

USPA Utah Open and Big Mountain Expo March 7, 2020 Midvale, UT

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Powerlifting</b>																	
	48kg Jr 20-23																
1	Chanel Gailey	UT	48kg	47.0	22	87.5	97.5	107.5	52.5	60	65	130	140	150.0	322.5	512.711	
	60kg Open																
1	Kristi Tompkins	UT	60kg	58.9	34	75.0	82.5	<del>87.5</del>	45	50	<del>55</del>	125	130	<del>137.5</del>	262.5	350.543	
2	Rianna Atkinson	UT	60kg	58.9	24	80.0	87.5	<del>95.0</del>	42.5	47.5	<del>50</del>	100	110.0	115.0	250	333.85	
DQ	Jessica Larson	UT	60kg	59.7	32	<del>82.5</del>	<del>87.5</del>	<del>87.5</del>	52.5	55.0	<del>60</del>	97.5	105.0	<del>110.0</del>	0	0	
	67.5kg Open																
1	Jenny Draper	UT	67.5kg	65.1	27	115.0	125.0	<del>130.0</del>	62.5	70.0	<del>72.5</del>	125	132.5	<del>142.5</del>	327.5	410.554	
2	Kiara Benson	UT	67.5kg	66.8	26	110.0	<del>0</del>	<del>0</del>	65	72.5	<del>77.5</del>	125	135	<del>0</del>	317.5	392.176	
3	Kaitlan Braithwaite	UT	67.5kg	65.0	24	90.0	97.5	102.5	52.5	57.5	60	102.5	110.0	117.5	280	351.344	
4	Jessica Kemper	UT	67.5kg	63.8	28	75.0	<del>80.0</del>	<del>80.0</del>	40	42.5	45	105	110.0	115.0	235	298.168	
5	Katie Owings	UT	67.5kg	60.4	26	50.0	55.0	<del>57.5</del>	32.5	<del>35</del>	<del>35</del>	100	105.0	<del>112.5</del>	192.5	252.81	
	75kg Open																
1	Madison Ditton	UT	75kg	74.4	24	137.5	152.5	<del>157.5</del>	75	<del>82.5</del>	82.5	155	<del>165</del>	<del>165</del>	390	455.637	
2	Kamarie Nicdao	UT	75kg	73.3	26	107.5	<del>115.0</del>	117.5	52.5	<del>57.5</del>	<del>57.5</del>	137.5	145	155.0	325	382.395	
3	Katherine Ker	UT	75kg	70.2	32	100.0	105.0	107.5	67.5	72.5	<del>77.5</del>	115	122.5	<del>137.5</del>	302.5	363.726	
4	Lindsay John	UT	75kg	73.1	27	97.5	102.5	<del>105</del>	47.5	52.5	<del>55</del>	130	137.5	142.5	297.5	350.485	
5	Brittany Nightly	UT	75kg	74.0	24	92.5	100.0	102.5	47.5	57.5	<del>62.5</del>	127.5	<del>135</del>	135	295	345.534	
	82.5kg Open																
1	Alexa Dinger-Hansen	UT	82.5kg	81.2	31	125.0	<del>132.5</del>	<del>135.0</del>	60	65	<del>70</del>	140	145	152.5	342.5	385.313	
2	Mandi Walker	UT	82.5kg	81.2	33	97.5	102.5	<del>105</del>	50	55	60	100	107.5	112.5	275	309.375	
	90kg Open																
1	Shanae Smithson	UT	90kg	87.5	29	140.0	152.5	<del>165</del>	72.5	77.5	82.5	145	157.5	165	400	437.84	
2	Theresea Daniel	UT	90kg	89.2	54	95.0	102.5	110	55	60	<del>65</del>	122.5	132.5	140	310	337.187	405.973
	SHW Open																
1	Lynn Bassett	UT	SHW	113.0	54	125.0	137.5	140.0	82.5	87.5	92.5	142.5	152.5	<del>155</del>	385	393.547	473.831
2	Mandy Hortin	UT	SHW	97.0	38	<del>137.5</del>	137.5	<del>140</del>	62.5	67.5	70	142.5	147.5	155	362.5	384.576	
3	Elise Van Tassell	UT	SHW	119.8	38	100.0	112.5	<del>132.5</del>	67.5	72.5	80	135	150.0	160	352.5	355.673	
	56kg Submaster																
1	Mj Martinez	UT	56kg	56.0	35	85.0	90.0	92.5	45	47.5	52.5	100	107.5	112.5	257.5	356.2	
	SHW Submaster																
1	Elise Van Tassell	UT	SHW	119.8	38	100.0	112.5	<del>132.5</del>	67.5	72.5	80	135	150.0	160	352.5	355.673	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	60kg Master 65-69																
