

USPA Tested 2024 Rhode Island State Championship, July 20, 2024 Pawtucket, Rhode Island

| Name | | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|------------------------|--------------------------|--------|--------|--------|-----|------------------|------------------|------------------|------|---------------|-----------------|-------|------------------|------------------|----------|------------|-----------|
| Women Raw Powerlifting | | Junior | | | | | | | | | | | | | | | |
| 67.5kg Jr 13-15 | | | | | | | | | | | | | | | | | |
| 1 | Gianna Ancona | CT | 67.5kg | 64.3 | 15 | 110 | 117.5 | 125 | 70 | 75 | 77.5 | 130 | 142.5 | 151 | 351 | 372.875 | |
| 67.5kg Jr 20-23 | | | | | | | | | | | | | | | | | |
| 1 | Mia Angelini | CT | 67.5kg | 60.3 | 22 | 140 | 150 | 157.5 | 67.5 | 72.5 | 77.5 | 175 | 185 | 190 | 407.5 | 450.315 | |
| Women Raw Powerlifting | | Open | | | | | | | | | | | | | | | |
| 60kg Open | | | | | | | | | | | | | | | | | |
| 1 | Angela Gemma | RI | 60kg | 59.8 | 26 | 100 | 105 | 110 | 62.5 | 65 | 67.5 | 107.5 | 115 | 120 | 297.5 | 330.489 | |
| 2 | Andrea Pinckney | CT | 60kg | 57.5 | 27 | 87.5 | 92.5 | 95 | 55 | 57.5 | 60 | 92.5 | 97.5 | 102.5 | 257.5 | 293.341 | |
| 67.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Mia Angelini | CT | 67.5kg | 60.3 | 22 | 140 | 150 | 157.5 | 67.5 | 72.5 | 77.5 | 175 | 185 | 190 | 407.5 | 450.315 | |
| 2 | Sophia Sullivan | MA | 67.5kg | 66.9 | 25 | 135 | 142.5 | 150 | 72.5 | 77.5 | 82.5 | 140 | 150 | 155 | 382.5 | 396.938 | |
| 3 | Petronila Richards-Hegna | RI | 67.5kg | 65.3 | 27 | 140 | 145 | 145 | 57.5 | 62.5 | 65 | 140 | 147.5 | 157.5 | 367.5 | 386.829 | |
| 4 | Melissa Frank | MA | 67.5kg | 66.7 | 47 | 62.5 | 67.5 | 72.5 | 40 | 45 | 45 | 75 | 80 | 90 | 207.5 | 215.708 | 233.396 |
| 75kg Open | | | | | | | | | | | | | | | | | |
| 1 | Ashlie Uhlman | RI | 75kg | 68.7 | 34 | 132.5 | 137.5 | 137.5 | 77.5 | 82.5 | 85 | 172.5 | 182.5 | 182.5 | 395 | 403.697 | |
| 2 | Ariel Costa | MA | 75kg | 74.2 | 32 | 125 | 132.5 | 132.5 | 45 | 50 | 60 | 110 | 117.5 | 137.5 | 292.5 | 286.515 | |
| 82.5kg Open | | | | | | | | | | | | | | | | | |
| 1 | Lawanda Whitaker-Ross | MA | 82.5kg | 79.6 | 30 | 102.5 | 107.5 | 115 | 55 | 60 | 62.5 | 127.5 | 140 | 150 | 317.5 | 299.914 | |
| 90kg Open | | | | | | | | | | | | | | | | | |
| 1 | Nyla Laurie | RI | 90kg | 86.2 | 11 | 30 | 32.5 | 37.5 | 25 | 30 | 30 | 67.5 | 75 | 85 | 152.5 | 138.634 | |
| 100kg Open | | | | | | | | | | | | | | | | | |
| 1 | Rachel Hazard-Chaney | RI | 100kg | 95.7 | 31 | 137.5 | 145 | 150 | 95 | 97.5 | 105 | 172.5 | 180 | 185 | 435 | 377.789 | |
| 2 | Virginia Cortez | RI | 100kg | 93.8 | 27 | 95 | 100 | 110 | 55 | 60 | 60 | 107.5 | 110 | 115 | 280 | 245.213 | |
| 110kg Open | | | | | | | | | | | | | | | | | |
| 1 | Laura Cox | MA | 110kg | 107.9 | 39 | 110 | 112.5 | 112.5 | 67.5 | 72.5 | 77.5 | 137.5 | 145 | 152.5 | 332.5 | 275.897 | |

