

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Women Raw Powerlifting														
	56kg Jr 20-23														
1	Shyla Atoigue Concepcion	HI	56kg	53.6	20	112.5	67.5	140	320	389.632		248	148.8	308.6	705.5
	67.5kg Jr 20-23														
1	Lauren Oakland	HI	67.5kg	67.4	21	122.5	70	152.5	345	352.487		270.1	154.3	336.2	760.6
2	Rachel Tom	HI	67.5kg	66.6	23	110	55	137.5	302.5	311.757		242.5	121.3	303.1	666.9
	48kg Open														
1	Alexis Callejo	HI	48kg	45.8	29	120	65	150	335	458.917		264.6	143.3	330.7	738.5
	52kg Open														
1	Anika Mejia	HI	52kg	50.4	25	117.5	50	155	322.5	411.8		259	110.2	341.7	711
DQ	Lindsey Okumoto	HI	52kg	50.2	31	0	65	157.5	0	0		0	143.3	347.2	0
	56kg Open														
1	Jennifer Nguyen	HI	56kg	53	24	105	57.5	132.5	295	362.378		231.5	126.8	292.1	650.4
2	Elena Dias	HI	56kg	55.6	36	85	65	120	270	319.464		187.4	143.3	264.6	595.2
	60kg Open														
1	Alicia Frisbee	CA	60kg	60	35	120	82.5	147.5	350	390.215		264.6	181.9	325.2	771.6
2	Marisa Testino	HI	60kg	58.4	25	110	60	140	310	352.966		242.5	132.3	308.6	683.4
	67.5kg Open														
1	Amber Carranco	HI	67.5kg	67.2	26	127.5	77.5	160	365	373.724		281.1	170.9	352.7	804.7
2	Frances Young	HI	67.5kg	64.6	33	127.5	77.5	147.5	352.5	371.5		281.1	170.9	325.2	777.1
	75kg Open														
1	Asinate Flores	HI	75kg	70.8	25	147.5	72.5	165	385	380.034		325.2	159.8	363.8	848.8
2	Victoria Pierce	HI	75kg	74.4	29	112.5	82.5	165	360	343.98		248	181.9	363.8	793.7
	82.5kg Open														
1	Aurielle Polynice	HI	82.5kg	77	30	175	85	195	455	425.607		385.8	187.4	429.9	1003.1
2	Uilani Miles	HI	82.5kg	81	32	182.5	85	185	452.5	411.232		402.3	187.4	407.9	997.6
3	Heather Harris	CA	82.5kg	80.4	31	137.5	67.5	155	360	328.5		303.1	148.8	341.7	793.7
	90kg Open														
1	Natxiell Aguilar	HI	90kg	88.8	30	170	100	185	455	395.395		374.8	220.5	407.9	1003.1
	56kg Submaster														
1	Elena Dias	HI	56kg	55.6	36	85	65	120	270	319.464		187.4	143.3	264.6	595.2
	60kg Submaster														
1	Alicia Frisbee	CA	60kg	60	35	120	82.5	147.5	350	390.215		264.6	181.9	325.2	771.6
	67.5kg Submaster														
1	Lianne Misaki	HI	67.5kg	64.2	36	62.5	60	147.5	270	285.876		137.8	132.3	325.2	595.2

