

USA IPL World Powerlifting Championships October 18-20, 2019 Leipzig, Germany

	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Women Raw Powerlifting																	
56kg Open																	
1	Jenn Rotsinger	USA-FL	56kg	52.5	41	152.5	163.0	167.5	85	90.5	92.5	180	192.5	200	450.5	557.449	563.023
2	Mariša Golob	Slovenia	56kg	52.35	29	130	140	145	85	92.5	92.5	155	160	165	385	477.477	
3	Oksana Kuznetsova	Russia	56kg	55.95	29	100	110	115	67.5	75	82.5	120	127.5	140	330	388.542	
67.5kg Open																	
1	Michelle Mazulis	USA-NM	67.5kg	66.9	51	142.5	155	160	90	95	100	180	192.5	200	447.5	459.672	527.244
2	Melissa Hull	USA-WY	67.5kg	65.2	37	122.5	130	132.5	80	85	87.5	155	162.5	167.5	382.5	400.363	
3	Kristel Nierman	Netherlands	67.5kg	61.5	29	130	137.5	142.5	60	65	65	155	162.5	165	365	399.274	
4	Nina Kondrasheva	Russia	67.5kg	66.35	59	110	110	120	75	77.5	80	120	130	140	337.5	348.773	
56kg Master 40-44																	
1	Jenn Rotsinger	USA-FL	56kg	52.5	41	152.5	163.0	167.5	85	90.5	92.5	180	192.5	200	450.5	557.449	563.023
67.5kg Master 50-54																	
1	Michelle Mazulis	USA-NM	67.5kg	66.9	51	142.5	155	160	90	95	100	180	192.5	200	447.5	459.672	527.244
Men Raw Powerlifting																	
100kg Jr 15-19																	
1	Martin Kentos	Slovakia	100kg	99.95	18	240	260	270	170	170	185	300	---	---	740	450.438	
82.5kg Open																	
DQ	Michele Lemonis	Germany	82.5kg	77.9	25	150	160	170	180	180	180	190	200	210	0	0	
100kg Open																	
1	Nicky Gorissen	Netherlands	100kg	97.2	25	30	32.5	---	190	200	207.5	75	---	---	305	187.819	
110kg Open																	
1	Chris Skovbak	Denmark	110kg	105.8	30	282.5	295	---	155	165	170	285	300	310	762.5	454.45	
125kg Open																	
1	Kevin Janssen	Netherlands	125kg	123.1	39	200	215	230	160	170	175	260	270	280	680	388.756	
2	Steve Denison	USA-CA	125kg	123.1	57	205	215	230	170	180	182.5	205	227.5	---	637.5	364.459	462.134
140kg Open																	
1	Zac Meyers	USA-MD	140kg	128.9	25	367.5	387.5	392.5	250	267.5	267.5	350	370	370	1005	569.333	
2	Jack Hawks	USA-AZ	140kg	133.3	48	227.5	227.5	237.5	220	227.5	227.5	297.5	307.5	315	765	430.772	472.556
3	Marcel Wagelaar	Netherlands	140kg	131.8	37	200	215	225	172.5	180	185	290	300	307.5	712.5	401.993	
75kg Master 40-44																	
1	Erni Gregorcic	Slovenia	75kg	73.9	43	200	200	210	140	145	150	240	252.5	260	620	446.4	460.238
75kg Master 55-59																	
1	Terrence Austin	USA-WA	75kg	74.5	58	145	157.5	165	117.5	125	132.5	182.5	197.5	205	502.5	359.74	464.424
82.5kg Master 40-44																	
1	Darrel Dryden	USA-NM	82.5kg	80.6	43	205	220	227.5	165	175	182.5	227.5	237.5	240	642.5	436.579	450.113
82.5kg Master 60-64																	
DQ	Coert Hoppenbrouwers	Netherlands	82.5kg	80.35	61	172.5	172.5	172.5	110	120	125	205	225	---	0	0	0

