

USPA Lightning Strikes 2 July 27, 2019 South Windsor, CT

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	67.5kg Jr 20-23														
1	Mary Sumislaski	CT	67.5kg	65.7	23	117.5	62.5	162.5	342.5	356.474		259	137.8	358.2	755.1
	75kg Jr 20-23														
1	Cheyene Twining	CT	75kg	75	21	70	42.5	87.5	200	190.12		154.3	93.7	192.9	440.9
	82.5kg Jr 20-23														
1	Kaylee Buda	CT	82.5kg	81.9	22	135	70	155	360	325.224		297.6	154.3	341.7	793.7
	60kg Open														
1	Sophia Gonet	VT	60kg	59	27	115	70	167.5	352.5	398.149		253.5	154.3	369.3	777.1
2	Kayla Jacques	CT	60kg	57.5	25	110	70	115	295	339.988		242.5	154.3	253.5	650.4
	75kg Open														
1	Christiana Kanakis	CT	75kg	71.4	42	140	87.5	155	382.5	375.424	382.932	308.6	192.9	341.7	843.3
2	Cheyene Twining	CT	75kg	75	21	70	42.5	87.5	200	190.12		154.3	93.7	192.9	440.9
	82.5kg Open														
1	Kaylee Buda	CT	82.5kg	81.9	22	135	70	155	360	325.224		297.6	154.3	341.7	793.7
	75kg Master 40-44														
1	Christiana Kanakis	CT	75kg	71.4	42	140	87.5	155	382.5	375.424	382.932	308.6	192.9	341.7	843.3
Men Raw Powerlifting															
	75kg Jr 20-23														
1	Stephen Marquis	CT	75kg	74.5	23	167.5	127.5	175	470	336.473		369.3	281.1	385.8	1036.2
	82.5kg Jr 20-23														
1	Connor Moore	VT	82.5kg	82.1	22	215	150	237.5	602.5	404.82		474	330.7	523.6	1328.3
	90kg Jr 20-23														
1	Christopher Carangelo	CT	90kg	85.9	21	135	110	177.5	422.5	276.526		297.6	242.5	391.3	931.4
	110kg Jr 20-23														
1	Jakob Maurer	CT	110kg	108.1	21	215	157.5	287.5	660	390.522		474	347.2	633.8	1455
	82.5kg Open														
1	Sean Doenias	CT	82.5kg	81.4	25	210	135	252.5	597.5	403.552		463	297.6	556.7	1317.2
2	Marc Debenigno	CT	82.5kg	81.7	43	185	140	237.5	562.5	379.069	390.82	407.9	308.6	523.6	1240.1

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	90kg Open														
1	Herman Casaol	CT	90kg	88.8	44	215	130	227.5	572.5	368.003		474	286.6	501.5	1262.1
2	Colin Walsh	CT	90kg	86.4	25	142.5	102.5	185	430	280.489		314.2	226	407.9	948
	100kg Open														
1	David Whitney	CT	100kg	95.8	41	187.5	182.5	235	605	374.919		413.4	402.3	518.1	1333.8
2	Drew Cobin	CT	100kg	94.1	25	225	137.5	235	597.5	373.258		496	303.1	518.1	1317.2
3	Alexander Cohen	CT	100kg	99.7	34	227.5	160	205	592.5	361.01		501.5	352.7	451.9	1306.2
	110kg Open														
1	Nicholas Starke	MA	110kg	106	26	260	142.5	260	662.5	394.585		573.2	314.2	573.2	1460.5
2	John Young	CT	110kg	105.6	29	212.5	130	240	582.5	347.403		468.5	286.6	529.1	1284.2
	82.5kg Master 40-44														
1	Marc Debenigno	CT	82.5kg	81.7	43	185	140	237.5	562.5	379.069	390.82	407.9	308.6	523.6	1240.1
	90kg Master 45-49														
1	Jim Ford	MA	90kg	89.4	46	205	145	227.5	577.5	369.947	395.103	451.9	319.7	501.5	1273.2
	110kg Master 40-44														
1	Michael Jurgelewicz	CT	110kg	105.6	41	215	177.5	257.5	650	387.66	391.537	474	391.3	567.7	1433
	Women Classic Raw Powerlifting														
	67.5kg Open														
1	Briana Duval	MA	67.5kg	62.3	29	127.5	70	155	352.5	381.793		281.1	154.3	341.7	777.1
	Men Classic Raw Powerlifting														
	100kg Jr 20-23														
1	Matthew Pacelli	CT	100kg	97.7	23	197.5	157.5	282.5	637.5	391.68		435.4	347.2	622.8	1405.4
	82.5kg Open														
1	Craig Macmillan	MA	82.5kg	81.8	29	260	157.5	280	697.5	469.697		573.2	347.2	617.3	1537.7
	90kg Open														
1	Curtis Stapleton	CT	90kg	83.4	28	147.5	112.5	175	435	289.536		325.2	248	385.8	959
	100kg Open														
1	Jason Skalski	MA	100kg	96.6	32	232.5	145	250	627.5	387.419		512.6	319.7	551.2	1383.4
2	Peter Lennon	CT	100kg	93.5	31	182.5	135	210	527.5	330.532		402.3	297.6	463	1162.9
	125kg Open														
1	Thomas Belloli	MA	125kg	118.6	36	255	160	305	720	415.08		562.2	352.7	672.4	1587.3

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	125kg Submaster														
1	Thomas Belloli	MA	125kg	118.6	36	255	160	305	720	415.08		562.2	352.7	672.4	1587.3
	82.5kg Master 50-54														
1	Ray Dunn	MA	82.5kg	81.8	51	175	112.5	195	482.5	324.916	372.678	385.8	248	429.9	1063.7
	Men Raw Bench Only														
	90kg Jr 20-23														
1	Christopher Carangelo	CT	90kg	85.9	21		110		110	71.995			242.5		242.5
	Men Raw Deadlift Only														
	90kg Jr 20-23														
1	Christopher Carangelo	CT	90kg	85.9	21			177.5	177.5	116.174				391.3	391.3
	Women Raw Push-Pull														
	90kg Open														
1	Amie Fayer	CT	90kg	88.2	31		77.5	125	202.5	176.499			170.9	275.6	446.4
	Thank you to our referees:														
	State: Dillon Anderson, Brigette Zacharczenko, Samantha Reyes, Carlos Reyes and Erik DiDomizio														