

USPA Gorilla House Gym Power Bowl February 18, 2023 Altoona, PA

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting		Junior															
60kg Jr 20-23																	
1	Jordyn Brozell	OH	60kg	58.7	20	107.5	<del>110</del>	110	62.5	<del>65</del>	<del>65</del>	127.5	132.5	135	307.5	345.66	
67.5kg Jr 18-19																	
1	Camryn Kollar	PA	67.5kg	64.4	19	110	115	120	65	67.5	<del>72.5</del>	130	137.5	<del>142.5</del>	325	344.934	
67.5kg Jr 20-23																	
1	Shilo Dom	MD	67.5kg	62.6	22	97.5	102.5	117.5	70	75	77.5	125	142.5	152.5	347.5	375.197	
2	Madison Evans	PA	67.5kg	64.5	21	77.5	87.5	90	50	52.5	<del>57.5</del>	107.5	112.5	117.5	260	275.691	
75kg Jr 13-15																	
1	Madison Hufford	OH	75kg	71.4	15	82.5	<del>100</del>	<del>110</del>	52.5	<del>60</del>	60	<del>100</del>	125	<del>142.5</del>	267.5	267.55	
82.5kg Jr 20-23																	
1	Jaclyn Saldana	VA	82.5kg	82.2	20	<del>142.5</del>	150	<del>160</del>	65	70	<del>75</del>	145	155	<del>165</del>	375	348.663	
90kg Jr 13-15																	
1	Sienna Nagle	PA	90kg	87.5	13	80	90	98	52.5	58	60	112.5	128	137.5	295.5	266.793	
Women Raw Powerlifting		Open															
60kg Open																	
1	Linette Kinsley	PA	60kg	59.9	46	92.5	105	<del>115</del>	60	65	67.5	140	150	155	327.5	363.431	388.145
2	Monica Bacus	OH	60kg	59.7	24	100	<del>102.5</del>	<del>102.5</del>	32.5	37.5	40	120	127.5	135	275	305.818	
75kg Open																	
1	Brittany Keller	PA	75kg	73.4	26	95	102.5	<del>105</del>	45	<del>50</del>	50	100	107.5	112.5	265	261.09	
82.5kg Open																	
1	Jaclyn Saldana	VA	82.5kg	82.2	20	<del>142.5</del>	150	<del>160</del>	65	70	<del>75</del>	145	155	<del>165</del>	375	348.663	
90kg Open																	
1	Sienna Nagle	PA	90kg	87.5	13	80	90	98	52.5	58	60	112.5	128	137.5	295.5	266.793	
Women Raw Powerlifting		Master															
60kg Master 45-49																	
1	Linette Kinsley	PA	60kg	59.9	46	92.5	105	<del>115</del>	60	65	67.5	140	150	155	327.5	363.431	388.145

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Men Raw Powerlifting				Junior													
60kg Jr 13-15																	
1	Sam Wahila	PA	60kg	59.4	14	<del>120</del>	120	<del>132.5</del>	60	65	67.5	160	167.5	<del>172.5</del>	355	302.13	
75kg Jr 18-19																	
1	Ian Lasure	PA	75kg	74.7	19	170	<del>180</del>	<del>180</del>	<del>125</del>	<del>125</del>	125	170	180	<del>185</del>	475	341.651	
75kg Jr 20-23																	
1	Ben Britton	PA	75kg	72.9	21	147.5	155	160	90	95	<del>97.5</del>	220	230	<del>232.5</del>	485	354.432	
2	Collyn Rasmussen	NY	75kg	74.9	21	135	145	152.5	85	90	<del>95</del>	145	157.5	167.5	410	294.394	
82.5kg Jr 13-15																	
1	Jack Conley	PA	82.5kg	79.4	15	160	170	177.5	82.5	87.5	92.5	215	217.5	227.5	497.5	344.582	
2	Avery Johnson	NJ	82.5kg	77.1	15	127.5	<del>145</del>	<del>157.5</del>	97.5	112.5	115	155	<del>170</del>	187.5	430	303.186	
82.5kg Jr 18-19																	
1	Daniel Parks	PA	82.5kg	80.6	19	205	220	225	125	135	142.5	200	225	<del>232.5</del>	592.5	406.769	
2	Jay Beyers	NJ	82.5kg	80.3	18	185	202.5	212.5	110	117.5	<del>120</del>	227.5	<del>250</del>	255	585	402.498	
3	Joseph Collins	VA	82.5kg	80.8	19	160	165	<del>175</del>	95	102.5	107.5	227.5	235	245	517.5	354.767	
82.5kg Jr 20-23																	
1	Michael McCann	OH	82.5kg	81.8	21	205	212.5	<del>217.5</del>	115	120	122.5	227.5	<del>240</del>	<del>240</del>	562.5	382.887	
DQ	Isaac Moeller	NJ	82.5kg	78.8	21	<del>200</del>	200	<del>205</del>	<del>110</del>	<del>117.5</del>	<del>117.5</del>	<del>220</del>	<del>220</del>	<del>---</del>	0	0	
90kg Jr 16-17																	
1	Avry Snyder	PA	90kg	85.7	17	165	187.5	195	122.5	136	137.5	235	255.5	260	592.5	393.006	
90kg Jr 18-19																	
1	Sam Fluke	PA	90kg	89.8	19	210	215	222.5	<del>135</del>	140	147.5	225	237.5	<del>247.5</del>	607.5	393.251	
2	Yaron Francis	PA	90kg	87.5	19	180	190	197.5	142.5	152.5	162.5	180	192.5	202.5	562.5	369.012	
90kg Jr 20-23																	
1	Michael Chismar	PA	90kg	89.4	21	205	215	227.5	135	145	<del>152.5</del>	247.5	260	<del>267.5</del>	632.5	410.361	
2	Sean McCormick	PA	90kg	88.6	23	150	155	170	92.5	97.5	<del>102.5</del>	<del>185</del>	197.5	202.5	470	306.337	
100kg Jr 20-23																	
1	Austin Keene	PA	100kg	98	22	250	265	275	137.5	145	<del>150</del>	215	237.5	<del>---</del>	657.5	408.31	

