

USPA Only the Strong Powerlifting Championships December 3, 2022 Merriam, KS

| Name | | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|------------------------|-------------------|-------|-----------|--------|-----|-------------------|------------------|-------------------|------|------------------|------------------|-------|------------------|-------------------|----------|------------|-----------|
| Women Raw Powerlifting | | | Junior | | | | | | | | | | | | | | |
| 110+ Jr 20-23 | | | | | | | | | | | | | | | | | |
| 1 | Kylie White | MO | 110+ | 114.6 | 23 | -147.5 | 157.5 | 165 | 60 | 70 | 75 | 170 | 180 | 187.5 | 427.5 | 347.738 | |
| Women Raw Powerlifting | | | Open | | | | | | | | | | | | | | |
| 60kg Open | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | 85 | 90.0 | -92.5 | 45 | -47.5 | -47.5 | 85 | ----- | ----- | 220 | 246.496 | 301.958 |
| 67.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Monica Morris | MO | 67.5kg | 66.5 | 49 | 140 | 147.5 | -152.5 | 100 | -105 | 105 | 165 | 175 | 177.5 | 430 | 447.794 | 498.394 |
| 2 | Tara Turner | KS | 67.5kg | 63.8 | 43 | -105 | 105.0 | -107.5 | 42.5 | 47.5 | -52.5 | 122.5 | 125 | 127.5 | 280 | 298.85 | 308.115 |
| 3 | Tabitha Wackerly | KS | 67.5kg | 66 | 45 | 82.5 | -85.0 | 85.0 | 37.5 | 42.5 | -47.5 | 117.5 | 120 | 125 | 252.5 | 264.114 | 278.64 |
| 90kg Open | | | | | | | | | | | | | | | | | |
| 1 | Brittany Williams | MO | 90kg | 89.3 | 30 | 132.5 | 140.0 | -145 | 65 | 70 | -75 | 145 | 160 | -170 | 370 | 331.007 | |
| 1 | Erin Violi | NE | 90kg | 89.3 | 26 | 140 | 147.5 | -152.5 | 75 | -80 | -80 | 142.5 | 147.5 | -152.5 | 370 | 331.007 | |
| 110kg Open | | | | | | | | | | | | | | | | | |
| 1 | Avery Purtee | KS | 110kg | 104.9 | 24 | 92.5 | 100.0 | 107.5 | 50 | 55 | 60 | 110 | 120 | 132.5 | 300 | 251.438 | |
| 110+ Open | | | | | | | | | | | | | | | | | |
| 1 | Kelly Powell | MO | 110+ | 122.4 | 39 | -105 | 105.0 | 120 | 60 | 65 | -67.5 | 150 | 155 | 162.5 | 347.5 | 277.311 | |
| Women Raw Powerlifting | | | Submaster | | | | | | | | | | | | | | |
| 110+ Submaster | | | | | | | | | | | | | | | | | |
| 1 | Kelly Powell | MO | 110+ | 122.4 | 39 | -105 | 105.0 | 120 | 60 | 65 | -67.5 | 150 | 155 | 162.5 | 347.5 | 277.311 | |
| Women Raw Powerlifting | | | Master | | | | | | | | | | | | | | |
| 60kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | 85 | 90.0 | -92.5 | 45 | -47.5 | -47.5 | 85 | ----- | ----- | 220 | 246.496 | 301.958 |
| 67.5kg Master 40-44 | | | | | | | | | | | | | | | | | |
| 1 | Tara Turner | KS | 67.5kg | 63.8 | 43 | -105 | 105.0 | -107.5 | 42.5 | 47.5 | -52.5 | 122.5 | 125 | 127.5 | 280 | 298.85 | 308.115 |
| 67.5kg Master 45-49 | | | | | | | | | | | | | | | | | |
| 1 | Monica Morris | MO | 67.5kg | 66.5 | 49 | 140 | 147.5 | -152.5 | 100 | -105 | 105 | 165 | 175 | 177.5 | 430 | 447.794 | 498.394 |
| 2 | Tabitha Wackerly | KS | 67.5kg | 66 | 45 | 82.5 | -85.0 | 85.0 | 37.5 | 42.5 | -47.5 | 117.5 | 120 | 125 | 252.5 | 264.114 | 278.64 |

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| | Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|----|----------------------|-------|--------|--------|-----|-------|-------------------|-------------------|-------------------|------------------|-------------------|-------|-------|-------------------|----------|------------|-----------|
| | Men Raw Powerlifting | | | Junior | | | | | | | | | | | | | |
