

USPA Western Regionals Results Dec. 1-2, 2018 Newport, OR

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	56kg Jr 20-23														
1	Kily Gilbert	OR	56kg	55.3	21	125	65	155.5	345.5	410.558		275.6	143.3	342.8	761.7
	67.5kg Jr 16-17														
1	Maryanne Miller	OR	67.5kg	60.3	16	72.5	42.5	85	200	222.12		159.8	93.7	187.4	440.9
	67.5kg Jr 20-23														
1	Mackenzie Morelli	OR	67.5kg	65.8	23	110	55	112.5	277.5	288.517		242.5	121.3	248	611.8
2	Sofia Arroyo	OR	67.5kg	63.9	22	105	50	117.5	272.5	289.531		231.5	110.2	259	600.8
	75kg Jr 20-23														
1	Sydney Halpenny	OR	75kg	72.3	21	95	52.5	115	262.5	255.518		209.4	115.7	253.5	578.7
	56kg Open														
1	Ha Nguyen	OR	56kg	55.8	25	122.5	52.5	140	315	371.669		270.1	115.7	308.6	694.4
2	Phuong Tang	OR	56kg	55.4	25	112.5	37.5	117.5	267.5	317.416		248	82.7	259	589.7
3	Stephanie Sprinzl	OR	56kg	55.7	31	82.5	42.5	92.5	217.5	256.998		181.9	93.7	203.9	479.5
	60kg Open														
1	Hannah Hafner	OR	60kg	60	25	112.5	57.5	117.5	287.5	320.534		248	126.8	259	633.8
	67.5kg Open														
1	Maria Solis	WA	67.5kg	67.5	31	137.5	67.5	142.5	347.5	354.659		303.1	148.8	314.2	766.1
2	Sophia Burke	OR	67.5kg	66.1	32	105	70	130	305	316.041		231.5	154.3	286.6	672.4
3	Rebecca Foster	OR	67.5kg	66.4	26	95	52.5	150	297.5	307.258		209.4	115.7	330.7	655.9
4	Kyndra Lathim	WA	67.5kg	65.3	32	110	57.5	127.5	295	308.423		242.5	126.8	281.1	650.4
DQ	Alicia Raines	OR	67.5kg	66	31	77.5	0	0	0	0		170.9	0	0	0
	75kg Open														
1	Tatevik Mazmanyany	OR	75kg	72.5	25	105	57.5	125	287.5	279.335		231.5	126.8	275.6	633.8
DQ	Chelsea Mercado	OR	75kg	71.8	32	82.5	47.5	0	0	0		181.9	104.7	0	0
DQ	Melissa Malone	OR	75kg	74.7	30	125	0	152.5	0	0		275.6	0	336.2	0
	82.5kg Open														
1	Cindy Martin	OR	82.5kg	82.1	40	182.5	107.5	190	480	433.104	433.104	402.3	237	418.9	1058.2
2	Jeanie Shellman	OR	82.5kg	81	35	172.5	100	205	477.5	433.952		380.3	220.5	451.9	1052.7
3	Deborah Kimball	OR	82.5kg	81.7	32	117.5	70	150	337.5	305.303		259	154.3	330.7	744.1
	90kg Open														
1	Nicole Haran	OR	90kg	89.8	33	127.5	70	147.5	345	298.391		281.1	154.3	325.2	760.6
	SHW Open														
1	Tarissa Richardson	OR	SHW	127.8	32	122.5	92.5	172.5	387.5	306.435		270.1	203.9	380.3	854.3