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	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	82.5kg Master 65-69																
1	Hans Malchau	Germany	82.5kg	76.3	68	60	70	80	50	60	60	120	130	140	260	183.092	288.553
	125kg Master 50-54																
1	Eric Harper	USA-MD	125kg	123.8	53	267.5	285	295	195	205	212.5	255	270	282.5	777.5	443.953	525.64
	125kg Master 55-59																
1	Steve Denison	USA-CA	125kg	123.1	57	205	215	230	170	180	182.5	205	227.5	230	637.5	364.459	462.134
	140kg Master 45-49																
1	Jack Hawks	USA-AZ	140kg	133.3	48	227.5	227.5	237.5	220	227.5	227.5	297.5	307.5	315	765	430.772	472.556
Women Classic Raw Powerlifting																	
	75kg Jr 15-19																
1	Selena Cuello	Argentina	75kg	73.75	18	162.5	162.5	172.5	75	80	82.5	170	182.5	192.5	437.5	420.35	
	56kg Open																
1	Mary Tsimpi	Greece	56kg	54.85	48	130	142.5	152.5	75	82.5	85	135	140	140	370	442.483	485.404
	67.5kg Open																
1	Maria Psarraki	Greece	67.5kg	64.8	30	140	150	160	50	60	60	130	135	140	345	362.768	
	75kg Open																
1	Carolina Cuello	Argentina	75kg	73.05	30	180	187.5	195	92.5	100	105	190	202.5	215	515	497.902	
	82.5kg Open																
1	Halla Fridriksdottir	Iceland	82.5kg	78.9	47	165	165	172.5	92.5	100	102.5	165	175	180	442.5	408.074	441.536
	SHW Open																
1	Mariela Ortellado	Argentina	SHW	96.95	34	220	235	250	130	140	145	260	270	280	660	554.796	
	52kg Master 45-49																
1	Estela Giraudo	Argentina	52kg	50.95	46	85	85	87.5	40	47.5	50	127.5	130	135	270	341.928	365.179
	56kg Master 45-49																
1	Mary Tsimpi	Greece	56kg	54.85	48	130	142.5	152.5	75	82.5	85	135	140	140	370	442.483	485.404
	82.5kg Master 45-49																
1	Halla Fridriksdottir	Iceland	82.5kg	78.9	47	165	165	172.5	92.5	100	102.5	165	175	180	442.5	408.074	441.536
Men Classic Raw Powerlifting																	
	90kg Jr 20-23																
1	Felix Jentzsch	Germany	90kg	83.5	20	210	210	240	125	130	145	180	200	220	605	402.386	
	100kg Jr 20-23																
1	Nico Vohsen	Germany	100kg	98.65	22	210	222.5	230	135	147.5	155	220	235	247.5	617.5	377.91	
	110kg Jr 20-23																
1	David Hoover	USA-IN	110kg	108.1	23	272.5	292.5	307.5	192.5	210	217.5	292.5	320	335	845	499.987	
2	Emiel Oldenkamp	Sweden	110kg	109.8	22	270	287.5	287.5	165	180	190	300	325	330	775	456.32	

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	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	125kg Jr 20-23																
1	Sam Hausberger	Austria	125kg	124.9	23	285	305	315	210	220	227.5	290	310	310	845	481.566	
	67.5kg Open																
1	Daniel Ramirez	Argentina	67.5kg	65.55	38	170	185	195	125	135	140	210	222.5	232.5	562.5	444.15	
	82.5kg Open																
DQ	Jeffrey Podszuweit	Germany	82.5kg	80.8	42	215	225	225	170	175	175	205	225	235	0	0	
	90kg Open																
1	Axel Kujat	Germany	90kg	89.55	31	205	215	225	180	190	195	230	245	250	655	419.2	
2	Lars Görg-Nöldner	Germany	90kg	88.85	36	202.5	202.5	215	125	135	140	215	235	245	590	379.134	
DQ	John Castañeda	Colombia	90kg	86.50	35	260	260	260	145	155	167.5	240	260	280	0	0	
	100kg Open																
1	Jón Gunnarsson	Iceland	100kg	94.75	60	235	252.5	265	132.5	142.5	150	265	282.5	300	702.5	437.517	586.273
2	Luuk De Ruiter	Netherlands	100kg	92.25	33	220	240	245	135	142.5	150	260	280	280	647.5	408.314	
DQ	Joey Jongen	Netherlands	100kg	98.52	31	270	270	270	195	205	212.5	270	300	300	0	0	
	110kg Open																
1	Mohammad Bagheri	Germany	110kg	109.5	40	235	255	255	140	150	160	230	255	270	660	388.938	388.938
	125kg Open																
1	Justin Jackson	USA-IN	125kg	123.9	34	370	400	412.5	220	230	240	320	345	360	985	562.337	
2	Nick Rovers	Netherlands	125kg	119.3	27	270	300	300	180	192.5	200	270	300	305	762.5	438.971	
3	Dimitrij Feldstein	Germany	125kg	124.85	28	220	240	260	210	220	230	220	245	270	750	427.5	
4	Terry Groen	Netherlands	125kg	117.7	31	230	250	250	160	175	180	240	275	280	665	384.104	
	100kg Master 50-54																
1	Gregory B. Gritzman	Germany	100kg	97.0	54	200	215	225	115	120	125	220	225	230	555	342.047	411.824
	100kg Master 55-59																
1	Nico Knecht	Netherlands	100kg	92.8	55	180	200	210	102.5	102.5	110	180	200	210	520	326.976	400.546
	100kg Master 60-64																
1	Jón Gunnarsson	Iceland	100kg	94.75	60	235	252.5	265	132.5	142.5	150	265	282.5	300	702.5	437.517	586.273
	110kg Master 40-44																
1	Mohammad Bagheri	Germany	110kg	109.5	40	235	255	255	140	150	160	230	255	270	660	388.938	388.938
Men Single Ply Powerlifting																	
	100kg Open																
DQ	Paraskevas Mitropoulos	Greece	100kg	98.35	32	310	320	335	180	180	180	300	300	300	0	0	
	110kg Open																
1	Cesar Mansilla	Argentina	110kg	109.5	35	320	320	340	190	200	210	280	300	300	800	471.44	
	125kg Open																
1	Mohannad Chami	Lebanon	125kg	122.6	32	280	300	300	170	185	190	270	285	292.5	750	429.15	
2	Athanasios Liouras	Greece	125kg	119.2	37	100	110	110	210	220	230	340	350	350	660	380.028	