| | 67.5kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | My'Kael Huggins | KS | 67.5kg | 63.3 | 19 | 142.5 | -157.5 | 157.5 | 102.5 | 112.5 | -115 | 165 | 180 | 185 | 455 | 367.976 | |
| | 75kg Jr 13-15 | | | | | | | | | | | | | | | | |
| 1 | Vinny Fox | KS | 75kg | 72.4 | 14 | 95 | 100.0 | 105 | 72.5 | -77.5 | -77.5 | 147.5 | 160 | 165 | 342.5 | 251.441 | |
| | 75kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | Jackson Ashmore | KS | 75kg | 72 | 18 | 165 | 170 | -177.5 | -85 | 90 | -95 | 167.5 | 187.5 | -192.5 | 447.5 | 329.745 | |
| | 82.5kg Jr 18-19 | | | | | | | | | | | | | | | | |
| DQ | Dalton Smith | KS | 82.5kg | 81.6 | 19 | 110 | 125 | 142.5 | -92.5 | -97.5 | -105 | 142.5 | 165 | 190 | 0 | 0 | |
| | 90kg Jr 16-17 | | | | | | | | | | | | | | | | |
| 1 | Elliot Golden | MO | 90kg | 87 | 17 | 160 | 172.5 | 182.5 | 75 | 82.5 | -87.5 | 175 | 185 | 190 | 455 | 299.39 | |
| | 90kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | Caiden Rupert | KS | 90kg | 83.1 | 19 | 140 | 160 | 167.5 | -107.5 | 117.5 | 122.5 | 157.5 | 172.5 | 182.5 | 472.5 | 318.763 | |
| | 90kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Thomas Stephens | MO | 90kg | 87.5 | 21 | 180 | 190 | 200 | -100 | 100 | -110 | 222.5 | 232.5 | -245 | 532.5 | 349.331 | |
| | 100kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | Joshua Maynard | KS | 100kg | 96.1 | 19 | 207.5 | 212.5 | 220 | 125 | 130 | -135 | 247.5 | 255 | 262.5 | 612.5 | 383.748 | |
| 2 | Brendon Lydon | OK | 100kg | 93.7 | 19 | 190 | 207.5 | 215 | 110 | 125 | -132.5 | 200 | 227.5 | 242.5 | 582.5 | 369.29 | |
| 3 | Kameron Smith | KS | 100kg | 98.3 | 19 | 145 | -160 | 160 | 95 | 105 | -110 | 165 | 182.5 | 187.5 | 452.5 | 280.622 | |
| | 125kg Jr 18-19 | | | | | | | | | | | | | | | | |
| 1 | Aden Mefferd | KS | 125kg | 111.9 | 18 | 102.5 | 115 | 122.5 | 87.5 | -97.5 | -97.5 | 122.5 | 142.5 | 155 | 365 | 214.806 | |
| | 125kg Jr 20-23 | | | | | | | | | | | | | | | | |
| 1 | Robert Villarreal | KS | 125kg | 114.8 | 23 | 205 | 217.5 | 230 | 170 | 177.5 | 182.5 | 250 | 265 | 272.5 | 685 | 399.427 | |

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| Name | | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|--------------------------------|--------------------|-------|--------|-----------|-----|-----------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------|-------------------|-------------------|----------|------------|-----------|
| Men Raw Powerlifting | | | | Open | | | | | | | | | | | | | |
| 82.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Jake Helphingstine | KS | 82.5kg | 81.3 | 27 | 197.5 | 207.5 | -225 | 135 | 142.5 | -147.5 | 230 | 242.5 | -255 | 592.5 | 404.732 | |
| 2 | Timothy Ellis | MO | 82.5kg | 80.9 | 29 | 115 | 130 | -150 | 90 | 95 | 97.5 | 120 | 140 | 145 | 372.5 | 255.18 | |
| 90kg Open | | | | | | | | | | | | | | | | | |
| 1 | Patrick Lindsey | KS | 90kg | 88.5 | 31 | 232.5 | 242.5 | 247.5 | 145 | 152.5 | 160 | 247.5 | 275 | 280 | 687.5 | 448.361 | |
| 2 | Cesar Guizar | MO | 90kg | 89.4 | 27 | 247.5 | 257.5 | 262.5 | 150 | 155 | -160 | 260 | -272.5 | -275 | 677.5 | 439.557 | |
| 3 | Justin Eberle | KS | 90kg | 89.1 | 32 | 192.5 | 200 | -207.5 | 125 | 132.5 | -137.5 | 217.5 | 227.5 | 235 | 567.5 | 368.821 | |
| 4 | Elliot Golden | MO | 90kg | 87 | 17 | 160 | 172.5 | 182.5 | 75 | 82.5 | -87.5 | 175 | 185 | 190 | 455 | 299.39 | |
| 100kg Open | | | | | | | | | | | | | | | | | |
