

USPA Capital City Open July 8, 2023 Salem, Oregon

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
60kg Jr 20-23																	
1	Jessica Corder	ID	60kg	56.6	21	95	100	105	52.5	57.5	60	102.5	112.5	120	282.5	325.157	
67.5kg Jr 18-19																	
DQ	Karen Robertson	OR	67.5kg	67.4	18	117.5	117.5	117.5	60	62.5	62.5	135	140	140	0	0	
90kg Jr 18-19																	
1	Irelynn Randall	OR	90kg	83.4	18	107.5	112.5	112.5	55	57.5	60	142.5	145	145	315	290.84	
Women Raw Powerlifting		Open															
60kg Open																	
1	Spencer Schultz	OR	60kg	58.8	30	100	105	105	52.5	55	57.5	137.5	150	155	307.5	345.283	
2	Jessica Corder	ID	60kg	56.6	21	95	100	105	52.5	57.5	60	102.5	112.5	120	282.5	325.157	
75kg Open																	
1	Julie Van	OR	75kg	68.8	29	82.5	92.5	102.5	37.5	45	52.5	82.5	92.5	102.5	257.5	262.952	
100kg Open																	
1	Patty Quaye	OR	100kg	98.8	35	170	180	190	85	90	92.5	170	185	195	467.5	400.831	
Women Raw Powerlifting		Submaster															
100kg Submaster																	
1	Patty Quaye	OR	100kg	98.8	35	170	180	190	85	90	92.5	170	185	195	467.5	400.831	
Women Raw Powerlifting		Master															
90kg Master 45-49																	
1	Jill Uyemoto	OR	90kg	86.8	49	127.5	132.5	137.5	62.5	67.5	70	142.5	150	160	345	312.63	347.957
Men Raw Powerlifting		Junior															
67.5kg Jr 20-23																	
1	Cameron Hicks	OR	67.5kg	65.8	21	115	125	130	85	95	97.5	162.5	175	182.5	410	321.971	
75kg Jr 16-17																	
1	Ethan Chong	OR	75kg	71.4	17	117.5	130	145	92.5	95	102.5	165	175	185	425	314.937	
2	Lavi Swarzbaer	OR	75kg	74.2	17	115	115	125	70	80	80	120	130	140	335	242	
75kg Jr 20-23																	
1	Moises Rivera	OR	75kg	74	22	175	182.5	185	112.5	115	117.5	220	225	230	525	379.917	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Jr 16-17																
1	Greyson Quaintance	OR	82.5kg	81.2	17	165	-175	175	-117.5	117.5	120	175	182.5	192.5	487.5	333.244	
2	Liam Brown	HI	82.5kg	81	16	160	-167.5	167.5	85	-90	-90	-187.5	-187.5	187.5	440	301.204	
														(202.5)			
	90kg Jr 16-17																
1	Aurelio Avalos	OR	90kg	88.4	16	195	205	-217.5	-90	95	-100	200	212.5	227.5	527.5	344.215	
	100kg Jr 18-19																
1	Charles Manthe	OR	100kg	97.6	19	200	-210	212.5	145	-150	-150	242.5	252.5	-262.5	610	379.506	
DQ	Kyle Coogan	CA	100kg	96.4	19	142.5	155	-172.5	-85	90	95	-197.5	-205	-205	0	0	
	100kg Jr 20-23																
1	Joshua Mondragon	OR	100kg	95.2	22	185	190	195	105	107.5	-112.5	215	-220	-220	517.5	325.64	
2	Arturo Bencomo	OR	100kg	92.4	23	185	195	-200	112.5	120	-130	185	-195	195	510	325.504	
3	Derric Edmiston	OR	100kg	99.6	23	160	170	-175	115	125	-127.5	202.5	-215	-215	497.5	306.752	
	Men Raw Powerlifting																
	67.5kg Open																
1	Kenny Pointer	OR	67.5kg	66.8	50	105	110	115	92.5	-95	95	125	130	135	345	267.93	302.761
								(120)						(140)			
	75kg Open																
1	Jered Stoffal	WA	75kg	74.4	31	185	192.5	200	145	155	-160	-230	235	-242.5	590	425.467	
2	Yazen Aldeisiyeh	WA	75kg	74.8	15	145	-155	155	85	-95	-95	-188	192.5	-202.5	432.5	310.816	
								(160)									
3	Brendan O'Donnell	WA	75kg	70	25	-120	120	-125	85	87.5	-92.5	130	135	140	347.5	261.027	
	82.5kg Open																
1	Chase Lakin	OR	82.5kg	82	25	172.5	185	192.5	125	132.5	-140	220	230	240	565	384.052	
2	Michael Davis	OR	82.5kg	80.2	19	162.5	177.5	192.5	-97.5	105	-107.5	187.5	195	-220	492.5	339.103	
	90kg Open																
1	Jacob Limas	OR	90kg	89	29	242.5	255	262.5	155	-160	-160	285	-295	-295	702.5	456.82	
2	Brodie Barrick	OR	90kg	89.5	25	227.5	240	-250	157.5	162.5	-167.5	227.5	-235	-235	630	408.507	
3	Tyler Phanouvong	OR	90kg	86	29	170	-182.5	187.5	-107.5	-112.5	112.5	185	192.5	202.5	502.5	332.684	
	100kg Open																
1	Trey Lindekugel	OR	100kg	90.4	25	185	202.5	215	110	122.5	127.5	222.5	247.5	-262.5	590	380.646	
2	Daniel Pollock	OR	100kg	96.4	34	170	180	-185	137.5	145	147.5	-215	222.5	227.5	555	347.227	
3	Jordan Ray	OR	100kg	98.2	31	-127.5	132.5	147.5	90	95	-100	175	180	-185	422.5	262.136	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	110kg Open																
1	Jordan Nelson	OR	110kg	106.2	29	237.5	---	---	175	190	200	245	265	---	692.5	415.752	
	125kg Open																
1	Anthony Nunn	OR	125kg	124.4	24	317.5	332.5	342.5	200	215	220	285	305	305	867.5	492.411	
Men Raw Powerlifting			Submaster														
	140kg Submaster																
1	Michael Rangel-Moore	OR	140kg	125.8	36	260	275	---	172.5	185	185	300	300	310	757.5	428.457	
Men Raw Powerlifting			Master														
	67.5kg Master 50-54																
1	Kenny Pointer	OR	67.5kg	66.8	50	105	110	115	92.5	95	95	125	130	135	345	267.93	302.761
	67.5kg Master 80+							(120)						(140)			
1	Gary Lindquist	OR	67.5kg	64.4	83	32.5	35	37.5	37.5	40.5	40.5	95	105	107.5	177.5	141.663	310.243
	100kg Master 55-59																
1	Mark Phegley	OR	100kg	95	59	185	207.5	215	125	133	137.5	220	235	235	568	357.767	470.464
	110kg Master 55-59																
1	Bill Allison	WA	110kg	110	59	215	227.5	235	122.5	132.5	137.5	165	175	180	547.5	324.266	426.41
Men Classic Raw Powerlifting			Junior														
	52kg Jr 13-15																
1	Isiah Grogan	OR	52kg	52	13	60	60	70	85	42.5	45.5	52.5	---	---	168	160.908	
	Men Classic Raw Powerlifting		Master														
	82.5kg Master 40-44																
1	Gregory Grogan	OR	82.5kg	81.2	40	167.5	167.5	185	102.5	112.5	120	190	215	228	512.5	350.334	350.334
Men Multi Ply Powerlifting			Open														
	75kg Open																
1	Ryan Hudson	OR	75kg	74.8	44	215	225	230	115	120	125	215	227.5	227.5	577.5	415.02	432.866
Men Multi Ply Powerlifting			Master														
	75kg Master 40-44																
1	Ryan Hudson	OR	75kg	74.8	44	215	225	230	115	120	125	215	227.5	227.5	577.5	415.02	432.866