USPA Gorilla House Gym Power Bowl February 18, 2023 Altoona, PA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Jr 20-23																
1	Mason Stumpf	PA	125kg	122.7	22	205	<del>-212.5</del>	<del>-212.5</del>	137.5	147.5	<del>-----</del>	195	212.5	<del>-227.5</del>	565	322.123	
	<b>Men Raw Powerlifting</b>			<b>Open</b>													
	75kg Open																
1	Caleb Andrews	PA	75kg	69.7	24	145	155	165	105	<del>-112.5</del>	<del>-112.5</del>	185	197.5	202.5	472.5	355.982	
	82.5kg Open																
1	Tristan Grassmyer	PA	82.5kg	80	24	210	217.5	220	167.5	172.5	175	222.5	232.5	237.5	632.5	436.46	
2	Joseph Collins	VA	82.5kg	80.8	19	160	165	<del>-175</del>	95	102.5	107.5	227.5	235	245	517.5	354.767	
	90kg Open																
1	Zach Mock	PA	90kg	89.5	26	225	237.5	242.5	167.5	175	<del>-180</del>	275	285	300	717.5	465.244	
2	Will Brendle	PA	90kg	90	26	202.5	215	227.5	<del>-155</del>	162.5	<del>-170</del>	240	245	<del>-250</del>	635	410.592	
3	Kevin Kear	PA	90kg	90	31	207.5	215	225	140	<del>-142.5</del>	<del>-----</del>	227.5	242.5	<del>-260</del>	607.5	392.81	
4	Carlos Cream	PA	90kg	84.1	54	130	<del>-160</del>	<del>-160</del>	105	117.5	<del>-130</del>	195	215	227.5	475	318.323	383.261
DQ	Alex Allender	PA	90kg	89.3	28	<del>-170</del>	<del>-170</del>	<del>-170</del>	130	137.5	<del>-142.5</del>	<del>-232.5</del>	232.5	240	0	0	
	100kg Open																
1	Justin Grim	PA	100kg	97.8	33	232.5	<del>-242.5</del>	242.5	175	182.5	<del>-190</del>	267.5	277.5	285	710	441.315	
2	Kenneth Mack	TN	100kg	98.8	27	212.5	230	240	155	<del>-165</del>	<del>-170</del>	247.5	265	275	670	414.576	
3	Lucas Rankin	PA	100kg	98.8	26	230	242.5	<del>-247.5</del>	<del>-145</del>	145	150	252.5	262.5	272.5	665	411.482	
4	Raymond Beechner	NY	100kg	98.4	29	247.5	250	<del>-272.5</del>	140	150	<del>-157.5</del>	230	242.5	250	650	402.922	
5	Kirk Vincent	OH	100kg	99.4	31	195	210	217.5	142.5	147.5	152.5	245	260	272.5	642.5	396.505	
6	Brandon Blossom	PA	100kg	96.6	29	195	205	217.5	145	150	<del>-160</del>	220	227.5	<del>-247.5</del>	595	371.901	
	110kg Open																
1	Dominic Jones	PA	110kg	107.9	35	280	295	<del>-300</del>	177.5	187.5	<del>-192.5</del>	312.5	332.5	345 (358)	827.5	493.72	
2	Kasey Clinton	PA	110kg	106.7	32	<del>-227.5</del>	232.5	255	175	182.5	<del>-190</del>	262.5	272.5	<del>-----</del>	710	425.468	
3	Jackson Bennett	MD	110kg	108	21	210	217.5	227.5	110	117.5	120	250	<del>-267.5</del>	267.5	615	366.803	
	125kg Open																
1	Peter Thomas	NY	125kg	123	34	207.5	220	227.5	137.5	147.5	<del>-160</del>	207.5	220	227.5	602.5	343.232	
	140+ Open																
1	Charles Roka	PA	140+	145.5	38	272.5	285	<del>-300</del>	<del>-100</del>	110	112.5	200	210	220	617.5	334.814	
2	Justin Service	PA	140+	146.5	34	165	182.5	192.5	95	102.5	<del>-112.5</del>	185	200	<del>-227.5</del>	495	267.894	

