

USPA North Carolina State Championship August 24, 2019 Raleigh, NC

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	<b>Women Raw Powerlifting</b>														
	60kg Jr 20-23														
1	Lexus Vallykeo	NC	60kg	57	23	85	55	115	255	295.902		187.4	121.3	253.5	562.2
	75kg Jr 18-19														
1	Sarah Ulrich	NC	75kg	70.3	19	110	75	147.5	332.5	329.807		242.5	165.3	325.2	733
	75kg Jr 20-23														
1	Stormy Mendez	NY	75kg	69	23	135	85	152.5	372.5	374.288		297.6	187.4	336.2	821.2
2	Clara Frickmann	NC	75kg	73.9	23	87.5	42.5	125	255	244.698		192.9	93.7	275.6	562.2
	52kg Open														
1	Endira Morales	NC	52kg	51.8	30	107.5	65	142.5	315	393.876		237	143.3	314.2	694.4
	56kg Open														
1	Sarah Carver	NJ	56kg	55	32	125	90	162.5	377.5	450.471		275.6	198.4	358.2	832.2
	60kg Open														
1	Lisa Morton	NC	60kg	57	43	120	80	162.5	362.5	420.645		264.6	176.4	358.2	799.2
2	Candace Mewborn	NC	60kg	57.4	27	105	45	110	260	300.066		231.5	99.2	242.5	573.2
	67.5kg Open														
1	Audrey Copeland	NC	67.5kg	66.5	25	132.5	72.5	145	350	361.095		292.1	159.8	319.7	771.6
2	Jamie Maffeo	NC	67.5kg	65.9	26	102.5	62.5	130	295	306.358		226	137.8	286.6	650.4
3	Sheetal Uthup	NC	67.5kg	64.7	34	107.5	40	130	277.5	292.124		237	88.2	286.6	611.8
4	Monique Gareau	NC	67.5kg	62.2	28	100	47.5	107.5	255	276.522		220.5	104.7	237	562.2
	75kg Open														
1	Rebekah Hartley	NC	75kg	73.4	25	140	77.5	182.5	400	385.52		308.6	170.9	402.3	881.8
2	Stormy Mendez	NY	75kg	69	23	135	85	152.5	372.5	374.288		297.6	187.4	336.2	821.2
3	Cari Andrew	NC	75kg	73.3	34	142.5	67.5	135	345	332.787		314.2	148.8	297.6	760.6
4	Ali Schwartz	NC	75kg	72.2	30	127.5	60	155	342.5	333.664		281.1	132.3	341.7	755.1
5	Ellen Connolly	NC	75kg	72	41	110	62.5	130	302.5	295.24	298.192	242.5	137.8	286.6	666.9
6	Katie Friedman	NC	75kg	69.4	41	107.5	60	130	297.5	297.738	300.715	237	132.3	286.6	655.9
	82.5kg Open														
1	Cheryl Willis	NC	82.5kg	81.3	46	117.5	72.5	145	335	303.845	324.506	259	159.8	319.7	738.5
	90kg Open														
1	Jaclyn Shepard	NC	90kg	87.4	32	150	83	170	403	352.665		330.7	183	374.8	888.5
2	Brittany Lynn	NC	90kg	86.4	33	140	72.5	152.5	365	321.091		308.6	159.8	336.2	804.7
3	Kalia Robinson	NC	90kg	85.1	34	117.5	67.5	155	340	301.274		259	148.8	341.7	749.6
4	Dawn Henderson	NC	90kg	86.7	27	110	67.5	162.5	340	298.622		242.5	148.8	358.2	749.6