| 1 | Omar Villegas | TX | 100kg | 96.9 | 25 | 287.5 | 305 | 312.5 | 197.5 | 210 | 217.5 | 322.5 | -332.5 | --- | 852.5 | 532.099 | |
| 2 | Matt Geist | MO | 100kg | 98.4 | 38 | 245 | 267.5 | --- | 190 | -207.5 | -207.5 | 295 | -317.5 | -317.5 | 752.5 | 466.46 | |
| 3 | Elijah Milan | MO | 100kg | 98.2 | 25 | 195 | -207.5 | 207.5 | -142.5 | 150 | -157.5 | 247.5 | 252.5 | -257.5 | 610 | 378.469 | |
| 4 | Clevon Jones | MO | 100kg | 91.1 | 35 | 85 | -90 | -90 | 85 | 92.5 | 95 | 175 | 180 | 187.5 | 367.5 | 236.189 | |
| 125kg Open | | | | | | | | | | | | | | | | | |
| 1 | Robert Villarreal | KS | 125kg | 114.8 | 23 | 205 | 217.5 | 230 | 170 | 177.5 | 182.5 | 250 | 265 | 272.5 | 685 | 399.427 | |
| 140kg Open | | | | | | | | | | | | | | | | | |
| 1 | Joshua Dennis | KS | 140kg | 136.9 | 27 | 310 | 322.5 | -330 | 185 | -195 | -195 | 257.5 | --- | --- | 765 | 421.903 | |
| 140+ Open | | | | | | | | | | | | | | | | | |
| 1 | Blaize Foltz | KS | 140+ | 163.8 | 32 | 270 | 290 | 312.5 | 200 | 212.5 | 227.5 | 277.5 | 295 | -317.5 | 835 | 438.729 | |
| 2 | Andrew Dougherty | IN | 140+ | 144.2 | 26 | 205 | 220 | 227.5 | 135 | 140 | 145 | 247.5 | 260 | 272.5 | 645 | 350.585 | |
| Men Raw Powerlifting | | | | Submaster | | | | | | | | | | | | | |
| 100kg Submaster | | | | | | | | | | | | | | | | | |
| 1 | William Arnold | KS | 100kg | 98.7 | 38 | 142.5 | 160 | -180 | 125 | 142.5 | 145 | 207.5 | 225 | 230 | 535 | 331.19 | |
| 2 | Clevon Jones | MO | 100kg | 91.1 | 35 | 85 | -90 | -90 | 85 | 92.5 | 95 | 175 | 180 | 187.5 | 367.5 | 236.189 | |
| Men Raw Powerlifting | | | | Master | | | | | | | | | | | | | |
| 100kg Master 45-49 | | | | | | | | | | | | | | | | | |
| 1 | Brian Fox | KS | 100kg | 98.7 | 45 | -180 | 180 | 182.5 | 140 | -145 | 145 | 225 | 227.5 | 230 | 557.5 | 345.118 | 364.1 |
| Women Classic Raw Powerlifting | | | | Junior | | | | | | | | | | | | | |
| 60kg Jr 20-23 | | | | | | | | | | | | | | | | | |
| 1 | Lexi Hyatt | KS | 60kg | 57.8 | 20 | 120 | 127.5 | -135 | 57.5 | 62.5 | 65 | 130 | 140 | -147.5 | 332.5 | 377.503 | |

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|--------------------------------|------------------|-------|--------|-------|-----|------------------|-------|----------------|-------|-----------------|------------------|----------------|----------------|------------------|------------|-----------|--------|
| Women Classic Raw Powerlifting | | | Open | | | | | | | | | | | | | | |
| 67.5kg Open | | | | | | | | | | | | | | | | | |
| DQ | Justine Kahn | MO | 67.5kg | 64.8 | 33 | 102.5 | 105.0 | 110 | 57.5 | 62.5 | 67.5 | 125 | 125 | 125 | 0 | 0 | |
| Men Classic Raw Powerlifting | | | Open | | | | | | | | | | | | | | |
| 82.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Stephen Miskowic | KS | 82.5kg | 80.4 | 34 | 140 | 160 | 172.5 | 85 | 92.5 | 100 | 172.5 | 182.5 | 192.5 | 447.5 | 307.669 | |
| 90kg Open | | | | | | | | | | | | | | | | | |
| 1 | Drew Mitchell | KS | 90kg | 89.5 | 28 | 250 | 275 | 295 | 160 | 185 | 190 | 215 | 252.5 | 272.5 | 752.5 | 487.939 | |
| 140+ Open | | | | | | | | | | | | | | | | | |
| 1 | Derek Reasch | MO | 140+ | 147.3 | 29 | 300 | 322.5 | 327.5 | 202.5 | 215 | 220 | 300 | 327.5 | 335 | 877.5 | 474.201 | |
| Women Raw Bench Only | | | Open | | | | | | | | | | | | | | |
| 60kg Open | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | | | | 45 | 47.5 | 47.5 | | | | 45 | 50.42 | 61.764 |
