

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Powerlifting		Junior															
		67.5kg Jr 18-19															
DQ	Elizabeth Matera	PA	67.5kg	60.1	19	102.5	112.5	122.5	42.5	52.5	52.5	125	142.5	147.5	0	0	
		75kg Jr 20-23															
1	Cailyn Joseph	PA	75kg	68.5	22	80	92.5	100	52.5	60	65	112.5	122.5	137.5	297.5	304.556	
		90kg Jr 20-23															
1	Jordan Winall	VA	90kg	87.3	21	110	115	117.5	60	65	70	130	137.5	145	332.5	300.512	
Women Raw Powerlifting		Open															
		48kg Open															
1	Raishel Phares	DE	48kg	48	31	107.5	117.5	125	70	77.5	82.5	145	160	172.5	367.5	474.24	
		56kg Open															
1	Ashley Mayerich	WV	56kg	55.4	34	55	57.5	57.5	30	32.5	37.5	80	85	95	177.5	207.222	
		60kg Open															
1	Whitney Gehman	DE	60kg	58.8	29	82.5	87.5	92.5	52.5	57.5	62.5	92.5	102.5	110	260	291.947	
		67.5kg Open															
1	Mindy Wolcott	PA	67.5kg	65.1	32	102.5	110	122.5	57.5	65	65	115	122.5	140	320	337.444	
DQ	Elizabeth Matera	PA	67.5kg	60.1	19	102.5	112.5	122.5	42.5	52.5	52.5	125	142.5	147.5	0	0	
		75kg Open															
1	Jenna Seipel	MD	75kg	74	27	130	140	140	70	75	77.5	130	140	150	367.5	360.499	
2	Cindy Vroman	MD	75kg	73.9	50	115	125	130	60	65	67.5	135	147.5	155	347.5	341.127	385.473
3	Jennifer Dixon	VA	75kg	69.7	25	125	135	142.5	60	67.5	72.5	110	130	137.5	340	344.657	
4	Karissa Kyle	WV	75kg	73.2	34	115	125	127.5	57.5	62.5	67.5	137.5	145	150	337.5	333.009	
		90kg Open															
1	Anette Garza	NC	90kg	86.8	27	100	107.5	110	52.5	55	55	145	152.5	160	315	285.445	
		100kg Open															
1	Valorie Rooke	SC	100kg	97.5	32	120	130	137.5	70	72.5	77.5	150	160.5	167.5	382.5	329.688	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Submaster															
82.5kg Submaster																	
DQ	Amy Magers	WV	82.5kg	82.5	39	100	-107.5	-112.5	67.5	70	75	115	125	132.5	0	0	
Women Raw Powerlifting		Master															
75kg Master 50-54																	
1	Cindy Vroman	MD	75kg	73.9	50	115	125	130	60	65	67.5	135	147.5	155	347.5	341.127	385.473
110kg Master 40-44																	
1	Brandy Duley	MD	110kg	104.7	43	102.5	107.5	115	65	70	75	115	122.5	132.5	322.5	270.484	278.869
Men Raw Powerlifting		Junior															
82.5kg Jr 20-23																	
1	Timothy Lee	VA	82.5kg	81	23	207.5	222.5	235	120	127.5	135	250	260	272.5	630	431.27	
90kg Jr 20-23																	
1	Chance Szabo	PA	90kg	90	23	222.5	235	235	165	175	185	235	252.5	260	680	439.689	
2	Hunter Naab	VA	90kg	87.7	22	200	207.5	215	120	130	132.5	235	255	265	612.5	401.334	
100kg Jr 20-23																	
1	Andrew Collins	VA	100kg	98.9	23	247.5	260	270	147.5	155	165	270	285	300	735	454.593	
2	Garrett Turner	MD	100kg	92	21	157.5	162.5	170	105	110	110	210	217.5	217.5	485	310.202	
110kg Jr 20-23																	
1	Legend Price	MD	110kg	104.6	21	182.5	190	190	192.5	192.5	132.5	230	240	242.5	565	341.275	
								(192.5)									
125kg Jr 20-23																	
1	Mac Mcgrath	MD	125kg	124.9	23	250	267.5	280.5	160	167.5	175	217.5	227.5	250	692.5	392.578	
Men Raw Powerlifting		Open															
67.5kg Open																	
1	Nabil Lahlou	VA	67.5kg	67.2	23	220	230	235	120	125	130	297.5	310	318	655	506.471	
75kg Open																	
1	Samuel Yoon	DE	75kg	70.9	28	172.5	187.5	197.5	112.5	120	122.5	230	245	260	552.5	411.381	
2	Tyler Mckenzie	MD	75kg	74.3	25	160	175	180	112.5	122.5	122.5	205	222.5	227.5	520	375.314	