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	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	140kg Open																
1	Maysara Chami	Lebanon	140kg	135.9	38	280	300	310	190	190	200	290	300	300	780	437.892	
	SHW Open																
1	Rabih Sakka	Lebanon	SHW	148.6	44	420	420	460	280	300	302.5	290	315	315	1050	581.7	606.713
	75kg Master 45-49																
DQ	Jhon Mejia	Colombia	75kg	73.8	49	237.5	237.5	237.5	132.5	132.5	132.5	215	220	232.5	0	0	0
	SHW Master 40-44																
1	Rabih Sakka	Lebanon	SHW	148.6	44	420	420	460	280	300	302.5	290	315	315	1050	581.7	606.713
Women Multi Ply Powerlifting																	
	75kg Open																
1	Elizabeth Freel	USA-CA	75kg	72.25	44	205	217.5	217.5	90	102.5	115	205	215	227.5	547.5	533.156	556.081
	75kg Master 40-44																
1	Elizabeth Freel	USA-CA	75kg	72.25	44	205	217.5	217.5	90	102.5	115	205	215	227.5	547.5	533.156	556.081
Men Multi Ply Powerlifting																	
	100kg Open																
DQ	Erik Knöfler	Germany	100kg	98.4	38	375	375	375	240	240	240	240	240	240	0	0	
Women Raw Bench Only																	
	82.5kg Jr 15-19																
1	Burgunda Groeschel	Germany	82.5kg	78.65	15				45	45	50				50	46.195	
Men Raw Bench Only																	
	75kg Jr 15-19																
DQ	Cortland Diehm	USA-NV	75kg	69.4	18				147.5	147.5	147.5				0	0	
	67.5kg Open																
1	Ivan Luchenkov	Russia	67.5kg	66.55	28				130	137.5	140				140	109.186	
2	Graham Dowers	Great Britain	67.5kg	67.4	55				120	130	135				135	104.207	127.653
	75kg Open																
1	Pascal Vermeulen	Netherlands	75kg	74.85	34				135	142.5	145				145	103.472	
2	Sergey Mokrushin	Russia	75kg	74.55	35				130	137.5	142.5				142.5	101.973	
	82.5kg Open																
1	Parviz Odinaev	Tajikistan	82.5kg	79.1	36				200	207.5	207.5				200	137.52	
	90kg Open																
1	Louie Mansanas	USA-HI	90kg	89.95	54				180	190	200				200	127.72	153.775
2	Axel Kujat	Germany	90kg	89.55	31				180	190	195				190	121.6	