1	Marcia Walker	UT	60kg	58.7	65	67.5	82.5	92.5	55	57.5	60	112.5	120.0	127.5	280	374.78	554.674
	67.5kg Master 45-49																
1	Michelle Gallinger	OR	67.5kg	65.6	49	97.5	100.0	102.5	57.5	60	<del>62.5</del>	125	<del>137.5</del>	137.5	300	374.4	416.707
														4th: 140			
	82.5kg Master 40-44																
DQ	Christene Fike	UT	82.5kg	80.3	41	<del>100.0</del>	<del>100.0</del>	<del>0</del>	52.5	<del>55</del>	<del>57.5</del>	<del>127.5</del>	127.5	132.5	0	0	0
	90kg Master 50-54																
1	Theresea Daniel	UT	90kg	89.2	54	95.0	102.5	110	55	60	<del>65</del>	122.5	132.5	140	310	337.187	405.973
	SHW Master 50-54																
1	Lynn Bassett	UT	SHW	113.0	54	125.0	137.5	140.0	82.5	87.5	92.5	142.5	152.5	<del>155</del>	385	393.547	473.831
	<b>Men Raw Powerlifting</b>																
	75kg Jr 16-17																
1	Andrew Ngo	UT	75kg	72.9	17	160.0	170.0	<del>180.0</del>	95	102.5	<del>105</del>	165	177.5	185	457.5	397.293	
	82.5kg Jr 20-23																
1	Adam Peeler	UT	82.5kg	79.9	22	182.5	192.5	<del>197.5</del>	135	140	145	272.5	285	295	632.5	518.46	
	90kg Jr 18-19																
1	Quinton Briggs	UT	90kg	88.5	19	192.5	<del>207.5</del>	<del>207.5</del>	125	132.5	137.5	242.5	<del>252.5</del>	<del>252.5</del>	572.5	442.943	
	100kg Jr 13-15																
DQ	Jake Mortenson	UT	100kg	92.1	15	165.0	<del>175.0</del>	<del>175.0</del>	<del>107.5</del>	<del>115</del>	<del>115</del>	205	<del>210</del>	<del>210</del>	0	0	
	100kg Jr 20-23																
1	Skylar Crow	UT	100kg	94.5	22	230.0	245	255	137.5	147.5	157.5	255	270	285	697.5	522.079	
	75kg Open																
1	Kyle Harayda	UT	75kg	73.7	27	175.0	182.5	<del>192.5</del>	130	<del>137.5</del>	<del>137.5</del>	220	227.5	<del>235</del>	540	465.588	
2	Jarom West	UT	75kg	73.6	28	177.5	<del>185.0</del>	<del>185.0</del>	<del>145</del>	145	152.5	187.5	195	202.5	532.5	459.548	
	82.5kg Open																
1	Alexander Glover	NY	82.5kg	82.0	28	215.0	227.5	<del>230.0</del>	157.5	<del>165</del>	<del>165</del>	260	275	<del>277.5</del>	660	532.818	
2	Adam Peeler	UT	82.5kg	79.9	22	182.5	192.5	<del>197.5</del>	135	140	145	272.5	285	295	632.5	518.46	
3	Jory Anderson	UT	82.5kg	81.3	27	160.0	<del>170</del>	170.0	142.5	<del>150</del>	<del>155</del>	202.5	215	227.5	540	438.102	
	90kg Open																
1	Joshua Nielsen	UT	90kg	87.6	27	125.0	150.0	<del>160.0</del>	<del>102.5</del>	102.5	110	147.5	165	<del>182.5</del>	425	330.65	

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	100kg Open																
1	Alex Kendall	WY	100kg	99.7	26	185.0	195	210	160	177.5	190	240	260	272.5	672.5	491.127	
2	Ray Ashby	UT	100kg	99.0	25	185.0	195	205	135	142.5	<del>150.0</del>	230	242.5	250	597.5	437.729	
3	David May	UT	100kg	96.2	31	157.5	165	182.5	105	117.5	130	205	227.5	237.5	550	408.21	
4	Thomas Ditton	UT	100kg	97.5	25	165.0	182.5	195.0	125	135	<del>142.5</del>	185	195	<del>200</del>	525	387.24	
5	Austin Hartford	UT	100kg	92.6	26	00.0	00.0	00.0	00.0	00.0	00.0	300	<del>320</del>	<del>320</del>	300	226.8	
DQ	Jake Mortenson	UT	100kg	92.1	15	165.0	<del>175.0</del>	<del>175.0</del>	<del>107.5</del>	<del>115</del>	<del>115</del>	205	<del>210</del>	<del>210</del>	0	0	
	110kg Open																