USPA Drug Tested King of the Cave June 18, 2022 Salisbury, MD

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Open																
1	Nick Sia	OH	82.5kg	81.9	25	225	235	242.5	142.5	152.5	152.5	247.5	260	272.5	657.5	447.24	
2	Geane Herl Valdez	MD	82.5kg	81.9	25	225	235	240	135	140	142.5	270	285	285	650	444.643	
3	Andrew Beckham	NY	82.5kg	81.1	28	180	185	185	105	110	115	185	200	210	500	342.033	
4	Adam Lowe	MD	82.5kg	81.3	24	127.5	137.5	145	92.5	97.5	105	197.5	207.5	217.5	467.5	319.346	
	90kg Open																
1	Nolan Linaberry	PA	90kg	89.5	28	220	230	235	150	155	-----	237.5	252.5	257.5	642.5	416.613	
2	Hunter Naab	VA	90kg	87.7	22	200	207.5	215	120	130	132.5	235	255	265	612.5	401.334	
3	Salvatore Carbone	PA	90kg	89.7	36	170	177.5	185	125	130	130	197.5	207.5	215	530	343.276	
4	Andrea Spinola	PA	90kg	84.6	18	165	172.5	180	90	95	97.5	200	212.5	220	490	327.307	
DQ	Roman Denisyuk	PA	90kg	89.7	28	225	237.5	-----	132.5	135	-----	375	375	-----	0	0	
	100kg Open																
1	Scott Rush	NJ	100kg	92.7	27	212.5	230	230	120	130	130	245	255	265	587.5	374.38	
	110kg Open																
1	Lamar Holmes	LA	110kg	106.4	31	272.5	280	282.5	182.5	187.5	187.5	317.5	325	330	795	476.934	
2	Wyatt Williams	MD	110kg	108.9	26	230	245	260	165	172.5	180	242.5	260	272.5	692.5	411.711	
DQ	Michael Silverstein	VA	110kg	100.9	32	227.5	235	240	127.5	137.5	140	230	237.5	245	620	380.152	
	125kg Open																
1	Nikolas Bender	MD	125kg	112.9	32	230	247.5	267.5	145	157.5	165	247.5	265	280	705	413.554	
2	Mac Mcgrath	MD	125kg	124.9	23	250	267.5	280.5	160	167.5	175	217.5	227.5	250	692.5	392.578	
3	James Milliner	MD	125kg	111.2	33	160	170	170	122.5	130	137.5	207.5	220	230	527.5	311.158	
	Men Raw Powerlifting																
	Submaster																
	90kg Submaster																
1	Nicholas Kyle	WV	90kg	87.5	35	160	170	182.5	95	97.5	-----	205	215	227.5	492.5	323.091	
	Men Classic Raw Powerlifting																
	Junior																
	90kg Jr 20-23																
1	Brandon Hoagland	VA	90kg	89.4	23	235	240	240	122.5	127.5	132.5	240	240	240	602.5	390.897	
	Men Classic Raw Powerlifting																
	Open																
	75kg Open																
1	Alexander Freyer	PA	75kg	72.3	38	222.5	230	235.5	132.5	137.5	140.5	225	232.5	232.5	605.5	444.929	

USPA Drug Tested King of the Cave June 18, 2022 Salisbury, MD

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Open																
1	Timothy Brown	MD	82.5kg	81.2	28	212.5	227.5	235	145	150	---	215	220	227.5	607.5	415.274	
Men Classic Raw Powerlifting			Submaster														
	75kg Submaster																
1	Alexander Freyer	PA	75kg	72.3	38	222.5	230	235.5	132.5	137.5	140.5	225	232.5	232.5	605.5	444.929	
Men Single Ply Powerlifting			Open														
	110kg Open																
1	David Wells	MD	110kg	106.3	36	267.5	282.5	292.5	185	190	195	237.5	255	262.5	750	450.105	
	125kg Open																
1	Mike Hedlesky	MD	125kg	111.6	37	260	275	282.5	185	195	---	305	330	342.5	820	483.054	
Men Single Ply Powerlifting			Submaster														
	110kg Submaster																
1	David Wells	MD	110kg	106.3	36	267.5	282.5	292.5	185	190	195	237.5	255	262.5	750	450.105	
	125kg Submaster																
1	Mike Hedlesky	MD	125kg	111.6	37	260	275	282.5	185	195	---	305	330	342.5	820	483.054	
Men Raw Bench Only			Open														
	100kg Open																
1	Joshua Olson	MD	100kg	99.3	31				115	122.5	122.5				115	71.001	
Men Raw Bench Only			Master														
	125kg Master 60-64																
DQ	Neil Tress	MD	125kg	116.3	61				172.5	172.5	172.5				0	0	0

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total			
Best Lifters																			
Name	Equip	Events	Comp	Sex								Record Color Codes							
Andrew Collins	Raw	PL	Jr	Men								State							
Raishel Phares	Raw	PL	Open	Women								National							
Nabil Lahlou	Raw	PL	Open	Men															
Meet Director:	George Spohrer & Bethany Spohrer																		
Referees																			
International:	George Spohrer																		
National:	Bethany Spohrer, Travis Rogers, Jessica Rogers																		
State:	Daniel Dixon, Anthony Colangeli, Eric Martinez																		
Spotter/Loaders:	Aaron Schulenburg, Ryan Bricker, Thomas Willey, Carl LeMaster Caitlin Marvel																		
Tested Lifters:	Nabil Lahlou, Jenna Seipel, Andrew Collins, Raishel Phares, Mike Hedlesky																		