

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Women Raw Powerlifting			Junior														
75kg Jr 20-23																	
1	Karleigh Franklin	MD	75kg	73.6	23	90	97.5	100	50	55	57.5	122.5	130	137.5	295	290.222	
90kg Jr 13-15																	
1	Sienna Nagle	PA	90kg	84.3	13	60	75	82.5	45	52.5	57.5	103	115	127.5	267.5	245.726	
Women Raw Powerlifting			Open														
60kg Open																	
1	Chrissy / Hang Tran	DE	60kg	59.5	29	85	90	97.5	40	45	50	115	125	130	272.5	303.683	
2	Stephanie Presnell	MD	60kg	59.3	38	85	90	92.5	45	50	52.5	107.5	112.5	120	262.5	293.165	
67.5kg Open																	
1	Lauren Parrinello	MD	67.5kg	67.2	29	135	142.5	150	72.5	75	80.5	155	162.5	170	400.5	414.54	
2	Natasha Bonhoff	DE	67.5kg	67.3	34	115	122.5	135	50	55	60	117.5	125	127.5	302.5	312.835	
3	Stacey Ruddle	MD	67.5kg	66.8	33	100	105	110	60	65	65	110	115	120	285	296.016	
75kg Open																	
1	Laurie Keister	MD	75kg	74.5	27	127.5	135	142.5	85	90	92.5	162.5	175	185	420	410.523	
2	Michelle Berry	MA	75kg	74.1	27	95	95	107.5	62.5	67.5	70	85	90	95	257.5	252.413	
82.5kg Open																	
1	Vianca Valis	MD	82.5kg	80.8	29	85	97.5	105	37.5	42.5	47.5	102.5	110	115	267.5	250.812	
90kg Open																	
1	Sienna Nagle	PA	90kg	84.3	13	60	75	82.5	45	52.5	57.5	103	115	127.5	267.5	245.726	
110+ Open																	
1	Kimberly Mossburg	VA	110+	135.8	39	177.5	187.5	195	105	110.5	115	202.5	215	228	520.5	405.784	
2	Raquel Richards		110+	125.1	34	110	120	130	72.5	80	87.5	117.5	127.5	137.5	355	281.698	
3	Megan Horn	MD	110+	113.2	24	92.5	102.5	110	52.5	55	57.5	102.5	110	117.5	285	232.727	
Women Raw Powerlifting			Submaster														
60kg Submaster																	
1	Stephanie Presnell	MD	60kg	59.3	38	85	90	92.5	45	50	52.5	107.5	112.5	120	262.5	293.165	
110+ Submaster																	
1	Kimberly Mossburg	VA	110+	135.8	39	177.5	187.5	195	105	110.5	115	202.5	215	228	520.5	405.784	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	Men Raw Powerlifting				Junior												
	100kg Jr 20-23																
1	Dylan Goldberg	MD	100kg	99.4	21	192.5	207.5	215	122.5	132.5	142.5	230	245	262.5	620	382.62	
	110kg Jr 20-23																
1	Rob Jadick	MD	110kg	107.8	22	257.5	275	282.5	175	187.5	195	287.5	300	317.5	795	474.5	
2	Germain-Blaise Nkede	MD	110kg	107.9	23	200	212.5	220	135	142.5	147.5	260	275	275	622.5	371.409	
	125kg Jr 20-23																
1	Carrington Frayser	MD	125kg	121.5	23	235	240	240	145	150	150	282.5	302.5	302.5	667.5	381.78	
2	Taner Karageyer	VA	125kg	123.2	23	215	230	240	135	142.5	145	220	240	245	622.5	354.44	
	Men Raw Powerlifting				Open												
	67.5kg Open																
1	Nabil Lahlou	VA	67.5kg	67.5	23	215	230	230	120	130	130	318	318	318	678	522.566	
2	Vincent Nguyen	MD	67.5kg	67.3	26	175	177.5	182.5	120	125	130	167.5	175	182.5	482.5	372.685	
	75kg Open																
1	Samuel Yoon	DE	75kg	70.7	29	177.5	192.5	200	112.5	115	120	232.5	250	255	567.5	423.367	
2	Luke Nielson	DE	75kg	73.4	37	140	150	155	105	112.5	120	175	185	195	457.5	332.834	
	82.5kg Open																
1	Tim Putman	MD	82.5kg	79.5	28	160	180	187.5	127.5	135	142.5	220	232.5	242.5	562.5	389.312	
	90kg Open																
1	John Ansted	VA	90kg	89.2	32	235	245	252.5	157.5	167.5	172.5	267.5	280	290	700	454.673	
2	Antonio Torres	MD	90kg	86.8	25	220	235	240	137.5	145	145	245	262.5	275	620	408.457	
	100kg Open																
1	Sebastian Wilson	DE	100kg	98.6	30	250	255	265	150	155	160	270	287.5	300	712.5	441.268	
2	Dylan Goldberg	MD	100kg	99.4	21	192.5	207.5	215	122.5	132.5	142.5	230	245	262.5	620	382.62	
3	Kevin Wade	VA	100kg	93.6	31	217.5	227.5	235	137.5	145	147.5	207.5	217.5	227.5	597.5	378.992	
	110kg Open																
1	Rob Jadick	MD	110kg	107.8	22	257.5	275	282.5	175	187.5	195	287.5	300	317.5	795	474.5	
2	Robert Cephas		110kg	109.2	31	255	260	272.5	212.5	220	228	250	262.5	262.5	742.5	440.975	
3	Kyle Wall		110kg	109.9	29	187.5	207.5	220	130	140	150	242.5	262.5	272.5	642.5	380.662	
4	Germain-Blaise Nkede	MD	110kg	107.9	23	200	212.5	220	135	142.5	147.5	260	275	275	622.5	371.409	
5	Michael Trossman	PA	110kg	105.6	24	195	205	210	137.5	145	145	212.5	222.5	227.5	575	345.988	

