

USPA Utah State Championships May 25-26, 2019 Midvale, UT

	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Powerlifting															
	60kg Jr 18-19														
1	Emilia Flores	UT	60kg	58.4	19	115	67.5	132.5	315	358.659		253.5	148.8	292.1	694.4
	67.5kg Jr 18-19														
1	Sophie Valeika	UT	67.5kg	64.1	18	100	62.5	137.5	300	318.03		220.5	137.8	303.1	661.4
	60kg Open														
1	Crystal Dunning	WY	60kg	59	33	107.5	70	115	292.5	330.379		237	154.3	253.5	644.8
DQ	Megan Forrest	UT	60kg	59.6	35	0	55	112.5	0	0		0	121.3	248	0
	67.5kg Open														
1	Kate Mills	UT	67.5kg	64.5	26	115	50	152.5	317.5	334.994		253.5	110.2	336.2	700
2	Sophie Valeika	UT	67.5kg	64.1	18	100	62.5	137.5	300	318.03		220.5	137.8	303.1	661.4
3	Sherri Michie	UT	67.5kg	63.4	45	105	55	110	270	288.576	304.448	231.5	121.3	242.5	595.2
	75kg Open														
1	Bailee Carlson	UT	75kg	75	27	110	65	125	300	285.18		242.5	143.3	275.6	661.4
2	Joanna Trujillo	UT	75kg	74.8	31	110	67.5	120	297.5	283.28		242.5	148.8	264.6	655.9
	82.5kg Open														
1	Lara Olson	UT	82.5kg	80.6	33	100	67.5	150	317.5	289.306		220.5	148.8	330.7	700
	90kg Open														
1	Taylor Doxey	UT	90kg	89.7	28	140	60	180	380	328.814		308.6	132.3	396.8	837.7
	60kg Submaster														
1	Tara Spero	WY	60kg	59.5	38	67.5	42.5	93	203	227.786		148.8	93.7	205	447.5
	60kg Master 40-44														
1	Ann Williams	UT	60kg	56.6	42	72.5	45	105	222.5	259.613	264.805	159.8	99.2	231.5	490.5
	67.5kg Master 40-44														
1	Jennifer Lee	UT	67.5kg	66.7	40	92.5	60	125	277.5	285.659	285.659	203.9	132.3	275.6	611.8
	67.5kg Master 45-49														
1	Sherri Michie	UT	67.5kg	63.4	45	105	55	110	270	288.576	304.448	231.5	121.3	242.5	595.2

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	Men Raw Powerlifting														
	75kg Jr 20-23														
1	Brayden Jackson	UT	75kg	71.8	20	100	92.5	160	352.5	259.158		220.5	203.9	352.7	777.1
	90kg Jr 13-15														
1	Jake Mortenson	UT	90kg	88.7	15	157.5	87.5	202.5	447.5	287.832		347.2	192.9	446.4	986.6
	110kg Jr 20-23														
1	John Jensen	UT	110kg	109.4	23	287.5	175	312.5	775	456.863		633.8	385.8	688.9	1708.6
								4th: 317.5							
	82.5kg Open														
1	Ryan Rikala	UT	82.5kg	81.8	33	170	142.5	197.5	510	343.434		374.8	314.2	435.4	1124.3
	90kg Open														
1	Craig Long	UT	90kg	88.2	29	255	172.5	287.5	715	461.247		562.2	380.3	633.8	1576.3
2	Nicholas Thimons	ID	90kg	87	39	250	160	237.5	647.5	420.81		551.2	352.7	523.6	1427.5
	110kg Open														
1	John Jensen	UT	110kg	109.4	23	287.5	175	312.5	775	456.863		633.8	385.8	688.9	1708.6
								4th: 317.5							
2	Justin San Souci	UT	110kg	108.3	37	227.5	180	240	647.5	382.932		501.5	396.8	529.1	1427.5
3	Conor Larson	UT	110kg	105.9	34	197.5	195	250	642.5	382.802		435.4	429.9	551.2	1416.5
4	Mike King	UT	110kg	108.4	36	225	162.5	237.5	625	369.5		496	358.2	523.6	1377.9
5	Michael Wolthuis	UT	110kg	105.7	29	237.5	25	325	587.5	350.268		523.6	55.1	716.5	1295.2
	125kg Open														
1	Jason Worthen	ID	125kg	120.7	43	282.5	192.5	250	725	416.295	429.2	622.8	424.4	551.2	1598.3
	110kg Submaster														
1	Christopher Pace	UT	110kg	107.3	39	182.5	182.5	265	630	373.716		402.3	402.3	584.2	1388.9
	125kg Master 40-44														
1	Jason Worthen	ID	125kg	120.7	43	282.5	192.5	250	725	416.295	429.2	622.8	424.4	551.2	1598.3
	125kg Master 45-49														
1	Robi Ison	UT	125kg	123.7	49	162.5	97.5	192.5	452.5	258.423	287.625	358.2	214.9	424.4	997.6