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|------------------------|--|-----------|--------|--------|-----|------------------|------------------|------------------|-------|----------------|------------------|-------|------------------|------------------|----------|------------|-----------|
| Women Raw Powerlifting | | Submaster | | | | | | | | | | | | | | | |
| DQ | 56kg Submaster Laura Seger | RI | 56kg | 53.3 | 36 | 90 | 92.5 | 92.5 | 47.5 | 50 | 52.5 | 95 | 105 | 110 | 0 | 0 | |
| 1 | 67.5kg Submaster Danielle Gambardella | CT | 67.5kg | 65.9 | 37 | 115 | 125 | 132.5 | 72.5 | 77.5 | 80 | 155 | 170 | 182.5 | 392.5 | 410.919 | |
| 1 | 110kg Submaster Laura Cox | MA | 110kg | 107.9 | 39 | 110 | 112.5 | 112.5 | 67.5 | 72.5 | 77.5 | 137.5 | 145 | 152.5 | 332.5 | 275.897 | |
| Women Raw Powerlifting | | Master | | | | | | | | | | | | | | | |
| 1 | 67.5kg Master 45-49 Melissa Frank | MA | 67.5kg | 66.7 | 47 | 62.5 | 67.5 | 72.5 | 40 | 45 | 45 | 75 | 80 | 90 | 207.5 | 215.708 | 233.396 |
| 1 | 75kg Master 45-49 Erica Suffoletto | RI | 75kg | 74 | 46 | 95 | 95 | 100 | 55 | 60 | 62.5 | 135 | 137.5 | 137.5 | 290 | 284.476 | 303.82 |
| 1 | 100kg Master 60-64 Karen Jennison | MA | 100kg | 99.2 | 61 | 120 | 127.5 | 135 | 70 | 80 | 82.5 | 147.5 | 157.5 | 165 | 375 | 321.011 | 438.501 |
| Men Raw Powerlifting | | Junior | | | | | | | | | | | | | | | |
| 1 | 60kg Jr 20-23 Araf Abbas | NY | 60kg | 57.5 | 21 | 132.5 | 142.5 | 148 | 82.5 | 87.5 | 92.5 | 170 | 183 | 192.5 | 433 | 378.757 | |
| 1 | 82.5kg Jr 18-19 Tre Bigelow | MA | 82.5kg | 81.5 | 19 | 185 | 192.5 | 197.5 | 120 | 130 | 137.5 | 215 | 225 | 230 | 557.5 | 380.285 | |
| Men Raw Powerlifting | | Open | | | | | | | | | | | | | | | |
| 1 | 60kg Open Araf Abbas | NY | 60kg | 57.5 | 21 | 132.5 | 142.5 | 148 | 82.5 | 87.5 | 92.5 | 170 | 183 | 192.5 | 433 | 378.757 | |
| 1 | 67.5kg Open Patrick Conroy | NH | 67.5kg | 67.3 | 28 | 172.5 | 172.5 | 182.5 | 110 | 115 | 117.5 | 200 | 212.5 | 225 | 500 | 386.202 | |
| DQ | 67.5kg Open Matthew Thurber | RI | 67.5kg | 66.3 | 31 | 137.5 | 142.5 | 142.5 | 92.5 | 97.5 | 100 | 185 | 197.5 | 207.5 | 0 | 0 | |
| 1 | 75kg Open Walter Rodas | MA | 75kg | 71.1 | 29 | 187.5 | 197.5 | 207.5 | 120 | 132.5 | 137.5 | 215 | 232.5 | 232.5 | 560 | 416.165 | |
| 2 | 75kg Open Matt Ingargiola | MA | 75kg | 74.9 | 30 | 185 | 195 | 205 | 122.5 | 132.5 | 137.5 | 195 | 207.5 | 227.5 | 545 | 391.329 | |
| DQ | 75kg Open Corey Saksik | MA | 75kg | 74.6 | 34 | 210 | 215 | 215 | 130 | 140 | 140 | 270 | 282.5 | 295 | 0 | 0 | |

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|---|----------------------|-------|--------|--------|-----|------------------|----------------|------------------|----------------|----------------|------------------|-------|----------------|------------------|----------|------------|-----------|
| | 82.5kg Open | | | | | | | | | | | | | | | | |
| 1 | Tyler Dutremble | RI | 82.5kg | 78.8 | 30 | 67.5 | 182.5 | 200 | 67.5 | 142.5 | 155 | 67.5 | 160 | 182.5 | 537.5 | 373.98 | |
