

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Powerlifting		Junior															
	52kg Jr 18-19																
DQ	Malia Terlep-Adams	HI	52kg	51.6	19	85	90	95	47.5	52.5	52.5	102.5	110	120	0	0	
	60kg Jr 16-17																
1	Aliza Leander	HI	60kg	59.6	17	90	92.5	102.5	40	42.5	47.5	102.5	107.5	115	255	283.878	
	60kg Jr 20-23																
1	Kealoha Cariaga	HI	60kg	59.8	21	115	125	132.5	55	62.5	67.5	130	137.5	145	332.5	369.37	
	75kg Jr 13-15																
1	Rhonalynne Domingo	HI	75kg	69.5	13	67.5	70	75	37.5	40	42.5	112.5	117.5	127.5	245	248.758	
Women Raw Powerlifting		Open															
	44kg Open																
1	Katie Rubin	HI	44kg	42.9	31	70	77.5	82.5	50	55	57.5	92.5	100	105	242.5	340.609	
	60kg Open																
1	Kealoha Cariaga	HI	60kg	59.8	21	115	125	132.5	55	62.5	67.5	130	137.5	145	332.5	369.37	
	67.5kg Open																
1	Bj Sagon	HI	67.5kg	65.9	45	85	90	95	62.5	67.5	71.5	107.5	115	130	292.5	306.227	323.069
	75kg Open																
1	Amber Carranco	HI	75kg	70.5	29	112.5	125	140	62.5	77.5	77.5	137.5	150	160	362.5	365.125	
2	Laura Poe	HI	75kg	74.2	28	95	105	115	52.5	57.5	62.5	102.5	110	122.5	290	284.066	
	82.5kg Open																
1	Larissa Silva	HI	82.5kg	82.4	25	87.5	95	100	40	45	47.5	82.5	90	100	245	227.525	
DQ	Tia Yonezawa	HI	82.5kg	78.3	29	90	100	110	52.5	57.5	60				0	0	
	100kg Open																
1	Gayla Hunt	HI	100kg	95.4	25	165	170	175	97.5	100	105	157.5	167.5	177.5	457.5	397.844	
2	Morgan Weir	HI	100kg	98	33	155	167.5	180	95	100	105	157.5	170	172.5	457.5	393.525	
	110kg Open																
1	U'ilani Miles	HI	110kg	108.5	35	185	200	210	100	110	122.5	185	195	200	520	430.651	

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Powerlifting			Submaster															
	56kg Submaster																	
1	Ashley Tanabe	HI	56kg	54.1	36	82.5	82.5	87.5	42.5	47.5	47.5	132.5	140	142.5	277.5	329.179		
	110kg Submaster																	
1	U'ilani Miles	HI	110kg	108.5	35	185	200	210	100	110	122.5	185	195	200	520	430.651		
	110+ Submaster																	
1	Poha Henson	HI	110+	116.1	37	187.5	195	205	95	102.5	105	225	237.5	245	547.5	443.569		
Women Raw Powerlifting			Master															
	67.5kg Master 40-44																	
1	Rachel Prados	HI	67.5kg	65.6	42	110	117.5	130	65	70	75	160	170	177.5	377.5	396.28	404.205	
	67.5kg Master 45-49																	
1	Bj Sagon	HI	67.5kg	65.9	45	85	90	95	62.5	67.5	71.5	107.5	115	130	292.5	306.227	323.069	
	100kg Master 45-49																	
1	Kuulei Mitchell	HI	100kg	92.1	45	95	105	117.5	52.5	60	70	120	135	145	322.5	284.64	300.295	
	110+ Master 40-44																	
1	Shauna Russell	HI	110+	118.3	40	175	175	182.5	75	82.5	92.5	145	152.5	157.5	415	334.348	334.348	
Men Raw Powerlifting			Junior															
	52kg Jr																	
GL	Rico Ventenilla	HI	52kg	50.8	12	62.5	65	65	40	42.5	45	62.5	95	100	210	205.689		
	60kg Jr 13-15																	
1	Conan Paahana	HI	60kg	60	13	85	90	92.5	55	60	67.5	122.5	127.5	137.5	290	244.772		
	60kg Jr 16-17																	
1	Micah Banasihan	HI	60kg	59.5	17	140	150	157.5	85	90	95	180	195	207.5	455	386.698		
	60kg Jr 20-23																	
DQ	Ace Bernal	HI	60kg	58.8	21	130	140	142.5	80	82.5	82.5	172.5	-----	-----	0	0		
	67.5kg Jr 13-15																	
1	Randal Miguel	HI	67.5kg	67.5	14	80	82.5	92.5	55	60	65	117.5	122.5	132.5	285	219.663		

