5	162.5	165	210	250	257.5	637.5	495.083	
2	Adam Pierce	VA	67.5kg	66.8	27	172.5	185	197.5	125	132.5	137.5	220	237.5	252.5	570	443.175	
3	Brent Jones	VA	67.5kg	63.6	23	155	167.5	180	87.5	95	102.5	175	192.5	210	480	388.8	
4	Andrew Whitehurst	FL	67.5kg	64.9	22	140	152.5	162.5	85	92.5	97.5	175	195	205	455	362.271	
	75kg Open																
1	Jhoonho Yoon	VA	75kg	73.6	39	170	182.5	190	112.5	122.5	127.5	200	217.5	227.5	530	382.713	
2	Jesse Zhan	OH	75kg	73.9	24	132.5	142.5	147.5	110	120	122.5	180	197.5	207.5	475	342	
3	Chris Lemley	MD	75kg	74.7	23	122.5	147.5	165	120	133	135	142.5	192.5	195	473	338.006	

USPA Drug Tested NOVA Fall Classic November 16, 2019 Vienna, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Open																
1	Richard Cho	VA	82.5kg	76	23	245	262.5	267.5	155	165	167.5	320	335	340	767.5	541.932	
2	Daniel Dixon	VA	82.5kg	81.5	25	210	220	232.5	167.5	175	182.5	252.5	260	267.5	682.5	460.619	
3	Brandon Yahatta	VA	82.5kg	81.1	24	237.5	245	252.5	152.5	155	162.5	225	247.5	265	672.5	455.215	
4	Jason Toner	MD	82.5kg	82.5	30	207.5	217.5	227.5	135	142.5	147.5	247.5	260	272.5	647.5	433.76	
5	Caleb Irwin	VA	82.5kg	76.7	37	162.5	170	180	130	135	137.5	227.5	237.5	247.5	562.5	394.706	
6	Jake Shankman	VA	82.5kg	78.1	24	180	195	205	115	122.5	130	202.5	205	207.5	535	370.916	
7	Eun Shin	VA	82.5kg	81.9	33	170	175	182.5	130	137.5	145	175	200	207.5	527.5	354.955	
8	Seth Bergen	MD	82.5kg	81.4	29	147.5	160	170	105	115	127.5	192.5	212.5	230	477.5	322.504	
9	Jason Ogden	VA	82.5kg	79.4	30	142.5	150	155	107.5	112.5	112.5	185	192.5	200	467.5	320.705	
10	Shehan Rajapakse	VA	82.5kg	82	25	160	167.5	170	85	90	92.5	170	182.5	187.5	447.5	300.899	
11	Sai Rahul Kopparthi	TX	82.5kg	80.2	24	105	105	107.5	65	65	70	130	142.5	150	327.5	223.224	
DQ	Trevor Esper	VA	82.5kg	81.2	24	165	170	175	120	125	---	215	222.5	227.5	0	0	
	90kg Open																
1	Lenny Wicks	OH	90kg	89.1	32	310	320	320	175	177.5	180	320	325	325	807.5	518.173	
2	Ronald Tarvin	AL	90kg	89.1	30	257.5	277.5	287.5	177.5	195	200.5	265	282.5	295	777.5	498.922	
3	Matthew Lawson	MD	90kg	89.3	25	227.5	242.5	250	160	167.5	172.5	280	297.5	297.5	695	445.495	
4	Kirk Whittenberg	VA	90kg	89.1	37	210	227.5	235	180	192.5	202.5	250	265	280	685	439.565	
5	Alexander Mcneal	MD	90kg	86.3	30	195	197.5	202.5	147.5	152.5	160	257.5	267.5	270	632.5	412.896	
6	Michael Fox	VA	90kg	88.1	21	192.5	207.5	215	132.5	140	145	227.5	245	255	615	396.983	
7	Spencer Wilhelm	VA	90kg	89.1	25	190	200	205	115	122.5	127.5	215	227.5	240	572.5	367.373	
8	Nathan Smith	VA	90kg	83.7	25	185	190	190	127.5	130	135	202.5	207.5	212.5	527.5	350.366	
9	Matt Walters	VA	90kg	86.2	26	150	175	175	105	117.5	127.5	185	207.5	227.5	500	326.6	
10	Jaime Espinoza	VA	90kg	88.8	31	160	172.5	180	110	117.5	122.5	185	200	215	497.5	319.793	
11	Christian Trujillo	VA	90kg	82.7	23	135	135	150	95	102.5	110	182.5	190	197.5	457.5	306.022	
DQ	Alex Trumbull	VA	90kg	89.1	31	175	182.5	187.5	127.5	127.5	127.5	210	217.5	227.5	0	0	
