

USPA Only the Strong Powerlifting Championships December 5-6, 2020 Kansas City, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Raw Powerlifting			Junior													
	56kg Jr 18-19																
1	Lexi Hosford	KS	56kg	54.5	18	92.5	100	105	60	65	70	115	125	132.5	302.5	357.053	
	56kg Jr 20-23																
1	Jennifer Mendoza-Hernand	KS	56kg	54.3	22	87.5	97.5	102.5	37.5	42.5	47.5	102.5	110	115	265	313.567	
	60kg Jr 18-19																
1	Jayci Cochran	MO	60kg	59.0	19	100	102.5	105	47.5	50	52.5	145	150	155	312.5	350.137	
2	Cassandra Sullivan	MO	60kg	58.3	19	105	105	112.5	57.5	62.5	62.5	110	120	125	282.5	318.956	
	67.5kg Jr 18-19																
1	Madison Konkel	KS	67.5kg	67.4	19	100	107.5	115	57.5	57.5	62.5	102.5	110	115	280	289.318	
2	Tessa Burg	IA	67.5kg	62.5	19	85	92.5	100	42.5	52.5	60	90	102.5	110	262.5	283.7	
	67.5kg Jr 20-23																
1	Maryann Fortmann	MO	67.5kg	65.9	21	95	95	102.5	55	60	62.5	120	130	137.5	292.5	306.227	
	75kg Jr 20-23																
1	Ashley Rediger	KS	75kg	72.6	20	140	140	145	92.5	97.5	102.5	185	192.5	197.5	440	436.085	
	Women Raw Powerlifting			Open													
	52kg Open																
1	Rachel Zenk	OR	52kg	50.7	24	100	110	115	70	75	80	125	137.5	137.5	315	390.825	
	56kg Open																
1	Cara Kendall	MO	56kg	55.3	27	100	110	115	70	75	75	127.5	145	155	345	403.255	
	60kg Open																
1	Natalie Meza	AL	60kg	59.8	26	122.5	130	137.5	80	87.5	92.5	132.5	140	145	357.5	397.142	
2	Kayla Jacques	CT	60kg	59.3	26	105	115	120	67.5	72.5	77.5	125	137.5	137.5	312.5	349.006	
3	Tiffany Peters	MO	60kg	57.3	32	100	107.5	115	60	65	70	100	107.5	115	300	342.532	
	67.5kg Open																
1	Carolyn Singleterry	KS	67.5kg	66.5	27	115	120	125	50	52.5	52.5	115	122.5	127.5	300	312.414	
2	Jessica Brewer	AZ	67.5kg	66.5	30	90	97.5	102.5	52.5	57.5	60	112.5	122.5	130	292.5	304.604	