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	56kg Submaster														
1	Katie Lundberg	OR	56kg	55.3	38	97.5	57.5	112.5	267.5	317.87		214.9	126.8	248	589.7
								4th: 117.5							
	82.5kg Submaster														
1	Jeanie Shellman	OR	82.5kg	81	35	172.5	100	205	477.5	433.952		380.3	220.5	451.9	1052.7
	90kg Submaster														
1	Dorothy Loftin	OR	90kg	89.2	38	125	80	150	355	307.892		275.6	176.4	330.7	782.6
	56kg Master 40-44														
1	Kimberly Manley	OR	56kg	55.3	44	80.5	55	75	210.5	250.137	260.893	177.5	121.3	165.3	464.1
	56kg Master 55-59														
1	Faye Fong	OR	56kg	55.7	55	82.5	42.5	105	230	271.768	332.916	181.9	93.7	231.5	507.1
								4th: 45.0							
	56kg Master 75-79														
1	Rosemary Nichols	OR	56kg	55.7	79	55	37.5	97.5	190	224.504	450.131	121.3	82.7	214.9	418.9
								4th: 100.0							
	60kg Master 65-69														
1	Anne Geser	OR	60kg	59.9	65	50	28	92.5	170.5	190.329	281.687	110.2	61.7	203.9	375.9
								4th: 96.0							
	67.5kg Master 60-64														
1	Tammy Haynes	OR	67.5kg	64.7	60	85	47.5	105	237.5	250.016	335.022	187.4	104.7	231.5	523.6
								4th: 110.0							
	75kg Master 55-59														
1	Eileen Smith	OR	75kg	71.9	58	92.5	47.5	115	255	249.11	321.6	203.9	104.7	253.5	562.2
	82.5kg Master 40-44														
1	Cindy Martin	OR	82.5kg	82.1	40	182.5	107.5	190	480	433.104	433.104	402.3	237	418.9	1058.2
	90kg Master 45-49														
1	Jill Uyemoto	OR	90kg	86.3	45	122.5	57.5	130	310	272.862	287.869	270.1	126.8	286.6	683.4
	SHW Master 50-54														
DQ	Angie Torres	OR	SHW	90.7	50	95	0	112.5	0	0	0	209.4	0	248	0

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Men Raw Powerlifting														
	67.5kg Jr 16-17														
1	Stephen Vannevel	OR	67.5kg	65.9	17	120.5	80	157.5	358	281.46		265.7	176.4	347.2	789.2
								4th: 162.5							
	67.5kg Jr 20-23														
1	Tyler Hotan	OR	67.5kg	65.7	23	165	97.5	182.5	445	350.705		363.8	214.9	402.3	981
2	Cyrus Mooney	OR	67.5kg	66.5	23	160	102.5	182.5	445	347.278		352.7	226	402.3	981
	75kg Jr 18-19														
1	Makoa Nakamura	OR	75kg	72.8	19	155	117.5	230	502.5	365.72		341.7	259	507.1	1107.8
2	Paul Santana	OR	75kg	73.8	19	177.5	125	200	502.5	362.152		391.3	275.6	440.9	1107.8
3	Miguel Alvarez	OR	75kg	72.7	18	165	120	182.5	467.5	340.574		363.8	264.6	402.3	1030.7
						4th: 168.0									
	75kg Jr 20-23														
1	Tony Alvarez	OR	75kg	73.6	20	137.5	105	182.5	425	306.893		303.1	231.5	402.3	937
2	Cody Hammill	OR	75kg	72.5	23	107.5	92.5	157.5	357.5	260.975		237	203.9	347.2	788.1
	82.5kg Jr 20-23														
1	Jakob Bunnell	OR	82.5kg	80.8	20	220	130	275	625	424.063		485	286.6	606.3	1377.9
								4th: 283							
	90kg Jr 18-19														
1	Mitchell Soohoo	WA	90kg	84.3	18	167.5	125	202.5	495	327.443		369.3	275.6	446.4	1091.3
	90kg Jr 20-23														
1	Rayson Sorayama	OR	90kg	86.9	23	232.5	157.5	292.5	682.5	443.83		512.6	347.2	644.8	1504.6
2	Jamison Faith	OR	90kg	89.1	20	210	175	245	630	404.271		463	385.8	540.1	1388.9
3	Anick Ackhavong	OR	90kg	88.3	21	185	125	235	545	351.362		407.9	275.6	518.1	1201.5
4	Sam Cabrales	OR	90kg	88.1	23	152.5	105	182.5	440	284.02		336.2	231.5	402.3	970
	110kg Jr 20-23														
1	Austin "Cooper" Early	OR	110kg	106.8	21	235	165	250	650	386.165		518.1	363.8	551.2	1433
	125kg Jr 20-23														
1	Nathan Tran	OR	125kg	124.6	23	210	140	237.5	587.5	334.993		463	308.6	523.6	1295.2
	67.5kg Open														
1	Salem Sharaf	OR	67.5kg	67.4	24	165	133	195	493	380.547		363.8	293.2	429.9	1086.9
2	Brian Park	OR	67.5kg	66.2	24	170	110	195	475	372.02		374.8	242.5	429.9	1047.2
3	Kosal Sin	OR	67.5kg	64.4	28	120	105	162.5	387.5	310.543		264.6	231.5	358.2	854.3
	75kg Open														
1	Daniel Soohoo	WA	75kg	74.6	24	190	132.5	215	537.5	384.42		418.9	292.1	474	1185
2	Alex Farias	OR	75kg	69.9	25	167.5	115	192.5	475	356.345		369.3	253.5	424.4	1047.2
3	Paolo Reyes	OR	75kg	73	29	155	97.5	205	457.5	332.328		341.7	214.9	451.9	1008.6
4	Pengsee Her	OR	75kg	75	30	162.5	92.5	167.5	422.5	301.074		358.2	203.9	369.3	931.4

