

|                        | Name                 | State | Class     | Weight | Age | SQ1               | SQ2               | SQ3               | BP1              | BP2              | BP3               | DL1             | DL2   | DL3               | Total Kg | Dots Total | McC Total |
|------------------------|----------------------|-------|-----------|--------|-----|-------------------|-------------------|-------------------|------------------|------------------|-------------------|-----------------|-------|-------------------|----------|------------|-----------|
| Women Raw Powerlifting |                      |       | Junior    |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
|                        | 60kg Jr 16-17        |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Kadence Christiansen | WI    | 60kg      | 58.8   | 17  | 70.0              | 85.0              | <del>-100.0</del> | 40               | 47.5             | 52.5              | 77.5            | 90.0  | 95.0              | 232.5    | 261.068    |           |
|                        | 75kg Jr 16-17        |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Anya High            | MN    | 75kg      | 71.0   | 17  | 115.0             | 123.0             | 127.5<br>(130.0)  | 65               | <del>-67.5</del> | 67.5              | 117.5           | 125.5 | 130.0<br>(135.0)  | 325      | 326.071    |           |
|                        | 75kg Jr 20-23        |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Jessica Lilland      | MN    | 75kg      | 71.5   | 23  | 140.0             | 152.5             | 160.0             | 85               | 95.0             | <del>-100.0</del> | 167.5           | 185.0 | 197.5             | 452.5    | 452.235    |           |
| Women Raw Powerlifting |                      |       | Open      |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
|                        | 60kg Open            |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Nadia Alsadi         | MN    | 60kg      | 57.4   | 30  | 87.5              | <del>-95.0</del>  | <del>-100.0</del> | 45               | <del>-50</del>   | <del>-50.0</del>  | 115             | 120.0 | 125.0             | 257.5    | 293.673    |           |
|                        | 75kg Open            |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Mariah Wu            | MN    | 75kg      | 72.7   | 31  | 115.0             | 127.5             | 137.5             | 55               | 60               | 62.5              | 152.5           | 160.0 | 167.5             | 367.5    | 363.958    |           |
| 2                      | Anya High            | MN    | 75kg      | 71.0   | 17  | 115.0             | 123.0             | 127.5<br>(130.0)  | 65               | <del>-67.5</del> | 67.5              | 117.5           | 125.5 | 130.0<br>(135.0)  | 325      | 326.071    |           |
| 3                      | Peggy Horan          | MN    | 75kg      | 75.0   | 34  | 100.0             | 117.5             | <del>-127.5</del> | 50               | 62.5             | 67.5              | <del>-130</del> | 137.5 | 140.0             | 325      | 316.543    |           |
| 4                      | Dagny Heimisdottir   | MN    | 75kg      | 71.7   | 35  | 92.5              | 100.0             | 102.5             | 55               | 60               | 62.5<br>(65.5)    | 100             | 110.0 | 115.0             | 280      | 279.407    |           |
| 5                      | Sophia Drayna        | MN    | 75kg      | 74.5   | 25  | <del>-85.0</del>  | <del>-87.5</del>  | 92.5              | <del>-47.5</del> | 55               | <del>-62.5</del>  | 102.5           | 115.0 | 125.0             | 272.5    | 266.351    |           |
| 6                      | Susan Thao-Johnson   | MN    | 75kg      | 72.3   | 40  | <del>-75.0</del>  | 75.0              | 82.5              | 40               | <del>-45</del>   | <del>-45.0</del>  | 97.5            | 102.5 | 107.5             | 230      | 228.468    | 228.468   |
|                        | 82.5kg Open          |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Lisa Hillestad       | MN    | 82.5kg    | 80.1   | 32  | <del>-117.5</del> | 117.5             | 125.0             | 65               | 70.0             | <del>-72.5</del>  | 132.5           | 145.0 | <del>-157.5</del> | 340      | 320.166    |           |
| 2                      | Katherine Lobaton    | MN    | 82.5kg    | 82.0   | 34  | 100.0             | 107.5             | 115.0             | 47.5             | 52.5             | <del>-57.5</del>  | 105             | 125.0 | 132.5             | 300      | 279.261    |           |
|                        | 110kg Open           |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Jill Congdon         | MN    | 110kg     | 108.4  | 34  | 150.0             | 162.5             | <del>-177.5</del> | 85               | 92.5             | <del>-97.5</del>  | 152.5           | 167.5 | 177.5             | 432.5    | 358.299    |           |