USPA Only the Strong Powerlifting Championships December 5-6, 2020 Kansas City, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Open																
1	Kristy Hawkins	CA	75kg	74.4	40	245	255	260	140	150	155	265	272.5	272.5	680	665.131	
2	Ashley Rediger	KS	75kg	72.6	20	140	140	145	92.5	97.5	102.5	185	192.5	197.5	440	436.085	
3	Hanna Johnson	WA	75kg	74	30	120	135	142.5	75	82.5	82.5	140	152.5	160	362.5	355.595	
4	Anjelica Haberlein	KS	75kg	69.4	28	100	125	130	45	57.5	62.5	137.5	145	150	342.5	348.036	
5	Taylor Johnson	KS	75kg	71.3	26	105	115	115	50	55	57.5	130	137.5	145	315	315.302	
6	Jessica Cook	KS	75kg	68.2	25	95	102.5	110	45	50	52.5	137.5	147.5	147.5	290	297.624	
7	Mac Bailey	MO	75kg	73.0	30	60	70	80	60	65	67.5	105	115	125	272.5	269.272	
8	Ashley Bowser	KS	75kg	72.4	26	75	82.5	87.5	30	32.5	35	102.5	110	117.5	240	238.222	
	82.5kg Open																
1	Julia Tomascheski	UT	82.5kg	82.3	29	150	162.5	170	100	105	107.5	172.5	187.5	187.5	440	408.857	
2	Bailey Knudtson	NE	82.5kg	79.1	31	110	120	130	80	85	87.5	162.5	172.5	182.5	397.5	376.672	
3	Barbra Jackson	MO	82.5kg	82.1	28	140	147.5	155	70	72.5	75	160	167.5	175	387.5	360.499	
4	Amira Lamb	KS	82.5kg	75.5	13	130	140	145	62.5	70	75	147.5	157.5	172.5	377.5	366.392	
5	Holly Torrez	KS	82.5kg	75.7	29	112.5	125	135	67.5	80	92.5	122.5	135	150	365	353.768	
6	Abigail Moore	KS	82.5kg	77	24	110	120	120	55	60	65	125	135	140	325	312.223	
	SHW Open																
1	Jacque Lynn Sims	MO	SHW	118.5	30	152.5	165	177.5	102.5	110	115	202.5	217.5	227.5	520	418.736	
2	Kaycee Galitz	WI	SHW	112.3	27	170	182.5	187.5	90	97.5	100	182.5	192.5	200	480	392.971	
4	Amanda West	MO	SHW	106.4	40	127.5	137.5	145	60	65	70	145	155	167.5	375	312.698	312.698
5	Blair Dammerman	MO	SHW	98.8	28	102.5	112.5	117.5	57.5	62.5	67.5	125	137.5	142.5	322.5	276.509	
	Women Raw Powerlifting																
	67.5kg Master 45-49																
1	Elizabeth Ancsin	KS	67.5kg	66.4	46	82.5	87.5	92.5	55	57.5	60	110	115	120	272.5	284.026	303.34
	75kg Master 60-64																
1	Becky Brummett	KS	75kg	70.6	60	30	40	42.5	32.5	37.5	40	60	82.5	87.5	167.5	168.58	225.897
	SHW Master 40-44																
1	Amanda West	MO	SHW	106.4	40	127.5	137.5	145	60	65	70	145	155	167.5	375	312.698	312.698
	SHW Master 55-59																
1	Michelle Hadden	KS	SHW	98.6	59	80	90	92.5	50	57.5	62.5	100	115	125	262.5	225.246	296.198
	Men Raw Powerlifting																
	67.5kg Jr 18-19																
1	Tommy Warden	KS	67.5kg	66.8	19	120	140	147.5	117.5	130	130	152.5	167.5	175	440	341.708	
	67.5kg Jr 20-23																
1	Andy Reyes	MO	67.5kg	67.2	21	147.5	152.5	152.5	100	110	110	190	200	215	447.5	346.024	

USPA Only the Strong Powerlifting Championships December 5-6, 2020 Kansas City, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	75kg Jr 13-15																
1	Brady Macey	KS	75kg	68.1	13	100	120	122.5	45	55	65	125	135	145	320	245.074	
	75kg Jr 20-23																
1	Casey Koehn	KS	75kg	74.1	20	147.5	162.5	170	92.5	100	105	195	207.5	212.5	487.5	352.471	
	82.5kg Jr 13-15																
1	Cade Driskell	KS	82.5kg	80.1	15	157.5	170	182.5	102.5	107.5	112.5	170	185	190	480	330.739	
2	Stephen Carroll	KS	82.5kg	80.8	13	120	127.5	130	80	85	87.5	130	140	147.5	365	250.222	
	82.5kg Jr 20-23																
1	Blake Mattingly	MO	82.5kg	81.9	22	222.5	235	240	165	172.5	177.5	247.5	265	275	672.5	457.443	
2	Mastan Inchekel	KS	82.5kg	79.9	23	185	202.5	217.5	132.5	145	155	192.5	215	230	592.5	408.858	
3	Austin Perry	MO	82.5kg	80.8	22	162.5	172.5	182.5	105	112.5	117.5	175	182.5	192.5	492.5	337.628	
4	Jon Mantis	KS	82.5kg	79.7	21	152.5	160	170	95	100	105	195	210	225	480	331.718	
	100kg Jr 20-23																
1	Devon Temmen	KS	100kg	98.5	21	205	225	250	145	165	190	225	237.5	245	685	424.427	
2	Luke Kennedy	KS	100kg	97.6	22	225	237.5	250	147.5	160	167.5	230	250	257.5	667.5	415.279	
3	Brenden Graff	MO	100kg	95.4	22	170	175	185	130	135	142.5	245	257.5	265.5	593	372.785	
4	Brock Webb	KS	100kg	92.8	23	185	195	205	147.5	155	162.5	195	205	210	577.5	367.816	
	110kg Jr 20-23																
1	Cody McMurtrey	KS	110kg	109.3	23	262.5	272.5	280	165	170	182.5	270	282.5	282.5	725	430.431	
	125kg Jr 20-23																
1	Devyn Wiesner	AL	125kg	118.2	22	227.5	245	250	150	162.5	170	260	277.5	290	702.5	405.506	
2	Robert Villarreal	KS	125kg	114.7	21	210	220	227.5	155	167.5	175	257.5	267.5	277.5	680	396.634	
	140kg Jr 18-19																
1	Travis Crudup	MO	140kg	137	19	200	220	235	130	145	165	230	250	260	640	352.891	
	Men Raw Powerlifting			Open													
	75kg Open																
1	Grant Habluetzel	KS	75kg	74	28	195	207.5	215	130	140	140	245	265	275	620	448.664	
2	Robert Fenton	KS	75kg	74.8	43	155	167.5	167.5	105	110	112.5	195	205	210	477.5	343.155	353.793
3	Phillip Johnson	MO	75kg	74.3	31	132.5	145	152.5	100	107.5	112.5	147.5	160	175	440	317.573	
	82.5kg Open																
1	David Joplin	AZ	82.5kg	82.2	27	260	272.5	277.5	190	197.5	202.5	272.5	285	285	742.5	504.005	
2	Blake Mattingly	MO	82.5kg	81.9	22	222.5	235	240	165	172.5	177.5	247.5	265	275	672.5	457.443	
3	Jake Helphingstine	KS	82.5kg	81.7	25	195	202.5	212.5	140	147.5	160	210	225	240	585	398.482	
4	Alex Nason	MO	82.5kg	82.4	27	130	137.5	145	102.5	110	115	180	190	202.5	457.5	310.12	

