

## USPA Grizz's Powerhouse Powerlifting Championship August 3, 2019 Tulare, CA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
<b>Women Raw Powerlifting</b>															
	75kg Jr 18-19														
1	Margaret Benn	CA	75kg	70.5	19	102.5	55	137.5	295	292.05		226	121.3	303.1	650.4
	52kg Open														
1	Desiree Russell	CA	52kg	51.6	26	92.5	55	112.5	260	326.066		203.9	121.3	248	573.2
	75kg Open														
1	Jessika Zermeno	CA	75kg	74.2	28	142.5	72.5	150	365	349.342		314.2	159.8	330.7	804.7
	82.5kg Open														
1	Laura Cabrera	CA	82.5kg	78.8	30	125	52.5	142.5	320	295.328		275.6	115.7	314.2	705.5
	90kg Open														
1	Karen Cronian Hurley	CA	90kg	88.9	66	85	52.5	127.5	265	230.179	347.8	187.4	115.7	281.1	584.2
	SHW Open														
1	Mariela Vizcarra	CA	SHW	111.8	27	137.5	67.5	157.5	362.5	293.734		303.1	148.8	347.2	799.2
	90kg Master 65-69														
1	Karen Cronian Hurley	CA	90kg	88.9	66	85	52.5	127.5	265	230.179	347.8	187.4	115.7	281.1	584.2
<b>Men Raw Powerlifting</b>															
	82.5kg Jr 18-19														
1	Cristian Quevedo	CA	82.5kg	76.7	19	167.5	115	210	492.5	345.587		369.3	253.5	463	1085.8
	82.5kg Jr 20-23														
1	Diego Rivera	CA	82.5kg	81.8	23	175	112.5	245	532.5	358.586		385.8	248	540.1	1173.9
	90kg Jr 20-23														
1	Carlos Rivera	CA	90kg	83.5	22	170	107.5	205	482.5	320.911		374.8	237	451.9	1063.7
	100kg Jr 16-17														
1	Hayden Smith	CA	100kg	94.9	17	187.5	128	220	535.5	333.242		413.4	282.2	485	1180.6
	100kg Jr 18-19														
1	Adolfo Herrejon	CA	100kg	92.4	19	217.5	145	232.5	595	374.91		479.5	319.7	512.6	1311.7
	100kg Jr 20-23														
1	Nathan Rivera	CA	100kg	93.8	22	197.5	132.5	220	550	344.135		435.4	292.1	485	1212.5
	125kg Jr 18-19														
1	Jose Lugo	CA	125kg	114.2	19	225	125	277.5	627.5	365.268		496	275.6	611.8	1383.4

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	125kg Jr 20-23														
1	Ulysis Espinosa	CA	125kg	121.2	20	140	135	185	460	263.856		308.6	297.6	407.9	1014.1
	67.5kg Open														
1	Gerald Lebrilla	CA	67.5kg	67.2	26	157.5	110	212.5	480	371.424		347.2	242.5	468.5	1058.2
2	Michael Castillo	CA	67.5kg	66	24	135	115	187.5	437.5	343.525		297.6	253.5	413.4	964.5
	82.5kg Open														
1	Alvin Jayson Villadelgado	CA	82.5kg	80.4	28	187.5	120	235	542.5	369.226		413.4	264.6	518.1	1196
2	Daniel Rodriguez	CA	82.5kg	77.9	26	205	105	220	530	368.085		451.9	231.5	485	1168.4
3	Michael Craddock	CA	82.5kg	78.7	33	157.5	92.5	230	480	331.152		347.2	203.9	507.1	1058.2
4	Joseph Rodriguez	CA	82.5kg	79.1	32	137.5	97.5	182.5	417.5	287.073		303.1	214.9	402.3	920.4
	90kg Open														
1	Chris Velasco	CA	90kg	88.9	29	210	150	250	610	391.864		463	330.7	551.2	1344.8
	100kg Open														
1	Orry Bynum	CA	100kg	97.6	30	232.5	167.5	282.5	682.5	419.533		512.6	369.3	622.8	1504.6
2	Glenn Rivera	CA	100kg	93.9	30	212.5	145	230	587.5	367.423		468.5	319.7	507.1	1295.2
3	Alberto Novela	CA	100kg	94.6	31	205	152.5	227.5	585	364.572		451.9	336.2	501.5	1289.7
4	Brice Nielsen	CA	100kg	97.1	28	197.5	130	237.5	565	348.097		435.4	286.6	523.6	1245.6
DQ	Marc Vaca	CA	100kg	98.7	24	242.5	0	272.5	0	0		534.6	0	600.8	0
	110kg Open														
1	Rowell Dingle	CA	110kg	105.9	25	227.5	142.5	242.5	612.5	364.928		501.5	314.2	534.6	1350.3
2	Nathan Eskro	CA	110kg	104.2	24	215	122.5	260	597.5	358.022		474	270.1	573.2	1317.2
3	Jose Bragas	CA	110kg	105.6	31	162.5	145	232.5	540	322.056		358.2	319.7	512.6	1190.5
4	Joseph Longoria	CA	110kg	105.6	29	162.5	97.5	182.5	442.5	263.907		358.2	214.9	402.3	975.5
DQ	Sam Quillen	CA	110kg	106.3	34	205	0	0	0	0		451.9	0	0	0
	125kg Open														
1	Brian Nicklas	CA	125kg	119.5	41	237.5	167.5	252.5	657.5	378.391	382.175	523.6	369.3	556.7	1449.5
	140kg Open														
1	Tyler Savery	CA	140kg	136	27	240	165	295	700	392.91		529.1	363.8	650.4	1543.2
	125kg Master 40-44														
1	Brian Nicklas	CA	125kg	119.5	41	237.5	167.5	252.5	657.5	378.391	382.175	523.6	369.3	556.7	1449.5