| 2 | John Amore | RI | 82.5kg | 80.4 | 38 | 180 | 185 | 192.5 | 90 | 0 | --- | 235 | 242.5 | 250 | 532.5 | 366.109 | |
| 3 | Jason Dubois | RI | 82.5kg | 75.2 | 36 | 157.5 | 170 | 170 | 87.5 | 95 | 97.5 | 202.5 | 212.5 | 217.5 | 477.5 | 341.988 | |
| | 90kg Open | | | | | | | | | | | | | | | | |
| 1 | Connor Feathers | NH | 90kg | 83.4 | 27 | 275.5 | 290 | 290 | 175 | 180.5 | 185 | 287.5 | 303 | 308 | 759 | 511.013 | |
| 2 | Dan Breton | MA | 90kg | 87.0 | 57 | 192.5 | 202.5 | 215 | 117.5 | 122.5 | 127.5 | 227.5 | 242.5 | 255 | 592.5 | 389.865 | 494.349 |
| | 100kg Open | | | | | | | | | | | | | | | | |
| 1 | Nelson Delva | RI | 100kg | 90.1 | 33 | 242.5 | 242.5 | 247.5 | 160 | 162.5 | 165 | 270 | 272.5 | 275 | 680 | 439.443 | |
| 2 | David Tomasso | RI | 100kg | 99.8 | 53 | 210 | 230 | 230 | 145 | 147.5 | 150 | 240 | 250 | 250 | 610 | 375.791 | 444.936 |
| 3 | Brian Cody | MA | 100kg | 97.3 | 29 | 155 | 165 | 172.5 | 137.5 | 142.5 | 150 | 215 | 225 | 235 | 540 | 336.421 | |
| | 110kg Open | | | | | | | | | | | | | | | | |
| 1 | Chris Parent | RI | 110kg | 110 | 30 | 177.5 | 182.5 | 187.5 | 117.5 | 120 | 122.5 | 205 | 215 | 227.5 | 522.5 | 309.459 | |
| | 125kg Open | | | | | | | | | | | | | | | | |
| 1 | Paul Biello | RI | 125kg | 124.2 | 27 | 205 | 222.5 | 230 | 162.5 | 167.5 | 172.5 | 235 | 250 | 257.5 | 647.5 | 367.722 | |
| | 140+ Open | | | | | | | | | | | | | | | | |
| 1 | Mark Joyce | MA | 140+ | 147.6 | 33 | 190 | 197.5 | 202.5 | 110 | 115 | --- | 205 | 215 | 227.5 | 535 | 288.955 | |
| | Men Raw Powerlifting | | | | | | | | | | | | | | | | |
| | Submaster | | | | | | | | | | | | | | | | |
| | 82.5kg Submaster | | | | | | | | | | | | | | | | |
| 1 | John Amore | RI | 82.5kg | 80.4 | 38 | 180 | 185 | 192.5 | 90 | 0 | --- | 235 | 242.5 | 250 | 532.5 | 366.109 | |
| 2 | Todd Crawley | MA | 82.5kg | 81.0 | 35 | 165 | 175 | 182.5 | 100 | 110 | 115 | 175 | 192.5 | 207.5 | 485 | 332.009 | |
| 3 | Jason Dubois | RI | 82.5kg | 75.2 | 36 | 157.5 | 170 | 170 | 87.5 | 95 | 97.5 | 202.5 | 212.5 | 217.5 | 477.5 | 341.988 | |
| | Men Raw Powerlifting | | | | | | | | | | | | | | | | |
| | Master | | | | | | | | | | | | | | | | |
| | 75kg Master 55-59 | | | | | | | | | | | | | | | | |
| 1 | Joseph Ingargiola | MA | 75kg | 73.1 | 56 | 125 | 132.5 | 140 | 87.5 | 95 | 100 | 157.5 | 165 | 177.5 | 412.5 | 300.906 | 374.928 |
| | 90kg Master 55-59 | | | | | | | | | | | | | | | | |
| 1 | Dan Breton | MA | 90kg | 87.0 | 57 | 192.5 | 202.5 | 215 | 117.5 | 122.5 | 127.5 | 227.5 | 242.5 | 255 | 592.5 | 389.865 | 494.349 |

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|---|-------------------------|-------|--------|--------|-----|-----|----------------|----------------|----------------|-------|------------------|-------|----------------|-------|----------|------------|-----------|
| | 100kg Master 50-54 | | | | | | | | | | | | | | | | |
| 1 | David Tomasso | RI | 100kg | 99.8 | 53 | 210 | 230 | 230 | 145 | 147.5 | 150 | 240 | 250 | 250 | 610 | 375.791 | 444.936 |
