

## USPA Territorial Cup November 9, 2019 Yuma, AZ

|                               | Name             | State | Class  | Weight | Age | SQ1   | SQ2              | SQ3              | BP1   | BP2              | BP3              | DL1   | DL2              | DL3              | Total Kg | Wilks Total | McC Total |
|-------------------------------|------------------|-------|--------|--------|-----|-------|------------------|------------------|-------|------------------|------------------|-------|------------------|------------------|----------|-------------|-----------|
| <b>Women Raw Powerlifting</b> |                  |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
|                               | 56kg Jr 18-19    |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Mitzi Hernandez  | AZ    | 56kg   | 54.9   | 19  | 72.5  | 80               | <del>85</del>    | 37.5  | 42.5             | <del>45</del>    | 92.5  | 102.5            | 110              | 232.5    | 277.838     |           |
|                               | 56kg Open        |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Carla Reynoso    | AZ    | 56kg   | 55.5   | 25  | 90    | <del>95</del>    | 95               | 45    | <del>50</del>    | 50               | 125   | 132.5            | 137.5            | 282.5    | 334.734     |           |
| 2                             | Mitzi Hernandez  | AZ    | 56kg   | 54.9   | 19  | 72.5  | 80               | <del>85</del>    | 37.5  | 42.5             | <del>45</del>    | 92.5  | 102.5            | 110              | 232.5    | 277.838     |           |
|                               | 60kg Open        |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Alma Gomez       | AZ    | 60kg   | 57.1   | 30  | 60    | 67.5             | 70               | 37.5  | <del>42.5</del>  | <del>45</del>    | 90    | 100              | <del>107.5</del> | 207.5    | 240.451     |           |
|                               | 67.5kg Open      |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Mariana Martinez | AZ    | 67.5kg | 63     | 38  | 82.5  | 90               | 97.5             | 42.5  | <del>47.5</del>  | 47.5             | 112.5 | 122.5            | 132.5            | 277.5    | 298.035     |           |
|                               | 75kg Open        |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Emily Steele     | AZ    | 75kg   | 72.9   | 25  | 142.5 | 147.5            | 150              | 85    | <del>92.5</del>  | <del>92.5</del>  | 147.5 | 155              | 162.5            | 397.5    | 384.82      |           |
| 2                             | Lizette Magana   | AZ    | 75kg   | 72.3   | 23  | 107.5 | 120              | <del>127.5</del> | 55    | <del>62.5</del>  | <del>62.5</del>  | 115   | 127.5            | <del>137.5</del> | 302.5    | 294.454     |           |
|                               | 67.5kg Submaster |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Mariana Martinez | AZ    | 67.5kg | 63     | 38  | 82.5  | 90               | 97.5             | 42.5  | <del>47.5</del>  | 47.5             | 112.5 | 122.5            | 132.5            | 277.5    | 298.035     |           |
| <b>Men Raw Powerlifting</b>   |                  |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
|                               | 75kg Jr 18-19    |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Victor Diaz      | AZ    | 75kg   | 71.1   | 19  | 167.5 | 182.5            | <del>187.5</del> | 107.5 | 115              | <del>122.5</del> | 172.5 | 187.5            | 192.5            | 490      | 362.894     |           |
|                               | 82.5kg Jr 20-23  |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Tony Green       | AZ    | 82.5kg | 80.2   | 20  | 155   | 170              | 177.5            | 105   | <del>120</del>   | <del>125</del>   | 182.5 | 205              | <del>230</del>   | 487.5    | 332.28      |           |
|                               | 90kg Jr 18-19    |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Aaron Hernandez  | AZ    | 90kg   | 89.9   | 19  | 187.5 | 200              | <del>210</del>   | 152.5 | 160.5            | <del>165</del>   | 235   | 247.5            | 265              | 625.5    | 399.569     |           |
|                               | 90kg Jr 20-23    |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Adrian Cardenas  | CA    | 90kg   | 90     | 20  | 200   | 217.5            | 227.5            | 132.5 | 142.5            | 147.5            | 220   | 240              | 247.5            | 622.5    | 397.404     |           |
|                               | 100kg Jr 18-19   |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Matt Bernal      | CA    | 100kg  | 98.1   | 18  | 187.5 | <del>197.5</del> | 197.5            | 155   | <del>162.5</del> | <del>162.5</del> | 207.5 | <del>217.5</del> | 227.5            | 580      | 355.772     |           |
|                               | 100kg Jr 20-23   |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Harrison Long    | AZ    | 100kg  | 98.5   | 20  | 222.5 | <del>237.5</del> | <del>237.5</del> | 122.5 | 132.5            | <del>140</del>   | 220   | 237.5            | <del>247.5</del> | 592.5    | 362.788     |           |