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	82.5kg Open														
1	Taylor Houchins	OR	82.5kg	82.4	24	222.5	147.5	270	640	429.056		490.5	325.2	595.2	1410.9
2	Garrett Kingsbury	WA	82.5kg	80.6	25	190	127.5	245	562.5	382.219		418.9	281.1	540.1	1240.1
3	Panna Ong	OR	82.5kg	81.2	32	175	135	197.5	507.5	343.273		385.8	297.6	435.4	1118.8
4	Joseph Boney	OR	82.5kg	80.5	34	157.5	110	215	482.5	328.1		347.2	242.5	474	1063.7
5	Jeremy Mccarroll	OR	82.5kg	78.9	29	135	92.5	182.5	410	282.408		297.6	203.9	402.3	903.9
	90kg Open														
1	Peter Nguyen	OR	90kg	87.2	26	262.5	138.75	305	706.25	458.427		578.7	305.9	672.4	1557
2	Jesse Ponedel	OR	90kg	88.4	24	237.5	175.5	275	688	443.347		523.6	386.9	606.3	1516.8
3	Rayson Sorayama	OR	90kg	86.9	23	232.5	157.5	292.5	682.5	443.83		512.6	347.2	644.8	1504.6
4	Bryan Peralta	OR	90kg	89.1	24	195	135	265	595	381.812		429.9	297.6	584.2	1311.7
5	Mick Carter	OR	90kg	88.8	31	202.5	115	227.5	545	350.326		446.4	253.5	501.5	1201.5
6	Imam Elahi	OR	90kg	85.9	31	182.5	122.5	195	500	327.25		402.3	270.1	429.9	1102.3
	100kg Open														
1	Sean Conway	OR	100kg	98.7	29	252.5	140	242.5	635	388.493		556.7	308.6	534.6	1399.9
2	Donald Brown	OR	100kg	97.5	24	217.5	150	237.5	605	372.075		479.5	330.7	523.6	1333.8
3	Allen Chu	OR	100kg	96.6	27	210	150	235	595	367.353		463	330.7	518.1	1311.7
4	Chris Brahos	OR	100kg	97	28	192.5	155	237.5	585	360.536		424.4	341.7	523.6	1289.7
5	Evan Tollefson	OR	100kg	99.6	27	182.5	140	192.5	515	313.944		402.3	308.6	424.4	1135.4
DQ	Aurek Anderson	OR	100kg	98.5	27	230	0	0	0	0		507.1	0	0	0
	110kg Open														
1	Justin Howells	OR	110kg	109.6	36	258	182.5	260	700.5	412.735		568.8	402.3	573.2	1544.3
						4th: 265.0									
2	Austin "Cooper" Early	OR	110kg	106.8	21	235	165	250	650	386.165		518.1	363.8	551.2	1433
3	James Abudakar	OR	110kg	103.1	28	205	125	210	540	324.81		451.9	275.6	463	1190.5
4	Connor Gill	OR	110kg	104.2	26	185	110	240	535	320.572		407.9	242.5	529.1	1179.5
	125kg Open														
1	Cir Lynch	OR	125kg	124.4	24	290	172.5	287.5	750	427.8		639.3	380.3	633.8	1653.5
2	Hakeemp Kim	OR	125kg	123.4	24	232.5	130	225	587.5	335.698		512.6	286.6	496	1295.2
	140kg Open														
1	Zach Smith	OR	140kg	138.5	24	395	227.5	355	977.5	547.107		870.8	501.5	782.6	2155
	90kg Submaster														
1	Mark Coleman	OR	90kg	87.7	36	142.5	95	160	397.5	257.222		314.2	209.4	352.7	876.3
	100kg Submaster														
1	Christopher Ward	WA	100kg	99.5	35	190	117.5	250	557.5	339.964		418.9	259	551.2	1229.1
	90kg Master 45-49														
1	Manny Love	OR	90kg	88	47	200	140	217.5	557.5	360.089	389.617	440.9	308.6	479.5	1229.1