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Bench Only				Master													
	75kg Master 55-59																
1	Debra Schulz	FL	75kg	69.4	55				55	60	60				60	60.97	74.688
Men Raw Bench Only				Junior													
	67.5kg Jr 16-17																
DQ	Davin Abrahamson	OR	67.5kg	64.2	16				85	90	90				0	0	
	75kg Jr 16-17																
1	Matisse Aldredge	OR	75kg	73.4	17				110	-120	-120				110	80.026	
Men Raw Bench Only				Open													
	67.5kg Open																
1	Kenny Pointer	OR	67.5kg	66.8	50				92.5	95	95				95	73.778	83.369
Men Raw Bench Only				Master													
	67.5kg Master 50-54																
1	Kenny Pointer	OR	67.5kg	66.8	50				92.5	95	95				95	73.778	83.369
	140+ Master 45-49																
1	Danny Wyatt	WA	140+	151.4	48				180	-187.5	187.5				187.5	100.58	110.336
Men Single Ply Bench Only				Junior													
	100kg Jr 13-15																
1	Oliver Girard	OR	100kg	94.9	15				110	117.5	-125.5				117.5	74.046	
Men Multi Ply Bench Only				Open													
	75kg Open																
1	Ryan Hudson	OR	75kg	74.8	44				115	120	-125				120	86.238	89.946
Men Multi Ply Bench Only				Master													
	75kg Master 40-44																
1	Ryan Hudson	OR	75kg	74.8	44				115	120	-125				120	86.238	89.946
Women Raw Deadlift Only				Open													
	100kg Open																
1	Patty Quaye	OR	100kg	98.8	35							170	185	195	195	167.192	

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Deadlift Only		Submaster																
	100kg Submaster																	
1	Patty Quaye	OR	100kg	98.8	35							170	185	195	195	167.192		
Men Raw Deadlift Only		Junior																
	67.5kg Jr 16-17																	
1	Davin Abrahamson	OR	67.5kg	64.2	16							150	165	170	165	132		
Men Raw Deadlift Only		Open																
	67.5kg Open																	
1	Kenny Pointer	OR	67.5kg	66.8	50							125	130	135	135	104.842	118.472	
														(140)				
Men Raw Deadlift Only		Master																
	67.5kg Master 50-54																	
1	Kenny Pointer	OR	67.5kg	66.8	50							125	130	135	135	104.842	118.472	
														(140)				
Men Multi Ply Deadlift Only		Open																
	75kg Open																	
1	Ryan Hudson	OR	75kg	74.8	44							215	227.5	227.5	227.5	163.493	170.523	
Men Multi Ply Deadlift Only		Master																
	75kg Master 40-44																	
1	Ryan Hudson	OR	75kg	74.8	44							215	227.5	227.5	227.5	163.493	170.523	
Best Lifters												Record Color Codes						
Name		Equip	Events	Comp	Sex											State		
Moises Rivera		Raw	PL	Jr	Men											National		
Anthony Nunn		Raw	PL	Open	Men													
Meet Director:		Peter Martin																
Referees																		
International:		Peter Martin																
National:		Holly Alexa, Kyle Young, Lauren Plooster																
State:		Chris Cathcart, Brad Webb																
Staff:		David Holden																
Spotter/Loaders:		Kyle Davis, Chris Howard, Havvy Erhich, Jameel Fabella, Matt Rouser																