

USPA Bending the Bar Volume 4 February 29, 2020 Crestview, FL

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
	44kg JR																
GL	Layla Hicks	FL	44kg	32.3	9	35	37.5	40	20	22.5	25	45	50	55	120	196.164	
GL	Olette Langley	FL	44kg	32.3	9	15	17.5	20	15	17.5	20	30	32.5	35	72.5	118.516	
	60kg Jr 20-23																
1	Hope Finley	FL	60kg	58.8	21	105	110	112.5	52.5	57.5	57.5	100	107.5	112.5	275	311.438	
	67.5kg Jr																
GL	Hayden Peoples	FL	67.5kg	67.5	10	47.5	50	60	27.5	32.5	37.5	50	60	67.5	160	163.296	
	SHW Jr 16-17																
1	Mallory Hutchison	FL	SHW	101.3	16	100	105	116.5	57.5	62.5	67.5	140	150	155	319	264.611	
	56kg Open																
1	Tanisha Cabrera	FL	56kg	53.9	39	97.5	105	112.5	50	55	57.5	107.5	120	127.5	297.5	360.659	
	60kg Open																
1	Kaylee Jones	FL	60kg	59.5	21	100	100	105	62.5	67.5	67.5	120	125	125	287.5	322.604	
2	Hope Finley	FL	60kg	58.8	21	105	110	112.5	52.5	57.5	57.5	100	107.5	112.5	275	311.438	
3	Amanda Papizzo	FL	60kg	59.5	33	80	90	95	50	55	57.5	97.5	107.5	115	267.5	300.162	
	67.5kg Open																
1	Christina Apostolidis	LA	67.5kg	66.5	36	140	140	145	70	75	80	170	177.5	185	395	407.522	
	75kg Open																
1	Patrisha Sparks	FL	75kg	74.4	24	170	182.5	182.5	72.5	77.5	77.5	182.5	195	200	442.5	422.809	
DQ	Joanna Allen	FL	75kg	69.3	25	97.5	105	112.5	55	60	62.5	112.5	122.5	135	0	0	
	82.5kg Open																
1	Amanda Lens	FL	82.5kg	80.2	24	130	137.5	137.5	70	77.5	77.5	152.5	157.5	162.5	365	333.501	
2	Lydia Riggs	FL	82.5kg	79.8	27	90	97.5	102.5	60	65	67.5	117.5	130	137.5	307.5	281.762	
	SHW Open																
1	Britany Denny	AL	SHW	104.4	27	140	147.5	155	70	75	77.5	140	152.5	165	385	316.817	
2	Katie Sprague	FL	SHW	119.7	28	125	132.5	137.5	72.5	80	85	142.5	152.5	157.5	375	300	
3	Mallory Hutchison	FL	SHW	101.3	16	100	105	116.5	57.5	62.5	67.5	140	150	155	319	264.611	
4	Kelly Patterson	FL	SHW	117.7	28	92.5	97.5	105	50	55	60	125	130	130	282.5	226.678	
	52kg Submaster																
1	Kelsey Spratlin	FL	52kg	51.0	36	87.5	92.5	95	62.5	65	67.5	107.5	110	115	275	347.985	
	56kg Submaster																
1	Tanisha Cabrera	FL	56kg	53.9	39	97.5	105	112.5	50	55	57.5	107.5	120	127.5	297.5	360.659	