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	SHW Open														
1	Bryanna Stoddard	NC	SHW	118.1	26	160	102.5	212.5	475	380.95		352.7	226	468.5	1047.2
2	Melody Simpson	NC	SHW	129.9	36	165	105	195	465	366.606		363.8	231.5	429.9	1025.1
3	Jillian Feliciano	NC	SHW	118	35	137.5	77.5	167.5	382.5	306.803		303.1	170.9	369.3	843.3
4	Layla Rivera	NC	SHW	135.8	40	122.5	72.5	130	325	254.15		270.1	159.8	286.6	716.5
	67.5kg Submaster														
1	Marisa Escolar	NC	67.5kg	65.4	39	105	57.5	135	297.5	310.709		231.5	126.8	297.6	655.9
2	Dyanna Hough	NC	67.5kg	60.9	37	117.5	55	112.5	285	314.099		259	121.3	248	628.3
	75kg Submaster														
1	Leeanna Tolles	NC	75kg	69.3	39	115	47.5	110	272.5	272.991		253.5	104.7	242.5	600.8
	SHW Submaster														
1	Melody Simpson	NC	SHW	129.9	36	165	105	195	465	366.606		363.8	231.5	429.9	1025.1
2	Jillian Feliciano	NC	SHW	118	35	137.5	77.5	167.5	382.5	306.803		303.1	170.9	369.3	843.3
3	Samantha Pierce	NC	SHW	93.9	35	137.5	60	137.5	335	284.717		303.1	132.3	303.1	738.5
	67.5kg Master 40-44														
1	Sinnikka Smith	NC	67.5kg	64.7	44	75	62.5	142.5	280	294.756	307.431	165.3	137.8	314.2	617.3
	75kg Master 40-44														
1	Ellen Connolly	NC	75kg	72	41	110	62.5	130	302.5	295.24	298.192	242.5	137.8	286.6	666.9
2	Katie Friedman	NC	75kg	69.4	41	107.5	60	130	297.5	297.738	300.715	237	132.3	286.6	655.9
	82.5kg Master 45-49														
1	Cheryl Willis	NC	82.5kg	81.3	46	117.5	72.5	145	335	303.845	324.506	259	159.8	319.7	738.5
	SHW Master 40-44														
1	Chontae Atti-Uptegrow	NC	SHW	93.8	40	142.5	80	182.5	405	344.372	344.372	314.2	176.4	402.3	892.9
	<b>Men Raw Powerlifting</b>														
	67.5kg Jr 13-15														
1	Elijah Robbins	NC	67.5kg	66.8	15	142.5	85	177.5	405	314.888		314.2	187.4	391.3	892.9
								4th: 191							
	75kg Jr 20-23														
1	Darryl Stewart	WV	75kg	71.7	22	162.5	120	230	512.5	377.2		358.2	264.6	507.1	1129.9
2	Jacob Pace	NC	75kg	71.3	22	130	82.5	182.5	395	291.905		286.6	181.9	402.3	870.8
	82.5kg Jr 16-17														
1	Robert Harriss Evans	NC	82.5kg	78.4	17	155	100	180	435	300.846		341.7	220.5	396.8	959
	100kg Jr 18-19														
1	Dean Wright	NC	100kg	97.2	19	202.5	145	237.5	585	360.243		446.4	319.7	523.6	1289.7

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	100kg Jr 20-23														
1	Robert Ramsey	NC	100kg	98.5	21	212.5	115	237.5	565	345.95		468.5	253.5	523.6	1245.6
	110kg Jr 16-17														
1	Andrew Wright	NC	110kg	105.4	16	152.5	92.5	180	425	253.64		336.2	203.9	396.8	937
	67.5kg Open														
1	Kevin Kirby	NC	67.5kg	65	24	132.5	70	165	367.5	292.236		292.1	154.3	363.8	810.2
	75kg Open														
1	Ralph Rodriguez	NC	75kg	73.9	28	177.5	130	227.5	535	385.2		391.3	286.6	501.5	1179.5
2	Christopher Garcia	NC	75kg	74.2	31	160	135	200	495	355.361		352.7	297.6	440.9	1091.3
3	David Johnson	NC	75kg	73.8	26	145	90	180	415	299.091		319.7	198.4	396.8	914.9
	82.5kg Open														
1	Rex Anderson	NC	82.5kg	81.5	29	227.5	140	277.5	645	435.311		501.5	308.6	611.8	1422
2	Luis Contreras	NC	82.5kg	80.8	39	207.5	145	250	602.5	408.796		457.5	319.7	551.2	1328.3
3	Nathan Sugden	NC	82.5kg	81.8	30	217.5	145	237.5	600	404.04		479.5	319.7	523.6	1322.8
4	Christopher Anderson	NC	82.5kg	82.1	32	177.5	125	200	502.5	337.63		391.3	275.6	440.9	1107.8
5	Jonathan Cody	NC	82.5kg	77.5	26	172.5	107.5	210	490	341.481		380.3	237	463	1080.3
	90kg Open														
1	Evan Kardon	NC	90kg	90	24	275	160	320	755	481.992		606.3	352.7	705.5	1664.5
2	Chris Murray	NC	90kg	89.2	31	227.5	165	280	672.5	431.274		501.5	363.8	617.3	1482.6
3	Nicholas Murphy	NC	90kg	88.2	26	230	152.5	265	647.5	417.702		507.1	336.2	584.2	1427.5
4	Michael Holmes	NC	90kg	89.6	32	210	152.5	252.5	615	393.477		463	336.2	556.7	1355.8
5	Joseph Kuttickal	NC	90kg	88.8	24	215	132.5	257.5	605	388.894		474	292.1	567.7	1333.8
6	Christopher Plynaar	NC	90kg	89.1	24	207.5	137.5	227.5	572.5	367.373		457.5	303.1	501.5	1262.1
	100kg Open														
1	Daniel Longo	NJ	100kg	96.5	26	252.5	220	275	747.5	461.731		556.7	485	606.3	1647.9
2	Brealon Ashworth	NC	100kg	98.5	28	267.5	175	272.5	715	437.795		589.7	385.8	600.8	1576.3
3	William Loyd	NC	100kg	95.3	40	237.5	192.5	270	700	434.77	434.77	523.6	424.4	595.2	1543.2
4	Austin Walters	NC	100kg	94.2	31	240	165	265	670	418.348		529.1	363.8	584.2	1477.1
5	Kane Bennett	NC	100kg	93.6	37	227.5	175	265	667.5	418.055		501.5	385.8	584.2	1471.6
6	Tyler Scaggs	NC	100kg	94.5	24	225	152.5	252.5	630	392.805		496	336.2	556.7	1388.9
7	Sean Driscoll	NC	100kg	95.5	26	190	130	270	590	366.154		418.9	286.6	595.2	1300.7
8	Dean Wright	NC	100kg	97.2	19	202.5	145	237.5	585	360.243		446.4	319.7	523.6	1289.7
9	Nathan Long	NC	100kg	96.3	36	185	135	205	525	324.608		407.9	297.6	451.9	1157.4
	110kg Open														
1	Ryan Daining	NC	110kg	109.5	27	280	182.5	282.5	745	439.029		617.3	402.3	622.8	1642.4
2	Micheal Spates	NC	110kg	106.2	29	212.5	140	240	592.5	352.656		468.5	308.6	529.1	1306.2
3	Tyler Heath	NC	110kg	107.3	28	205	135	245	585	347.022		451.9	297.6	540.1	1289.7