1	Conor Larson	UT	110kg	108.5	35	187.5	200	207.5	180	190	<del>0</del>	225	242.5	245	642.5	453.284	
2	Walker Strong	UT	110kg	108.4	29	160.0	<del>170</del>	175	120	130	<del>135</del>	200	210	<del>225</del>	515	363.436	
	125kg Open																
1	Logan Welling	UT	125kg	123.2	24	227.5	240	247.5	142.5	152.5	160	227.5	247.5	260	667.5	451.43	
	140kg Open																
1	Stephen Anderson	UT	140kg	132.3	35	220.0	230	235	160	167.5	<del>172.5</del>	250	255	<del>265</del>	657.5	436.186	
	110kg Submaster																
1	Conor Larson	UT	110kg	108.5	35	187.5	200	207.5	180	190	<del>0</del>	225	242.5	245	642.5	453.284	
<b>Women Classic Raw Powerlifting</b>																	
	90kg Jr 20-23																
1	Alisann Heath	UT	90kg	86.8	22	122.5	130.0	135.0	65	70	<del>75</del>	132.5	140	<del>145</del>	345	378.672	
	75kg Open																
1	Jessi Cooper	UT	75kg	72.3	40	147.5	165.0	<del>167.5</del>	55	62.5	<del>0</del>	150	160.0	<del>167.5</del>	387.5	458.994	458.994
2	Naja Hartford	UT	75kg	71.8	27	120.0	127.5	<del>137.5</del>	62.5	70.0	75	125	130	<del>137.5</del>	332.5	395.21	
3	Francisca Rodriguez	UT	75kg	73.9	28	<del>92.5</del>	92.5	102.5	47.5	<del>55</del>	<del>55</del>	100	107.5	122.5	272.5	319.37	
	82.5kg Open																
1	Michelle Buchanan	UT	82.5kg	80.3	29	155.0	165	<del>170</del>	92.5	100	<del>102.5</del>	182.5	200	207.5	472.5	533.925	
	90kg Open																
1	Alisann Heath	UT	90kg	86.8	22	122.5	130.0	135.0	65	70	<del>75</del>	132.5	140	<del>145</del>	345	378.672	
	90kg Submaster																
DQ	Julie Morrill	UT	90kg	89.7	38	<del>152.5</del>	<del>152.5</del>	<del>152.5</del>	60	62.5	<del>67.5</del>	155	<del>157.5</del>	<del>157.5</del>	0	0	
	75kg Master 40-44																
1	Jessi Cooper	UT	75kg	72.3	40	147.5	165.0	<del>167.5</del>	55	62.5	<del>0</del>	150	160.0	<del>167.5</del>	387.5	458.994	458.994

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Men Classic Raw Powerlifting</b>																	
	110kg Open																
1	Marco Rangel	UT	110kg	109.8	27	182.5	<del>-192.5</del>	<del>-205</del>	110	117.5	<del>-122.5</del>	200	<del>-207.5</del>	<del>-207.5</del>	500	351.2	
	125kg Open																
1	Jake Snyder	UT	125kg	115.0	33	275.0	<del>-282.5</del>	282.5	167.5	172.5	<del>-182.5</del>	255	272.5	<del>-280</del>	727.5	502.703	
	110kg Master 55-59																
1	Roger Smith	UT	110kg	106.0	58	170.0	182.5	<del>0</del>	125	137.5	145	215	<del>-230</del>	<del>-230</del>	542.5	386.206	498.592
<b>Women Raw Bench Only</b>																	
	67.5kg Open																
1	Jenny Draper	UT	67.5kg	65.1	27				62.5	70.0	<del>-72.5</del>				70	87.752	
	82.5kg Open																
1	Jeanne Tomascheski	CA	82.5kg	78.4	65				27.5	32.5	<del>-35</del>				32.5	37.092	54.897
	82.5kg Master 65-69																
1	Jeanne Tomascheski	CA	82.5kg	78.4	65				27.5	32.5	<del>-35</del>				32.5	37.092	54.897
<b>Men Raw Bench Only</b>																	
	82.5kg Open																
1	Alexander Glover	NY	82.5kg	82.0	28				157.5	<del>-165</del>	<del>-165</del>				157.5	127.15	
DQ	Paul Andrus	UT	82.5kg	82.0	42				00.0	00.0	00.0				0	0	0
	100kg Open																