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Classic Raw Powerlifting															
	67.5kg Jr 18-19														
1	Ruby Bankston	UT	67.5kg	62.3	19	102.5	45	122.5	270	292.437		226	99.2	270.1	595.2
								4th: 125							
	56kg Open														
1	Sierra Titze	UT	56kg	56	28	102.5	67.5	125	295	347.097		226	148.8	275.6	650.4
	67.5kg Open														
1	Ruby Bankston	UT	67.5kg	62.3	19	102.5	45	122.5	270	292.437		226	99.2	270.1	595.2
								4th: 125							
	75kg Open														
DQ	Rosalyn Kuhle	UT	75kg	69.5	30	0	47.5	120	0	0		0	104.7	264.6	0
	SHW Submaster														
DQ	Julie Morrill	UT	SHW	99.1	37	0	60	160	0	0		0	132.3	352.7	0
Men Classic Raw Powerlifting															
	125kg Jr 20-23														
1	Rocky Morton	UT	125kg	117.3	23	245	175	290	710	410.451		540.1	385.8	639.3	1565.3
	110kg Open														
1	Eduardo Vega	UT	110kg	109.2	24	262.5	182.5	265	710	418.758		578.7	402.3	584.2	1565.3
2	Jake Snyder	UT	110kg	110	32	240	167.5	255	662.5	389.881		529.1	369.3	562.2	1460.5
	140kg Submaster														
1	Tevita Makaafi	UT	140kg	140	38	227.5	185	272.5	685	382.778		501.5	407.9	600.8	1510.2
Men Single Ply Powerlifting															
	110kg Open														
DQ	Rodger Broome	UT	110kg	109.6	51	0	105	250	0	0	0	0	231.5	551.2	0
	110kg Master 50-54														
DQ	Rodger Broome	UT	110kg	109.6	51	0	105	250	0	0	0	0	231.5	551.2	0
Women Multi Ply Powerlifting															
	67.5kg Open														
1	Lisa MacDonald	UT	67.5kg	60.8	31	150	85	160	395	435.883		330.7	187.4	352.7	870.8

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	Name	State	Wt class	Weight	Age	SQ Kg	BP Kg	DL Kg	Total Kg	Wilks Total	McC Total	SQ Lbs	BP Lbs	DL Lbs	Total Lbs
Women Raw Bench Only															
	82.5kg Open														
1	Lara Olson	UT	82.5kg	80.6	33		67.5		67.5	61.506			148.8		148.8
	SHW Open														
1	Lynn Bassett	UT	SHW	113.1	53		85		85	68.723	81.368		187.4		187.4
	SHW Master 50-54														
1	Lynn Bassett	UT	SHW	113.1	53		85		85	68.723	81.368		187.4		187.4
Men Raw Bench Only															
	125kg Open														
1	Ed Bankston	UT	125kg	112.2	47		212.5		212.5	124.313	134.507		468.5		468.5
	SHW Open														
1	Rod Hall	UT	SHW	150.7	42		245		245	135.461	138.17		540.1		540.1
	90kg Submaster														
1	Marcus Hyatt	UT	90kg	85.9	36		170		170	111.265			374.8		374.8
	125kg Master 45-49														
1	Ed Bankston	UT	125kg	112.2	47		212.5		212.5	124.313	134.507		468.5		468.5
	SHW Master 40-44														
1	Rod Hall	UT	SHW	150.7	42		245		245	135.461	138.17		540.1		540.1
Women Raw Deadlift Only															
	82.5kg Open														
1	Lara Olson	UT	82.5kg	80.6	33			150	150	136.68				330.7	330.7
	SHW Open														
1	Lynn Bassett	UT	SHW	113.1	53			142.5	142.5	115.211	136.41			314.2	314.2
	60kg Submaster														
1	Tara Spero	WY	60kg	59.5	38			93	93	104.355				205	205
	SHW Master 50-54														
1	Lynn Bassett	UT	SHW	113.1	53			142.5	142.5	115.211	136.41			314.2	314.2
Men Raw Deadlift Only															
	110kg Open														
1	Austin Hartford	UT	110kg	103.8	25			302.5	302.5	181.5				666.9	666.9

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Men Single Ply Deadlift Only															
	110kg Open														
1	Rodger Broome	UT	110kg	109.6	51			250	250	147.3	168.953			551.2	551.2
	110kg Master 50-54														
1	Rodger Broome	UT	110kg	109.6	51			250	250	147.3	168.953			551.2	551.2
Best Lifters:															
Open Women Raw Full Power: Kate Mills															
Open Men Raw Full Power: Craig Long															
Meet Director: Chris McGrail															
Thank you to our referees:															
Bruce Takala - International															
Jon Cunningham - International															
Chris McGrail - National															
Hillary Waldron - State															
Jake Snyder - State															
Lisa MacDonald - State															
Austin Hartford - Apprentice															