|                               | 140kg Jr 16-17   |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Jason Stutsman   | AZ    | 140kg  | 130.7  | 16  | 145   | 165              | <del>185</del>   | 125   | <del>142.5</del> | <del>142.5</del> | 185   | 207.5            | <del>227.5</del> | 497.5    | 281.137     |           |
|                               | 75kg Open        |       |        |        |     |       |                  |                  |       |                  |                  |       |                  |                  |          |             |           |
| 1                             | Justin Avery     | AZ    | 75kg   | 71.2   | 37  | 150   | 170              | <del>175</del>   | 97.5  | 107.5            | 110              | 200   | 220              | 227.5            | 507.5    | 375.449     |           |
| 2                             | Victor Diaz      | AZ    | 75kg   | 71.1   | 19  | 167.5 | 182.5            | <del>187.5</del> | 107.5 | 115              | <del>122.5</del> | 172.5 | 187.5            | 192.5            | 490      | 362.894     |           |

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|   | Name                                  | State | Class  | Weight | Age | SQ1               | SQ2               | SQ3               | BP1               | BP2               | BP3               | DL1   | DL2              | DL3               | Total Kg | Wilks Total | McC Total |
|---|---------------------------------------|-------|--------|--------|-----|-------------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------|------------------|-------------------|----------|-------------|-----------|
|   | 82.5kg Open                           |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Alberto Gallardo                      | AZ    | 82.5kg | 76.4   | 20  | 165               | 175               | 180               | 102.5             | <del>-112.5</del> | 112.5             | 185   | 195              | 205               | 497.5    | 350.041     |           |
| 2 | Tony Green                            | AZ    | 82.5kg | 80.2   | 20  | 155               | 170               | 177.5             | 105               | <del>-120</del>   | <del>-125</del>   | 182.5 | 205              | <del>-200</del>   | 487.5    | 332.28      |           |
|   | 90kg Open                             |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Aaron Hernandez                       | AZ    | 90kg   | 89.9   | 19  | 187.5             | 200               | <del>-210</del>   | 152.5             | 160.5             | <del>-165</del>   | 235   | 247.5            | 265               | 625.5    | 399.569     |           |
| 2 | Adrian Cardenas                       | CA    | 90kg   | 90     | 20  | 200               | 217.5             | 227.5             | 132.5             | 142.5             | 147.5             | 220   | 240              | 247.5             | 622.5    | 397.404     |           |
| 3 | Daniel Sawaya                         | AZ    | 90kg   | 88.5   | 44  | 190               | 205.5             | <del>-----</del>  | 132.5             | 137.5             | 142.5             | 165   | <del>-----</del> | <del>-----</del>  | 513      | 330.372     | 344.578   |
| 4 | Jose Beltran                          | AZ    | 90kg   | 88.7   | 30  | 167.5             | 182.5             | <del>-197.5</del> | 100               | 107.5             | 112.5             | 175   | 187.5            | <del>-205</del>   | 482.5    | 310.344     |           |
|   | 100kg Open                            |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Kyle Blackburn                        | AZ    | 100kg  | 97.3   | 30  | 182.5             | 197.5             | 210               | <del>-140</del>   | <del>-150</del>   | 157.5             | 222.5 | 237.5            | 257.5             | 625      | 384.688     |           |
|   | 125kg Open                            |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Alex Saavedra                         | AZ    | 125kg  | 123.3  | 26  | 205               | 222.5             | <del>-235</del>   | 130               | 137.5             | 147.5             | 250   | 267.5            | <del>-282.5</del> | 637.5    | 364.331     |           |
| 2 | David Van Hoorik                      | AZ    | 125kg  | 118.8  | 32  | 205               | <del>-225</del>   | <del>-230</del>   | 152.5             | 172.5             | <del>-177.5</del> | 210   | 230              | 240               | 617.5    | 355.865     |           |
|   | 140kg Open                            |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Jesus Redondo                         | AZ    | 140kg  | 138.9  | 31  | 257.5             | 267.5             | <del>-272.5</del> | <del>-152.5</del> | 152.5             | 160               | 262.5 | 272.5            | 280               | 707.5    | 395.846     |           |