| Women Raw Powerlifting |                      |       | Submaster |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
|                        | 75kg Submaster       |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Dagny Heimisdottir   | MN    | 75kg      | 71.7   | 35  | 92.5              | 100.0             | 102.5             | 55               | 60               | 62.5<br>(65.5)    | 100             | 110.0 | 115.0             | 280      | 279.407    |           |
|                        | 82.5kg Submaster     |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Amber Mose           | WI    | 82.5kg    | 80.2   | 37  | <del>-107.5</del> | <del>-115.0</del> | 115.0             | <del>-52.5</del> | 55               | <del>-60.0</del>  | 110             | 117.5 | 122.5             | 292.5    | 275.266    |           |
|                        | 110+ Submaster       |       |           |        |     |                   |                   |                   |                  |                  |                   |                 |       |                   |          |            |           |
| 1                      | Ashleigh Raso        | MN    | 110+      | 116.2  | 38  | 115.0             | <del>-122.5</del> | <del>-122.5</del> | 47.5             | 52.5             | <del>-55.0</del>  | <del>-120</del> | 120.0 | 125.0             | 292.5    | 236.913    |           |

|    | Name                   | State | Class  | Weight | Age | SQ1              | SQ2              | SQ3              | BP1              | BP2              | BP3              | DL1            | DL2              | DL3              | Total Kg | Dots Total | McC Total |
|----|------------------------|-------|--------|--------|-----|------------------|------------------|------------------|------------------|------------------|------------------|----------------|------------------|------------------|----------|------------|-----------|
|    | Women Raw Powerlifting |       |        | Master |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
|    | 56kg Master 45-49      |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| 1  | Megan Schilling        | MN    | 56kg   | 53.9   | 47  | 102.5            | 110.0            | 115.0            | 55               | 60               | 62.5             | 125            | 140.0            | 147.5            | 325      | 386.495    | 418.187   |
|    | 75kg Master 40-44      |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| 1  | Susan Thao-Johnson     | MN    | 75kg   | 72.3   | 40  | <del>75.0</del>  | 75.0             | 82.5             | 40               | <del>45</del>    | <del>45.0</del>  | 97.5           | 102.5            | 107.5            | 230      | 228.468    | 228.468   |
|    | 90kg Master 55-59      |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| DQ | Susan Melvin           | MN    | 90kg   | 85.0   | 58  | <del>75.0</del>  | <del>80.0</del>  | <del>80.0</del>  | 57.5             | 60.0             | 67.5             | 95             | 97.5             | 102.5            | 0        | 0          | 0         |
|    | Men Raw Powerlifting   |       |        | Junior |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
|    | 90kg Jr 20-23          |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| 1  | Nick Tomann            | MN    | 90kg   | 89.3   | 22  | 245.0            | 255.0            | 265.0            | 135              | 142.5            | 150.0            | 250            | 265.0            | <del>277.5</del> | 680      | 441.43     |           |
| DQ | Joe Virnig             | MN    | 90kg   | 88.7   | 23  | 185.0            | 190.0            | <del>205.0</del> | <del>135</del>   | <del>142.5</del> | <del>142.5</del> | 225.0          | 245.0            | <del>275.0</del> | 0        | 0          |           |
|    | 110kg Jr 20-23         |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| 1  | Ethan King             | MN    | 110kg  | 103.4  | 23  | 235.0            | <del>250.0</del> | 250.0            | <del>165</del>   | <del>165.0</del> | 165.0            | 290            | 305.0            | <del>317.5</del> | 720      | 436.955    |           |
|    | Men Raw Powerlifting   |       |        | Open   |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
|    | 82.5kg Open            |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| 1  | Ethan Hoffman          | MN    | 82.5kg | 81.3   | 24  | <del>220.0</del> | 220.0            | <del>227.5</del> | <del>142.5</del> | 142.5            | <del>147.5</del> | 250            | <del>272.5</del> | <del>272.5</del> | 612.5    | 418.394    |           |
| 2  | Evan Mcrath            | MN    | 82.5kg | 77.5   | 28  | 160.0            | 172.5            | <del>182.5</del> | 105              | 115.0            | <del>122.5</del> | 215            | 230.0            | 240.0            | 527.5    | 370.749    |           |