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	100kg Master 45-49														
1	Jeff Bassett	OR	100kg	98.8	49	200	155	215	570	348.612	388.005	440.9	341.7	474	1256.6
Women Classic Raw Powerlifting															
	56kg Jr 13-15														
1	Marieke Jeffrey	OR	56kg	55.2	14	80	37.5	87.5	205	243.95		176.4	82.7	192.9	451.9
	90kg Submaster														
1	Cenobia Gonzalez	OR	90kg	89.9	38	113	70.5	135	318.5	275.343		249.1	155.4	297.6	702.2
Mens Classic Raw Powerlifting															
	SHW Jr 18-19														
1	Cole Smith	OR	SHW	174.2	18	367.5	205	300	872.5	472.023		810.2	451.9	661.4	1923.5
	67.5kg Open														
1	Eli Mayne	OR	67.5kg	67.2	26	217.5	127.5	250	595	460.411		479.5	281.1	551.2	1311.7
								4th: 255.0							
2	Ryan Hudson	OR	67.5kg	67.5	39	193	110	192.5	495.5	382.031		425.5	242.5	424.4	1092.4
	110kg Open														
1	Kyle Nordstrom	OR	110kg	109.3	34	307.5	185	330	822.5	485.028		677.9	407.9	727.5	1813.3
	125kg Open														
1	Anthony Brandenberger	OR	125kg	123.7	32	240	157.5	272.5	670	382.637		529.1	347.2	600.8	1477.1
2	Victor Valenzuela	OR	125kg	124.9	28	252.5	152.5	245	650	370.435		556.7	336.2	540.1	1433
3	Zack Bradcovich	OR	125kg	114.5	27	212.5	147.5	227.5	587.5	341.749		468.5	325.2	501.5	1295.2
	SHW Open														
1	Cole Smith	OR	SHW	174.2	18	367.5	205	300	872.5	472.023		810.2	451.9	661.4	1923.5
	67.5kg Submaster														
1	Ryan Hudson	OR	67.5kg	67.5	39	193	110	192.5	495.5	382.031		425.5	242.5	424.4	1092.4
	110kg Master 45-49														
1	Paul Downs	OR	110kg	105.4	45	185	147.5	227.5	560	334.208	352.589	407.9	325.2	501.5	1234.6
	140kg Master 40-44														
1	Jack Sharp	WA	140kg	130.3	44	227.5	130	257.5	615	347.721	362.673	501.5	286.6	567.7	1355.8
Women Raw Bench Only															
	67.5kg Jr 16-17														
1	Maryanne Miller	OR	67.5kg	60.3	16		42.5		42.5	47.201			93.7		93.7
	75kg Open														
1	Chelsea Miller	OR	75kg	74.9	43		85		85	80.869	83.376		187.4		187.4
2	Joni Texeira	OR	75kg	74.7	34		70		70	66.71			154.3		154.3

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	82.5kg Open														
1	Cindy Martin	OR	82.5kg	82.1	40		107.5		107.5	96.997	96.997		237		237
2	Jeanie Shellman	OR	82.5kg	81	35		100		100	90.88			220.5		220.5
	SHW Open														
1	Tarissa Richardson	OR	SHW	127.8	32		92.5		92.5	73.149			203.9		203.9
	82.5kg Submaster														
1	Jeanie Shellman	OR	82.5kg	81	35		100		100	90.88			220.5		220.5
	90kg Submaster														
1	Dorothy Loftin	OR	90kg	89.2	38		80		80	69.384			176.4		176.4
	75kg Master 40-44														
1	Chelsea Miller	OR	75kg	74.9	43		85		85	80.869	83.376		187.4		187.4
	82.5kg Master 40-44														
1	Cindy Martin	OR	82.5kg	82.1	40		107.5		107.5	96.997	96.997		237		237
	Men Raw Bench Only														
	100kg Open														
DQ	Aurek Anderson	OR	100kg	98.5	27		0		0	0			0		0
	125kg Open														
1	Alexander Oyler	OR	125kg	112.5	24		152.5		152.5	89.152			336.2		336.2
	140kg Open														
1	Zach Smith	OR	140kg	138.5	24		227.5		227.5	127.332			501.5		501.5
	SHW Open														
1	Ryan Kimball	OR	SHW	156.1	38		155		155	85.281			341.7		341.7
	SHW Submaster														
1	Ryan Kimball	OR	SHW	156.1	38		155		155	85.281			341.7		341.7
	100kg Master 75-79														
1	Jerry Huhn	OR	100kg	96.6	78		100		100	61.74	121.072		220.5		220.5
	125kg Master 40-44														
1	Ed Mckelvey	OR	125kg	124.8	41		185		185	105.45	106.505		407.9		407.9
	140kg Master 40-44														
1	Jack Sharp	WA	140kg	130.3	44		130		130	73.502	76.663		286.6		286.6