| | Men Raw Bench Only | | | Junior | | | | | | | | | | | | | |
| | 67.5kg Jr 16-17 | | | | | | | | | | | | | | | | |
| 1 | Noah Mitchell | ME | 67.5kg | 63.9 | 16 | | | | 80 | 87.5 | 92.5 | | | | 92.5 | 74.266 | |
| | Men Raw Bench Only | | | Open | | | | | | | | | | | | | |
| | 110kg Open | | | | | | | | | | | | | | | | |
| 1 | Jason Flood | CT | 110kg | 104.1 | 40 | | | | 120 | 127.5 | 137.5 | | | | 127.5 | 77.164 | 77.164 |
| | Men Raw Bench Only | | | Master | | | | | | | | | | | | | |
| | 110kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Jason Flood | CT | 110kg | 104.1 | 40 | | | | 120 | 127.5 | 137.5 | | | | 127.5 | 77.164 | 77.164 |
| | 140+ Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | James Mitchell | ME | 140+ | 152.0 | 40 | | | | 147.5 | 160 | 170 | | | | 170 | 91.096 | 91.096 |
| | Women Raw Deadlift Only | | | Master | | | | | | | | | | | | | |
| | 67.5kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Nicole Dorval | CT | 67.5kg | 67.1 | 43 | | | | | | | 107.5 | 115 | 120 | 120 | 124.314 | 128.168 |
| | Men Raw Deadlift Only | | | Open | | | | | | | | | | | | | |
| | 110kg Open | | | | | | | | | | | | | | | | |
| 1 | Jason Flood | CT | 110kg | 104.1 | 40 | | | | | | | 183 | 207.5 | 227.5 | 227.5 | 137.684 | 137.684 |
| | Men Raw Deadlift Only | | | Master | | | | | | | | | | | | | |
| | 75kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Daniel Corbera | RI | 75kg | 73.3 | 41 | | | | | | | 197.5 | 205 | 215 | 215 | 156.554 | 158.119 |
| | 110kg Master 40-44 | | | | | | | | | | | | | | | | |
| 1 | Jason Flood | CT | 110kg | 104.1 | 40 | | | | | | | 183 | 207.5 | 227.5 | 227.5 | 137.684 | 137.684 |

| Name | | State | Class | Weight | Age | SQ1 | SQ2 | SQ3 | BP1 | BP2 | BP3 | DL1 | DL2 | DL3 | Total Kg | Dots Total | McC Total |
|------------------|--|---|--------|--------|-------|-----|-----|-----|-----|-----|-----|--------------------|-----|-----|----------|------------|-----------|
| Best Lifters | | | | | | | | | | | | Record Color Codes | | | | | |
| Name | | Equip | Events | Comp | Sex | | | | | | | State | | | | | |
| Mia Angelini | | Raw | PL | Open | Women | | | | | | | National | | | | | |
| Connor Feathers | | Raw | PL | Open | Men | | | | | | | | | | | | |
| Meet Director: | | Ann Hall | | | | | | | | | | | | | | | |
| Referees | | | | | | | | | | | | | | | | | |
| International: | | Ann Hall, Mark Siemenski | | | | | | | | | | | | | | | |
| National: | | Phil Craven, Lucas Craig | | | | | | | | | | | | | | | |
| State: | | Nicole Rezendes, Rachel Consoli | | | | | | | | | | | | | | | |
| Staff: | | Maria Ryan | | | | | | | | | | | | | | | |
| Spotter/Loaders: | | AC Houle, Bryan Vargus, Tatlor Loyola, Elizabeth Pothel-Pereira, Max Rothemicb, Brent Nahmias | | | | | | | | | | | | | | | |
| Tested Lifters: | | Mia Angelini, Danielle Gambardella, Connor Feather, Chris Parent | | | | | | | | | | | | | | | |