|    | 90kg Open              |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| 1  | Timothy Wermeling      | WI    | 90kg   | 88.65  | 35  | 257.5            | 270.0            | 277.5            | 160              | 167.5            | <del>172.5</del> | 305            | 317.5            | <del>330.5</del> | 762.5    | 496.839    |           |
| 2  | Michael Wegner         | MN    | 90kg   | 89.35  | 30  | 215.0            | <del>227.5</del> | <del>230.0</del> | 147.5            | <del>155.0</del> | <del>160.0</del> | 235            | 240.0            | 252.5            | 615      | 399.121    |           |
| 3  | Dalton Hoffman         | MN    | 90kg   | 89.15  | 28  | 212.5            | 230.0            | <del>240.0</del> | <del>137.5</del> | 145.0            | <del>155.0</del> | 182.5          | 210.0            | 227.5            | 602.5    | 391.455    |           |
|    | 100kg Open             |       |        |        |     |                  |                  |                  |                  |                  |                  |                |                  |                  |          |            |           |
| 1  | Jack Rasmussen         | MN    | 100kg  | 99.75  | 25  | 260.0            | 280.0            | <del>285.0</del> | 175              | 190.0            | <del>192.5</del> | 280            | 307.5            | 318.0            | 788      | 485.553    |           |
| 2  | Cole Gau               | WI    | 100kg  | 97.55  | 28  | 280.0            | 295.0            | 305.0            | 165              | 170.0            | <del>180.0</del> | <del>280</del> | 300.0            | <del>310.0</del> | 775      | 482.27     |           |
| 3  | Tim Ammons             | MN    | 100kg  | 99.0   | 34  | 215.0            | <del>235.0</del> | 235.0            | <del>152.5</del> | 162.5            | <del>165.0</del> | 265            | 285.0            | 300.0            | 697.5    | 431.208    |           |
| 4  | Morton Gause Iii       | FL    | 100kg  | 98.1   | 29  | <del>210.0</del> | 210.0            | <del>227.5</del> | 130              | 135.0            | <del>137.5</del> | 265            | <del>280.0</del> | 280.0            | 625      | 387.951    |           |
| 5  | Levi Soydara           | MN    | 100kg  | 97.55  | 29  | <del>192.5</del> | <del>200.0</del> | 200.0            | 125              | 135.0            | 142.5            | 207.5          | 222.5            | 232.5            | 575      | 357.813    |           |
| 6  | Jared Griesenbrock     | MN    | 100kg  | 90.45  | 26  | 187.5            | 192.5            | <del>200.0</del> | 135              | <del>140.0</del> | <del>140.0</del> | 225            | 235.0            | <del>250.0</del> | 562.5    | 362.804    |           |
| 7  | Shaun Myre             | MN    | 100kg  | 96.5   | 40  | 160.0            | 170.0            | <del>175.0</del> | 137.5            | 142.5            | <del>147.5</del> | 197.5          | 205.0            | 210.0            | 522.5    | 326.739    | 326.739   |
| 8  | Tanner Shenkle         | MN    | 100kg  | 99.6   | 30  | 155.0            | 170.0            | 185.0            | <del>115</del>   | 120.0            | <del>127.5</del> | 180            | 200.0            | 215.0            | 520      | 320.626    |           |

## USPA The GYM 365 Open April 26, 2025 Elk River, Minnesota

|    | Name                  | State | Class     | Weight | Age | SQ1   | SQ2              | SQ3              | BP1              | BP2              | BP3              | DL1              | DL2              | DL3              | Total Kg | Dots Total | McC Total |
|----|-----------------------|-------|-----------|--------|-----|-------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|------------------|----------|------------|-----------|
|    | 110kg Open            |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Logan Lubinski        | MN    | 110kg     | 108.5  | 28  | 307.5 | <del>320.0</del> | 320.0            | 205.0            | <del>215.0</del> | 225.0            | 307.5            | 320.0            | 330.0            | 875      | 520.946    |           |
| 2  | Sam Moore             | NE    | 110kg     | 108.5  | 28  | 277.5 | 292.5            | 300.0            | 152.5            | 160.0            | <del>167.5</del> | 305              | 322.5            | <del>325.0</del> | 782.5    | 465.874    |           |
| 3  | Jake Wirtz            | MN    | 110kg     | 106.0  | 29  | 195.0 | 210.0            | 220.0            | 125              | 135.0            | <del>147.5</del> | 205              | 225.0            | 237.5            | 592.5    | 355.982    |           |
| 4  | Carlos Garcia         | MN    | 110kg     | 101.2  | 24  | 195.0 | 210.0            | 215.0            | 130              | 140.0            | 142.5            | 192.5            | 200.0            | <del>207.5</del> | 557.5    | 341.398    |           |
|    | 125kg Open            |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Tres Commer           | MN    | 125kg     | 121.2  | 36  | 152.5 | 165.0            | 182.5            | 105              | 117.5            | <del>127.5</del> | 185              | 197.5            | 207.5            | 507.5    | 290.503    |           |