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	Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
	125kg Open																
1	Caleb Stephens		125kg	116.5	28	272.5	282.5	290	192.5	197.5	200	332.5	350	367.5	855	495.994	
2	John Lucas	MD	125kg	111.0	48	215	235	245	175	185	190	255	267.5	277.5 (281.5)	702.5	414.662	454.884
3	Carrington Frayser	MD	125kg	121.5	23	235	240	240	145	150	150	282.5	302.5	302.5	667.5	381.78	
4	Zach Newby	KS	125kg	122.9	27	195	210	215	140	142.5	145	202.5	217.5	227.5	575	327.652	
	140kg Open																
1	Chris Richardson	MD	140kg	136.2	34	262.5	272.5	285	205	210	215	307.5	317.5	320	820	452.901	
2	Ryan Foray	VA	140kg	132.9	34	212.5	227.5	235	182.5	187.5	187.5	252.5	260	267.5	675	375.484	
	Men Raw Powerlifting			Master													
	100kg Master 40-44																
1	Austin Lunn	MD	100kg	90.8	40	182.5	195	202.5	125	130	135	177.5	185	192.5	530	341.184	341.184
	110kg Master 40-44																
1	Chris Nagle	PA	110kg	104.7	43	125	142.5	155	82.5	95	100	165	180	187.5	442.5	267.179	275.461
	125kg Master 45-49																
1	John Lucas	MD	125kg	111.0	48	215	235	245	175	185	190	255	267.5	277.5 (281.5)	702.5	414.662	454.884
	Women Classic Raw Powerlifting			Open													
	110kg Open																
1	Caitlin Marvel	MD	110kg	104.1	33	130	140	150	60	65	75	130	140	150	355	298.369	
	Men Classic Raw Powerlifting			Open													
	75kg Open																
1	Alexander Freyer	PA	75kg	71.0	38	227.5	236	237.5	135	135	137.5	227.5	237.5	240	612.5	455.617	
2	Nischal Singh	MD	75kg	74.2	29	212.5	222.5	222.5	120	127.5	132.5	210	222.5	232.5	577.5	417.178	
	82.5kg Open																
1	Timothy Brown	MD	82.5kg	81.8	29	217.5	232.5	245	142.5	147.5	155	215	230	235 (240.5)	627.5	427.132	

Name		State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total
Men Classic Raw Powerlifting		Submaster															
75kg Submaster																	
1	Alexander Freyer	PA	75kg	71.0	38	227.5	236	237.5	135	135	137.5	227.5	237.5	240	612.5	455.617	
110kg Submaster																	
1	Michael Salisbury	VA	110kg	104.8	36	200	212.5	220	105	112.5	120	227.5	240	257.5	552.5	333.467	
Women Raw Bench Only		Open															
110+ Open																	
1	Kimberly Mossburg	VA	110+	135.8	39				105	110.5	115				110.5	86.146	
Women Raw Bench Only		Submaster															
110+ Submaster																	
1	Kimberly Mossburg	VA	110+	135.8	39				105	110.5	115				110.5	86.146	
Men Raw Bench Only		Junior															
125kg Jr 20-23																	
1	Tommy Lin	VA	125kg	123.3	21				182.5	187.5	192.5				192.5	109.577	
Men Raw Bench Only		Open															
110kg Open																	
1	Robert Cephas		110kg	109.2	31				212.5	220	228				220	130.659	
125kg Open																	
1	John Lucas	MD	125kg	111.0	48				175	185	190				190	112.151	123.029
140kg Open																	
1	Ryan Foray	VA	140kg	132.9	34				182.5	187.5	187.5				187.5	104.301	
Men Raw Bench Only		Master															
125kg Master 45-49																	
1	John Lucas	MD	125kg	111.0	48				175	185	190				190	112.151	123.029
Women Raw Deadlift Only		Open															
110+ Open																	
1	Kimberly Mossburg	VA	110+	135.8	39							202.5	215	228	215	167.615	

Name	State	Class	Weight	Age	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total Kg	Dots Total	McC Total	
Women Raw Deadlift Only		Submaster															
110+ Submaster																	
1 Kimberly Mossburg	VA	110+	135.8	39							202.5	215	228	215	167.615		
Men Raw Deadlift Only		Open															
125kg Open																	
1 John Lucas	MD	125kg	111.0	48							255	267.5	277.5 (281.5)	277.5	163.799	179.687	
140kg Open																	
1 Ryan Foray	VA	140kg	132.9	34							252.5	260	267.5	260	144.631		
Men Raw Deadlift Only		Master															
125kg Master 45-49																	
1 John Lucas	MD	125kg	111.0	48							255	267.5	277.5 (281.5)	277.5	163.799	179.687	
Best Lifters																	
Name	Equip	Events	Comp	Sex												Record Color Codes	
Rob Jadick	Raw	PL	Jr	Men												State	
Lauren Parrinello	Raw	PL	Open	Women												National	
Nabil Lahlou	Raw	PL	Open	Men													
Meet Director:	Doug and Candi Nostrant																
Referees																	
International:	Doug Nostrant, Candi Nostrant																
National:	Jessica Rodgers, Travis Rodgers, Valerie Rooke, Marc Masishin																
State:	Anette Garzia, Eric Martinez, Daniel Dixon																
Spotter/Loaders:	Tre Killingei, Diop Ali Szabo, Aaron Schulenburg, Ryan Bricker, Kelsey Fendlay																
Tested Lifters:	Lauren Perinello, Rob Jadick, Nabil Lahlou, Caleb Stephens																