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	125kg Open														
1	Michael Kodweis	NC	125kg	121.6	37	275	185	277.5	737.5	422.735		606.3	407.9	611.8	1625.9
2	Marshall Cullars	NC	125kg	125	28	190	147.5	235	572.5	326.211		418.9	325.2	518.1	1262.1
3	Donald Bass	NC	125kg	121.4	60	195	150	220	565	323.971	434.121	429.9	330.7	485	1245.6
	140kg Open														
1	David Auge	NC	140kg	139.7	33	245	187.5	272.5	705	394.095		540.1	413.4	600.8	1554.2
2	Bry Pinkleton	VA	140kg	127.9	26	217.5	160	295	672.5	381.509		479.5	352.7	650.4	1482.6
	SHW Open														
1	Christian Garcia	NC	SHW	140.8	28	227.5	157.5	290	675	376.853		501.5	347.2	639.3	1488.1
2	Kyle Woods	NC	SHW	163.5	31	250	160	250	660	360.624		551.2	352.7	551.2	1455
	75kg Submaster														
1	John Sankel	NC	75kg	68.1	36	155	87.5	200	442.5	338.778		341.7	192.9	440.9	975.5
	82.5kg Submaster														
1	Thomas Nguyen	NC	82.5kg	81.3	39	155	115	192.5	462.5	312.604		341.7	253.5	424.4	1019.6
	100kg Submaster														
1	Kane Bennett	NC	100kg	93.6	37	227.5	175	265	667.5	418.055		501.5	385.8	584.2	1471.6
	125kg Submaster														
1	Michael Kodweis	NC	125kg	121.6	37	275	185	277.5	737.5	422.735		606.3	407.9	611.8	1625.9
	100kg Master 40-44														
1	William Loyd	NC	100kg	95.3	40	237.5	192.5	270	700	434.77	434.77	523.6	424.4	595.2	1543.2
	125kg Master 60-64														
1	Donald Bass	NC	125kg	121.4	60	195	150	220	565	323.971	434.121	429.9	330.7	485	1245.6
	140kg Master 45-49														
1	Peter Duffy	NC	140kg	129.4	47	262.5	157.5	240	660	373.626	404.263	578.7	347.2	529.1	1455
	<b>Women Classic Raw Powerlifting</b>														
	SHW Open														
1	Stephanie Seefeldt	NC	SHW	97.8	27	160	83	187.5	430.5	360.845		352.7	183	413.4	949.1
	82.5kg Master 45-49														
1	Joanne Pope-Clark	NC	82.5kg	81.2	47	80	50	122.5	252.5	229.169	247.961	176.4	110.2	270.1	556.7