USPA Only the Strong Powerlifting Championships December 5-6, 2020 Kansas City, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	90kg Open																
1	Chad Sabatka	NE	90kg	88.8	39	275	275	280	185	195	202.5	275	290	295	772.5	502.918	
2	Matthew Burns	KS	90kg	86.8	34	237.5	250	257.5	147.5	160	170	265	277.5	290	705	464.455	
3	Levi Duncan	MO	90kg	86.9	26	250	250	265	150	160	160	257.5	280	292.5	705	464.172	
4	Standerek Duree	MO	90kg	90	29	250	270	270	147.5	150	155	295	317.5	317.5	695	449.388	
5	Mark Ramos	KS	90kg	89.1	31	185	195	200	145	150	155	247.5	260	272.5	627.5	407.815	
6	Brian Morehouse	KS	90kg	86.2	26	212.5	225	230	125	137.5	142.5	185	205	217.5	580	383.517	
7	Curtis Cacan	WA	90kg	90	35	180	192.5	195	140	145	147.5	240	250	---	580	375.028	
8	Charles Williams	MO	90kg	89.9	25	162.5	175	185	120	127.5	135	170	187.5	200	512.5	331.569	
9	Eric Kunkel	MO	90kg	89.1	27	152.5	167.5	175	110	117.5	122.5	177.5	192.5	205	502.5	326.577	
	100kg Open																
1	Drew Dowd	MO	100kg	98.6	25	295	307.5	315	165	170	175	300	310	310	790	489.266	
2	Clinton Johnson	KS	100kg	98.7	29	240	250	250	142.5	147.5	150	260	270	277.5	667.5	413.213	
3	Israel Keierleber	KS	100kg	95.1	26	185	197.5	207.5	142.5	147.5	155	232.5	245	260	615	387.182	
4	Jack Lysell	TX	100kg	98.3	24	182.5	202.5	215	135	142.5	147.5	237.5	250	---	612.5	379.848	
5	Brenden Graff	MO	100kg	95.4	22	170	175	185	130	135	142.5	245	257.5	265.5	593	372.785	
6	Peter Winkler	MO	100kg	94.8	25	185	200	210	142.5	150	157.5	190	215	227.5	587.5	370.414	
7	Eric Schultz	KS	100kg	92.7	32	175	192.5	202.5	137.5	142.5	150	212.5	227.5	237.5	572.5	364.821	
8	Stan Mitchell	KS	100kg	98.2	54	175	187.5	187.5	130	140	145	200	217.5	227.5	545	338.14	407.121
9	Justin Eberle	KS	100kg	98.3	30	160	170	177.5	112.5	117.5	127.5	187.5	195	202.5	497.5	308.53	
	110kg Open																
1	Jordan Gusman	MO	110kg	105.8	29	272.5	287.5	300	160	167.5	172.5	285	300	305	767.5	461.471	
2	Cody McMurtrey	KS	110kg	109.3	23	262.5	272.5	280	165	170	182.5	270	282.5	282.5	725	430.431	
3	Michael Butler	MO	110kg	107.8	29	195	202.5	210	130	137.5	147.5	210	220	227.5	575	343.192	
4	Marshall Purtee	MO	110kg	109.5	24	220	230	---	140	145	150	120	---	---	500	296.643	
	125kg Open																
1	Chris Bridgeford	WA	125kg	124.9	26	282.5	300	310	215	227.5	235	375	400	400	902.5	511.627	
2	Robert Villarreal	KS	125kg	114.7	21	210	220	227.5	155	167.5	175	257.5	267.5	277.5	680	396.634	
DQ	Nicholas Jacobs	KS	125kg	123.3	29	225	225	225	---	---	---	---	---	---	0	0	
	140kg Open																
1	Curtis Hechler	MO	140kg	133	24	245	260	270	147.5	152.5	152.5	255	272.5	277.5	700	389.305	
2	Carlos Sanchez	KS	140kg	129	32	167.5	182.5	190	132.5	140	145	180	190	205	540	303.076	
	SHW Open																
1	Brody Hingst	KS	SHW	151.2	23	245	257.5	270	160	175	182.5	252.5	267.5	282.5	727.5	390.387	
2	James Abbott	MO	SHW	151.7	28	212.5	225	250	152.5	165	175	220	245	265	680	364.576	