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<b>Women Classic Raw Powerlifting</b>															
	48kg Jr 20-23														
1	Renaee Pavelzik	CA	48kg	45.9	23	45	27.5	80	152.5	208.59		99.2	60.6	176.4	336.2
	75kg Open														
1	Brianne Barry	CA	75kg	71.5	30	115	67.5	147.5	330	323.598		253.5	148.8	325.2	727.5
<b>Men Classic Raw Powerlifting</b>															
	75kg Open														
1	Gerald Ramones	CA	75kg	72.9	28	160	102.5	202.5	465	338.102		352.7	226	446.4	1025.1
	90kg Open														
1	Marquis Station	CA	90kg	90	25	245	162.5	275	682.5	435.708		540.1	358.2	606.3	1504.6
	100kg Open														
1	Troy Young	CA	100kg	93.9	26	192.5	117.5	210	520	325.208		424.4	259	463	1146.4
	125kg Open														
1	Charles Blue	CA	125kg	121.5	34	255	172.5	260	687.5	394.144		562.2	380.3	573.2	1515.7
DQ	Adrien Llanes	CA	125kg	112.6	25	207.5	0	0	0	0		457.5	0	0	0
	140kg Open														
1	Hernan Paredes	CA	140kg	128.7	25	320	202.5	342.5	865	490.109		705.5	446.4	755.1	1907
2	Shane Souza	CA	140kg	129.2	28	260	180	255	695	393.509		573.2	396.8	562.2	1532.2
	125kg Submaster														
1	Martin Ortiz	CA	125kg	115.8	35	182.5	152.5	217.5	552.5	320.45		402.3	336.2	479.5	1218
	125kg Master 40-44														
1	Adam Huerta	CA	125kg	118.7	43	265	213	237.5	715.5	412.414	425.199	584.2	469.6	523.6	1577.4
	SHW Master 45-49														
DQ	Eduardo Martinez	AL	SHW	140.7	48	0	175	320	0	0	0	0	385.8	705.5	0
<b>Women Raw Bench Only</b>															
	82.5kg Master 75-79														
1	Lil Stewart	CA	82.5kg	75.9	76		37.5		37.5	35.385	66.382		82.7		82.7
<b>Men Raw Bench Only</b>															
	75kg Open														
1	Gerald Ramones	CA	75kg	72.9	28		102.5		102.5	74.528			226		226
	82.5kg Open														
1	Nathaniel Andrade	CA	82.5kg	80.6	25		177.5		177.5	120.611			391.3		391.3



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	Best Lifters:														
	Open Women Raw: Jessika Zermeno														
	Open Men Raw: Orry Bynum														
	Open Men Clraw: Hernan Paredes														
	Jr. Men Raw: Adolfo Herrejon														
	Meet Director: Lord Elliott														
	Thank you to our officials:														
	International: John DeLuca and Scott Layman														
	State: Daniel Burns, Allie Burns, Robert Lee and Payton Karns														
	Announcer: Lord Elliott														
	Table: Kat Colson														