

USPA Central California Open October 5-6, 2019 Bakersfield, CA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	60kg Jr 18-19																
1	Wendy Miranda	CA	60kg	58.9	19	95	95	102.5	45	47.5	52.5	102.5	107.5	120	270	305.37	
	60kg Jr 20-23																
1	Guadalupe Morales	CA	60kg	59.1	21	75	85	90	35	42.5	47.5	112.5	120	127.5	260	293.306	
	82.5kg Jr 20-23																
1	Elise Lomeli	CA	82.5kg	79.9	21	120	127.5	132.5	62.5	67.5	75	145	155	160	362.5	331.905	
	90kg Jr 20-23																
1	Lauren Sanchez	CA	90kg	84.4	21	137.5	142.5	152.5	62.5	67.5	75	145	155	172.5	392.5	349.168	
	60kg Open																
1	Elaina Noyola	CA	60kg	56.8	25	65	67.5	70	40	42.5	42.5	75	80	85	195	226.902	
	67.5kg Open																
1	Sidney Anderson	CA	67.5kg	63.8	29	115	120	125	70	72.5	77.5	117.5	120	125	322.5	343.076	
	75kg Open																
1	Jenny Pimentel	CA	75kg	74.7	28	120	127.5	132.5	60	67.5	67.5	155	167.5	167.5	347.5	331.168	
	82.5kg Open																
1	Elise Lomeli	CA	82.5kg	79.9	21	120	127.5	132.5	62.5	67.5	75	145	155	160	362.5	331.905	
2	Arenia Zarate	CA	82.5kg	75.3	24	105	105	105	57.5	57.5	62.5	105	110	117.5	280	265.524	
	90kg Open																
DQ	Erika Del Toro	CA	90kg	83.3	26	110	110	110	55	60	60	125	132.5	140	0	0	
	SHW Submaster																
1	Shelby Hood	CA	SHW	115.4	38	120	125	132.5	65	70	72.5	120	127.5	140	342.5	275.85	
2	Jeannie Anderson	CA	SHW	116.7	35	62.5	67.5	72.5	45	50	55	97.5	100	105	227.5	182.842	
	67.5kg Master 50-54																
1	Michelle Ramirez	CA	67.5kg	62.8	51	85	85	92.5	60	70	70	102.5	117.5	130	282.5	304.111	348.816
	90kg Master 40-44																
1	Jennifer Karns	WA	90kg	85.8	44	95	102.5	112.5	37.5	45	50	102.5	105	110	267.5	236.096	246.248
Men Raw Powerlifting																	
	75kg Jr 16-17																
1	Nathen Pangaldan	CA	75kg	73.8	16	187.5	197.5	202.5	142.5	147.5	148	225	225	235	580.5	418.366	
	82.5kg Jr 20-23																
1	Harold Orozco	HI	82.5kg	82.5	23	152.5	155	162.5	107.5	115	120	195	200	202.5	485	324.902	
2	Joseph Lavond	CA	82.5kg	78.1	21	135	142.5	150	95	100	105	180	190	197.5	452.5	313.718	
	90kg Jr 18-19																
1	Nathan Wilson	CA	90kg	84.9	19	102.5	110	117.5	85	92.5	92.5	100	110	120	330	217.404	

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	90kg Jr 20-23																
1	Sam Granillo	CA	90kg	88.5	21	190	195	197.5	140	142.5	145	217.5	222.5	---	565	363.86	
	100kg Jr 20-23																
1	Andrew Binger	CA	100kg	96.6	23	227.5	227.5	235	152.5	160	165	220	230	240	627.5	387.419	
2	Ben Grabowski	WI	100kg	96.3	20	202.5	215	220	142.5	152.5	152.5	235	250	250	607.5	375.617	
	67.5kg Open																
1	Ryan Perez	CA	67.5kg	65.4	24	152.5	157.5	162.5	120	125	130	192.5	200	200	487.5	385.661	
	75kg Open																
1	Nathen Pangaldan	CA	75kg	73.8	16	187.5	197.5	202.5	142.5	147.5	148	225	225	235	580.5	418.366	
	82.5kg Open																
1	Christian Oxford	CA	82.5kg	79.8	28	227.5	232.5	232.5	135	142.5	142.5	222.5	222.5	225	585	400.023	
2	Harold Orozco	HI	82.5kg	82.5	23	152.5	155	162.5	107.5	115	120	195	200	202.5	485	324.902	
	90kg Open																
1	Mark Campise	CA	90kg	89.2	30	245	262.5	267.5	170	182.5	195	255	272.5	285	735	471.356	
	100kg Open																
1	Andrew Binger	CA	100kg	96.6	23	227.5	227.5	235	152.5	160	165	220	230	240	627.5	387.419	
DQ	Kail Rogers	CA	100kg	99.7	30	220	220	237.5	185	207.5	215	---	---	---	0	0	
	110kg Open																
1	Marc Vaca	CA	110kg	107.5	24	237.5	252.5	262.5	170	182.5	190	265	272.5	272.5	725	429.78	
2	Jeremy McBride	CA	110kg	108.1	26	212.5	225	235	145	152.5	160	240	255	265	650	384.605	
3	Aram Grigoryan	Armenia	110kg	101.7	24	200	210	220	140	140	150	230	240	250	610	368.806	
	140kg Open																
1	Don Godley	CA	140kg	130.7	46	150	165	165	160	167.5	167.5	220	230	240	540	305.154	325.904
	100kg Submaster																
1	Luis Lopez	CA	100kg	98.7	36	200	215	222.5	137.5	150	157.5	227.5	240	250	612.5	374.728	
	125kg Submaster																
1	Louie Gonzales	CA	125kg	120.4	39	185	200	215	180	190	200	177.5	195	215	630	361.935	
	110kg Master 40-44																
1	Tomas Avilez	CA	110kg	108.1	40	207.5	---	---	137.5	152.5	---	220	242.5	---	602.5	356.499	356.499
	140kg Master 45-49																
1	Don Godley	CA	140kg	130.7	46	150	165	165	160	167.5	167.5	220	230	240	540	305.154	325.904