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	48kg Master 50-54														
1	Carol Makiya	HI	48kg	46.8	51	107.5	60	142.5	310	418.19	479.664	237	132.3	314.2	683.4
	75kg Master 40-44														
1	Kim Inoshita	HI	75kg	75	41	102.5	60	130	292.5	278.051	280.831	226	132.3	286.6	644.8
Men Raw Powerlifting															
	60kg Jr 20-23														
1	Jallel Fabro	HI	60kg	59.6	23	147.5	128	180	455.5	390.865		325.2	282.2	396.8	1004.2
	67.5kg Jr 20-23														
1	John Zhong	HI	67.5kg	65.4	23	150	117.5	182.5	450	355.995		330.7	259	402.3	992.1
	75kg Jr 16-17														
1	Eric Doolin	HI	75kg	71.6	17	152.5	100	195	447.5	329.673		336.2	220.5	429.9	986.6
	75kg Jr 20-23														
1	Dustin Noborikawa	HI	75kg	74	21	202.5	137.5	255	595	427.984		446.4	303.1	562.2	1311.7
2	Christopher Oakland	HI	75kg	74.8	23	205	140	240	585	417.632		451.9	308.6	529.1	1289.7
DQ	Christian Valdez	HI	75kg	71.4	22	0	0	0	0	0		0	0	0	0
	82.5kg Jr 20-23														
1	Nielsen Mariano	HI	82.5kg	82.2	22	215	122.5	247.5	585	392.769		474	270.1	545.6	1289.7
	90kg Jr 13-15														
1	Bronze Kahumoku	HI	90kg	89.2	15	172.5	80	175	427.5	274.156		380.3	176.4	385.8	942.5
	90kg Jr 20-23														
1	Jun Bradley Cadelinia	HI	90kg	89.2	23	242.5	167.5	292.5	702.5	450.513		534.6	369.3	644.8	1548.7
2	Francisco Estranero	HI	90kg	86.6	20	210	125	227.5	562.5	366.469		463	275.6	501.5	1240.1
	110kg Jr 20-23														
1	Jonathan Estranero	HI	110kg	106.6	23	272.5	170	262.5	705	419.123		600.8	374.8	578.7	1554.2
2	Thomas Simpkins	HI	110kg	109	23	230	145	230	605	357.071		507.1	319.7	507.1	1333.8
	125kg Jr 20-23														
1	Joshua Dennis	MO	125kg	120.8	23	240	170	240	650	373.1		529.1	374.8	529.1	1433
	60kg Open														
1	Chris Padilla	HI	60kg	59.2	26	170	132.5	215	517.5	446.861		374.8	292.1	474	1140.9
	67.5kg Open														
1	Eugene Malvar	HI	67.5kg	66	26	200	120	222.5	542.5	425.971		440.9	264.6	490.5	1196
2	Kevin Lei	HI	67.5kg	67	29	157.5	120	212.5	490	380.044		347.2	264.6	468.5	1080.3
	75kg Open														
1	Dayson Nanbu	HI	75kg	73.4	28	222.5	155	280	657.5	475.701		490.5	341.7	617.3	1449.5
2	Blake Parado	HI	75kg	74.6	31	217.5	122.5	260	600	429.12		479.5	270.1	573.2	1322.8
3	John Martin	HI	75kg	74.8	26	170	145	250	565	403.354		374.8	319.7	551.2	1245.6

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	82.5kg Open														
1	Premar Namnama	HI	82.5kg	81.2	25	252.5	187.5	282.5	722.5	488.699		556.7	413.4	622.8	1592.8
2	Kaulana Duldulao	HI	82.5kg	82.2	39	207.5	165	260	632.5	424.661		457.5	363.8	573.2	1394.4
3	Zachary Apilando	HI	82.5kg	79.8	24	210	145	250	605	413.699		463	319.7	551.2	1333.8
4	Brian Smith	GA	82.5kg	81.6	40	185	170	245	600	404.64	404.64	407.9	374.8	540.1	1322.8
5	Nielsen Mariano	HI	82.5kg	82.2	22	215	122.5	247.5	585	392.769		474	270.1	545.6	1289.7
	90kg Open														
1	Jun Bradley Cadelinia	HI	90kg	89.2	23	242.5	167.5	292.5	702.5	450.513		534.6	369.3	644.8	1548.7
2	Kainoa Kahalewai	HI	90kg	89.2	27	227.5	175	265	667.5	428.068		501.5	385.8	584.2	1471.6
3	Eric Loyola	HI	90kg	88.8	49	217.5	132.5	220	570	366.396	407.799	479.5	292.1	485	1256.6
	100kg Open														
1	Joshua Jagers	HI	100kg	99.2	29	275	200	310	785	479.321		606.3	440.9	683.4	1730.6
2	Colson Fernandez	HI	100kg	98	28	250	180	300	730	447.928		551.2	396.8	661.4	1609.4
3	Weston Akamine	HI	100kg	100	24	220	165	270	655	398.633		485	363.8	595.2	1444
	110kg Open														
1	Dalton Christy	HI	110kg	107	26	292.5	182.5	330	805	477.929		644.8	402.3	727.5	1774.7
2	Jordon Apilando	HI	110kg	101.8	31	250	210	305	765	462.366		551.2	463	672.4	1686.5
3	Jequille Lyles	HI	110kg	103.6	28	232.5	162.5	290	685	411.274		512.6	358.2	639.3	1510.2
4	Jordan Kahalekai	HI	110kg	104.4	27	250	137.5	272.5	660	395.208		551.2	303.1	600.8	1455
	125kg Open														
1	Keith Flores Jr	HI	125kg	120.4	28	320	182.5	285	787.5	452.419		705.5	402.3	628.3	1736.1
2	Brian Santos	HI	125kg	120.6	27	235	172.5	282.5	690	396.267		518.1	380.3	622.8	1521.2
3	Brandon Luis	HI	125kg	117.2	27	200	152.5	250	602.5	348.366		440.9	336.2	551.2	1328.3
	SHW Open														
1	Walter Kupihe	HI	SHW	144.4	24	237.5	240	292.5	770	428.351		523.6	529.1	644.8	1697.5
	82.5kg Submaster														
1	Kaulana Duldulao	HI	82.5kg	82.2	39	207.5	165	260	632.5	424.661		457.5	363.8	573.2	1394.4
	75kg Master 50-54														
1	Matt Chapman	HI	75kg	74.2	50	157.5	122.5	167.5	447.5	321.26	363.024	347.2	270.1	369.3	986.6
	82.5kg Master 40-44														
1	Brian Smith	GA	82.5kg	81.6	40	185	170	245	600	404.64	404.64	407.9	374.8	540.1	1322.8
	90kg Master 45-49														
1	Eric Loyola	HI	90kg	88.8	49	217.5	132.5	220	570	366.396	407.799	479.5	292.1	485	1256.6
	100kg Master 40-44														
1	Allen Mahoe	HI	100kg	98.4	42	202.5	137.5	245	585	358.371	365.538	446.4	303.1	540.1	1289.7

