

## USPA Pennsylvania State Powerlifting Championships April 6th, 2019 Allentown, PA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b>Women Raw Powerlifting</b>															
	52kg Jr 20-23														
1	Victoria Bernotas	PA	52kg	49.5	22	95	50	125	270	349.488		209.4	110.2	275.6	595.2
	60kg Jr 20-23														
1	Kassy Kozel	PA	60kg	59.5	23	150	82.5	162.5	395	443.23		330.7	181.9	358.2	870.8
	75kg Jr 18-19														
1	Destiny Delara	PA	75kg	72	18	92.5	47.5	107.5	247.5	241.56		203.9	104.7	237	545.6
	48kg Open														
DQ	Christina Ngo	PA	48kg	47.1	24	107.5	45	0	0	0		237	99.2	0	0
	60kg Open														
1	Kassy Kozel	PA	60kg	59.5	23	150	82.5	162.5	395	443.23		330.7	181.9	358.2	870.8
2	Brigid Robine	PA	60kg	58.8	40	87.5	45	127.5	260	294.45	294.45	192.9	99.2	281.1	573.2
3	Ingrid Gooch	MD	60kg	59.9	24	107.5	42.5	107.5	257.5	287.447		237	93.7	237	567.7
	67.5kg Open														
1	Cristina Kalpa	PA	67.5kg	66.4	30	110	45	100	255	263.364		242.5	99.2	220.5	562.2
	75kg Open														
1	Sorah Mandella	NJ	75kg	74	41	97.5	67.5	140	305	292.404	295.328	214.9	148.8	308.6	672.4
	82.5kg Open														
1	Maria Felix	PA	82.5kg	81.5	39	115	60	120	295	267.211		253.5	132.3	264.6	650.4
	82.5kg Submaster														
1	Maria Felix	PA	82.5kg	81.5	39	115	60	120	295	267.211		253.5	132.3	264.6	650.4
	60kg Master 40-44														
1	Brigid Robine	PA	60kg	58.8	40	87.5	45	127.5	260	294.45	294.45	192.9	99.2	281.1	573.2
	75kg Master 40-44														
1	Sorah Mandella	NJ	75kg	74	41	97.5	67.5	140	305	292.404	295.328	214.9	148.8	308.6	672.4
<b>Men Raw Powerlifting</b>															
	67.5kg Jr 18-19														
1	Christopher Hobbie	PA	67.5kg	66.5	18	142.5	122.5	185	450	351.18		314.2	270.1	407.9	992.1
	75kg Jr 18-19														
1	Harrison Moyer	PA	75kg	72.8	18	142.5	105	200	447.5	325.691		314.2	231.5	440.9	986.6
	75kg Jr 20-23														
1	Marshall Lonigan	PA	75kg	73.5	20	192.5	132.5	227.5	552.5	399.347		424.4	292.1	501.5	1218