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Classic Raw Powerlifting																	
	82.5kg Open																
1	Shannon Medina	CA	82.5kg	80.2	42	115	121	122.5	57.5	62.5	62.5	135	145	147.5	327.5	299.237	305.221
	82.5kg Master 40-44																
1	Shannon Medina	CA	82.5kg	80.2	42	115	121	122.5	57.5	62.5	62.5	135	145	147.5	327.5	299.237	305.221
Men Classic Raw Powerlifting																	
	82.5kg Jr 18-19																
1	Jake Domer	CA	82.5kg	82.5	18	160	165	175	107.5	115	122.5	160	165	195	462.5	309.829	
	100kg Open																
1	Robert Mallory	CA	100kg	99.6	32	237.5	247.5	252.5	160	165	167.5	285	300	305	720	438.912	
	110kg Open																
1	Lorde Aldrin Grande	CA	110kg	108.8	30	210	220	232.5	150	167.5	175	235	255	272.5	662.5	391.206	
	SHW Open																
1	Jacob Rubio	CA	SHW	160.1	30	227.5	247.5	255	165	172.5	172.5	245	262.5	272.5	690	378.258	
	100kg Master 55-59																
1	Feddie Lomelin	CA	100kg	98.9	57	160	177.5	187.5	115	120	120	150	175	182.5	482.5	294.952	373.999
Women Single Ply Powerlifting																	
	82.5kg Master 55-59																
1	Kimberly Pfeiffer-Packer	CA	82.5kg	77.0	58	150	162.5	170	95	100	105	150	165	175	445	416.253	537.383
Men Single Ply Powerlifting																	
	82.5kg Open																
DQ	Jacob Cagliero	CA	82.5kg	77.2	20	220	225	225	150	160	165	200	220	232.5	0	0	
	125kg Master 50-54																
1	Howard Winegarden	CA	125kg	118.0	54	227.5	235	245	237.5	245	245	227.5	227.5	235	700	404.04	486.464
Women Raw Bench Only																	
	82.5kg Open																
1	Alex Sellens	CA	82.5kg	78.4	26				95	100	107.5				100	92.56	
Men Raw Bench Only																	
	75kg Master 65-69																
1	Amador Galvez	CA	75kg	73.3	68				90	97.5	100				100	72.42	114.134
	100kg Master 40-44																
1	Petr Reif	CA	100kg	100.0	41				170	177.5	182.5				182.5	111.07	112.18
Women Raw Deadlift Only																	
	67.5kg Jr 18-19																
1	Kiana Elliott	CA	67.5kg	63.6	19							75	77.5	82.5	82.5	87.97	

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Men Raw Push-Pull																	
	140kg Open																
1	Don Godley	CA	140kg	130.7	46				160	-167.5	-167.5	220	230	-240	390	220.389	138.811
	140kg Master 45-49																
1	Don Godley	CA	140kg	130.7	46				160	-167.5	-167.5	220	230	-240	390	220.389	138.811
Best Lifters:																	
	Nathen Pangaldan	Raw Jr Men PL													Record Color Codes:		
	Sidney Anderson	Raw Open Women PL													State		
	Mark Campise	Raw Open Men PL													National		
Thank you to our referees:																	
International: Ken Wheeler, Tony Rodenburg																	
State: Daniel Burns, Allie Burns, Ciarra Hutton and Curtis Lzard																	
Meet Director: Lord Elliott																	
Computer: Katy Colson																	
Thank you to our spotters and loaders:																	
Daniel Young, Cody Weedman, Anthony Garcia and David Watkins																	