

USPA Virginia Novice Open February 18, 2023 Ashland, VA

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
67.5kg Jr 18-19																	
1	Jordan Terlaje	AZ	67.5kg	65.60	19	115	122.5	130	52.5	55	60	142.5	152.5	157.5	347.5	364.787	
Women Raw Powerlifting			Open														
67.5kg Open																	
1	Taylor Everetts	VA	67.5kg	61.10	27	77.5	87.5	100	55	60	67.5	115	125	137.5	297.5	326.057	
75kg Open																	
1	Jasmine Richey	VA	75kg	74.60	28	97.5	97.5	102.5	50	55	55	125	132.5	137.5	285	278.371	
2	Rebecca Ryan	VA	75kg	70.85	32	77.5	82.5	85	37.5	45	50	80	92.5	97.5	232.5	233.54	
90kg Open																	
1	Madhurikka Ravichandra	VA	90kg	83.65	27	80	80	80	32.5	37.5	40	85	95	105	225	207.446	
100kg Open																	
1	Catherine Reynolds	VA	100kg	98.65	27	112.5	120	125	72.5	77.5	82.5	145	157.5	162.5	365	313.136	
Women Raw Powerlifting			Master														
82.5kg Master 45-49																	
1	Shannon Turner	VA	82.5kg	78.80	48	102.5	107.5	110	70	75	77.5	127.5	132.5	137.5 (140)	322.5	306.188	335.888
Men Raw Powerlifting			Junior														
67.5kg Jr 13-15																	
1	Brendan Colfax	VA	67.5kg	65.90	14	85	100	112.5	77.5	82.5	85	125	142.5	155	352.5	276.504	
75kg Jr 16-17																	
1	Greyson Dicosmo	VA	75kg	73.55	17	150	162.5	175	100	107.5	115	150	162.5	172.5	455	330.573	
82.5kg Jr 20-23																	
1	Jalik Worthy	VA	82.5kg	80	22	117.5	130	145	95	107.5	120	167.5	185	207.5	472.5	325.811	
90kg Jr 16-17																	
1	Vishalsai Adipudi	VA	90kg	89	16	125	135	145	85	95	105	155	165	165	405	263.362	
100kg Jr 20-23																	
1	Iziah Riley	WV	100kg	95.7	23	125	160	180	95	105	120	142.5	165	192.5	492.5	309.157	

USPA Virginia Novice Open February 18, 2023 Ashland, VA

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Jr 16-17																
1	Andrew Nguyen	VA	125kg	123.95	17	175	190	205	105	115	-125	160	180	200	520	295.503	
	125kg Jr 20-23																
1	Xavier Brown	VA	125kg	113.3	23	207.5	227.5	245	115	130	-145	185	-205	-220	560	328.077	
	Men Raw Powerlifting			Open													
	67.5kg Open																
1	Maddie Mcelfresh	VA	67.5kg	62.25	25	95	102.5	107.5	70	72.5	75	120	130	137.5	320	262.206	
	75kg Open																
1	Greyson Dicosmo	VA	75kg	73.55	17	150	162.5	175	100	107.5	-115	150	162.5	172.5	455	330.573	
	90kg Open																
1	Gerrick Williams	VA	90kg	88.55	28	215	227.5	-232.5	132.5	140	145	255	272.5	-277.5	645	420.521	
2	Daniel Watson	VA	90kg	88.85	25	195	-205	212.5	130	140	150	195	212.5	227.5	590	383.995	
	100kg Open																
1	David Singh	VA	100kg	98.85	29	182.5	202.5	217.5	140	155	157.5	227.5	250	260	635	392.831	
2	Chris Paulino	VA	100kg	95	35	150	165	-170	90	100	110	170	180	197.5	472.5	297.615	
	110kg Open																
1	Jacob Roberts	MD	110kg	104.2	27	230	250	265	150	172.5	185	210	227.5	240	690	417.428	
	125kg Open																
1	Andrew Nguyen	VA	125kg	123.95	17	175	190	205	105	115	-125	160	180	200	520	295.503	
	Men Raw Powerlifting			Submaster													
	82.5kg Submaster																
1	Ameya Tatake	VA	82.5kg	80.40	39	-120	120	145	82.5	-92.5	-92.5	167.5	185	195	422.5	290.481	
	Men Raw Powerlifting			Master													
	110kg Master 40-44																
1	Mike Mcgraw	MD	110kg	104.20	44	120	130	140	92.5	-102.5	-102.5	145	157.5	177.5	410	248.037	258.703
	Men Classic Raw Powerlifting			Junior													
	110kg Jr 20-23																
1	Ryan Salvador	MD	110kg	108.65	20	225	240	247.5	142.5	-150	157.5	227.5	247.5	262.5	667.5	397.197	

USPA Virginia Novice Open February 18, 2023 Ashland, VA

USPA Virginia Novice Open February 18, 2023 Ashland, VA																
Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Classic Raw Powerlifting			Open													
110kg Open																
1 Ryan Salvador	MD	110kg	108.65	20	225	240	247.5	142.5	150	157.5	227.5	247.5	262.5	667.5	397.197	
140+ Open																
1 John Madron	PA	140+	157.10	27	255	260	272.5	180	187.5	192.5	302.5	312.5	320	777.5	413.004	
Women Raw Bench Only			Junior													
75kg Jr 16-17																
1 Isabella Thompson	VA	75kg	74.5	17				57.5	62.5	67.5				62.5	61.09	
Women Raw Deadlift Only			Junior													
75kg Jr 16-17																
1 Isabella Thompson	VA	75kg	74.5	17							105	110	115	115	112.405	
Women Raw Deadlift Only			Open													
90kg Open																
1 Madhurikka Ravichandra	VA	90kg	83.65	27							85	95	105	105	96.808	
Men Raw Deadlift Only			Junior													
82.5kg Jr 20-23																
1 Jalik Worthy	VA	82.5kg	80	22							167.5	185	207.5	207.5	143.081	
100kg Jr 18-19																
1 Dylan Turner	VA	100kg	91.40	18							190	195	195	190	121.913	
Men Raw Deadlift Only			Open													
100kg Open																
1 Dylan Turner	VA	100kg	91.40	18							190	195	195	190	121.913	

Name State Class Weight Age SQ1 SQ2 SQ3 BP1 BP2 BP3 DL1 DL2 DL3 Total Kg Dots Total McC Total																
Best Lifters																
Name Equip Events Comp Sex Record Color Codes																
Greyson Dicosmo Raw PL Jr Men State																
Taylor Everetts Raw PL Open Women																
Gerrick Williams Raw PL Open Men																
Meet Director: Ken Stewart																
Referees																
National: Ken Stewart																
State: Cassie Richards, Brittany Wilson, Allan Frances																
Staff: Becca Hicks																
Spotter/Loaders: Justin Pines, Rachel Kirkland, Connor Jorgensen, Nikolas Harris																