|    | 140kg Open            |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Cory Christianson     | MN    | 140kg     | 130.1  | 35  | 225.0 | 250.0            | <del>265.0</del> | 170              | 180.0            | 187.5            | 210              | 230.0            | 240.0            | 677.5    | 379.272    |           |
| 2  | Maximillian Andermack | MN    | 140kg     | 125.3  | 19  | 210.0 | 230.0            | <del>250.0</del> | <del>125</del>   | 125.0            | <del>137.5</del> | 250              | 275.0            | <del>290.0</del> | 630      | 356.787    |           |
|    | 140+ Open             |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Swin Sinthavong       | MN    | 140+      | 163.4  | 28  | 295.0 | 312.5            | 330.0            | 197.5            | 220.0            | 227.5            | 302.5            | 322.5            | <del>337.5</del> | 880      | 462.667    |           |
| 2  | Kirk Ondracek         | MN    | 140+      | 144.25 | 45  | 185.0 | 205.0            | 225.0            | 215              | 230.0            | 240.0            | 280              | 300.0            | <del>322.5</del> | 765      | 415.771    | 438.638   |
|    | Men Raw Powerlifting  |       | Submaster |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
|    | 90kg Submaster        |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Timothy Wermeling     | WI    | 90kg      | 88.65  | 35  | 257.5 | 270.0            | 277.5            | 160              | 167.5            | <del>172.5</del> | 305              | 317.5            | <del>330.5</del> | 762.5    | 496.839    |           |
| 2  | Jeremiah Werner       | MN    | 90kg      | 88.35  | 36  | 180.0 | <del>192.5</del> | 192.5            | 115              | 122.5            | <del>127.5</del> | 190              | 200.0            | <del>207.5</del> | 515      | 336.157    |           |
|    | 110kg Submaster       |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Johnathan Batterberry | MN    | 110kg     | 101.6  | 37  | 210.0 | 220.0            | <del>230.0</del> | <del>137.5</del> | 147.5            | 152.5            | 215              | 222.5            | 237.5            | 610      | 372.923    |           |
|    | 125kg Submaster       |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Tres Commer           | MN    | 125kg     | 121.2  | 36  | 152.5 | 165.0            | 182.5            | 105              | 117.5            | <del>127.5</del> | 185              | 197.5            | 207.5            | 507.5    | 290.503    |           |
|    | 140kg Submaster       |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Cory Christianson     | MN    | 140kg     | 130.1  | 35  | 225.0 | 250.0            | <del>265.0</del> | 170              | 180.0            | 187.5            | 210              | 230.0            | 240.0            | 677.5    | 379.272    |           |
|    | Men Raw Powerlifting  |       | Master    |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
|    | 90kg Master 40-44     |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| DQ | Steven Heintz         | MN    | 90kg      | 89.55  | 41  | 235.0 | <del>247.5</del> | <del>260.0</del> | <del>272.5</del> | <del>285.0</del> | <del>297.5</del> | <del>310.0</del> | <del>322.5</del> | <del>335.0</del> | 0        | 0          | 0         |
|    | 90kg Master 75-79     |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | D.L. Diltz            | MN    | 90kg      | 88.95  | 76  | 127.5 | 137.5            | <del>147.5</del> | 102.5            | 115.0            | <del>122.5</del> | 165              | 172.5            | 180.0            | 432.5    | 281.326    | 527.767   |
|    | 100kg Master 40-44    |       |           |        |     |       |                  |                  |                  |                  |                  |                  |                  |                  |          |            |           |
| 1  | Shaun Myre            | MN    | 100kg     | 96.5   | 40  | 160.0 | 170.0            | <del>175.0</del> | 137.5            | 142.5            | <del>147.5</del> | 197.5            | 205.0            | 210.0            | 522.5    | 326.739    | 326.739   |

## USPA The GYM 365 Open April 26, 2025 Elk River, Minnesota

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## USPA The GYM 365 Open April 26, 2025 Elk River, Minnesota

| Name                    |                     | State | Class     | Weight | Age | SQ1 | SQ2 | SQ3 | BP1              | BP2               | BP3               | DL1   | DL2   | DL3               | Total Kg | Dots Total | McC Total |
|-------------------------|---------------------|-------|-----------|--------|-----|-----|-----|-----|------------------|-------------------|-------------------|-------|-------|-------------------|----------|------------|-----------|
| Men Raw Bench Only      |                     |       | Submaster |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