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	67.5kg Jr 16-17																
1	Cody Jones	HI	67.5kg	66.4	16	110	115	117.5	70	72.5	75	182.5	197.5	202.5	387.5	302.265	
	75kg Jr 13-15																
DQ	Enhao Zheng	HI	75kg	75	14	122.5	125	125	75	80	80	137.5	142.5	147.5	0	0	
	75kg Jr 16-17																
1	Caleb Schoen	HI	75kg	73.4	17	140	152.5	160	75	80	85	172.5	185	187.5	432.5	314.647	
2	Ikaika Kainoa-Salvador	HI	75kg	72.1	17	117.5	122.5	127.5	62.5	65	70	180	190	195	392.5	288.948	
3	Ruben Albornoz Betts	HI	75kg	73.5	17	127.5	135	142.5	82.5	85	95	132.5	140	150	370	268.937	
	75kg Jr 20-23																
DQ	Jesus Peralta	HI	75kg	72.8	21	160	170	170	115	125	125	210	210	210	0	0	
	82.5kg Jr 16-17																
1	Treston Tino	HI	82.5kg	82.4	16	75	82.5	92.5	65	72.5	77.5	142.5	150	157.5	327.5	221.999	
	82.5kg Jr 20-23																
1	Ethan Perreira	HI	82.5kg	80.6	21	177.5	190	195	120	127.5	132.5	185	197.5	200	527.5	362.145	
	90kg Jr 18-19																
1	Payton Alaoan	HI	90kg	88.6	19	147.5	160	175	92.5	100	105	192.5	205	222.5	497.5	324.261	
	90kg Jr 20-23																
1	Sheyde Iona	HI	90kg	90	21	195	205	212.5	142.5	152.5	160	220	235	245	617.5	399.276	
	100kg Jr 16-17																
1	Ikona Kainoa-Salvador	HI	100kg	99.1	16	125	127.5	137.5	92.5	97.5	102.5	155	167.5	182.5	402.5	248.723	
	100kg Jr 18-19																
1	Naupaka Mitchell	HI	100kg	99.6	18	162.5	170	182.5	115	127.5	130	205	215	222.5	527.5	325.25	
	110kg Jr 18-19																
1	Justin Obregon	HI	110kg	108.6	19	210	220	232.5	132.5	140	147.5	217.5	227.5	242.5	622.5	370.485	
	Men Raw Powerlifting			Open													
	75kg Open																
1	Andrew Hunt	HI	75kg	72.9	28	120	130	142.5	102.5	107.5	110	167.5	185	197.5	450	328.855	
2	Ikaika Kainoa-Salvador	HI	75kg	72.1	17	117.5	122.5	127.5	62.5	65	70	180	190	195	392.5	288.948	