USPA Only the Strong Powerlifting Championships December 5-6, 2020 Kansas City, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Raw Powerlifting		Submaster															
	75kg Submaster																
1	Phillip Johnson	MO	75kg	74.3	31	132.5	145	152.5	100	107.5	112.5	147.5	160	175	440	317.573	
	82.5kg Submaster																
1	Patrick Williams	MO	82.5kg	81.7	36	152.5	157.5	162.5	115	122.5	-125	187.5	195	205	490	333.771	
	90kg Submaster																
1	Chad Sabatka	NE	90kg	88.8	39	275	275	280	185	195	202.5	275	290	295	772.5	502.918	
2	Curtis Cacan	WA	90kg	90	35	180	192.5	195	140	145	-147.5	240	-250	-----	580	375.028	
	100kg Submaster																
DQ	Eric Stephens	IA	100kg	99.3	37	227.5	245	-255	147.5	-157.5	-165	-257.5	-257.5	-----	0	0	
Men Raw Powerlifting		Master															
	100kg Master 50-54																
1	Stan Mitchell	KS	100kg	98.2	54	175	-187.5	187.5	130	140	-145	200	217.5	-227.5	545	338.14	407.121
	125kg Master 50-54																
1	Randy Moore	KS	125kg	124.4	52	132.5	145	152.5	107.5	112.5	115	180	195	197.5	465	263.944	307.494
	90kg Master 45-49																
1	Matt Grooms	MO	90kg	90	46	227.5	235	247.5	150	157.5	-160	227.5	237.5	250	655	423.524	452.323
	100kg Master 45-49																
1	Vance Wallace	MO	100kg	93.9	49	165	202.5	-210	165	182.5	185	172.5	190	195	582.5	368.916	410.603
	75kg Master 40-44																
1	Robert Fenton	KS	75kg	74.8	43	155	-167.5	-167.5	105	-110	112.5	195	205	210	477.5	343.155	353.793
Men Classic Raw Powerlifting		Junior															
	75kg Jr 20-23																
1	Skyler Stewart	KS	75kg	74	22	230	-240	-242.5	125	132.5	140	-245	252.5	-272.5	622.5	450.473	
Men Classic Raw Powerlifting		Open															
	90kg Open																
1	Shawn Graves	IA	90kg	90	25	265	287.5	-302.5	175	-187.5	-187.5	285	302.5	-317.5	765	494.65	
2	Isaac Miller	MO	90kg	87.7	26	242.5	255	262.5	182.5	192.5	-197.5	242.5	255	272.5	727.5	476.687	
3	Dakota Britt	KS	90kg	88.5	25	190	205	-220	-130	137.5	147.5	200	215	230	582.5	379.884	
	100kg Open																
1	Edward Blair	IL	100kg	100	25	320	340	350	-235	247.5	-252.5	272.5	-285	-----	870	535.499	
2	Drew Mitchell	KS	100kg	99.5	26	-295	310	-330	170	187.5	195	260	-277.5	277.5	782.5	482.691	