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	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	100kg Open																
1	Brett Worland	Australia	100kg	97.8	28				217.5	225	227.5				227.5	139.731	
2	Nicky Gorissen	Netherlands	100kg	97.2	25				190	200	207.5				200	123.16	
3	Paddy Schoenmakers	Netherlands	100kg	90.1	36				195	202.5	202.5				195	124.41	
4	Oleg Smirnov	Russia	100kg	99.90	33				180	190	200				180	109.584	
	110kg Open																
1	Christopher Röper	Germany	110kg	109.6	32				180	190	200				190	111.948	
	125kg Open																
1	Martin Erlitz	Germany	125kg	118.2	40				215	220	225				225	129.825	129.825
2	Dimitrij Feldstein	Germany	125kg	124.85	28				210	220	230				220	125.4	
3	Steve Denison	USA-CA	125kg	123.1	57				170	180	182.5				180	102.906	130.485
	SHW Open																
1	Lonnie Dickinson	USA-IL	SHW	155.0	50				230	242.5	262.5				262.5	144.559	163.351
	67.5kg Master 55-59																
1	Graham Dowers	Great Britain	67.5kg	67.4	55				120	130	135				135	104.207	127.653
	75kg Master 45-49																
1	Chad Ake	USA-OK	75kg	73.95	46				150	160	160				160	115.152	122.982
	75kg Master 55-59																
1	Terrence Austin	USA-WA	75kg	74.5	58				117.5	125	132.5				132.5	94.857	122.46
	90kg Master 50-54																
1	Louie Mansanas	USA-HI	90kg	89.95	54				180	190	200				200	127.72	153.775
	100kg Master 40-44																
1	Craig Stone	Great Britain	100kg	99.05	44				130	145	150				145	88.581	92.389
	100kg Master 55-59																
1	Phil Beniston	Great Britain	100kg	96.6	56				160	172.5	175				175	108.045	134.624
	125kg Master 40-44																
1	Martin Erlitz	Germany	125kg	118.2	40				215	220	225				225	129.825	129.825
	125kg Master 55-59																
1	David Balthazor	USA-TX	125kg	121.0	56				172.5	182.5	197.5				182.5	104.719	130.479
2	Steve Denison	USA-CA	125kg	123.1	57				170	180	182.5				180	102.906	130.485
	SHW Master 50-54																
1	Lonnie Dickinson	USA-IL	SHW	155.0	50				230	242.5	262.5				262.5	144.559	163.351
											4th: 265						

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	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
Men Single Ply Bench Only																	
	82.5kg Open																
1	Denis Akimov	Russia	82.5kg	82.1	31				190	190	200				190	127.661	
	110kg Open																
1	Christopher Roper	Germany	110kg	109.6	32				245	260	270				245	144.354	
	125kg Open																
1	Martin Erlitz	Germany	125kg	118.2	40				250	250	270				270	155.79	155.79
2	Athanasios Liouras	Greece	125kg	119.2	37				210	220	230				220	126.676	
3	Isak Apelgren	Sweden	125kg	116.3	38				200	200	200				200	115.86	
4	Mohannad Chami	Lebanon	125kg	122.6	32				170	185	190				185	105.857	
	140kg Open																
1	Maysara Chami	Lebanon	140kg	135.9	38				190	190	200				190	106.666	
	SHW Open																
1	Rabih Sakka	Lebanon	SHW	148.6	44				280	300	302.5				300	166.2	173.347
2	Tommy Rundqvist	Sweden	SHW	141.0	44				270	317.5	317.5				270	150.714	157.195
DQ	Mahmoud Hnaineh	Lebanon	SHW	162.5	40				220	---	---				0	0	0
	75kg Master 45-49																
1	Chad Ake	USA-OK	75kg	73.95	46				170	177.5	180				177.5	127.747	136.434
	100kg Master 55-59																
1	Phil Beniston	Great Britain	100kg	96.6	56				190	205	215				215	132.741	165.395
	125kg Master 40-44																
1	Martin Erlitz	Germany	125kg	118.2	40				250	250	270				270	155.79	155.79
	SHW Master 40-44																
1	Rabih Sakka	Lebanon	SHW	148.6	44				280	300	302.5				300	166.2	173.347
2	Tommy Rundqvist	Sweden	SHW	141.0	44				270	317.5	317.5				270	150.714	157.195
DQ	Mahmoud Hnaineh	Lebanon	SHW	162.5	40				220	---	---				0	0	0
Men Multi Ply Bench Only																	
	140kg Jr 15-19																
1	Jan Velgos	Slovakia	140kg	130.6	18				330	350	350				330	186.483	
	82.5kg Open																
1	Denis Akimov	Russia	82.5kg	82.1	31				195	195	200				195	131.021	
Women Raw Deadlift Only																	
	56kg Open																
1	Mariša Golob	Slovenia	56kg	52.35	29							155	160	165	160	198.432	
2	Mary Tsimpi	Greece	56kg	54.85	48							135	140	140	135	161.447	177.107
	67.5kg Open																
1	Michelle Mazulis	USA-NM	67.5kg	66.9	51							180	192.5	200	192.5	197.736	226.803