|                         | 90kg Submaster      |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Timothy Wermeling   | WI    | 90kg      | 88.65  | 35  |     |     |     | 160              | 167.5             | <del>-172.5</del> |       |       |                   | 167.5    | 109.142    |           |
|                         | 140kg Submaster     |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Cory Christianson   | MN    | 140kg     | 130.1  | 35  |     |     |     | 170              | 180.0             | 187.5             |       |       |                   | 187.5    | 104.965    |           |
| Men Raw Bench Only      |                     |       | Master    |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
|                         | 82.5kg Master 75-79 |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Charles Hawkins     | MN    | 82.5kg    | 78.5   | 76  |     |     |     | <del>-82.5</del> | 82.5              | <del>-85.0</del>  |       |       |                   | 82.5     | 57.534     |           |
|                         | 100kg Master 40-44  |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Shaun Myre          | MN    | 100kg     | 96.5   | 40  |     |     |     | 137.5            | 142.5             | <del>-147.5</del> |       |       |                   | 142.5    | 89.111     | 89.111    |
|                         | 125kg Master 55-59  |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | David Lunney        | WI    | 125kg     | 122.3  | 56  |     |     |     | 185              | 195.0             | <del>-198.0</del> |       |       |                   | 195      | 111.293    | 138.671   |
| 2                       | Matt Helde          | MN    | 125kg     | 112.8  | 56  |     |     |     | <del>-150</del>  | 150.0             | <del>-165.0</del> |       |       |                   | 150      | 88.019     | 109.671   |
|                         | 140kg Master 65-69  |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Chuck Hurry         | MN    | 140kg     | 127.5  | 65  |     |     |     | 125              | <del>-130.0</del> | 135.0             |       |       |                   | 135      | 76.041     | 112.54    |
| Women Raw Deadlift Only |                     |       | Junior    |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
|                         | 75kg Jr 16-17       |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Anya High           | MN    | 75kg      | 71.0   | 17  |     |     |     |                  |                   |                   | 117.5 | 125.5 | 130.0             | 130      | 130.428    |           |
|                         |                     |       |           |        |     |     |     |     |                  |                   |                   |       |       | (135.0)           |          |            |           |
| Women Raw Deadlift Only |                     |       | Open      |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
|                         | 75kg Open           |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Anya High           | MN    | 75kg      | 71.0   | 17  |     |     |     |                  |                   |                   | 117.5 | 125.5 | 130.0             | 130      | 130.428    |           |
|                         |                     |       |           |        |     |     |     |     |                  |                   |                   |       |       | (135.0)           |          |            |           |
| Men Raw Deadlift Only   |                     |       | Open      |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
|                         | 90kg Open           |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Timothy Wermeling   | WI    | 90kg      | 88.65  | 35  |     |     |     |                  |                   |                   | 305   | 317.5 | <del>-330.5</del> | 317.5    | 206.881    |           |
|                         | 110kg Open          |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Sam Moore           | NE    | 110kg     | 108.5  | 28  |     |     |     |                  |                   |                   | 305   | 322.5 | <del>-325.0</del> | 322.5    | 192.006    |           |
| Men Raw Deadlift Only   |                     |       | Submaster |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
|                         | 90kg Submaster      |       |           |        |     |     |     |     |                  |                   |                   |       |       |                   |          |            |           |
| 1                       | Timothy Wermeling   | WI    | 90kg      | 88.65  | 35  |     |     |     |                  |                   |                   | 305   | 317.5 | <del>-330.5</del> | 317.5    | 206.881    |           |

## USPA The GYM 365 Open April 26, 2025 Elk River, Minnesota

| Name |                              | State                                                                   | Class  | Weight   | Age   | SQ1 | SQ2 | SQ3 | BP1 | BP2   | BP3    | DL1                | DL2   | DL3   | Total Kg | Dots Total | McC Total |