|   | 75kg Submaster                        |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Justin Avery                          | AZ    | 75kg   | 71.2   | 37  | 150               | 170               | <del>-175</del>   | 97.5              | 107.5             | 110               | 200   | 220              | 227.5             | 507.5    | 375.449     |           |
|   | 82.5kg Submaster                      |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Rolando Flores                        | CA    | 82.5kg | 77.5   | 37  | 170               | <del>-190</del>   | <del>-192.5</del> | <del>-102.5</del> | 117.5             | <del>-122.5</del> | 172.5 | 192.5            | 200               | 487.5    | 339.739     |           |
|   | 100kg Submaster                       |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Christopher Lish                      | AZ    | 100kg  | 97.9   | 39  | 175               | <del>-187.5</del> | 187.5             | 137.5             | 142.5             | 150               | 215   | 225              | 240               | 577.5    | 354.527     |           |
|   | 90kg Master 40-44                     |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Daniel Sawaya                         | AZ    | 90kg   | 88.5   | 44  | 190               | 205.5             | <del>-----</del>  | 132.5             | 137.5             | 142.5             | 165   | <del>-----</del> | <del>-----</del>  | 513      | 330.372     | 344.578   |
|   | <b>Women Classic Raw Powerlifting</b> |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
|   | 82.5kg Open                           |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Zenaida Rosales                       | AZ    | 82.5kg | 79.7   | 26  | 115               | 127.5             | 147.5             | 52.5              | <del>-55</del>    | <del>-57.5</del>  | 125   | 135              | 145               | 345      | 316.331     |           |
|   | <b>Men Classic Raw Powerlifting</b>   |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
|   | 52kg Jr 13-15                         |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Santiago Pacheco                      | CA    | 52kg   | 51.1   | 13  | 102.5             | 110               | 122.5             | 42.5              | 52.5              | 60                | 130   | 137.5            | 140               | 322.5    | 322.339     |           |
|   | 82.5kg Jr 20-23                       |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Sam Nguyen                            | AZ    | 82.5kg | 81.9   | 23  | 227.5             | 242.5             | <del>-245</del>   | 145               | 150               | 155.5             | 227.5 | <del>-240</del>  | <del>-----</del>  | 625.5    | 420.899     |           |
|   | 90kg Jr 20-23                         |       |        |        |     |                   |                   |                   |                   |                   |                   |       |                  |                   |          |             |           |
| 1 | Angel Guerrero                        | AZ    | 90kg   | 89.3   | 21  | <del>-227.5</del> | 232.5             | <del>-245</del>   | 132.5             | <del>-142.5</del> | <del>-142.5</del> | 235   | 252.5            | <del>-265</del>   | 617.5    | 395.818     |           |

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|                                  | Name             | State | Class  | Weight | Age | SQ1              | SQ2              | SQ3              | BP1              | BP2              | BP3              | DL1   | DL2            | DL3            | Total Kg | Wilks Total | McC Total |
|----------------------------------|------------------|-------|--------|--------|-----|------------------|------------------|------------------|------------------|------------------|------------------|-------|----------------|----------------|----------|-------------|-----------|
|                                  | 110kg Jr 18-19   |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| DQ                               | Devan Apodaca    | AZ    | 110kg  | 105.2  | 18  | <del>190</del>   | <del>190</del>   | <del>190</del>   | <del>147.5</del> | 147.5            | <del>152.5</del> | 227.5 | 237.5          | <del>250</del> | 0        | 0           |           |
|                                  | 52kg Open        |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Santiago Pacheco | CA    | 52kg   | 51.1   | 13  | 102.5            | 110              | 122.5            | 42.5             | 52.5             | 60               | 130   | 137.5          | 140            | 322.5    | 322.339     |           |
|                                  | 82.5kg Open      |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Sam Nguyen       | AZ    | 82.5kg | 81.9   | 23  | 227.5            | 242.5            | <del>245</del>   | 145              | 150              | 155.5            | 227.5 | <del>240</del> | <del>240</del> | 625.5    | 420.899     |           |
| 2                                | Alonso Quintero  | AZ    | 82.5kg | 81.7   | 30  | 217.5            | <del>222.5</del> | <del>222.5</del> | 152.5            | 157.5            | <del>165</del>   | 227.5 | <del>235</del> | <del>235</del> | 602.5    | 406.025     |           |