	100kg Open																
1	Zachary McDaniel	MD	100kg	98.2	27	252.5	262.5	270	162.5	167.5	172.5	270	282.5	290	720	441.432	
2	Caleb Tincher	VA	100kg	97.7	24	227.5	235	250	137.5	147.5	152.5	295	315	327.5	717.5	440.832	
3	Tyree Reeves	MD	100kg	94	30	187.5	190	197.5	140	150	170	247.5	255	275	622.5	389.063	
4	Caleb Petry	WV	100kg	95.9	17	195	215	227.5	117.5	130	142.5	227.5	245	252.5	597.5	370.092	
5	Alex Johnson	VA	100kg	95.7	29	185	185	205	130	145	155	185	207.5	230	590	365.8	
	110kg Open																
1	Dustin Payne	VA	110kg	106.3	32	257.5	270	282.5	172.5	180	187.5	260	272.5	285	755	449.225	
2	Malik Hairston	VA	110kg	100.1	24	185	205	222.5	137.5	142.5	152.5	227.5	252.5	275	650	395.395	
3	Chuck Miller	MD	110kg	108.6	25	200	212.5	217.5	140	150	150	230	245	260	627.5	370.79	
4	Kieran Kepler	VA	110kg	104.7	29	175	185	195	147.5	157.5	162.5	247.5	262.5	272.5	625	373.875	
5	R Andrew Seefried	VA	110kg	106.5	44	185	192.5	202.5	165	180	185	215	227.5	235	622.5	370.139	
	125kg Open																
1	Preston Hudgins	VA	125kg	122.7	20	157.5	170	177.5	90	97.5	102.5	175	185	195	475	271.748	
DQ	Juan Ramirez Jr	VA	125kg	111.2	24	195	195	195	110	112.5	112.5	182.5	200	205	0	0	
	140kg Open																
1	Sam Santiago	VA	140kg	125.4	29	100	142.5	167.5	160	115	137.5	182.5	210	232.5	515	293.28	

USPA Drug Tested NOVA Fall Classic November 16, 2019 Vienna, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	SHW Open																
1	Freeman Thompson	DC	SHW	153.6	38	237.5	252.5	265	155	165	167.5	220	232.5	247.5	677.5	373.574	
	75kg Submaster																
1	Jhoonho Yoon	VA	75kg	73.6	39	170	182.5	190	112.5	122.5	127.5	200	217.5	227.5	530	382.713	
	125kg Submaster																
1	Rob Case	VA	125kg	122.5	36	227.5	237.5	247.5	125	137.5	145	200	220	237.5	602.5	344.811	
	100kg Master 40-44																
1	Kevin McCloskey	VA	100kg	98.1	41	222.5	232.5	235	157.5	165	170	237.5	252.5	252.5	657.5	403.311	407.344
	100kg Master 55-59																
1	Barry Charles	NM	100kg	96.2	57	160	170	175	120	125	130	220	230	240	540	334.044	423.568
	100kg Master 60-64																
1	Bob Cook	VA	100kg	97.1	62	150	150	152.5	85	85	92.5	195	205	215	460	283.406	394.785
Women Classic Raw Powerlifting																	
	56kg Open																
1	Laura Siegle	VA	56kg	54.3	29	90	107.5	115	55	60	61	120	142.5	160	318.5	383.92	
	67.5kg Open																
1	Nicole Parrish	NC	67.5kg	67.4	39	125	132.5	135	62.5	67.5	70	125	137.5	147.5	345	352.487	
	82.5kg Open																
1	Tomi Dement	VA	82.5kg	78.5	32	105	110	115	67.5	72.5	77.5	147.5	157.5	162.5	345	319.091	
2	Lia Arias	VA	82.5kg	79.3	27	80	85	92.5	32.5	32.5	37.5	95	100	107.5	230	211.485	
	SHW Submaster																
1	Laura Odonnell	VA	SHW	101.2	36	102.5	115	122.5	60	65	67.5	140	160	162.5	352.5	292.469	
	75kg Master 45-49																
1	Leslie Meyer	VA	75kg	73.5	47	95	105	115	50	60	65	87.5	122.5	140	305	293.685	317.767