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Men Raw Powerlifting			Submaster															
110kg Submaster																		
1	Dominic Jones	PA	110kg	107.9	35	280	295	<del>300</del>	177.5	187.5	<del>192.5</del>	312.5	332.5	345 (358)	827.5	493.72		
2	Shad Meyers	MD	110kg	105.9	39	197.5	<del>215</del>	<del>215</del>	<del>165</del>	165	<del>170</del>	230	247.5	<del>250</del>	610	366.634		
140+ Submaster																		
1	Charles Roka	PA	140+	145.5	38	272.5	285	<del>300</del>	<del>100</del>	110	112.5	200	210	220	617.5	334.814		
Men Raw Powerlifting			Master															
90kg Master 50-54																		
1	Carlos Cream	PA	90kg	84.1	54	130	<del>160</del>	<del>160</del>	105	117.5	<del>130</del>	195	215	227.5	475	318.323	383.261	
110kg Master 40-44																		
1	Nicholas Bracken	OH	110kg	106.7	43	<del>200</del>	212.5	227.5	157.5	167.5	175	240	252.5	267.5	670	401.498	413.945	
2	Brian Thomas	PA	110kg	108.2	42	25	<del>----</del>	<del>----</del>	185	196	<del>200</del>	75	<del>----</del>	<del>----</del>	296	176.416	179.945	
Men Classic Raw Powerlifting			Junior															
110kg Jr 13-15																		
1	Joseph Linkesh	OH	110kg	107.9	15	175	192.5	205	110	127.5	<del>142.5</del>	215	240	<del>----</del>	572.5	341.577		
Women Raw Bench Only			Open															
60kg Open																		
1	Linette Kinsley	PA	60kg	59.9	46				60	65	67.5				67.5	74.906	79.999	
Women Raw Bench Only			Master															
60kg Master 45-49																		
1	Linette Kinsley	PA	60kg	59.9	46				60	65	67.5				67.5	74.906	79.999	
Men Raw Bench Only			Junior															
90kg Jr 18-19																		
1	Michael Gontis	FL	90kg	88.9	19				<del>132.5</del>	140	145				145	94.344		
Men Raw Bench Only			Open															
82.5kg Open																		
1	Brad Palmer	NY	82.5kg	81.1	31				140	142.5	145				145	99.19		
100kg Open																		
1	Raymond Beechner	NY	100kg	98.4	29				140	150	<del>157.5</del>				150	92.982		

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Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	140+ Open																
1	Stephen Hornatko	MD	140+	144.9	50				170	177.5	<del>182.5</del>				177.5	96.351	108.877
Men Raw Bench Only				Master													
	110kg Master 70-74																
1	Bill Koppel	MD	110kg	103.6	71				85	92.5	<del>97.5</del>				92.5	56.092	94.291
	140+ Master 50-54																
1	Stephen Hornatko	MD	140+	144.9	50				170	177.5	<del>182.5</del>				177.5	96.351	108.877
Women Raw Deadlift Only				Open													
	60kg Open																
1	Linette Kinsley	PA	60kg	59.9	46							140	150	155	155	172.006	183.702
Women Raw Deadlift Only				Master													
	60kg Master 45-49																
1	Linette Kinsley	PA	60kg	59.9	46							140	150	155	155	172.006	183.702
Men Raw Deadlift Only				Junior													
	75kg Jr 20-23																
1	Collyn Rasmussen	NY	75kg	74.9	21							145	157.5	167.5	167.5	120.271	
Men Raw Deadlift Only				Open													
	82.5kg Open																
1	Brad Palmer	NY	82.5kg	81.9	31							195	205	<del>210</del>	205	140.234	
	100kg Open																
1	Raymond Beechner	NY	100kg	98.4	29							230	242.5	250	250	154.97	
Men Raw Deadlift Only				Master													
	110kg Master 70-74																
1	Bill Koppel	MD	110kg	103.6	71							92.5	102.5	<del>107.5</del>	102.5	62.156	104.484

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Best Lifters																
Name	Equip	Events	Comp	Sex								Record Color Codes				
Shilo Dom	Raw	PL	Jr	Women								State				
Michael Chismar	Raw	PL	Jr	Men								National				
Linette Kinsley	Raw	PL	Open	Women												
Dominic Jones	Raw	PL	Open	Men												
Meet Director: Bobby Bowlin																
Referees																
International: Bobby Bowlin																
National: Eddie Harrington III, Katie Canihan, Chuck Kaezyk III																
State: Shay Larrisey, Hismaylla Olivera, Erika Hill																
Spotter/Loaders: Andrew Krajcsik, Dave Wiesser, Josh Monarch																