|------|------------------------------|-------------------------------------------------------------------------|--------|----------|-------|-----|-----|-----|-----|-------|--------|--------------------|-------|-------|----------|------------|-----------|
|      | Men Single Ply Deadlift Only |                                                                         |        | Master   |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | 125kg Master 55-59           |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
| 1    | Terry Wells                  | WI                                                                      | 125kg  | 110.6    | 55    |     |     |     |     |       |        | 285                | 292.5 | 295.0 | 295      | 174.363    | 213.594   |
|      |                              |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | Men Raw Push-Pull            |                                                                         |        | Open     |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | 125kg Open                   |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
| 1    | David Lunney                 | WI                                                                      | 125kg  | 122.3    | 56    |     |     |     | 185 | 195.0 | -198.0 | 135                | 145.0 | 155.0 | 350      | 199.756    | 110.226   |
|      |                              |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | Men Raw Push-Pull            |                                                                         |        | Master   |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | 125kg Master 55-59           |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
| 1    | David Lunney                 | WI                                                                      | 125kg  | 122.3    | 56    |     |     |     | 185 | 195.0 | -198.0 | 135                | 145.0 | 155.0 | 350      | 199.756    | 110.226   |
|      |                              |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | Best Lifters                 |                                                                         |        |          |       |     |     |     |     |       |        | Record Color Codes |       |       |          |            |           |
|      | Name                         | Equip                                                                   | Events | Comp     | Sex   |     |     |     |     |       |        | State              |       |       |          |            |           |
|      | Mariah Wu                    | Raw                                                                     | PL     | Open     | Women |     |     |     |     |       |        | National           |       |       |          |            |           |
|      | Logan Lubinski               | Raw                                                                     | PL     | Open     | Men   |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | D.L. Diltz                   | Raw                                                                     | PL     | Master   | Men   |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | Timothy Wermeling            | Raw                                                                     | PL     | Submaste | Men   |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | David Lunney                 | Raw                                                                     | BPO    | Open     | Men   |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | David Lunney                 | Raw                                                                     | BPO    | Master   | Men   |     |     |     |     |       |        |                    |       |       |          |            |           |
|      |                              |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | Meet Director:               | Randy and Heather Fry                                                   |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      |                              |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | Referees                     |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | National:                    | Randy Fry, Heather Fry, Laura Haering Freund                            |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | State:                       | Tony Koch, Al Koch, Amanda Dorow, Jake Wojciechowski                    |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      |                              |                                                                         |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |
|      | Spotter/Loaders:             | Nick Viikingsalo, Taylor Phillips, Sean Holcomb, Jim Warren, Josh Nimon |        |          |       |     |     |     |     |       |        |                    |       |       |          |            |           |