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	67.5kg Submaster																
1	Christina Apostolidis	LA	67.5kg	66.5	36	140	140	-----	70	75	80	170	177.5	185	395	407.522	
	52kg Master 60-64																
1	Sally Sparks	FL	52kg	50.3	63	42.5	47.5	47.5	30	32.5	35	65	70	72.5	155	198.214	281.662
	67.5kg Master 50-54																
1	Susan Sharpe	FL	67.5kg	62.2	52	27.5	27.5	30	25	30	32.5	35	40	50	107.5	116.573	135.808
	75kg Master 40-44																
1	Jobina Johnson	FL	75kg	74.1	42	97.5	107.5	110	57.5	62.5	65	110	122.5	135	297.5	284.975	290.675
	SHW Master 45-49																
1	Kim Featherstone	FL	SHW	91.3	47	102.5	110	110	60	62.5	70	132.5	140	147.5	320	274.88	297.42
Men Raw Powerlifting																	
	82.5kg Jr 13-15																
1	Jaden Mikhael	FL	82.5kg	80.9	14	25	27.5	30	92.5	97.5	102.5	25	32.5	40	167.5	113.548	
	82.5kg Jr 18-19																
1	Patrick Lambert	FL	82.5kg	80.9	18	167.5	175	177.5	107.5	115	120	210	-----	-----	485	328.782	
	90kg Jr 18-19																
1	Kadrin Cabrera	FL	90kg	88.8	19	182.5	195	207.5	115	117.5	122.5	207.5	215	227.5	557.5	358.361	
	90kg Jr 20-23																
1	Josiah Drew	FL	90kg	83.2	23	140	150	157.5	122.5	127.5	130	180	195	207.5	482.5	321.635	
	100kg Jr 18-19																
1	Bobby Holderman	FL	100kg	95.9	19	205	217.5	227.5	125	135	145	215	240	250	602.5	373.189	
								4th: 235.5									
2	Ethan Hayes	FL	100kg	94.9	19	165	172.5	177.5	115	120	125	220	235	242.5	540	336.042	
	100kg Jr 20-23																
1	Jeffrey Cantillon	FL	100kg	98.3	23	177.5	190	192.5	125	137.5	140	215	232.5	237.5	565	346.289	
	75kg Open																
1	Jamison Snow	FL	75kg	74.4	24	212.5	225	230	120	130	137.5	232.5	245	257.5	625	447.875	
2	Tyler Durst	FL	75kg	74.6	25	165	175	177.5	132.5	140	140	202.5	215	217.5	532.5	380.844	
3	Rafael Vallejo	FL	75kg	73.5	42	175	175	180	115	117.5	120	195	215	222.5	522.5	377.663	385.216

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Open																
1	Scott Poyner	FL	82.5kg	81.2	27	215	232.5	240	130	137.5	142.5	250	260	260	642.5	434.587	
2	William Fullington	FL	82.5kg	81.6	37	200	215	227.5	130	140	142.5	215	230	235	592.5	399.582	
3	Jared Hensley	FL	82.5kg	80.2	25	145	155	170	85	92.5	92.5	157.5	167.5	182.5	445	303.312	
4	Zakary Sutton	FL	82.5kg	79.3	22	140	147.5	152.5	85	90	95	165	175	182.5	430	295.195	
DQ	Casey McGee	FL	82.5kg	80.9	37	227.5	242.5	242.5	-----	-----	-----	-----	-----	-----	0	0	
	90kg Open																
1	William Brakebill	FL	90kg	88.3	32	190	200	210	142.5	147.5	152.5	185	195	200	557.5	359.42	
2	Ryan Jones	FL	90kg	89.5	30	160	167.5	175	132.5	140	140	220	232.5	242.5	557.5	356.912	
3	Liam Elliott	FL	90kg	87.9	42	175	185	197.5	112.5	117.5	120	215	227.5	232.5	550	355.465	
4	Seth Smith	FL	90kg	89.6	25	185	192.5	192.5	97.5	107.5	115	195	210	217.5	517.5	331.097	
	100kg Open																
1	Jerrick Tovs	FL	100kg	97.9	24	235	250	257.5	172.5	182.5	187.5	235	250	257.5	702.5	431.265	
2	Zachary Farrington	FL	100kg	99.9	28	212.5	222.5	230	155	160	162.5	272.5	282.5	290	682.5	415.506	
3	Aaron Clark	FL	100kg	92.8	31	207.5	220	227.5	137.5	145	145	285	292.5	292.5	642.5	404.004	
4	Caleb Smith	FL	100kg	96.6	28	205	215	227.5	125	125	137.5	267.5	277.5	280	630	388.962	
5	Bobby Holderman	FL	100kg	95.9	19	205	217.5	227.5	125	135	145	215	240	250	602.5	373.189	
6	Joel Banks	FL	100kg	93.1	30	175	185	192.5	147.5	155	160	225	245	255	592.5	372.031	
7	Ryan Brown	FL	100kg	95.1	34	130	135	142.5	90	100	110	190	200	212.5	465	289.091	
	110kg Open																
1	Dylan Soriano	FL	110kg	109.5	27	217.5	227.5	245	167.5	180	180	267.5	285	300	710	418.403	
2	Nicholas Feran	FL	110kg	102.2	27	210	217.5	222.5	147.5	155	-----	242.5	252.5	265	630	380.205	
3	Victor Wright	FL	110kg	103.4	49	195	200	210	155	165	165	220	227.5	232.5	607.5	365.047	406.297
DQ	Hemant Mangar	FL	110kg	102.8	24	227.5	240	242.5	162.5	162.5	162.5	252.5	262.5	272.5	0	0	
	SHW Open																
1	John Newby	FL	SHW	143.6	39	300	317.5	327.5	210	227.5	235.5	282.5	297.5	305	860.5	479.04	
	82.5kg Submaster																
DQ	Casey McGee	FL	82.5kg	80.9	37	227.5	242.5	242.5	-----	-----	-----	-----	-----	-----	0	0	
	140kg Submaster																
1	Justin Heath	FL	140kg	128.9	35	165	175	182.5	97.5	105	110	185	197.5	200	480	271.92	
	SHW Submaster																
1	John Newby	FL	SHW	143.6	39	300	317.5	327.5	210	227.5	235.5	282.5	297.5	305	860.5	479.04	
	75kg Master 40-44																
1	Rafael Vallejo	FL	75kg	73.5	42	175	175	180	115	117.5	120	195	215	222.5	522.5	377.663	385.216
														4th: 227.5			