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	100kg Master 45-49														
1	Robin Sajor	HI	100kg	90.6	49	190	155	230	575	365.873	407.216	418.9	341.7	507.1	1267.6
	110kg Master 40-44														
DQ	Jason Lamb	HI	110kg	108.6	41	170	0	205	0	0	0	374.8	0	451.9	0
Women Single Ply Powerlifting															
	56kg Open														
1	Ren Yamashita	HI	56kg	55	29	160	125	170	455	542.952		352.7	275.6	374.8	1003.1
Men Single Ply Powerlifting															
	140kg Open														
1	Kamuela Wassman	HI	140kg	137.6	30	327.5	255	310	892.5	500.068		722	562.2	683.4	1967.6
Men Raw Bench Only															
	75kg Open														
1	Branden Ha	HI	75kg	72.8	42		192.5		192.5	140.102	142.904		424.4		424.4
	82.5kg Open														
1	Ruben Castro	WA	82.5kg	78.2	37		197.5		197.5	136.808			435.4		435.4
	90kg Open														
1	Robert Miller	WA	90kg	88.8	52		200		200	128.56	149.772		440.9		440.9
2	Mike Wong	HI	90kg	89	24		152.5		152.5	97.92			336.2		336.2
	100kg Open														
1	John (Jack) Cambra Jr	HI	100kg	95	43		142.5		142.5	88.635	91.383		314.2		314.2
	125kg Open														
1	Kirk Gosnell	HI	125kg	118.8	48		212.5		212.5	122.464	134.343		468.5		468.5
	82.5kg Submaster														
1	Ruben Castro	WA	82.5kg	78.2	37		197.5		197.5	136.808			435.4		435.4
	75kg Master 40-44														
1	Branden Ha	HI	75kg	72.8	42		192.5		192.5	140.102	142.904		424.4		424.4
	90kg Master 50-54														
1	Robert Miller	WA	90kg	88.8	52		200		200	128.56	149.772		440.9		440.9
	90kg Master 60-64														
1	Dean Furukawa	HI	90kg	85.8	60		160		160	104.784	140.411		352.7		352.7
							4th: 163								
	100kg Master 40-44														
1	John (Jack) Cambra Jr	HI	100kg	95	43		142.5		142.5	88.635	91.383		314.2		314.2
	125kg Master 45-49														
1	Kirk Gosnell	HI	125kg	118.8	48		212.5		212.5	122.464	134.343		468.5		468.5