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<b>Men Classic Raw Powerlifting</b>															
	90kg Jr 20-23														
1	Darryl Webster	NC	90kg	88.6	23	232.5	185	215	632.5	407.077		512.6	407.9	474	1394.4
	82.5kg Open														
1	Michael Bussman	NC	82.5kg	80.7	28	195	117.5	187.5	500	339.5		429.9	259	413.4	1102.3
	100kg Open														
1	Danny Steele	NC	100kg	99.2	30	280	162.5	272.5	715	436.579		617.3	358.2	600.8	1576.3
2	Joshua Riley	NC	100kg	93.3	27	247.5	157.5	292.5	697.5	437.472		545.6	347.2	644.8	1537.7
DQ	Johann Gylfason	NC	100kg	99.5	38	0	0	0	0	0		0	0	0	0
	110kg Open														
DQ	Jeremy Scott	NC	110kg	109.7	29	272.5	150	0	0	0		600.8	330.7	0	0
	140kg Open														
1	Marcus Crowder	NC	140kg	125.8	26	362.5	265	360	987.5	561.986		799.2	584.2	793.7	2177
	SHW Open														
1	Trevor Vasser	VA	SHW	172.2	28	350	227.5	360	937.5	508.125		771.6	501.5	793.7	2066.8
	82.5kg Master 60-64														
1	Charles Walton	NC	82.5kg	80.6	62	175	137.5	215	527.5	358.436	499.302	385.8	303.1	474	1162.9
<b>Men Multi Ply Powerlifting</b>															
	90kg Master 60-64														
1	Peter Prendergast	NC	90kg	87	61	160	115	200	475	308.703	421.688	352.7	253.5	440.9	1047.2
<b>Women Raw Bench Only</b>															
	SHW Open														
1	Melody Simpson	NC	SHW	129.9	36		105		105	82.782			231.5		231.5
	SHW Submaster														
1	Melody Simpson	NC	SHW	129.9	36		105		105	82.782			231.5		231.5
<b>Men Raw Bench Only</b>															
	140kg Open														
1	Omar Barnes	NC	140kg	130	38		200		200	113.12			440.9		440.9
	140kg Submaster														
1	Omar Barnes	NC	140kg	130	38		200		200	113.12			440.9		440.9
	90kg Master 45-49														
1	Daryl Beard	NC	90kg	89.9	48		145		145	92.626	101.611		319.7		319.7

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	140kg Master 40-44														
DQ	Anthony Davie	VA	140kg	138.2	44		0		0	0	0		0		0
<b>Men Raw Deadlift Only</b>															
	110kg Open														
DQ	Jeremy Scott	NC	110kg	109.7	29			0	0	0				0	0
	60kg Master 80+														
1	John Allen	NC	60kg	58	81			102.5	102.5	90.221	189.103			226	226
								4th: 105							
<b>Men Single Ply Deadlift Only</b>															
	100kg Master 45-49														
1	Mike Kenney	NY	100kg	95.9	46			240	240	148.656	158.765			529.1	529.1
<b>Men Raw Push-Pull</b>															
	100kg Open														
1	Richie Rogers	NC	100kg	95.3	32		140	242.5	382.5	237.571			308.6	534.6	843.3
<b>Powerlifting Best Lifters:</b>															
	Women's Open Raw	Sarah Carver													
	Women's Submaster Raw	Melody Simpson													
	Women's Master Raw	Chontae Atti-Uptegrow													
	Men's Junior Raw	Darryl Stewart													
	Men's Open Raw	Evan Kardon													
	Men's Open Classic Raw	Marcus Crowder													
<b>Judges:</b>															
	International	Johnny Layne													
	National	Spencer Flanagan, Pete Broglie, Alexis Hill, Gary Emrich and Jamon Coulter													
	State	Lucas Stephens, Jessica Ferris, Jeremy Willis, George Spohrer, Barry England and Logan Kent													
<b>Support Staff:</b>															
	Spotter/Loaders	Lorenzo Shaw, Christina Tupper, Tim Metcalf, Kristin Armstrong and Jetter Lewis, Bruce Dawson, Capri Cameron													
		Sophie Furlong and Angel Montes													
	Announcer	George Spohrer and Spencer Flanagan													
	Meet Director:	Johnny Layne													
	Sponsors:	Bench Blokz, Intense Attire, Platform Ready & Combined Insurance and Pioneer Leathercraft													