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Men Single Ply Bench Only															
	90kg Open														
1	Andrew Helton	OR	90kg	88.6	32		165		165	106.194			363.8		363.8
	110kg Open														
1	George Merrill	OR	110kg	104.9	51		175		175	104.615	119.993		385.8		385.8
2	Chet Hendrickson	OR	110kg	103.6	31		142.5		142.5	85.557			314.2		314.2
DQ	Ed Macauley	OR	110kg	104.3	58		0		0	0	0		0		0
	110kg Master 50-54														
1	George Merrill	OR	110kg	104.9	51		175		175	104.615	119.993		385.8		385.8
	110kg Master 55-59														
DQ	Ed Macauley	OR	110kg	104.3	58		0		0	0	0		0		0
	125kg Master 70-74														
1	Robert Wass	OR	125kg	113	72		122.5		122.5	71.528	122.885		270.1		270.1
Women Raw Deadlift Only															
	67.5kg Jr 16-17														
1	Maryanne Miller	OR	67.5kg	60.3	16			85	85	94.401				187.4	187.4
	75kg Open														
1	Joni Texeira	OR	75kg	74.7	34			120	120	114.36				264.6	264.6
	82.5kg Open														
1	Jeanie Shellman	OR	82.5kg	81	35			205	205	186.304				451.9	451.9
2	Cindy Martin	OR	82.5kg	82.1	40			190	190	171.437	171.437			418.9	418.9
	82.5kg Submaster														
1	Jeanie Shellman	OR	82.5kg	81	35			205	205	186.304				451.9	451.9
	82.5kg Master 40-44														
1	Cindy Martin	OR	82.5kg	82.1	40			190	190	171.437	171.437			418.9	418.9
	SHW Master 50-54														
1	Angie Torres	OR	SHW	90.7	50			112.5	112.5	96.896	109.492			248	248
Men Raw Deadlift Only															
	67.5kg Jr 20-23														
1	Daniel Davidson	OR	67.5kg	66.8	20			165	165	128.288				363.8	363.8
	100kg Jr 20-23														
1	Trey Lindekugel	OR	100kg	95.1	20			220	220	136.774				485	485
	100kg Open														
DQ	Aurek Anderson	OR	100kg	98.5	27			0	0	0				0	0

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	140kg Open														
1	Zach Smith	OR	140kg	138.5	24			355	355	198.694				782.6	782.6
	SHW Open														
1	Ryan Kimball	OR	SHW	156.1	38			205	205	112.791				451.9	451.9
	SHW Submaster														
1	Ryan Kimball	OR	SHW	156.1	38			205	205	112.791				451.9	451.9
	110kg Master 45-49														
1	James Lindekugel	OR	110kg	104.1	48			192.5	192.5	115.385	126.577			424.4	424.4
	140kg Master 40-44														
1	Jack Sharp	WA	140kg	130.3	44			257.5	257.5	145.591	151.851			567.7	567.7
Men Single Ply Deadlift Only															
	125kg Master 70-74														
1	Robert Wass	OR	125kg	113	72			195	195	113.861	195.613			429.9	429.9
Best Lifters															
	JR Women Raw	Kily Gilbert													
	JR Men Raw	Rayson Sorayama													
	Open Women Raw	Jeanie Shellman													
	Open Men Raw	Zach Smith													
	Open Men ClRaw	Kyle Nordstrom													
	Masters Women Raw	Rosemary Nichols													
Referees															
	National	Alex Stanley and Peter Martin													
	State	Danielle Lo Guidice Stanley, Josh Speath, Brad Shellman, Jeanie Shellman and Renae Holmdahl													
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