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Master 45-49																
1	Bobby Holbrook	FL	82.5kg	79.6	49	105	110	112.5	60	65	67.5	125	135	142.5	320	219.168	243.934
	90kg Master 45-49																
1	Joel Bretz	FL	90kg	88.3	45	142.5	150	155	115	120	120	175	185	190	460	296.562	312.873
	110kg Master 45-49																
1	Victor Wright	FL	110kg	103.4	49	195	200	210	155	165	165	220	227.5	232.5	607.5	365.047	406.297
	110kg Master 55-59																
1	Paul Beck	FL	110kg	106.9	55	155	160	162.5	132.5	140	147.5	155	162.5	175	472.5	280.618	343.757
	125kg Master 40-44																
DQ	Maurice Zapata	TN	125kg	122.8	42	197.5	197.5	197.5	150	150	150	-----	-----	-----	0	0	0
Women Classic Raw Powerlifting																	
	67.5kg Open																
1	Lauren Zdon	FL	67.5kg	63.7	24	122.5	135	145	62.5	67.5	72.5	142.5	167.5	172.5	367.5	391.388	
2	Kristy Cheshire	FL	67.5kg	61.5	34	77.5	85	92.5	45	50	55	92.5	100	112.5	255	278.945	
	75kg Open																
1	Jessica Hunter	FL	75kg	74.4	29	107.5	110	115	67.5	72.5	77.5	147.5	160	165	352.5	336.814	
Men Classic Raw Powerlifting																	
	82.5kg Jr 20-23																
1	Slade Villalobos	FL	82.5kg	82	23	210	222.5	227.5	177.5	177.5	182.5	220	235	252.5	645	433.698	
	100kg Jr 20-23																
1	Collin Lamond	FL	100kg	94.9	20	170	180	190	130	135	135	190	205	227.5	530	329.819	
	67.5kg Open																
1	Calin Caracol	MS	67.5kg	65.7	30	180	192.5	195	107.5	112.5	117.5	195	205	215	517.5	407.842	
	75kg Open																
1	Nick Hurd	FL	75kg	74.3	34	130	140	145	122.5	127.5	132.5	167.5	172.5	182.5	440	315.612	
	82.5kg Open																
1	Chris McMullen	FL	82.5kg	81.5	43	245	252.5	255	185	190	192.5	250	250	-----	695	469.056	483.596
DQ	Michael Stemcosky	FL	82.5kg	80.9	36	262.5	262.5	267.5	150	157.5	165	-----	-----	-----	0	0	
	100kg Open																
1	Jason Zdon	FL	100kg	92.2	24	225	237.5	242.5	125	137.5	142.5	227.5	242.5	242.5	617.5	389.519	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Master 40-44																
1	Chris McMullen	FL	82.5kg	81.5	43	245	252.5	255	185	190	192.5	250	250	---	695	469.056	483.596
	110kg Master 40-44																
1	Ryan Butler	FL	110kg	110	40	227.5	240	240	155	160	167.5	227.5	235	---	615	361.928	361.928
Men Raw Bench Only																	
	82.5kg Open																
1	Chris McMullen	FL	82.5kg	81.5	43				185	190	192.5				192.5	129.918	133.946
	110kg Open																
1	Dylan Soriano	FL	110kg	109.5	27				167.5	180	180				180	106.074	
	SHW Open																
1	John Newby	FL	SHW	143.6	39				210	227.5	235.5				235.5	131.103	
	SHW Submaster																
1	John Newby	FL	SHW	143.6	39				210	227.5	235.5				235.5	131.103	
	82.5kg Master 40-44																
1	Chris McMullen	FL	82.5kg	81.5	43				185	190	192.5				192.5	129.918	133.946
	82.5kg Master 65-69																
1	Roy Reynolds	FL	82.5kg	81.5	67				120	122.5	122.5				120	80.988	124.964
Women Raw Deadlift Only																	
	67.5kg Open																
1	Christina Apostolidis	LA	67.5kg	66.5	36							170	177.5	185	185	190.865	
	67.5kg Submaster																
1	Christina Apostolidis	LA	67.5kg	66.5	36							170	177.5	185	185	190.865	
Men Raw Deadlift Only																	
	100kg Open																
1	Caleb Smith	FL	100kg	96.6	28							267.5	277.5	280	277.5	171.329	
Men Multi Ply Deadlift Only																	
	110kg Master 55-59																
1	Paul Wallis	FL	110kg	106.1	55							257.5	280	280	257.5	153.316	187.811