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Single Ply Bench Only															
	60kg Submaster														
1	Donna Bareng	HI	60kg	59.8	37		92.5		92.5	103.397			203.9		203.9
Men Single Ply Bench Only															
	75kg Master 45-49														
DQ	Donald Ramil Jr.	HI	75kg	72.6	45		0		0	0	0		0		0
Men Multi Ply Bench Only															
	SHW Open														
1	Gary Shim	HI	SHW	157.6	55		277.5		277.5	152.459	186.762		611.8		611.8
	SHW Master 55-59														
1	Gary Shim	HI	SHW	157.6	55		277.5		277.5	152.459	186.762		611.8		611.8
Women Raw Deadlift Only															
	56kg Jr 13-15														
1	Kylie Ifuku	HI	56kg	52.6	14			102.5	102.5	126.649				226	226
	75kg Jr 13-15														
1	Masina Tupea	HI	75kg	72.8	15			145	145	140.491				319.7	319.7
2	Mariyah Mossman	HI	75kg	70.4	13			75	75	74.325				165.3	165.3
	90kg Open														
DQ	Quynne Eharis	HI	90kg	87.6	25			0	0	0				0	0
	56kg Master 40-44														
1	Magnolia Centeno	HI	56kg	55.6	44			160	160	189.312	197.452			352.7	352.7
Men Raw Deadlift Only															
	60kg Jr 13-15														
1	Charlie Correa	HI	60kg	57.4	14			125	125	111.113				275.6	275.6
	67.5kg Jr 13-15														
1	Duke Lorenzo	HI	67.5kg	64	14			152.5	152.5	122.869				336.2	336.2
	75kg Jr 13-15														
1	Hunter Phelps	HI	75kg	69.2	15			165	165	124.757				363.8	363.8
	75kg Jr 16-17														
1	Kumakani Correa	HI	75kg	74	17			182.5	182.5	131.272				402.3	402.3
2	Connor Apo	HI	75kg	73.6	16			150	150	108.315				330.7	330.7
	90kg Jr 13-15														
1	Shaun Murakoshi	HI	90kg	87.8	15			142.5	142.5	92.155				314.2	314.2
	100kg Jr 16-17														
1	Kahuike Lorenzo	HI	100kg	99.8	16			235	235	143.139				518.1	518.1

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	110kg Jr 13-15														
1	Caleb Rhineland	HI	110kg	102.2	13			167.5	167.5	101.086				369.3	369.3
	125kg Jr 16-17														
1	Kieran Gabriel	HI	125kg	122.8	17			197.5	197.5	112.97				435.4	435.4
	SHW Jr 16-17														
1	Kahekili Catrett	HI	SHW	170.4	16			217.5	217.5	118.081				479.5	479.5
	67.5kg Open														
1	Ispandiyar Kairzhan	CA	67.5kg	62.4	21			215	215	177.053				474	474
	75kg Open														
1	Jonathon Bareng	HI	75kg	71.8	35			230	230	169.096				507.1	507.1
	90kg Open														
1	Kyle Nakamura	HI	90kg	87.4	30			240	240	155.592				529.1	529.1
	100kg Open														
1	Nigel Eharis	HI	100kg	96.8	30			252.5	252.5	155.767				556.7	556.7
	67.5kg Master 60-64														
1	Dean Kaneshiro	HI	67.5kg	66.2	63			227.5	227.5	178.178	253.191			501.5	501.5
	Men Multi Ply Deadlift Only														
	125kg Open														
1	Jerem Feltman	AK	125kg	123.2	43			317.5	317.5	181.483	187.109			700	700
	125kg Master 40-44														
1	Jerem Feltman	AK	125kg	123.2	43			317.5	317.5	181.483	187.109			700	700

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
	Best Lifters:														
	Jr Men Deadlift: Kahuike Lorenzo														
	Open Men Bench: Branden Ha														
	Master Men Bench: Robert Miller														
	Jr Men Powerlifting: Jun Bradley Cadelinia														
	Open Men Powerlifting: Premar Namnama														
	Master Men Powerlifting: Eric Loyola														
	Open Women Powerlifting: Alexis Callejo														
	Meet Directors: Darren Matsumoto and Leonetta Richardson														
	Thank you to our referees:														
	International: Tom Moormeister, Darren Matsumoto and Leonetta Richardson														
	National: Jon Bareng, Ren Yamashita, Susan Salazar and Donna Bareng														
	State: Rowena Bagayas, Nestor Bagayas, Donnie Rogers, Mike Wong and Luvi Agpaoa														
	Apprentice: Kim Inoshita														
	Thank you to our sponsors:														
	Team MANA, MANA Barbell, Hardcore 808 Nutrition and Windocs Window Cleaning														
	Thank you to the HI Fit Expo crew for having us! We appreciate all you guys do to run this event and we are happy to be a part of it.														