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	82.5kg Jr 16-17														
DQ	Joseph Graham	PA	82.5kg	79	17	0	97.5	187.5	0	0		0	214.9	413.4	0
	82.5kg Jr 20-23														
1	Zack Scharnikow	PA	82.5kg	82.5	22	230	157.5	242.5	630	422.037		507.1	347.2	534.6	1388.9
2	Brian Eaton	PA	82.5kg	81.1	20	202.5	135	252.5	590	399.371		446.4	297.6	556.7	1300.7
3	Adam Fennell	PA	82.5kg	80.6	23	145	100	172.5	417.5	283.691		319.7	220.5	380.3	920.4
DQ	Scott Yarger	PA	82.5kg	78.3	21	180	0	0	0	0		396.8	0	0	0
	90kg Jr 16-17														
1	Andrew Shuman	PA	90kg	89.1	17	172.5	95	187.5	455	291.974		380.3	209.4	413.4	1003.1
	90kg Jr 18-19														
1	Evan Lesser	PA	90kg	88.6	19	220	142.5	230	592.5	381.333		485	314.2	507.1	1306.2
2	Sebastian William Phillips	PA	90kg	88.8	19	192.5	117.5	232.5	542.5	348.719		424.4	259	512.6	1196
3	Matt Kulsa	PA	90kg	87.7	18	192.5	122.5	195	510	330.021		424.4	270.1	429.9	1124.3
	90kg Jr 20-23														
1	Ross Sherman	PA	90kg	88.6	23	237.5	165	242.5	645	415.122		523.6	363.8	534.6	1422
2	Hugo Coello	PA	90kg	88.2	23	227.5	137.5	232.5	597.5	385.447		501.5	303.1	512.6	1317.2
3	Alex Steffen	PA	90kg	89	22	152.5	115	200	467.5	300.182		336.2	253.5	440.9	1030.7
	100kg Jr 20-23														
1	Stephen Stoudt	PA	100kg	96.9	20	240	160	295	695	428.537		529.1	352.7	650.4	1532.2
2	Jordan Blackie	PA	100kg	98.6	20	217.5	165	250	632.5	387.153		479.5	363.8	551.2	1394.4
	125kg Jr 20-23														
1	Justin Roughan	PA	125kg	120.9	21	227.5	170	327.5	725	416.078		501.5	374.8	722	1598.3
2	Robert Giranda	PA	125kg	114.8	21	267.5	172.5	260	700	406.91		589.7	380.3	573.2	1543.2
	67.5kg Open														
1	Gary Teeter	PA	67.5kg	66.4	54	130	115	165	410	320.333	385.681	286.6	253.5	363.8	903.9
	75kg Open														
1	Jason Archer	PA	75kg	74.9	43	165	105	192.5	462.5	329.855	340.081	363.8	231.5	424.4	1019.6
	82.5kg Open														
1	Zack Scharnikow	PA	82.5kg	82.5	22	230	157.5	242.5	630	422.037		507.1	347.2	534.6	1388.9
	90kg Open														
1	Nick Vinciguerra	PA	90kg	85.7	22	272.5	190	255	717.5	470.178		600.8	418.9	562.2	1581.8
2	Mark Hoffman	PA	90kg	86.4	28	200	182.5	227.5	610	397.903		440.9	402.3	501.5	1344.8
3	Hugo Coello	PA	90kg	88.2	23	227.5	137.5	232.5	597.5	385.447		501.5	303.1	512.6	1317.2

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	100kg Open														
1	Kyle Miller	PA	100kg	94.3	24	277.5	185	317.5	780	486.798		611.8	407.9	700	1719.6
2	Kyle Cross	MD	100kg	99.5	37	212.5	135	210	557.5	339.964		468.5	297.6	463	1229.1
	110kg Open														
1	Isaiah Ofalt	MD	110kg	109.9	24	240	187.5	257.5	685	403.26		529.1	413.4	567.7	1510.2
	125kg Open														
1	Justin Roughan	PA	125kg	120.9	21	227.5	170	327.5	725	416.078		501.5	374.8	722	1598.3
2	Eddie McClelland	PA	125kg	118.7	23	220	147.5	270	637.5	367.455		485	325.2	595.2	1405.4
	SHW Open														
1	Alex Schmidt	DE	SHW	144.1	27	160	102.5	182.5	445	247.643		352.7	226	402.3	981
	67.5kg Master 50-54														
1	Gary Teeter	PA	67.5kg	66.4	54	130	115	165	410	320.333	385.681	286.6	253.5	363.8	903.9
	75kg Master 40-44														
1	Jason Archer	PA	75kg	74.9	43	165	105	192.5	462.5	329.855	340.081	363.8	231.5	424.4	1019.6
	<b>Men Classic Raw Powerlifting</b>														
	90kg Jr 18-19														
1	Gavin Bell	PA	90kg	82.9	19	227.5	137.5	227.5	592.5	395.79		501.5	303.1	501.5	1306.2
	100kg Jr 20-23														
1	Timothy Persad	PA	100kg	99.7	23	285	165	317.5	767.5	467.638		628.3	363.8	700	1692
	110kg Jr 20-23														
1	Trey Burdge	PA	110kg	102.7	23	247.5	185	250	682.5	411.138		545.6	407.9	551.2	1504.6
DQ	Kevin Allen	VA	110kg	109.3	21	287.5	232.5	0	0	0		633.8	512.6	0	0
	125kg Jr 20-23														
1	Brendan Armstrong	NY	125kg	117.4	22	255	177.5	275	707.5	408.935		562.2	391.3	606.3	1559.8
	90kg Open														
1	Alex Frawley	NJ	90kg	89.2	24	265	150	272.5	687.5	440.894		584.2	330.7	600.8	1515.7
2	Gavin Bell	PA	90kg	82.9	19	227.5	137.5	227.5	592.5	395.79		501.5	303.1	501.5	1306.2
	100kg Open														
1	Timothy Persad	PA	100kg	99.7	23	285	165	317.5	767.5	467.638		628.3	363.8	700	1692
2	Kevin Davis	PA	100kg	94.7	26	267.5	155	272.5	695	432.916		589.7	341.7	600.8	1532.2
DQ	Andrew Carpenter	PA	100kg	93.2	27	0	205	0	0	0		0	451.9	0	0