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	82.5kg Open																
1	Makani Bosque	HI	82.5kg	80.4	29	170	192.5	197.5	100	117.5	125	220	245	255	567.5	390.173	
2	Treston Tinao	HI	82.5kg	82.4	16	75	82.5	92.5	65	72.5	77.5	142.5	150	157.5	327.5	221.999	
	90kg Open																
1	Sheyde Iona	HI	90kg	90	21	195	205	212.5	142.5	152.5	160	220	235	245	617.5	399.276	
2	Robin Sajor	HI	90kg	86.9	52	185	200	205	140	152.5	163.5	200	220	235	592.5	390.102	454.469
3	Payton Alaoan	HI	90kg	88.6	19	147.5	160	175	92.5	100	105	192.5	205	222.5	497.5	324.261	
	100kg Open																
1	Ikona Kainoa-Salvador	HI	100kg	99.1	16	125	127.5	137.5	92.5	97.5	102.5	155	167.5	182.5	402.5	248.723	
	125kg Open																
1	Keith Flores	HI	125kg	124.6	31	280	300	320	160	182.5	187.5	275	275	275	757.5	429.753	
2	Kaina Matthey	HI	125kg	117.8	33	240	245	250	190	195	205	260	272.5	290	735	424.756	
3	Chaz Adams	HI	125kg	122.4	31	260	272.5	277.5	170	172.5	---	262.5	277.5	287.5	727.5	415.098	
	140+ Open																
1	Walter Kupihe	HI	140+	163.3	27	282.5	302.5	317.5	242.5	257.5	272.5	310	332.5	345	907.5	477.202	
2	Robert Vengbai	CA	140+	156.6	40	272.5	292.5	295	227.5	237.5	245	317.5	340	340	872.5	463.857	463.857
3	Colten Brittain- Kepani	HI	140+	168.9	26	227	247.5	255	140	150	165	215	240	255	645	336.218	
4	Sheldon Adviento	HI	140+	165.4	34	195	210	227.5	145	157.5	182.5	205	227.5	250	635	332.803	
	Men Raw Powerlifting																
	82.5kg Master 50-54																
1	Keith Daniels	HI	82.5kg	80.6	54	175	182.5	195.5	147.5	157.5	162.5	212.5	222.5	230	588	403.68	486.031
	90kg Master 50-54																
1	Robin Sajor	HI	90kg	86.9	52	185	200	205	140	152.5	163.5	200	220	235	592.5	390.102	454.469
	90kg Master 70-74																
1	Robert Frye	HI	90kg	90	73	142.5	157.5	175	107.5	112.5	112.5	182.5	202.5	215	467.5	302.286	530.814
	125kg Master 55-59																
1	Kalani Palama	HI	125kg	123.2	57	130	137.5	142.5	80	80	---	175	182.5	200	422.5	240.564	305.035
	140+ Master 40-44																
1	Robert Vengbai	CA	140+	156.6	40	272.5	292.5	295	227.5	237.5	245	317.5	340	340	872.5	463.857	463.857

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Women Classic Raw Powerlifting			Open													
	56kg Open																
1	Alisha Luna	HI	56kg	54.6	27	167.5	177.5	185	82.5	92.5	-97.5	185	195	202.5	480	565.863	
	Men Classic Raw Powerlifting			Junior													
	100kg Jr 16-17																
1	Kaikea Malina	HI	100kg	94.3	16	135	-140	140	-97.5	-97.5	97.5	165	172.5	-182.5	410	259.145	
	Men Classic Raw Powerlifting			Open													
	140+ Open																
1	Kauka Lindsey	HI	140+	143	40	-265	265	277.5	242.5	-257.5	-257.5	242.5	250	257.5	777.5	423.578	
	Men Classic Raw Powerlifting			Master													
	67.5kg Master 60-64																
1	Deron Agaran	HI	67.5kg	66.6	60	132.5	142.5	147.5	132.5	145	150	165	175	-182.5	472.5	367.755	492.791
	Women Single Ply Powerlifting			Open													
	75kg Open																
DQ	Janesa Yadao	HI	75kg	71.4	32	112.5	-120	127.5	-110	-112.5	-112.5	165	177.5	-190	0	0	
	Men Single Ply Powerlifting			Open													
	90kg Open																
1	Gerald Tomooka	HI	90kg	87.2	59	175	197.5	205	110	122.5	-140	180	-202.5	-202.5	507.5	333.531	438.594
	140kg Open																
1	Kamuela Wassman	HI	140kg	137.7	34	325	335	345	250	260	-270	305	317.5	-325	922.5	507.92	
	Men Single Ply Powerlifting			Master													
	90kg Master 55-59																
1	Gerald Tomooka	HI	90kg	87.2	59	175	197.5	205	110	122.5	-140	180	-202.5	-202.5	507.5	333.531	438.594
	Women Raw Bench Only			Junior													
	67.5kg Jr 13-15																
1	Lasaea Ha	HI	67.5kg	64.8	15				62.5	-67.5	-67.5				62.5	66.088	
	Women Raw Bench Only			Master													
	56kg Master 40-44																
1	Ma Therence Mcdonald	HI	56kg	52.3	41				25	-27.5	-30				25	30.351	30.655