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	52kg Master 45-49																
1	Estela Giraudo	Argentina	52kg	50.95	46							127.5	130	135	135	170.964	182.59
	56kg Master 45-49																
1	Mary Tsimpi	Greece	56kg	54.85	48							135	140	140	135	161.447	177.107
	67.5kg Master 50-54																
1	Michelle Mazulis	USA-NM	67.5kg	66.9	51							180	192.5	200	192.5	197.736	226.803
Men Raw Deadlift Only																	
	75kg Jr 15-19																
1	Cortland Diehm	USA-NV	75kg	69.4	18							232.5	240	250	240	181.056	
	67.5kg Open																
1	Graham Dowers	Great Britain	67.5kg	67.4	55							180	190	200	200	154.38	189.116
	90kg Open																
1	Axel Kujat	Germany	90kg	89.55	31							230	245	250	250	160	
	125kg Open																
1	Steve Denison	USA-CA	125kg	123.1	57							205	227.5	230	227.5	130.062	164.918
	67.5kg Master 55-59																
1	Graham Dowers	Great Britain	67.5kg	67.4	55							180	190	200	200	154.38	189.116
	75kg Master 40-44																
1	Erni Gregorcic	Slovenia	75kg	73.9	43							240	252.5	260	260	187.2	193.003
	82.5kg Master 65-69																
1	Hans Malchau	Germany	82.5kg	76.3	68							120	130	140	130	91.546	144.276
	100kg Master 40-44																
1	Craig Stone	Great Britain	100kg	99.05	44							245	260	265	265	161.889	168.85
	100kg Master 50-54																
1	Semir Jassim	Germany	100kg	96.7	51							200	215	225	215	132.698	152.205
	110kg Master 45-49																
1	Franz Ritzer	Germany	110kg	102.1	47							287.5	302.5	310	310	187.147	202.493
	125kg Master 55-59																
1	Steve Denison	USA-CA	125kg	123.1	57							205	227.5	230	227.5	130.062	164.918
Men Single Ply Deadlift Only																	
	100kg Open																
1	Stanislav Kulikov	Russia	100kg	95.65	40							290	305	310	305	189.131	189.131
	125kg Open																
1	Athanasios Liouras	Greece	125kg	119.2	37							340	350	350	340	195.772	
2	Isak Apelgren	Sweden	125kg	116.3	38							295	310	320	310	179.583	
3	Mohannad Chami	Lebanon	125kg	122.6	32							270	285	292.5	285	163.077	

	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	140kg Open																
1	Maysara Chami	Lebanon	140kg	135.9	38							290	300	300	290	162.806	
	SHW Open																
1	Rabih Sakka	Lebanon	SHW	148.6	44							290	315	315	290	160.66	167.568
	100kg Master 40-44																
1	Stanislav Kulikov	Russia	100kg	95.65	40							290	305	315	305	189.131	189.131
	SHW Master 40-44																
1	Rabih Sakka	Lebanon	SHW	148.6	44							290	315	315	290	160.66	167.568

Best Lifters:

Jenn Rotsinger	Raw Open Women PL	Record Color Codes: State National World
Zac Meyers	Raw Open Men PL	
Eric Harper	Raw Master Men PL	
David Hoover	Clraw Jr Men PL	
Mariela Ortellado	Clraw Open Women PL	
Justin Jackson	Clraw Open Men PL	
Rabih Sakka	Sply Open Men PL	
Brett Worland	Raw Open-LW Men BPO	
Lonnie Dickinson	Raw Open-HW Men BPO	
Louie Mansanas	Raw Master-LW Men BPO	
Lonnie Dickinson	Raw Master-HW Men BPO	
Rabih Sakka	Sply Open Men BPO	
Rabih Sakka	Sply Master Men BPO	
Franz Ritzer	Raw Master Men DLO	
Athanasios Liouras	Sply Open Men DLO	

Team Awards:

1st place Team USA

2nd place Team Argentina

3rd place Team Germany

4th place Team Netherlands

5th place Team Lebanon

6th place Team Russia

7th place Team Greece

8th place Team Slovenia

9th place Team Iceland

10th place Team Sweden

11th place Team Slovakia

12th place Team Austria

13th place Team Denmark

14th place Team Great Britain

15th place Team Australia

16th place Team Tajikistan

USPA IPL World Powerlifting Championships October 18-20, 2019 Leipzig, Germany

	Name	Country	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Wilks Total	McC Total
	Thank you to our referees:																
	International	Steve Denison, Bruce Takala, Lord Elliott, Collin Rhodes															
	National	Patric Kaltenbacher and Mario Rumrich															
	State	Michelle Mazulis															
	Meet Directors:																
	Mario Rumrich and Patric Kaltenbacher																
	Support Staff:																
	Spotter/Loaders	Elite Powerlifting Association spotters															
	Announcers:																
	Steve Denison and Michelle Mazulis																
	Sponsors:																
	ATX, Best Body Nutrition and DS Media																