|                                  | 90kg Open        |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Angel Guerrero   | AZ    | 90kg   | 89.3   | 21  | <del>227.5</del> | 232.5            | <del>245</del>   | 132.5            | <del>142.5</del> | <del>142.5</del> | 235   | 252.5          | <del>265</del> | 617.5    | 395.818     |           |
| <b>Men Raw Bench Only</b>        |                  |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
|                                  | 52kg Jr 13-15    |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Santiago Pacheco | CA    | 52kg   | 51.1   | 13  |                  |                  |                  | 42.5             | 52.5             | 60               |       |                |                | 60       | 59.97       |           |
|                                  | 52kg Open        |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Santiago Pacheco | CA    | 52kg   | 51.1   | 13  |                  |                  |                  | 42.5             | 52.5             | 60               |       |                |                | 60       | 59.97       |           |
| <b>Men Single Ply Bench Only</b> |                  |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
|                                  | 125kg Open       |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Jesse Morris     | AZ    | 125kg  | 119    | 43  |                  |                  |                  | 267.5            | <del>275</del>   | <del>275</del>   |       |                |                | 267.5    | 154.107     |           |
| <b>Men Raw Deadlift Only</b>     |                  |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
|                                  | 52kg Jr 13-15    |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Santiago Pacheco | CA    | 52kg   | 51.1   | 13  |                  |                  |                  |                  |                  |                  | 130   | 137.5          | 140            | 140      | 139.93      |           |
|                                  | 52kg Open        |       |        |        |     |                  |                  |                  |                  |                  |                  |       |                |                |          |             |           |
| 1                                | Santiago Pacheco | CA    | 52kg   | 51.1   | 13  |                  |                  |                  |                  |                  |                  | 130   | 137.5          | 140            | 140      | 139.93      |           |

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|  | Name   | State             | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Wilks Total         | McC Total |  |
|--|--|-------------------|-------|--------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|----------|---------------------|-----------|--|
|  | Best Lifters:                                |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Aaron Hernandez                              | Raw Jr Men PL     |       |        |     |     |     |     |     |     |     |     |     |     |          | Record Color Codes: |           |  |
|  | Emily Steele                                 | Raw Open Women PL |       |        |     |     |     |     |     |     |     |     |     |     |          | State               |           |  |
|  | Aaron Hernandez                              | Raw Open Men PL   |       |        |     |     |     |     |     |     |     |     |     |     |          | National            |           |  |
|  | Meet Director: Malinda Barnes and Asa Barnes |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Thank you to our referees:                   |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Kehaulani Richardson                         | National          |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Asa Barnes                                   | National          |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Paul Popoff                                  | State             |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Cesar Navarro (weigh ins)                    | State             |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Malinda Barnes                               | State             |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Thank you to our Spotters and Loaders:       |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Max Finnegan                                 |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Johnny Arrellano                             |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Shad Stahl                                   |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |
|  | Christian Godina                             |                   |       |        |     |     |     |     |     |     |     |     |     |     |          |                     |           |  |