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	110kg Open														
1	Jeffrey Herman	PA	110kg	109.9	24	240	162.5	285	687.5	404.731		529.1	358.2	628.3	1515.7
2	Richard Gawlinski	PA	110kg	102.1	31	227.5	135	262.5	625	377.313		501.5	297.6	578.7	1377.9
3	Tony Fontanesi	PA	110kg	105.9	43	220	150	220	590	351.522	362.419	485	330.7	485	1300.7
DQ	Kevin Allen	VA	110kg	109.3	21	287.5	232.5	0	0	0		633.8	512.6	0	0
	110kg Master 40-44														
1	Tony Fontanesi	PA	110kg	105.9	43	220	150	220	590	351.522	362.419	485	330.7	485	1300.7
<b>Men Raw Bench Only</b>															
	67.5kg Open														
1	Gary Teeter	PA	67.5kg	66.4	54		115		115	89.85	108.179		253.5		253.5
	90kg Open														
1	Mark Hoffman	PA	90kg	86.4	28		182.5		182.5	119.045			402.3		402.3
	100kg Open														
1	Eddie Harrington	PA	100kg	96.4	35		193.5		193.5	119.583			426.6		426.6
	125kg Open														
1	Ed Komissar	PA	125kg	112.5	29		135		135	78.921			297.6		297.6
	67.5kg Master 50-54														
1	Gary Teeter	PA	67.5kg	66.4	54		115		115	89.85	108.179		253.5		253.5
	100kg Master 70-74														
1	Jim Mckenna	PA	100kg	96.3	70		140.5		140.5	86.871	142.903		309.7		309.7
<b>Women Raw Deadlift Only</b>															
	56kg Open														
1	Stephanie Martin	PA	56kg	55.5	31			147.5	147.5	174.773				325.2	325.2
	82.5kg Open														
1	Maria Felix	PA	82.5kg	81.5	39			120	120	108.696				264.6	264.6
	82.5kg Submaster														
1	Maria Felix	PA	82.5kg	81.5	39			120	120	108.696				264.6	264.6
<b>Men Raw Deadlift Only</b>															
	67.5kg Open														
1	Gary Teeter	PA	67.5kg	66.4	54			165	165	128.915	155.214			363.8	363.8
	82.5kg Open														
1	Anthony Ur	PA	82.5kg	81	38			185	185	125.319				407.9	407.9

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	100kg Open														
1	Zach Presto	PA	100kg	94.7	25			272.5	272.5	169.74				600.8	600.8
2	Eddie Harrington	PA	100kg	96.4	35			235	235	145.23				518.1	518.1
	110kg Open														
1	Richard Gawlinski	PA	110kg	102.1	31			262.5	262.5	158.471				578.7	578.7
	125kg Open														
1	Ed Komissar	PA	125kg	112.5	29			240	240	140.304				529.1	529.1
	82.5kg Submaster														
1	Anthony Ur	PA	82.5kg	81	38			185	185	125.319				407.9	407.9
	67.5kg Master 50-54														
1	Gary Teeter	PA	67.5kg	66.4	54			165	165	128.915	155.214			363.8	363.8
<b>Men Single Ply Deadlift Only</b>															
DQ	100kg Master 50-54														
	Chuck Blough	PA	100kg	97.7	54			0	0	0	0			0	0
Best Lifters:															
Open Raw Men: Kyle Miller															
Open Raw Female: Kassy Kozel															
Open Classic Raw Male: Timothy Persad															
Jr Raw Male: Stephen Stoudt															
Jr Classic Raw Male: Timothy Persad															
Meet Director: Eric Kratz															
Thank you to our referees:															
International: Erik Steiner															
National: Bobby Bowlin, Jessica Kratz and Eric Kratz															
State: Al Arvey															
Practical: Patti Coates															
Annoucer: Justin Eckert															
Computer: Gabby Eckert and Erika Hill															
Expeditors: Bobby Bowlin, Ericka Hill and Jessica Kratz															
Thank you to our spotters and loaders:															
David Contestabile, Heather Mutcher, Ira Bell, Mike Scherer, Warren Gosdin, Photis Zographou and Joel Luciano															