

USPA Iron Asylum Classic November 10, 2018 Virginia Beach, VA

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	67.5kg Jr 20-23														
1	Mary Greb	VA	67.5kg	60.4	23	110	52.5	130	292.5	324.441		242.5	115.7	286.6	644.8
	82.5kg Open														
1	Amira Juma	VA	82.5kg	81.2	25	140	57.5	180	377.5	342.619		308.6	126.8	396.8	832.2
2	Ashley Richardson	NC	82.5kg	80.6	34	120	55	135	310	282.472		264.6	121.3	297.6	683.4
	90kg Open														
1	Erin Rayle	VA	90kg	87.7	34	95	42.5	122.5	260	227.162		209.4	93.7	270.1	573.2
	SHW Open														
1	Kim Moring	VA	SHW	145.8	35	162.5	85	185	432.5	334.02		358.2	187.4	407.9	953.5
2	Heather Struminger	CA	SHW	137.9	28	155	87.5	170	412.5	321.668		341.7	192.9	374.8	909.4
	82.5kg Submaster														
1	Heather Juachon	VA	82.5kg	80.5	39	125	60	150	335	305.487		275.6	132.3	330.7	738.5
	60kg Master 50-54														
1	Amy Allison	VA	60kg	58.4	53	67.5	50	102.5	220	250.492	296.583	148.8	110.2	226	485
	SHW Master 40-44														
1	Marguerite Jones	VA	SHW	103.3	43	147.5	82.5	172.5	402.5	332.103	342.398	325.2	181.9	380.3	887.4
	SHW Master 45-49														
1	Alicia Thornwell	VA	SHW	97.5	47	117.5	55	120	292.5	245.437	265.563	259	121.3	264.6	644.8
	Men Raw Powerlifting														
	82.5kg Jr 18-19														
1	Jake Beavers	VA	82.5kg	78.1	18	137.5	102.5	170	410	284.253		303.1	226	374.8	903.9
	82.5kg Jr 20-23														
1	Brandon Yahatta	VA	82.5kg	82	23	230	147.5	245	622.5	418.569		507.1	325.2	540.1	1372.4
2	Angel Martinez	VA	82.5kg	82.4	21	185	120	200	505	338.552		407.9	264.6	440.9	1113.3
	100kg Jr 20-23														
1	Ryan Pentecost	VA	100kg	98	20	212.5	110	230	552.5	339.014		468.5	242.5	507.1	1218
2	Jordan Barrios	VA	100kg	91.5	22	192.5	122.5	230	545	345.04		424.4	270.1	507.1	1201.5
	67.5kg Open														
1	Rodney Martin Jr	VA	67.5kg	62.2	24	137.5	112.5	180	430	355.094		303.1	248	396.8	948

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	75kg Open														
1	Jacob Coggsdale	VA	75kg	75	24	200	115	220	535	381.241		440.9	253.5	485	1179.5
	100kg Open														
1	Conner Wood	VA	100kg	92.4	24	187.5	135	190	512.5	322.926		413.4	297.6	418.9	1129.9
	110kg Open														
1	Brandon Dull	FL	110kg	105.6	22	202.5	152.5	247.5	602.5	359.331		446.4	336.2	545.6	1328.3
	125kg Open														
1	Joshua Owens	VA	125kg	114.9	27	262.5	170	257.5	690	401.028		578.7	374.8	567.7	1521.2
2	Jered Grimes	VA	125kg	118	38	192.5	142.5	235	570	329.004		424.4	314.2	518.1	1256.6
3	August Vansickle	VA	125kg	119.5	33	140	142.5	220	502.5	289.189		308.6	314.2	485	1107.8
	SHW Open														
1	Kermit Adkins	OH	SHW	148.1	31	305	227.5	275	807.5	447.597		672.4	501.5	606.3	1780.2
	75kg Submaster														
1	Craig Kelley	VA	75kg	74.2	35	190	120	205	515	369.719		418.9	264.6	451.9	1135.4
	125kg Submaster														
1	Jered Grimes	VA	125kg	118	38	192.5	142.5	235	570	329.004		424.4	314.2	518.1	1256.6
	100kg Master 45-49														
1	James Rymiszewski	VA	100kg	98.8	45	205	160	280	645	394.482	416.179	451.9	352.7	617.3	1422
	100kg Master 55-59														
1	David Rymiszewski	VA	100kg	98.8	55	190	150	210	550	336.38	412.066	418.9	330.7	463	1212.5
	110kg Master 50-54														
1	William Rymiszewski	VA	110kg	109.4	50	225	160	275	660	389.07	439.649	496	352.7	606.3	1455
	125kg Master 40-44														
1	Scott Haddaway	MD	125kg	117.4	44	230	160	250	640	369.92	385.827	507.1	352.7	551.2	1410.9
Women Classic Raw Powerlifting															
	67.5kg Master 40-44														
1	Danielle Carmickle	MD	67.5kg	66.5	42	132.5	90	155	377.5	389.467	397.256	292.1	198.4	341.7	832.2
Men Classic Raw Powerlifting															
	140kg Open														
1	Karl Kumm	VA	140kg	137.4	35	285	187.5	270	742.5	416.097		628.3	413.4	595.2	1636.9

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	140kg Submaster														
1	Karl Kumm	VA	140kg	137.4	35	285	187.5	270	742.5	416.097		628.3	413.4	595.2	1636.9
Men Raw Bench Only															
	125kg Open														
1	August Vansickle	VA	125kg	119.5	33		142.5		142.5	82.009			314.2		314.2
	SHW Open														
1	Kermit Adkins	OH	SHW	148.1	31		227.5		227.5	126.103			501.5		501.5
Men Raw Deadlift Only															
	110kg Open														
1	Jordan West	VA	110kg	104.3	28			287.5	287.5	172.213				633.8	633.8
Men Raw Push-Pull															
	125kg Open														
1	Gerren Short	VA	125kg	119.4	42		187.5	230	417.5	240.313	245.119		413.4	507.1	920.4
	125kg Master 40-44														
1	Gerren Short	VA	125kg	119.4	42		187.5	230	417.5	240.313	245.119		413.4	507.1	920.4
	125kg Master 60-64														
1	Steve Kozlowski	VA	125kg	119.5	60		172.5	230	402.5	231.639	310.396		380.3	507.1	887.4
Powerlifting Best Lifters:															
	Women's Open Raw	Amira Juma													
	Men's Junior Raw	Brandon Yahatta													
	Men's Open Raw	Kermit Adkins													
Judges:															
	International	Johnny Layne													
	National	Mindy Layne													
	State	Lucas Stephens, Samantha Cantero, Luke Selover and Rex Reguindin													
Support Staff:															
	Spotter/Loaders	Kyle Atkins, Gary Bone, Alvin Lapitan and Johnny Layne													
	Announcer	Johnny Layne and Mindy Layne													
	Meet Director:	Johnny Layne and Mindy Layne													
	Sponsors:	Bench Blokz, Intense Attire, Strong House Project, Prep & Execute Apparel and Pioneer Leathercraft													