USPA Only the Strong Powerlifting Championships December 5-6, 2020 Kansas City, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Open																
1	Zachary Walker	MO	110kg	104.5	27	285	285	300	172.5	185	187.5	285	305	317.5	792.5	478.877	
2	Cameron Smith	TN	110kg	101.3	24	240	252.5	272.5	140	152.5	160	260	270	280	705	431.542	
	140kg Open																
1	Braden Redenbaugh	KS	140kg	137.2	24	245	260	275	160	170	182.5	270	285	295	740	407.86	
2	John Ross	MO	140kg	137.5	32	285	285	285	170	187.5	187.5	272.5	300	300	727.5	400.721	
	Men Classic Raw Powerlifting																
	90kg Master 45-49																
1	Anthony Bowen	IA	90kg	88.8	46	227.5	242.5	247.5	170	175	187.5	227.5	240	250	672.5	437.816	467.587
	Men Single Ply Powerlifting																
	90kg Open																
1	Rick Bertel	MO	90kg	88.4	54	207.5	220	230	137.5	150	157.5	207.5	232.5	252.5	620	404.576	487.109
	Men Single Ply Powerlifting																
	90kg Master 50-54																
1	Rick Bertel	MO	90kg	88.4	54	207.5	220	230	137.5	150	157.5	207.5	232.5	252.5	620	404.576	487.109
	140kg Open																
1	Kody Medina	KS	140kg	132.6	27	270	287.5	297.5	182.5	197.5	205	280	307.5	322.5	817.5	455.056	
	Women Raw Bench Only																
	75kg Open																
1	Hanna Johnson	WA	75kg	74	30				75	82.5	82.5				75	73.571	
	Men Raw Bench Only																
	75kg Open																
1	Phillip Johnson	MO	75kg	74.3	31				100	107.5	112.5				112.5	81.198	
	100kg Open																
1	Drew Mitchell	KS	100kg	99.5	26				170	187.5	195				195	120.287	
	Men Raw Bench Only																
	75kg Submaster																
1	Phillip Johnson	MO	75kg	74.3	31				100	107.5	112.5				112.5	81.198	
	82.5kg Submaster																
1	Patrick Williams	MO	82.5kg	81.7	36				115	122.5	125				122.5	83.443	
	Men Raw Bench Only																
	82.5kg Master 50-54																
1	Mark Driskell	KS	82.5kg	80	50				127.5	135	137.5				135	93.089	105.19

USPA Only the Strong Powerlifting Championships December 5-6, 2020 Kansas City, MO

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
	100kg Master 45-49																	
1	Vance Wallace	MO	100kg	93.9	49				165	182.5	185				185	117.166	130.406	
Women Raw Deadlift Only				Open														
	75kg Open																	
1	Hanna Johnson	WA	75kg	74	30							140	152.5	160	152.5	149.595		
Men Raw Deadlift Only				Open														
	100kg Open																	
1	Drew Mitchell	KS	100kg	99.5	26							260	277.5	277.5	277.5	171.178		

	75kg Open																	
1	Phillip Johnson	MO	75kg	74.3	31							147.5	160	175	175	126.308		
Men Raw Deadlift Only				Submaster														
	75kg Submaster																	
1	Phillip Johnson	MO	75kg	74.3	31							147.5	160	175	175	126.308		

Best Lifters															Record Color Codes		
Ashley Rediger															State		
Blake Mattingly															National		
Kristy Hawkins																	
Edward Blair																	
Meet Director:															JP Price		
Referees																	
International:															Joe Walden		
National:															Tom Mackie, Mark Elder		
State:															Kay Walden, Amy Perry, Michael Greeno		
Staff:															Strong Barbell Club		
Spotter/Loaders:															Luke Ross, Melody Griseta, Mackenzie Weaver, Hunter Henderson, Kade Proctor, Kyle Phipps, Tyler Ernst, Christi Ernst, D'Andre, Brian Morehouse, Cydney Morehouse		