1	Greg Griffith	UT	100kg	91.0	32				192.5	207.5	<del>-217.5</del>				207.5	158.24	
	110kg Open																
1	Conor Larson	UT	110kg	108.5	35				180	190	<del>0</del>				190	134.045	
	110kg Submaster																
1	Conor Larson	UT	110kg	108.5	35				180	190	<del>0</del>				190	134.045	
	82.5kg Master 40-44																
DQ	Paul Andrus	UT	82.5kg	82.0	42				00.0	00.0	00.0				0	0	0
<b>Men Single Ply Bench Only</b>																	
	110kg Open																
1	Martin Hollis	UT	110kg	102.5	60				92.5	100	105				105	75.768	101.529
	110kg Master 60-64																
1	Martin Hollis	UT	110kg	102.5	60				92.5	100	105				105	75.768	101.529

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Women Raw Deadlift Only</b>																	
	67.5kg Open																
1	Jenny Draper	UT	67.5kg	65.1	27							125	132.5	<del>142.5</del>	132.5	166.102	
	82.5kg Open																
1	Jeanne Tomascheski	CA	82.5kg	78.4	65							70	<del>80</del>	90	90	102.717	152.021
	90kg Open																
1	Julia Tomascheski	UT	90kg	89.0	28							150	152.5	175	175	190.488	
	82.5kg Master 65-69																
1	Jeanne Tomascheski	CA	82.5kg	78.4	65							70	<del>80</del>	90	90	102.717	152.021
<b>Men Raw Deadlift Only</b>																	
	82.5kg Open																
1	Alexander Glover	NY	82.5kg	82.0	28							260	275	<del>277.5</del>	275	222.008	
	100kg Open																
1	Austin Hartford	UT	100kg	92.6	26							300	<del>320</del>	<del>320</del>	300	226.8	
	110kg Open																
1	Conor Larson	UT	110kg	108.5	35							225	242.5	245	245	172.848	
	125kg Open																
1	Sheldon Russell	UT	125kg	122.6	45							275	285	<del>287.5</del>	285	193.031	203.647
	110kg Submaster																
1	Conor Larson	UT	110kg	108.5	35							225	242.5	245	245	172.848	
	125kg Master 45-49																
1	Sheldon Russell	UT	125kg	122.6	45							275	285	<del>287.5</del>	285	193.031	203.647
<b>Men Single Ply Deadlift Only</b>																	
	110kg Open																
1	Martin Hollis	UT	110kg	102.5	60							145	150	155	155	111.848	149.876
	110kg Master 60-64																
1	Martin Hollis	UT	110kg	102.5	60							145	150	155	155	111.848	149.876

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
<b>Men Multi Ply Deadlift Only</b>																	
	100kg Open																
DQ	Andy Mower	UT	100kg	94.7	39							<del>-317.5</del>	<del>-317.5</del>	<del>0</del>	0	0	
	100kg Submaster																
DQ	Andy Mower	UT	100kg	94.7	39							<del>-317.5</del>	<del>-317.5</del>	<del>0</del>	0	0	
Best Lifters:																	
	Madison Ditton	Raw Open Women PL														<b>Record Color Codes:</b>	
	Alexander Glover	Raw Open Men PL														State	
	Michelle Buchanan	Clraw Open Women PL														National	
	Meet Director:	Chris McGrail															
	Thank you to our officials:																
	International:	Jon Cunningham															
	National:	Chris McGrail															
	State:	Hillary Waldron, Austin Hartford, Jake Snyder, Lisa MacDonald, Samantha Mello and Julia Tomascheski															
	Spotter/Loaders:	Jeremy Clifford, John Sanders, Ed Bankston, Carmen Bankston, Andy Brown, Jaden Minor, Adam Asay, Klayton Johnson and Derek Reasch															