| 67.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Sasha Bowman | KS | 67.5kg | 66 | 29 | | | | 70 | 72.5 | 75 | | | | 72.5 | 75.835 | |
| Women Raw Bench Only | | | Master | | | | | | | | | | | | | | |
| 60kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | | | | 45 | 47.5 | 47.5 | | | | 45 | 50.42 | 61.764 |
| Men Raw Bench Only | | | Junior | | | | | | | | | | | | | | |
| 82.5kg Jr 18-19 | | | | | | | | | | | | | | | | | |
| 1 | Tucker Killian | KS | 82.5kg | 81.5 | 19 | | | | 100 | 110 | 115 | | | | 110 | 75.034 | |
| Men Raw Bench Only | | | Open | | | | | | | | | | | | | | |
| 90kg Open | | | | | | | | | | | | | | | | | |
| 1 | Chaise Bowman | KS | 90kg | 87.9 | 27 | | | | 167.5 | 172.5 | 180.5 | | | | 172.5 | 112.895 | |
| 125kg Open | | | | | | | | | | | | | | | | | |
| 1 | Tyler Vallender | KS | 125kg | 117.3 | 35 | | | | 145 | 155 | 160 | | | | 160 | 92.599 | |

| Name | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total | |
|--------------------------------|--------------|---|--------|------|-------|-----|-----|-----|-------------------|-------------------|---------------------------|-------------------|-------------------|----------|------------|-----------|--|
| Women Raw Deadlift Only | | | Open | | | | | | | | | | | | | | |
| 60kg Open | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | | | | | | 85 | --- | --- | 85 | 95.237 | 116.666 | |
| 67.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Sasha Bowman | KS | 67.5kg | 66 | 29 | | | | | | 110 | 112.5 | 115 | 115 | 120.289 | | |
| Women Raw Deadlift Only | | | Master | | | | | | | | | | | | | | |
| 60kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | | | | | | 85 | --- | --- | 85 | 95.237 | 116.666 | |
| Women Raw Push-Pull | | | Open | | | | | | | | | | | | | | |
| 60kg Open | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | | | 45 | -47.5 | -47.5 | 85 | --- | --- | 130 | 145.657 | 116.666 | |
| Women Raw Push-Pull | | | Master | | | | | | | | | | | | | | |
| 60kg Master 55-59 | | | | | | | | | | | | | | | | | |
| 1 | Lisa Caulder | NE | 60kg | 59 | 55 | | | 45 | -47.5 | -47.5 | 85 | --- | --- | 130 | 145.657 | 116.666 | |
| Men Raw Push-Pull | | | Open | | | | | | | | | | | | | | |
| 100kg Open | | | | | | | | | | | | | | | | | |
| 1 | Matt Geist | MO | 100kg | 98.4 | 38 | | | 190 | -207.5 | -207.5 | 295 | -317.5 | -317.5 | 485 | 300.642 | | |
| 125kg Open | | | | | | | | | | | | | | | | | |
| 1 | Clayton Rice | MO | 125kg | 117 | 31 | | | 140 | 145 | 150 | 222.5 | 235 | 242.5 | 392.5 | 227.357 | | |
| Best Lifters | | | | | | | | | | | | | | | | | |
| Name | | Equip | Events | Comp | Sex | | | | | | Record Color Codes | | | | | | |
| Robert Villarreal | | Raw | PL | Jr | Men | | | | | | State | | | | | | |
| Monica Morris | | Raw | PL | Open | Women | | | | | | | | | | | | |
| Omar Villegas | | Raw | PL | Open | Men | | | | | | | | | | | | |
| Meet Director: | | JP Price | | | | | | | | | | | | | | | |
| Referees | | | | | | | | | | | | | | | | | |
| International: | | Joe Walden | | | | | | | | | | | | | | | |
| National: | | Kay Walden, Mark Elder | | | | | | | | | | | | | | | |
| State: | | Sarah Wilson, Cecy Supanchick, Jenn Ward, Melody Ross, Michael Greeno | | | | | | | | | | | | | | | |
| Spotter/Loaders: | | Dom Fells, Nick Binder, Sav Binder, Clavin Treu, Jordan Barr, Tyler Ernst, Winona Umali, Austin Perry, Alissa Clark | | | | | | | | | | | | | | | |