	75kg Master 65-69																
1	Linda Arvey	PA	75kg	75	69	92.5	100	107.5	65	67.5	72.5	135	140	145	320	304.192	489.749
Men Classic Raw Powerlifting																	
	90kg Jr 16-17																
1	Jayvion Wyche	VA	90kg	86.3	16	145	167.5	185	125	132.5	137.5	207.5	217.5	227.5	545	355.776	
	100kg Jr 20-23																
1	Jordan Barrios	VA	100kg	96.3	23	245	255	265	137.5	142.5	145	227.5	235	245	647.5	400.349	
	110kg Open																
1	Landon Whitaker	IN	110kg	107.1	30	227.5	237.5	245	137.5	145	147.5	247.5	257.5	267.5	647.5	384.291	

USPA Drug Tested NOVA Fall Classic November 16, 2019 Vienna, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	140kg Open																
1	Khaleel Momen	VA	140kg	129.8	26	287.5	292.5	295	185	195	195	275	295	295	755	427.179	
	SHW Open																
1	Dominick Gray	MD	SHW	175.2	23	257.5	272.5	280	157.5	175	187.5	257.5	267.5	277.5	745	402.673	
	Men Raw Bench Only																
	82.5kg Open																
1	Mona Espinosa	VA	82.5kg	77.5	38				67.5	75	80				80	74.544	
	82.5kg Submaster																
1	Mona Espinosa	VA	82.5kg	77.5	38				67.5	75	80				80	74.544	
	Men Raw Bench Only																
	82.5kg Open																
1	Justin Riggs	MD	82.5kg	80.1	29				150	155	160				155	105.741	
	90kg Open																
1	Alexander Mcneal	MD	90kg	86.3	30				147.5	152.5	160				160	104.448	
	Women Raw Deadlift Only																
	60kg Master 60-64																
1	Marie Miller	VA	60kg	59.1	63							100	107.5	112.5	107.5	121.271	172.326
	Men Raw Deadlift Only																
	90kg Open																
1	Alexander Mcneal	MD	90kg	86.3	30							257.5	267.5	270	270	176.256	
	Men Raw Push-Pull																
	125kg Open																
1	Anthony Turner	VA	125kg	120.7	44				165	170	175	237.5	237.5	237.5	412.5	236.858	142.237
	125kg Master 40-44																
1	Anthony Turner	VA	125kg	120.7	44				165	170	175	237.5	237.5	237.5	412.5	236.858	142.237

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total	
	Best Lifters:																	
	Soleen Barzanji	Raw Jr Women PL														Record Color Codes:		
	Ben So	Raw Jr Men PL														State		
	Kassy Kozel	Raw Open Women PL														National		
	Richard Cho	Raw Open Men PL																
	Vilma Tury	Raw Master Women PL																
	Erin Bowers	Raw Submaster Women PL																
	Thank you to our officials:																	
	National	Ayngelia Ara, John James and Christopher Neville																
	State	Al Arvey, Samantha Cantero, Pamela Freund, Ogechi Akalegbere, Luke Selover, Rose Brown Eagle and McKenzie Maxson																
	Thank to our support staff:																	
	Spotter/Loaders	JJ Barry, Luis Andujar, Mathis Greenberg, Thomas Fulks and Jordan Patterson																
	Meet Director:	Ken Stewart																
	Sponsors:	Bench Blokz, Intense Attire, Platform Ready, Combined Insurance and Pioneer Leathercraft																