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

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	Men Raw Bench Only				Junior												
	67.5kg Jr 18-19																
1	Landen Ha	HI	67.5kg	64.8	18				97.5	-107.5	-107.5				97.5	77.45	
	82.5kg Jr 18-19																
1	Hunter Acantilado	HI	82.5kg	78.2	18				145	160	-165				160	111.839	
	Men Raw Bench Only				Open												
	67.5kg Open																
1	Nathaniel Greenwald	HI	67.5kg	64.6	22				82.5	95	105				105	83.604	
	75kg Open																
1	Branden Ha	HI	75kg	73.3	45				62.5	-----	-----				62.5	45.51	48.013
	140+ Open																
DQ	Kauka Lindsey	HI	140+	143	40				-257.5	-----	-----				0	0	0
	Men Raw Bench Only				Master												
	75kg Master 45-49																
1	Branden Ha	HI	75kg	73.3	45				62.5	-----	-----				62.5	45.51	48.013
	75kg Master 55-59																
1	Rey Corpuz	HI	75kg	70.9	58				-87	-87	87				87	64.778	83.629
	75kg Master 70-74																
1	Kenneth Ha	HI	75kg	73.5	71				132.5	-137.5	137.5				137.5	99.943	168.004
	125kg Master 40-44																
1	Randrell Gaines	CA	125kg	118.5	44				180	187.5	195				195	112.464	117.3
	140+ Master 40-44																
DQ	Kauka Lindsey	HI	140+	143	40				-257.5	-----	-----				0	0	0
	Women Single Ply Bench Only				Open												
	60kg Open																
DQ	Stacy Matsuyama-Sekiok	HI	60kg	57.3	43				-92.5	-92.5	-92.5				0	0	0

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

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Women Single Ply Bench Only			Master													
60kg Master 40-44																
DQ	Stacy Matsuyama-Sekiok	HI	60kg	57.3	43			-92.5	-92.5	-92.5				0	0	0
Men Single Ply Bench Only			Open													
75kg Open																
DQ	Donald Ramil Jr.	HI	75kg	72.4	48			-235	-237.5	-237.5				0	0	0
140+ Open																
DQ	Darren Elisaga	HI	140+	167.7	42			-345	-345	-345				0	0	0
Men Single Ply Bench Only			Master													
75kg Master 45-49																
DQ	Donald Ramil Jr.	HI	75kg	72.4	48			-235	-237.5	-237.5				0	0	0
140+ Master 40-44																
DQ	Darren Elisaga	HI	140+	167.7	42			-345	-345	-345				0	0	0
Men Raw Deadlift Only			Submaster													
82.5kg Submaster																
1	Ryan Tenorio	HI	82.5kg	82.5	35						205	227.5	250	250	169.348	
Men Raw Deadlift Only			Master													
100kg Master 45-49																
1	Jason Dekemper	HI	100kg	98.8	48						115	130	160	160	99.003	108.606
Women Raw Push-Pull			Master													
110+ Master 40-44																
1	U'llani Ha	HI	110+	127.5	42			97.5	105	107.5	117.5	130	142.5	250	197.463	114.805
Men Raw Push-Pull			Junior													
90kg Jr 20-23																
1	Caramon Ramos	HI	90kg	84.8	22			120	125	137.5	250	265	270	402.5	268.512	
Men Raw Push-Pull			Open													
82.5kg Open																
1	Kainoa Mahoe	HI	82.5kg	82.0	30			167.5	177.5	190	222.5	242.5	260	420	285.49	

USPA Moku Mui Championships April 15-17, 2022 Kailua Kona, HI

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90kg Open																		
DQ Zachary Mcdonald	HI	90kg	87.1	32				127.5	-137.5	-137.5	-192.5	-192.5	---	0	0			
Best Lifters																		
Name	Equip	Events	Comp	Sex											Record Color Codes			
Sheyde Iona	Raw	PL	Jr	Men											State			
U'ilani Miles	Raw	PL	Open	Women											National			
Walter Kupihe	Raw	PL	Open	Men														
Robert Frye	Raw	PL	Master	Men														
Meet Director:	Darren Matsumoto																	
Referees																		
International:	Darren Matsumoto																	
National:	Luvi Agpaoa, Donnie Rodgers and Pecararo																	
State:	Allen Mahoe, Mike Wong, Jodie Sajor, Michael Kimuara and Nicole Daoang																	
Staff:	Tiffany Yoro																	
Practical:	Blake Parado																	
Spotter/Loaders:	Friday: Chaz Adams, Kilihune Kanda, Walter Kupihe and Sterling Kahumoku																	
	Saturday: Richard Kamoku, Chad Bertelmann, Chayden Bertelmann, Sam Winders and Sterling Kahumoku																	
	Sunday: Richard Kamoku, Kalama Kamoku, Makana Kamoku, Robert Leslie, Sterling Kahumoku, Sam Winders and Mike Wong																	