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Push-Pull																	
	90kg Master 60-64																
1	Colleen Beck	FL	90kg	84.5	60				55	60	62.5	95	102.5	107.5	170	151.147	128.075
											4th: 65						
	SHW Master 50-54																
1	Anna Wallis	FL	SHW	93.3	51				52.5	55	58	85	92.5	100	158	134.6	97.713
Men Raw Push-Pull																	
	110kg Open																
1	Eric Chatman	MS	110kg	106.3	25				152.5	162.5	162.5	282.5	302.5	310	462.5	275.188	
2	Nicholas Feran	FL	110kg	102.2	27				147.5	155	---	242.5	252.5	265	407.5	245.926	
	125kg Open																
1	Jeremy Head	FL	125kg	112.4	25				102.5	107.5	112.5	185	192.5	200	312.5	182.719	
	140kg Master 45-49																
1	Jeff Skelton	FL	140kg	140	49				137.5	145	150	175	185	195	345	192.786	121.279

Best Lifters:

Patrisha Sparks	Raw Open Women PL
Bobby Holderman	Raw Jr Men PL
John Newby	Raw Open Men PL
Chris McMullen	Clraw Open Men PL

Record Color Codes:

State
National

Meet Director/Promoter: John Micka

Meet Announcer: John Micka, Joe Keith and Gary Brewer

Score Keepers: Amanda Micka, Ashley Lyons, Vicky Fox, Lauren Broadwater, Gary Brewer, Amy Herrmann-Spears and Roger Fox

Thank you to our officials:

International: Amanda Micka, Charlie Lyons and John Micka

National: Joe Keith, Gary Brewer, Roger Fox

State: Lauren Broadwater, Audrey Lukas, Elizabeth Shipley, Amy Herrmann-Spears, Vicky Fox and Bryan May

Thanks to our spotters: Ethan Feathestone, Josh Becton, Josh Kersh, Austin Zyla, Matt Saylor, Ben Romero, Jacob Miller, Dylan Davis, Dave Williams, Christian Suggs and David Meenly

Thanks to our sponsors: Mark Gilmore - McKenzie Buick GMC, Not a Cool Kid Designs, Traci McCoy- ReMax, Maxfit and Extreme Graphics